



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 7 February 2020

Term 1 Week 02A

Mr Ross Warren
Principal

Laurence Street, Pennant Hills NSW 2120

Mr Brendan O'Byrne
Deputy Principal

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Deputy Principal

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YEAR 7 AT CAMP



TERM 1, 2020

Week 03B	Sunday	9 February	School Music Camp (Sunday to Tuesday)
	Tuesday	11 February	Year 7 Welcome to Families BBQ 4.00pm-6.00pm
	Wednesday	12 February	Whole School Swimming Carnival - Hornsby Aquatic Centre
	Wednesday	12 February	School Music Camp Concert 7.30pm
	Thursday	13 February	Year 12 2019 High Achievers Assembly 9.30am
Week 04A	Tuesday	18 February	P&C Meeting 7.30pm Library
	Thursday	20 February	Meet the Music Sydney Town Hall 7.00pm
	Friday	21 February	Year 11 and 12 Excursion to ARTEXPRESS
Week 05B	Monday	24 February	Zone Swimming Carnival - Homebush
	Wednesday	26 February	NSW All Schools Triathlon Individual Championships
	Thursday	27 February	NSW All Schools Triathlon Team Championships
	Friday	28 February	WHOLE SCHOOL MAIN PHOTO DAY
Week 06A	Tuesday	3 March	Year 10 PASS Excursion - Thornleigh Golf Club
	Tuesday	3 March	Open Day 4.00pm-6.00pm
	Friday	6 March	<i>Matilda</i> Musical Matinee and Evening Performance
	Saturday	7 March	<i>Matilda</i> Musical Evening Performance
	Sunday	8 March	<i>Matilda</i> Musical Matinee Performance
Week 07B	Tuesday	10 March	<i>Matilda</i> Musical Matinee Performance
	Wednesday	11 March	Year 11 and 12 Parent Teacher Interviews
	Thursday	12 March	Meet the Music Sydney Town Hall 7.00pm
	Friday	13 March	Year 11 SLR Practical Excursion - Hornsby Aquatic Centre
	Friday	13 March	Year 7 2021 HAST Test Applications Close 2.00pm
	Friday	13 March	<i>Matilda</i> Musical Evening Performance
	Saturday	14 March	<i>Matilda</i> Musical Evening Performance - Final Night
Week 08A	Monday	16 March	Year 12 HSC Encore Excursion - City Recital Hall (Monday/Tuesday)
	Tuesday	17 March	P&C Meeting 7.30pm Library
	Wednesday	18 March	Whole School Cross-Country Carnival
	Thursday	19 March	Year 11 Study Skills Seminar - MPC
	Friday	20 March	Year 10 HSIE Excursions: History - Sydney Jewish Museum & Geography - Rumbalara Environmental Education Centre

P&C MEETING DATES FOR 2020

Term 1: 18 February, 17 March **Term 2:** 19 May, 16 June
Term 3: 18 August, 15 September **Term 4:** 20 October, 17 November - followed by AGM
7.30pm in the School Library

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

If any parents or caregivers would like to receive the agenda and minutes of the meetings, please email penno.pandc@gmail.com to arrange.



PENNANT HILLS HIGH SCHOOL
RESPONSIBILITY INTEGRITY ACHIEVEMENT

OPEN NIGHT 2020
March 3rd 4pm - 6pm

PERFORMANCES REFRESHMENTS GUIDED TOURS
INTERACTIVE EXPERIENCES ENROLMENT INFORMATION

LAURENCE STREET PENNANT HILLS
9473 5000 pennanthil-h.schools.nsw.edu.au





PRINCIPAL'S REPORT

2020 has seen the start of a new decade and Beethoven celebrates his 250th birthday, so it seemed appropriate as we returned to *Penno* on our School Development Day this year, that our staff were inspired by not just the music of Beethoven - we all conducted the Choral entry to Beethoven's 9th Symphony, but also by his words when he said: *"Don't only practice your art, but force your way into its secrets; art deserves that, for it and knowledge can raise one to the Divine."* This was the theme of our Professional Learning and our focus for 2020 – forcing our way into the secrets of fantastic teaching and learning for the benefit of our students. What a way to begin the year!

2019 HSC Results

We were very pleased with our Higher School Certificate (HSC) results from last year. Congratulations to the class of 2019 on their performance. We continue to attain excellent results, with numerous Band 6/E4 results across all subjects. Our students attained 20 ATAR results above 90, which equates to approximately 15% of the cohort who presented for the Higher School Certificate with an ATAR program of study.

In addition, a number of students have gained entry to their course of choice at Universities across NSW.

Congratulations to Shannon DUX of Year 12 2019 with an ATAR of 97.05. We look forward to celebrating with them at the High Achiever's assembly on Thursday 13 February 2020 commencing at 9.30am in the MPC.

Last week at assembly, I spoke with Year 12 2020 about where *the bar* has been set and how they might not only reach this bar, but set it even higher for their year group. Students listened attentively and I am confident that they will continue working hard to achieve their goals.

Welcome Year 7 and New Students

I would like to extend a warm *Penno* welcome to all new students and families. We look forward to developing positive and productive relationships throughout your time here.

Our Year 7's have settled in very quickly to high school life. They have commenced working with their teachers and Peer Support Leaders to ensure the success of this important transition to their formal secondary education.

As part of the transition process, Year 7 headed off to Vision Valley for camp this week. I joined our happy campers on Wednesday for breakfast. Students caught me up on the various activities already undertaken as well as what they were looking forward to for the rest of Day 2. The message I left them with was to embrace this opportunity and begin to establish friendships that will, in many cases be life-long!

I also spoke briefly to our hard-working staff who accompanied them. The feedback was all the same - everyone was having a wonderful time and the behaviour of our students was described as exemplary. Congratulations Year 7.

A huge congratulations and thank you to Mr Symons, Year 7 Adviser for his excellent organisational skills in the coordination of the camp. Thank you to all his team of supporters: the attending staff for their time and effort and our Administrative Staff for their coordination of the huge volume of paperwork required for such an event. This commitment and dedication ensures that we continue to provide important and successful learning opportunities to our students.

Welcome Barbeque

Year 7 and new families are invited to a Welcome BBQ next week on Tuesday 11 February from 4.00pm-6.00pm in the MPC. Families and students will get an opportunity to meet informally with Mr Symons, Year Adviser, Deputy Principals, Executive staff and teachers so that names and faces can

be matched. Thank you to Miss Morton and Mr Banyai, Student Leadership Council (SLC) Coordinators, and their team of SLC students for once again manning the BBQ.

Welcome New Staff

We welcomed the following teachers to Pennant Hills High School this year:

Mr Courtney Cassar - English Faculty
Mrs Eileen Clements - Home Economics Faculty
Mr Lawrence Foster - HSIE Faculty
Mr Jesse Kean - PDHPE Faculty
Mr Corey Morton - PDHPE Faculty
Ms Caroline Osborn - Science Faculty
Ms Alyce Smith - PDHPE Faculty

Whole School Swimming Carnival

A reminder that our annual Whole School Swimming Carnival will take place on Wednesday 12 February 2020. We are looking forward to some fantastic performances in the pool from our students and who knows, maybe our students may even come close to beating the staff team in the relay this year...

P&C Meeting

The first P&C meeting for 2020 is scheduled for Tuesday 18 February commencing at 7.30pm in our library. One of the agenda items is the introduction of Mr Symons, Year 7 Adviser who will discuss how well his cohort has settled into high school life. All parents and caregivers are welcome and encouraged to attend. These meetings are a great opportunity to have some input into the direction of the school, meet with other families and hear about new developments/building works/grants etc. within the school. Our P&C work tirelessly for the betterment of the school and I encourage all families to support their initiatives.

Music Camp - This Weekend 9 - 11 February

Our annual Music Camp preparations are in full swing and once again over 100 students will attend. The camp is a fantastic experience for the students involved and further demonstration of the excellent co-curricular opportunities that we are committed to providing for our students. I look forward to hearing the fruits of their labour at the Music Camp Concert on Wednesday 12 February 2020 at 7.30pm.

Student Achievements ARTEXPRESS & Lizard Island

Once again we congratulate Year 12 2019 Visual Arts student Dylan on having his drawing titled *"Silver Screen"* selected to the prestigious ARTEXPRESS exhibition. ARTEXPRESS is an annual exhibition featuring a selection of outstanding student artworks developed for the artmaking component of the HSC examination in Visual Arts in NSW.

As expressed at the end of last year, we are extremely proud of Dylan's achievement and equally as proud of Miss Dennis, Head Teacher CAPA and Dylan's own teacher for her outstanding tuition and support. I have included an email received from Dylan yesterday on page 12 of this publication, which includes more exciting information regarding his path since graduating last year. Dylan also goes on to mention his mentor Miss Dennis as she was clearly an important and driving force behind his success. A wonderful testimonial for a hard-working and devoted teacher. Pennant Hills High School continues to be an outstanding leader in the Creative and Performing Arts (CAPA) stratosphere. Well done.

Congratulations to Year 11 student Ellesha Noble on her successful application to the Lizard Island Study Tour 2020.

Details of her outstanding achievement can also be read on page 12 of this newsletter. Please see the winning video Ellesha prepared in the *Spotlight on Penno* section of our school website.

Ross Warren
Principal

PRINCIPAL: Mr R Warren	STUDENT WELLBEING	SCIENCE/AGRICULTURE
DEPUTY: Mr B O'Byrne (Yrs 7, 9, 11) & Science Faculty	Head Teachers: Mrs B Campbell & Science Faculty Wed-Fri Ms K McIntosh (Rel.) Mon/Tue	Head Teacher: Mrs M Frida
DEPUTY: Mrs F Payne (Yrs 8, 10, 12) & English Faculty		Mr S Fearnside
	H.S.I.E.	Mrs J Gill
SECONDARY STUDIES Head Teacher: Mrs B Jebbink HSIE & English Faculty	Head Teacher: Mr R Niccol	Mrs H Heywood
ADMINISTRATION Head Teacher: Mr H Phull & Science Faculty	Ms A Baker	Ms K McCready
	Mr R Banyai	Mrs K Newton
ADMINISTRATION STAFF	Mr L Foster	Ms C Osborn
SCHOOL ADMINISTRATIVE MANAGER: Mrs J Louis	Miss A Greer	Mr D Rump
Mrs D Abela	Mr A Mitchell	Mr B Walters
Mrs C Antoon	Ms K Tibbotts	
Mrs T Bain	Mr R Williamson	SRE
Ms C Carro		Mr G Castle
Mrs A Dwyer	LANGUAGES	
Mrs S Fahey	Head Teacher: Mr H Phull	TAS - INDUSTRIAL ARTS
Mrs M Finch	Ms A Li	Head Teacher: Mr B Wilson (Rel.)
Mrs D Kleinman	Ms P Nguyen & Special Ed.	Mr L Ctercteko
Mrs E Lee	Mr D Thai	Mr M Dwight
Mrs R Osterlund		Mr L Gill
Mrs K Parry	LaST	Mr B Stewart
Mrs J Shaw	Mrs K King	
Mrs P Sykes		TAS - COMPUTING
	LIBRARY	Head Teacher: Mr B Wilson (Rel.)
CAPA	Ms M Feneley	Mr L Huang
Head Teacher: Miss J Dennis		
Mrs C Coomber	MATHEMATICS	TAS - HOME ECONOMICS
Mrs L Erickson	Head Teacher: Mr S Keegan	Head Teacher: Ms J Breden (Rel.)
Mr C Nugent	Mr J Antoon	Mrs E Clements
Ms T Tazewell	Mrs K Blarasin	Mr S Lightfoot
Ms K Van Ede	Miss J Lam	Mr D Zarb
	Mrs S Shilling	
ENGLISH	Ms M Singh	SPECIAL EDUCATION
Head Teacher: Mr R Williams	Mr M Singh	Head Teacher: Mr J Minton
Mrs A Austin & CAPA (Drama)	Mrs S Tubb	Mrs K Garcia
Mrs R Bell	Mr R Washer	Ms E Keys
Mr O Belling		Ms H Lee
Mr C Cassar	PDHPE	Mr C Raper
Ms D Feilen	Head Teacher: Mrs V Kruger (Rel.)	Mr P Tam
Ms E Ford & HSIE	Sport: Mr D Schmitt (Rel.)	
Ms T Graves-Browne (ESL)	Mr J Kean	SLSO STAFF
Ms K Jun (& ESL, Languages)	Mr C Morton	Mrs M Albert
Mr D Leys	Ms A Smith	Ms Z Cosgrove
Ms E Morton	Mr N Stamatis	Mrs V Freund
Mr T Williams & CAPA (Drama)	Mr P Toohey	Ms N Haines
		Mrs J Linehan
CAREERS	General Assistant: Mr M Randle	Mrs D Maxwell
Mr A Symons	Farm Assistant: Ms K Cutajar	Mrs S McAndrew
		Mrs J Raper
COUNSELLORS		Ms B Tharmendran
Mrs L Holm (Years 8, 10, 12) M/Th/F		Mr C Turton
Mr T Fulton (Years 7, 9, 11) Tu/W		Ms L Weinberg

MUSIC

2020

Camp
Concert

Wednesday 12 February 2020
7.30pm in the MPC (Hall)

All Welcome.

Gold Coin Donation for the
Bushfire Appeal

STUDENT ABSENCES

There are many sound reasons, including illness and family emergencies, why students may not be able to attend school on occasions.

The Department of Education (DoE) requires that all valid absences be supported by written advice from a parent/caregiver **within seven days of the student's return to school**. We are required to record as unjustified any absence not supported by a note from a parent/caregiver.

If your child is going to be absent from school for any reason, please phone the office as soon as possible to let us know and, most importantly, follow up with a note on your student's first day back at school. Your cooperation will assist us in encouraging appropriate patterns of student attendance.

OFFICE HOURS AND PAYMENT TIMES

The school office is open from 8.00am—3.45pm Monday to Friday (excluding Public Holidays) during school term.

The payments window is open from 8.15am—2.00pm on school days only.

2019-2020 STUDENT EXECUTIVE TEAM



Emily

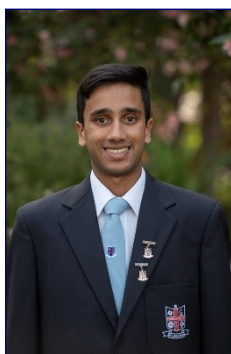


James

SCHOOL CAPTAINS



Danielle



Sachin



Mikaela



Amelia



Aleysia

SCHOOL VICE CAPTAINS

SPORT CAPTAINS

SPORT VICE CAPTAIN

continued next page

STUDENT LEADERSHIP 2019-2020 CONTINUED

YEAR 12 PREFECTS

An (Annie)
Myathiri

Gemma

BAND PREFECTS

Eleanor

Nathan

CHOIR PREFECTS

Georgia

Tara

SUPPORT UNIT PREFECTS

Bailey
Hayley

Darcy

YEAR 11 PREFECTS

Caleb
Shamyl
Molly
Sarah
Ryan
Manaala
Alastair
Deanna (Chairperson)

Svetlana
Sophie
Hiroshi
Arshia
Jade
Anshrika
Sonia (Secretary)
Alodie (Treasurer)

YEAR 10

Jenna
Eve
Rebecca
Zachary
Ruby

Rhianna
Clemency
Austin
Aja
Ashlin

YEAR 9

Sarah	Elliott
Tiana	Cayla
Alexandra	Grace
Caitlyn	Anna
Aliya	Sophie
Caleb	Jordan
Roman	Alexandra
Aaron	

YEAR 8

Annie	Jackson
Harrison	Ella
George	Eve
Elise	Shiyan (Shera)
Imogen	

LEARNING AND SUPPORT TEAM 2020

Year Group	Year Adviser	Deputy Principal
7	Mr Ashley Symons	Mr Brendan O'Byrne
8	Mr Lali Gill	Mrs Fiona Payne
9	Miss Ashleigh Greer	Mr Brendan O'Byrne
10	Mrs Amy Austin	Mrs Fiona Payne
11	Ms Elizabeth Ford	Mr Brendan O'Byrne
12	Miss Tess Graves-Browne	Mrs Fiona Payne

Head Teachers Student Wellbeing

Mrs Belinda Campbell (Wednesday, Thursday and Friday)
Ms Kath McIntosh (Relieving) (Monday and Tuesday)

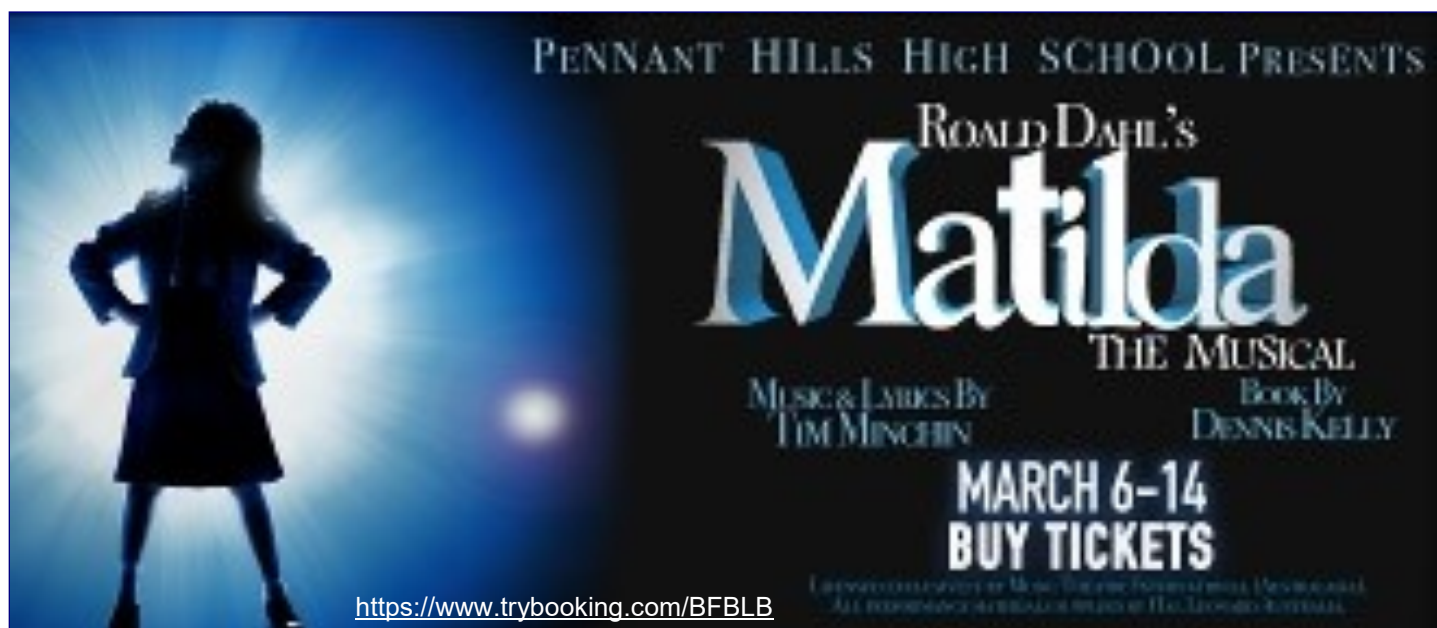
Learning and Support Teacher - Mrs Kristine King

School Counsellors

Mrs Louisa Holm - Years 8, 10, and 12 (Monday, Thursday and Friday)
Mr Tim Fulton - Years 7, 9, and 11 (Tuesday and Wednesday)

International Students Coordinator - Miss Kate Jun (Relieving)

Careers Adviser - Mr Ashley Symons



PENNANT HILLS HIGH SCHOOL

责任 诚信 成就

2020年 开放夜

3月3日 4pm – 6pm

演出活动 茶点招待 学校导览
互动体验 注册信息提供

LAURENCE STREET PENNANT HILLS

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PENNANT HILLS



HIGH SCHOOL

ABSENCE NOTIFICATION

My child _____ of Year/Class _____

Was/will be (delete as appropriate) absent from school on _____

The absence was because of:

☐

Sickness (please explain below)

☐

Family reasons (please explain below)

☐

Religious celebration

☐

Other reason (please explain below)

Note: Please attach medical certificates or other verification of absence as appropriate.

Parent/Caregiver Name (Please Print)

Parent/Caregiver Signature

Date

WHAT BOOKS WILL I NEED IN 2020?

Year 7, 2020 can get all books they need by purchasing a book pack from the school canteen.

Years 8, 9 and 10

<i>English</i>	156 page exercise book or A4 book
<i>Maths</i>	Casio FX82AU Plus II Calculator and 120 page A4 lined or grid book
<i>Science</i>	240 page A4 book
<i>History</i>	120 page exercise book or A4 book
<i>Agriculture</i>	180 page exercise book
<i>Geography</i>	120 page A4 book
<i>Commerce</i>	120 page A4 book
<i>Languages (Chinese, French, Japanese)</i>	240 page exercise book
<i>Visual Arts</i>	Process Diary (see your teacher)
<i>Computing</i>	All work is done online.
<i>PDHPE (Year 7 and 8)</i>	48 page exercise book
<i>PDHPE (Year 9 and 10)</i>	48 page exercise book
<i>Physical Activity and Sports Studies (Years 9 and 10)</i>	A4 loose-leaf folder
<i>Graphics Technology</i>	Display Folder
<i>Music</i>	A4 loose-leaf folder
<i>Drama</i>	64 page exercise book or A4 book

Years 11 and 12

<i>English</i>	A4 loose-leaf folder
<i>Maths</i>	A4 lined or grid book
<i>Science (Biology, Chemistry, Physics, Senior Science, Earth and Environmental Science)</i>	Practical - 240 page A4 bound ruled book Notes - A4 loose-leaf folder or 240 page exercise book
<i>Drama</i>	A4 loose-leaf folder or book 2 X A4 Process Diaries
<i>Agriculture</i>	A4 loose-leaf folder or 240 page exercise book
<i>Business Studies</i>	A4 loose-leaf folder or book
<i>Economics</i>	A4 loose-leaf folder or book
<i>Geography</i>	A4 loose-leaf folder or book
<i>Legal Studies</i>	A4 loose-leaf folder or book
<i>Modern History</i>	A4 loose-leaf folder or book
<i>Ancient History</i>	A4 loose-leaf folder or book
<i>History Extension</i>	A4 loose-leaf folder or book
<i>Society and Culture</i>	A4 loose-leaf folder or book
<i>CAFS</i>	A4 loose-leaf folder or book
<i>Food Technology</i>	3 x 96 page exercise books
<i>Hospitality</i>	A4 loose-leaf folder or book
<i>Textiles and Design</i>	3 x 96 page exercise books
<i>All Languages (Chinese, French, Japanese)</i>	A4 loose-leaf folder or book
<i>PDHPE</i>	BYOD (preferred), A4 loose-leaf folder
<i>Sports, Leisure and Recreation (SLR)</i>	A4 loose-leaf folder or book
<i>Visual Arts</i>	A4 Process Diary
<i>Music</i>	A4 loose-leaf folder
<i>Engineering Studies</i>	A4 loose-leaf folder or book
<i>Industrial Technology</i>	A4 loose-leaf folder or book + Display folder

PLEASE NOTE, NO '5 SUBJECT' EXERCISE BOOKS ARE TO BE BOUGHT.

EACH SUBJECT REQUIRES ITS OWN SEPARATE BOOK.



Principal
R WARREN BA (Asian Studies) G. DipEd, G. Cert. Ed. Lead

Deputy Principal
B O'BYRNE BSc, DipEd

Deputy Principal
F PAYNE BA (Hons) G. DipEd

ABN 18 248 108 288

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Confirmation of arrangements for a student to carry their own Asthma Reliever Medication to and at school

Dear Parents and Caregivers,

This letter is to advise you that students who suffer from asthma are requested to carry their own asthma reliever medication. Your child should carry a copy of their *Asthma Action Plan* with their asthma reliever medication.

Please ensure the asthma reliever medication that your child carries is within the expiry date and clearly labelled with their name.

Please inform the school immediately if your child's health condition and/or treatments change.

Thank you for your assistance. We will continue to work with you to support your child in managing their health condition.

Kind Regards

Ross Warren
Principal

ASTHMA - BACK TO SCHOOL

The start of the school year can be busy enough without the added concern about your child's asthma striking them in the classroom or playground. But that's just the time when kids are most at risk of asthma flare-ups, with a spike in asthma attacks and hospitalisation seen during the first few weeks of the school term every year.

When children return to classrooms, factors such as stress, a change of environment or allergens and less strict asthma management over the holidays can trigger asthma. A new set of classmates can also bring a new batch of cold and flu bugs, which are often the culprits behind asthma flare-ups.

What can you do?

Reduce the chances of this happening for your child by following these simple steps.

- Have an up-to-date written asthma action plan prepared by your doctor
- Ensure your child gets back into their asthma routine before the school year starts, including taking preventer medications every day if prescribed
- Ask your pharmacist to check that your child is using their puffer properly (if they're old enough to use it by themselves) or visit the Asthma Foundation How-to Video library on inhaler use
- Have a check-up before the school year ramps up or sports lessons start to make sure things are going as well as can be
- **Pack a spare reliever puffer and spacer** in your child's school bag, checking that the puffer isn't empty or out of date.

Taking these preventative measures before and during the first few weeks of school can go a long way to helping keep your child well and out of hospital.

Back to school checklist

To help your kids enjoy a happy and healthy start to the school year, Asthma Australia have also put together a handy back to school checklist which you can download from their website:

<https://www.nationalasthma.org.au>

Belinda Campbell, Head Teacher Student Wellbeing

STUDY SKILLS TIP: THE START OF SCHOOL

In secondary school if you do not have any specific homework or assessments to work on, you are then expected to spend some time that night on independent learning. This is where you ask yourself, what else COULD I be doing that will help me understand my subjects better and improve my results? Examples of independent learning are: reading ahead in your textbook, making a mind map about what you have been learning, doing extra research on a topic that interests you, making study notes, reviewing work you find difficult... the list is endless.

However schools do not expect students to spend ALL of their time on schoolwork! We want you to play sport, see your friends, spend time with family, do activities you enjoy and have some rest and relax time as well. If you work effectively, then you can do your work for school, but still have a life! So given this, how much time are you expected to spend on schoolwork?

It depends on your year level, your school, your parents and your own abilities and goals. First, check your school diary or ask your teacher what is expected at your school. Then discuss these outlines with your parents and see if you can both agree what is right for you. As a general rule, expected time to spend on schoolwork at home:

JUNIOR YEARS: In the first years of high school students usually do at least half an hour to an hour each day. In many schools it is around 1-1.5 hours on average or 7-10 hours of home learning over the whole week.

MIDDLE YEARS: In the middle years of high school it should be at least an hour. In many schools the average is around 1.5-2 hours or 10-14 hours of home learning over the whole week.

SENIOR YEARS: In the final years of high school students do at least 1.5-2 hours a day and this will increase as students approach the end of their schooling. Most Year 11 students do 2-3 hours per day (14-21 hours over the whole week) and in Year 12 around 3-4 hours (21-28 hours over the whole week).

Remember this is just a guide. Some parents and some schools will expect more (or less!) so treat these as guidelines.

What about the weekend? The amount of time students need to spend on schoolwork on the weekend will depend on their current workload and how much work they complete during the week.

You also need to ensure you are getting enough sleep.

Learn more useful tips to help you achieve your personal best at school at the Study Skills Handbook website.

Our school's subscription details to www.studyskillshandbook.com.au are :

Username: pennanthillshs

Password: 77success

Belinda Campbell, Head Teacher Student Wellbeing

AN EMAIL TO MISS DENNIS FROM DYLAN, YEAR 12 2019

Only recently have I experienced anything worthy of bothering you about. My rather dull and uneventful period, ranging from the completion of my HSC until the commencement of my university studies, was suddenly interrupted by a collection of AGNSW and ArtExpress organisers.

About a month ago I received an invitation to attend the ArtExpress opening night - unfortunately they seemed adamant about ensuring only a limited number of people would attend, so I could not extend this invitation to you as I was limited to bring only a mere two additional guests - but I awaited the opening with minimal excitement and maximum dread. I was deathly afraid that my artwork would not be in a condition worthy of presentation to the public. Luckily the work was still great condition; no folds or fading, and they had assembled and displayed it *almost* perfectly. (Only a few overlaps were done incorrectly and they did not compromise the quality of the piece. I did not mention this to organisers as it was clear a lot of effort went into hanging the work.)

Then the other day I received a flurry of phone calls (all of which I ignored; thinking they were simply tele-marketing or wrong numbers) and then further follow-up messages which informed me that I had been selected to receive a "Summer Scholarship to The Julian Ashton Art School". This meant that I had to get the gallery far earlier than the opening hour to participate in photo-shoots for newspapers and do a written and recorded interview.

Although all the attention made me awfully nervous, and I tried my best not to blunder through the interviews, I am extremely grateful - and probably more so lucky - to have been presented with the scholarship and the opportunity to undertake a holiday course offered by the school. I am also lucky to have received only the "Summer Scholarship" which I can undertake without compromising my other Macquarie University courses.

I believe my interviews will be used for educational purposes by the Department of Education to inform younger students only beginning their HSC visual arts course or when starting their BOW (so you may end up seeing me on the DoE website or something similar), I was told the photos will be used for promotional material, as well as finding a place in my local newspaper. I am interested to see which photos they use because they took far too many for my liking; showcasing: me, me and my artwork, me and the principal of JAAS, me and the principal and my artwork, me and my artwork and my parents, etc.

I would like to thank you again for all your help, not just this process but in all of the HSC visual arts course. My marks and achievements are a direct consequence of your superb teaching and all your guidance. So again: thank you!

The principal of JAAS - Mr. Paul Delprat was also very impressed that Penno, a government school, could produce ArtExpress worthy artworks year after year.

I am excited for you, and the art students at Pennant Hills High School, to attend ArtExpress this year and see all the impressive works on display. I hope you will enjoy it.

Kind regards, **Dylan**



*** STELLAR PERFORMANCES ***

LIZARD ISLAND HONOURS

Congratulations to Year 11 student Ellesha who has been successful in her application to the Lizard Island Coral Reef Study Tour 2020.

Ellesha will be one of 16 students in NSW who will participate in this fantastic and exclusive opportunity.

A video was prepared as part of her submission and can be viewed on the front page of our school website in the *Spotlight on Penno* section.

We are extremely proud of Ellesha's achievement.



"My favourite way to save... is to support my school!"

Discover all the best savings in your city

THE EARLY BIRD CATCHES MORE SAVINGS!

Get your new Entertainment Membership today to support Pennant Hills High School and receive these early bird bonus offers.

Up to 4 months EXTRA MEMBERSHIP + SPEND & SAVE + \$20 BONUS WISH eGift Card when you purchase our NEW Multi City or Multi Plus Membership.

Hurry offers end 29th February!

Entertainment Memberships can start anytime and are packed with thousands of substantial savings on dining, travel and fun family activities. The digital membership is easy to download to start using instantly. New offers are added weekly for ongoing value all year round.

Buy now		
Single City \$69.99 1 Year Discover all the best savings in your city	Multi City \$119.99 1 Year Enjoy savings across all of Australia, New Zealand and Bali	Multi Plus \$229.99 2 Years 2 years of savings across Australia, New Zealand and Bali
\$14 bonus eGift Card	\$24 bonus eGift Card	\$46 bonus eGift Card

★ Spend and save on bonus offers!

THE ICONIC save \$20 when you spend \$100 on food & drink
rebel bonus \$20 eGift Card when you buy a 12oz 100% Juice

Be quick bonus offers end 29th February 2020

Multi City & Multi Plus Memberships get a \$20 WISH eGift Card!

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SUPPORT US

THANK YOU
Your support makes a big difference

PENNANT HILLS HIGH SCHOOL
www.pennant-hill-h.schools.nsw.edu.au

Did you know that Pennant Hills High School has an official Facebook Page?

Have you had the opportunity to 'like' it yet?

We will be using this page to keep our school community up-to-date with important information and all of the positive things happening in the school.

To find our page search for:
"Pennant Hills High School"



Like us on
Facebook

How are you
making the internet
a safer place?

Date: Tuesday 11 Feb
Time: 7:00pm - 8:00pm

Event:
Free internet safety
presentations delivered
at your local PCYC club



Top tips for
online safety
- for community champions

- 1 Be an upstander** If you see abuse online, report and delete it
- 2 Protect your personal information online** by using a different password for each account and turning on privacy settings on devices, apps, and social accounts
- 3 Tame the tech** Explore how to set access and parental controls on home wifi networks, gaming consoles, mobile devices and smart TVs
- 4 Be conscious of your online profile** Don't post anything that may put you in danger, affect your reputation or be used against you
- 5 Stay on the lookout for scams and phishing contacts** - don't click links, give out personal information or send money in response to an unexpected request
- 6 Help others to be safe online** - especially family and friends who aren't tech-savvy



2020 Hornsby Ku-ring-gai Mental Health Youth Forum

An opportunity for 10 students from your school to have their voices heard and plan for the future.



Date: Tuesday 7 April 2020
Time: 8.45am till 3.00pm (registrations from 8.30am)
Venue: MUSE building, Level 3, 18 Wally's Walk, Macquarie University, Balaclava Road, North Ryde
RSVP: Bookings open immediately and close 3 March or once capacity is reached. Book here kmc.nsw.gov.au/mentalhealthforum
Teacher PD: Teachers and support staff will be able to attend a professional development session run by the Macquarie University's Centre For Emotional Health.



Matt Kean MP
 Member for Hornsby
 Minister for Energy & Environment



MACQUARIE
 University

2020 Annual Giant Book Sale



Rotary
 West Pennant Hills and
 Cherrybrook

RING OUR HOTLINE

FOR DETAILS OF A CONVENIENT DROP OFF POINT

0468 330 667

email: wphc.rotary.booksale@gmail.com

Proceeds will go to local Rotary charities
 Donations will go to Coonabarabran Rotary
 drought relief program



Uniting Church
 134 New Line Road
 Cherrybrook

Friday 13th March
 9am To 5pm

Saturday 14th March
 9am To 5pm

Sunday 15th March
 11am To 2pm
CLEARANCE SALE

We appreciate the support of our Gold
 sponsors

**We are looking for dona-
 tions of books in good con-
 dition, original CDs, DVDs,
 records & sheet music**

Donations accepted up to 5pm Monday 9th March
 We really appreciate all the support that you
 give us with these donations.

THANK YOU!

Please Note: We are unable to accept text
 books, encyclopedias, dictionaries, damaged or
 dirty books, magazines, coffee table books,
 Readers Digest & condensed books



PENNANT HILLS NETBALL

The Friendly Club

ONLINE REGISTRATIONS NOW OPEN

See our website for more details
pennanthillsnsw.netball.com.au

TRIVIA NIGHT

2nd Mar 2020

Dress yourself & your table in your favourite Decade

Where: 7.30pm start - Saturday 2nd Mar 2020
 Where: Hills Grammar School, 43 Kenderloo Rd, Cural
 Cost: \$20 per person, maximum 10 per table
 Special and drink, money (Gold Coin) and a series of 10 minutes

To book a place, please contact Denise Baynes
 denise.baynes@pennanthillsnsw.netball.com.au
 or call 0425 368-084
 SPACE IS LIMITED. BOOK NOW!

100% of all funds go directly to the Cancer Council
www.cancerouncil.org.au/hillside

PCYC Safer Drivers Course

For Learner Drivers

PCYC are an accredited provider of the Safer Drivers Course.
 Guiding young people in the right direction since 1937

The Safer Drivers Course involves two modules:

Module one: A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of twelve participants and will be delivered by a facilitator.

Module two: A two-hour in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach. Course cost: \$140.

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3 for 1 scheme cannot be included.

Participants who complete the course will receive 20 hours credit recorded in their learner driver log book.

To find your closest club or book into the next available course check out our website:
www.saferdrivers.org.au
 Call us on 9625 9111 or drop into your local club to find out more

Teaching someone to drive can be a happy experience.

Come to a FREE two hour workshop full of practical advice and information for parents, carers and supervisors of learner drivers completing the Graduated Licensing Scheme.

The next workshop in your area will be held:

TIME & DATE:	VENUE:	BOOK NOW ON:
6:30pm to 8:30pm Thursday 5 March 2020	Hornsby Shire Council Chambers Building 296 Peats Ferry Rd Hornsby	Online via: www.trybooking.com/BGILA (02) 9847 6856 Bookings Essential

Helping learner drivers
 become safe drivers

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COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Jazz at the Pines: Roughley House at The Pines, 656a Old Northern Rd, Dural 12.30pm-4.00pm. Sunday 16 February - Geoff Power Jazz Band. Bookings www.jazzatthepines.org.au phone 9651 4411.

Pennant Hills-Cherrybrook STAGS Rugby League Come and Try: Tuesday 11 February 5.00pm at Greenway Oval 2. Visit www.pennostags.com.au

West Pennant Hills Netball Club 2020 Registrations: Register on Saturday 8 February at West Pennant Hills Public School 10.00am-12.00pm or online at www.westpennanthills.nsw.netball.com.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.latitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook (wepaustralia)

Australian Institute of International Understanding (AIU) www.aiiu.com.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.

Northern District Hockey Association: Contact juniors@ndhockey.com.au. U5 - U9 'Minkey'. U11, U13, U15 Mixed Junior Comp and U17. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au
Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taiko.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or <http://www.facebook.com/WPHNC>
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.
Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.
Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

Pennant Hills Netball Club: pennanthillsnsw.netball.com.au

West Pennant Hills Scout Group: Contact Kevin 0408 257 498 for Cubs (Mon), Scouts (Thurs), Venturers (Mon)

'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for *Penno* staff and students.

1st and 3rd Friday of each month during term from 9.00am to 9.45am.

Please meet at Public Reception. Enquiries: Victoria Wensley on 0403 556 021

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswwact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

DISCLAIMER

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