



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 6 December 2019

Term 4 Week 08B

Mr Ross Warren
Principal

Laurence Street, Pennant Hills NSW 2120

Mr Brendan O'Byrne
Deputy Principal

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Ms Fiona Payne
Deputy Principal

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**PENNO WELCOMES
YEAR 7, 2020 AT
ORIENTATION DAY**



TERM 4, 2019

Week 09A	Monday	9 December	Year 7 Swim School (Monday to Friday)
	Monday	9 December	Year 10 PASS Bronze Medallion (Monday to Friday)
	Monday	9 December	Presentation Evening Rehearsals - All Award Recipients Years 7-11
	Tuesday	10 December	Presentation Evening 7.30pm MPC
	Wednesday	11 December	School Tour 7.50am for 8.00am from Public Reception
	Wednesday	11 December	End of Year Concert - Music Ensembles

Week 10B	Monday	16 December	Year 7 Science Excursion - Taronga Zoo
	Tuesday	17 December	Year 12 HSC and ATAR Results Released
	Wednesday	18 December	Year 12 2019 Celebration Breakfast 10.00 Bell Quad
	Wednesday	18 December	SLC Christmas Concert
	Wednesday	18 December	LAST DAY OF SCHOOL FOR STUDENTS
	Friday	20 December	LAST DAY OF SCHOOL FOR STAFF

SCHOOL HOLIDAYS

Merry Christmas and Happy New Year

TERM 1, 2020

Week 01B	Monday	27 January	AUSTRALIA DAY PUBLIC HOLIDAY
	Tuesday	28 January	School Resumes for STAFF ONLY
	Wednesday	29 January	School Resumes for Years 7, 11 and 12 (whole grades) with Year 10 Peer Support Leaders (for the morning session only)
	Thursday	30 January	School Resumes for Years 8, 9 and 10 (whole grade)

Week 02A	Tuesday	4 February	Year 7 Camp (Tuesday and Wednesday)
	Sunday	9 February	School Music Camp (Sunday to Tuesday)

Week 03B	Monday	10 February	School Music Camp (Monday and Tuesday)
	Tuesday	11 February	Year 7 Welcome to Families BBQ
	Wednesday	12 February	Whole School Swimming Carnival - Hornsby Aquatic Centre
	Wednesday	12 February	School Music Camp Concert 7.30pm
	Thursday	13 February	Year 12 2019 Higher Achievers Assembly

Week 04A	Thursday	20 February	Meet the Music Sydney Town Hall 7.00pm
	Friday	21 February	Year 11 and 12 Excursion to ARTEXPRESS

Did you know that Pennant Hills High School has an official Facebook Page?

Have you had the opportunity to 'like' it yet?

We will be using this page to keep our school community up-to-date with important information and all of the positive things happening in the school.

To find our page search for:

"Pennant Hills High School"



Like us on
Facebook



PRINCIPAL'S REPORT

Pennant Hills High School Deputy Principal

This week we welcomed our new substantive Deputy Principal, Ms Fiona Payne to Pennant Hills High School. Ms Payne has been acting in the Deputy Principal role at Concord High School (CHS) since April 2017 and consequently brings with her a comprehensive skill set. Ms Payne's expertise includes experience with Learning and Support, Wellbeing, Positive Behaviour for Learning, Student Leadership and Higher School Certificate (HSC) Minimum Standards.

Prior to relieving in the Deputy Principal role, Ms Payne was the substantive Head Teacher Secondary Studies at CHS, where she led the gifted and talented program. Her teaching background is English and Mathematics in addition to experience with Mild Intellectual Disability and Autism. I am sure our readers are all excited by the prospect of what Ms Payne will bring to our team at Pennant Hills High School. Please join me in giving Ms Payne a warm and friendly *Penno* welcome when you meet her in person.

iEntrepreneur

Last week Year 9 and 10 students worked with a group called iEntrepreneur as a development of their entrepreneurial skills. Students were tasked with identifying a need in the market, designing a solution and then making a pitch to a select group of judges on the merits of their project. Ideas ranged from apps for fitness, wardrobe enhancement, first aid courses for new mothers and the winning solution, a turbine - retrofitted inside drain pipes which used waste water to generate electricity. Thank you to Mr Wilson, Head Teacher Industrial Arts for coordinating this opportunity and congratulations to the students involved for the outstanding problem solving and critical thinking skills they displayed.

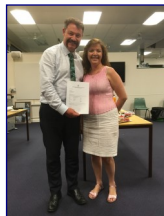
ARTEXPRESS

Congratulations to Year 12 2019 student Dylan on the selection of his HSC Visual Arts Major Work to the prestigious ARTEXPRESS exhibition for 2020.

We are extremely proud of Dylan's achievement and congratulate Miss Dennis, Visual Arts Teacher and his mentor for her outstanding tuition and support.

P&C Meeting and AGM

Last week was the final P&C meeting for 2019. During the meeting, I was presented with a cheque from Mrs Lawless, President (at the time) for grants totalling over \$11,000.00 for purchase of equipment needed across a range of faculties. Thank you to our P&C for their generosity. We will have photos of the equipment for all to see in our newsletter next year.



After the regular meeting was the AGM where we farewelled a number of long-standing Executives and welcomed a new Executive team for 2020. The Executive for 2020 will be as follows:

- President : Mr Tony Vink
- Vice President: Mrs Victoria Wensley
- Vice President: Mrs Kerryn Hoffman
- Treasurer: Mr Peter Fullerton
- Secretary: Mrs Linda Van Meygaarden

I look forward to continuing our strong partnership with the new team as we work towards the betterment of our school for all students.

Special Recognition High Tea

This afternoon, it was my pleasure to join with volunteers - parents, caregivers and friends who work in the Canteen, for a simply sumptuous afternoon *High Tea*, prepared by our wonderful Hospitality staff and students. What a treat it was!

Thank you to our many unsung heroes and heroines who give so much of their time willingly to the students and staff of Pennant Hills High School and thank you to our talented and hardworking students, ably lead by Mr Lightfoot, Home Economics Teacher and his team for the professional and well catered function.

Year 7 2020 Orientation Day

Tuesday this week saw us welcome over 190 students and their families to Pennant Hills High School. Our new community members met Mr Ashley Symons, Year Advisor and were treated to outstanding performances by our Choir and Concert Band 2. Families were given the opportunity to purchase book packs - prepared by our P&C and uniforms sold by The School Locker in preparation for the commencement of Year 7, 2020.

The day ran seamlessly thanks to the expert organisation and coordination of our hardworking staff. It was great to see the anticipation and excitement on the faces of our new *Penno* cohort.

7P Class Concert

At the conclusion of Orientation Day, I had the pleasure of attending another outstanding event - 7P's Class Concert.

It was an afternoon of outstanding musical performances all from the ranks of this very talented class. The concert was initiated, coordinated and presented entirely by the students. Both the teachers, families and invited guests were given a real treat. Thank you Mrs Coomber, Music Teacher who facilitated the opportunity with her usual outstanding organisational prowess. A fabulous afternoon.

The Great Debate

On Wednesday, a brave team of student debaters took on the expert staff team to debate the topic "Adults know what is best for teenagers". The student team were fortunate enough to be assigned the role of the affirmative and the teachers team had to fight off any preconceived ideas and argue the negative.



There were some hard fought arguments presented by both sides with the eventual winner ensuring a strong narrative throughout their team's case.

The winner 'this time' was the teachers: Ms Ford, Mr Leys, Mr Schmitt and Mis Van Ede although congratulations must also be given to the students: Jenna, Sophie, Ashlin and Sonia for not making it an easy win. I look forward to a rematch in 2020.

Thank you to Mrs Bell, Debating Coordinator for this outstanding initiative.

Presentation Evening

Our Presentation Evening is scheduled for next Tuesday 10 December. This is a very important annual event in our school calendar as it is the formal recognition of our student's highest achievements for the current school year.

The evening will be well attended by special guests including our Federal, State and Local members.

I look forward to seeing you all on the night.

New Uniform

Our new school shorts and shirts have arrived just in time for the warm weather. They can be bought from the Uniform Shop located in the MPC on Mondays 10.00am-2.00pm and Fridays 8.00am-12.00pm during the school term.

Year 12 Celebration Breakfast

A reminder to all Year 12 students from the class of 2019 that the Celebration Breakfast is scheduled for Wednesday 18 December from 10.00am-11.00am in the Bell Quad. It is a wonderful opportunity to meet with teachers and peers to discuss the happenings of the past 10 weeks since graduation including of course the HSC and results.

I look forward to the gathering and final celebration for the 2019 cohort.

Ross Warren
Principal

END OF YEAR CANTEEN NOTICE

The final day of trading for the Canteen will be Tuesday 17 December - Week 10.

The Canteen will reopen for trading in Week 1 of Term 1, 2020.



**Pennant Hills High School's
Concert Band 1, Big Band,
Junior Stage Band and
String Ensemble.**

**Invite all students, parents and
caregivers to our**

END OF YEAR CONCERT

on

**Wednesday 11 December 2019
From 7.00pm - 9.00pm
in the MPC**

All Welcome.

A SCIENCE WRAP UP

After the completion of their yearly examinations, Year 8 students have become budding forensic scientists.

They have been learning about evidence, the importance of DNA - not only in identifying criminals, but also in proving innocence, and how this important field of science can solve crimes and mysteries. Classes have been collecting and identifying fingerprints, examining and testing unknown white powders, looking at fibres under the microscope, modelling DNA fingerprinting, collecting impression evidence of shoe prints and solving mock crimes.

It has been awesome to see the students so engaged whilst enjoying learning about a very recent scientific field and the impact it has on the world at large.

Congratulations to Year 10 student Ellesha Noble who was successful in her application for a place on the *Lizard Island Coral Reef Study Tour 2020*, a 9 night trip to the Australian Museum's Lizard Island Research Station (LIRS) in April 2020. For the application process, Ellesha produced a short video that conveyed her passion for Biology and the environment. LIRS currently hosts approximately 100 research projects each year and more than 100 scientific publications are produced annually from their research. We look forward to hearing all about Ellesha's adventures in Term 2 next year.

This week, the Agriculture plot welcomed 6 Isa Brown Pullets into the fold. These pullets will be reared by the current Year 9 Ag classes who will prepare the best three pullets to compete at the Sydney Royal School Egg Laying Competition in 2020. Good luck to Year 9 and their pullets.

Ms Newton and a team of students have been busy preparing some beds for the establishment of a Bush Tucker Garden on the school farm. The team have prepared the soil, mulched garden beds and are currently in the process of painting the beds in colours that represent indigenous communities. Planting will begin very shortly.



Many thanks to the P&C who have generously sponsored the Bush Tucker Garden with a donation that was used to purchase the plants. Plants include Vanilla Lily, Copper Tops, Lemon Myrtle, Pigface, fingerlimes, winter apples, wombat berry, sandpaper fig and Yam daisy. Thank you to Mr Belling, English Teacher and Aboriginal Education Committee member together with Tim from Murru Mittigar for their input and support. There will be more updates on the garden in future editions of *Jumbunna*.



In January 2020, Year 12 students Emily Sykes and James Alexander, School Captains will be attending the prestigious National Youth Science Forum (NYSF) in Brisbane.

NYSF is a 12-day residential program designed to give students a broader understanding of the diverse study and career options available in Science, Technology, Engineering and Mathematics (STEM). We look forward to hearing about the forum next year.

We wish all our Science students a safe and happy holiday. We look forward to working with you on some challenging and interesting units of work in 2020.

Melodie Frida, Head Teacher Science



FANTASTICAL LITERARY NEWS

Congratulations to Mr Leys, English Teacher who has released a sequel to his novel published last year. The new book is titled *The Institute of Fantastical Inventions 2: Magnetic Attraction*. The novel, aimed at readers aged 9-13, was launched at The Children's Bookshop in October.

"It's a real buzz to have a sequel out," said Mr Leys, "and to see my books in bookshops. I wanted to write a second book to further explore the world I had created with the first and to develop the relationships between characters. It was also a great opportunity to work again with the talented illustrator, Shane Ogilvie. It's also great to know this book is supported by The Starlight Foundation, an organisation that helps out children battling serious illness."



Both books in *The Institute of Fantastical Inventions* series explore the world of science, adventure and problem-solving with a comical vision. "I want readers to laugh and learn, and to remember that we get to invent the world around us." said Mr Leys.



Mr Leys sees writing as a great way for him to refine his language and knowledge of publishing. He hopes his success inspires the students of Pennant Hills High School to continue to chase their dreams. "There are so many talented writers here," he said, "and I fully expect to see some of our students published in the future."

Richard Williams, Head Teacher English

OFFICE HOURS AND PAYMENT TIMES

The school office is open from 8.00am—3.45pm Monday to Friday (excluding Public Holidays) during school term.

The payments window is open from 8.15am—2.00pm on school days only.

Thank you.

BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.

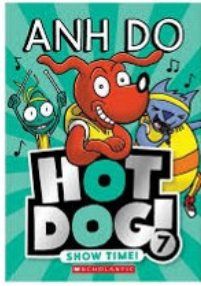


Students must bring their devices to the storeroom at the start of the lesson.

Valmé Kruger, Head Teacher PDHPE (Relieving)

TERM 4 IN THE LIBRARY

What's new?



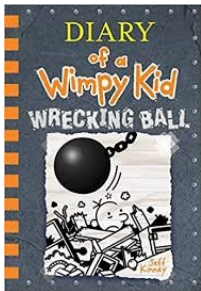
#Dachshunds
#Performing arts
#HumorousStories



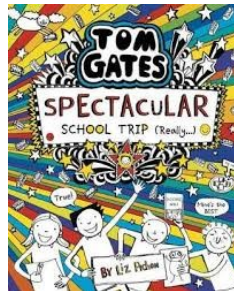
#Dictators
#Corruption
#Prophets



#Ecosystems
#Landforms
#Exploration



#Friendship
#Families
#HomeRenovation



#SchoolStories
#HumorousStories
#Excursions



#KingsQueensRulers
#GoodEvil
#Prophecies

Lots of interesting things happen in the library

Puzzling teamwork ...and the puzzling continues!
Wonderful to see collaboration from all year groups.



Yes to Chess

Exciting times and tense moments in the library with the Chess Competition grand finals! Congratulations to Year 7 student Ameer for becoming our first champion. A special thanks to 2nd place winner and our chess co ordinator Julian.

Holiday Reading

Remember that books may be borrowed over the school holiday break. Drop in and choose your selection soon.

Happy reading!

Merise Feneley
Teacher Librarian



ARTEXPRESS 2020

Congratulations to Dylan, HSC Visual Arts student 2019, on having his drawings titled "Silver Screen" accepted into ARTEXPRESS 2020.

Dylan's amazing drawings will be displayed at various galleries throughout the city and/or state in 2020. We are extremely proud of Dylan and all of our HSC Visual Arts students.

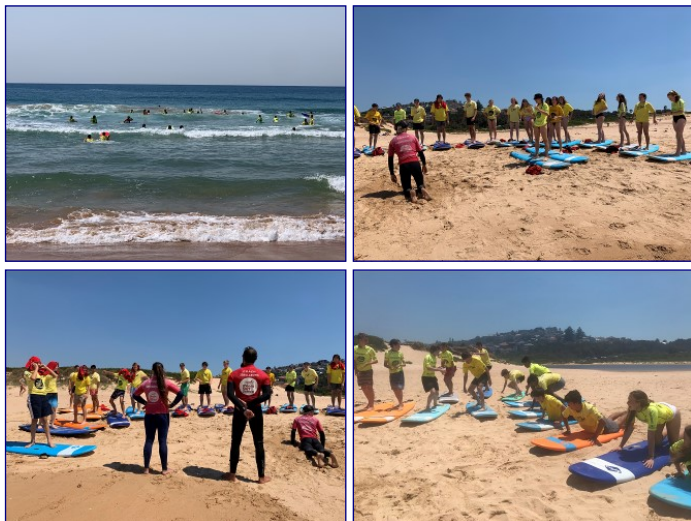


Janelle Dennis, Head Teacher CAPA

YEAR 9 AT SURF SCHOOL

Earlier this month, Year 9 PASS students travelled to Long Reef beach to participate in a Surf Coaching Program. Students were praised by the Manly Surf School coaches on their amazing behaviour and effort throughout the day. Since 1995, Manly Surf School has been teaching the thrill of surfing as well as educating our students on how to identify the dangers of the ocean. They coach Surf Safety and Surfing Programs to kids from all over Australia.

Our students were taught how to spot rips, currents and sandbanks, where the safest spots are to swim and how to keep themselves safe in the water. They identified the advantages and disadvantages of rips, how to make safe choices when in the water and also had a wonderful time learning how to surf and boogie board. A massive thanks to Mr Toohey for organising an enjoyable and fabulous day.



YEAR 10 PASS

As part of the module *Event Management*, Year 10 Physical Activity and Sports Studies (PASS) students have played an integral role in the delivery of Thursday afternoon sport over the past few weeks.

10PASS2 students have been preparing Year 7 students for Grade Sport by planning draws, setting up equipment, coaching and refereeing in three sports they will have the opportunity to trial for next year - Ultimate Frisbee, European Handball and Speedway.

10PASS1 and 10PASS3 have been responsible for organising and refereeing a variety of indoor and outdoor sports for years 8, 9 and 10 on the main oval, COLA and canteen.



Well done to all year 10 students who have been involved and shown great initiative and enthusiasm. We hope you have enjoyed the experience and we appreciate your time and efforts.

Charlene Stewart
PASS Teacher

NETBALL NEWS

Congratulations to our U15s team who defeated Burwood Girls High School in their 2nd round match last week. The girls played with strategy and composure in a tough game against a well-disciplined side. The final result of 54 - 29 proved their superiority.

A shout out to the Players of the match: Ella for her exceptional goal scoring, Sheridan for her solid defence and Caitlyn for her quick feet around the court.

Round 3 will be played in early Term 1, 2020. Thanks to Year 9 student coach Jessica and Year 11 umpire Laura for their assistance and to the parents who came to watch.

Kath Tibbotts
Netball Coach



**PARENTS AND CAREGIVERS
PLEASE DO NOT DRIVE INTO SCHOOL GROUNDS**

In the interests of student safety, parents and caregivers are not permitted to drive onto school grounds at any time, including before or after school, to drop off or collect students, or to attend meetings with staff.

The only exceptions to this are when either you or your passenger has a disability or if you are picking up a sick or injured student.

School staff and drivers of visiting commercial vehicles are reminded that all roads within the school are shared zones with a speed limit of 5kph.

**STUDENT SAFETY is up to ALL OF US
THANK YOU FOR PLAYING YOUR PART**

PENNANT HILLS HIGH SCHOOL PRESENTS

ROALD DAHL'S

Matilda

THE MUSICAL

MUSIC & LYRICS BY
TIM MINCHIN

BOOK BY
DENNIS KELLY

MARCH 6-14
BUY TICKETS

<https://www.trybooking.com/BFBLB>

PENNANT HILLS PUBLIC SCHOOL P&C
invites you to an evening of

TWILIGHT CAROLS

Thursday 12th December 2019
6 pm

K-2 Site, Trebor Road, Pennant Hills

An evening of Christmas carols for the whole family accompanied by our school bands, choirs and string ensembles

SAUSAGE SIZZLE & DRINKS
Faux Candles

AVAILABLE FOR PURCHASE
BYO PICNIC RUG

Event will be moved indoors in wet weather!
STRICTLY NO ALCOHOL PERMITTED

Carols by Candlelight

Friday
20 December 2019

5.30-7.30pm Family Festival
7.45pm Carols by Candlelight

West Pennant Hills Public School Oval
enr of Church Street and Cardinal Avenue

Bring the family and join the festive activities!
jumping castle, carnival games, food and drink stalls,
glow sticks, coffee cart, live camels, and heaps more!

For additional information please call 9479 3700
www.stmatts.org.au

Proudly sponsored by:

Pennant Hills Physiotherapy Centre Pennant Hills Toyota Stone Real Estate - James Rummey
Albert & Meyer Funerals Zippig Motors Pennant Hills Parc Plans Thornton Stagote Solicitors

New clearways on Boundary Road and New Line Road

Between Pennant Hills Road, Pennant Hills and Old Northern Road, Dural

Roads and Maritime Services | November 2019

The NSW Government is funding this project as part of its \$121 million Clearways Program, which aims to reduce congestion and delays on Sydney's Roads.

Roads and Maritime Services is installing new clearways on Boundary Road and New Line Road in both directions between Pennant Hills Road, Pennant Hills and Old Northern Road, Dural.

The new clearways will be between 6am to 7pm on weekdays and between 9am and 6pm on weekends and public holidays.

Clearways help improve journey times by making an additional lane available to traffic during clearway hours, allowing drivers to get to their destination sooner. They have an immediate positive impact on traffic flow as existing road space is used for the movement of vehicles. Maximising road space for traffic movement improves the efficiency of intersections along the corridor as all lanes are used.

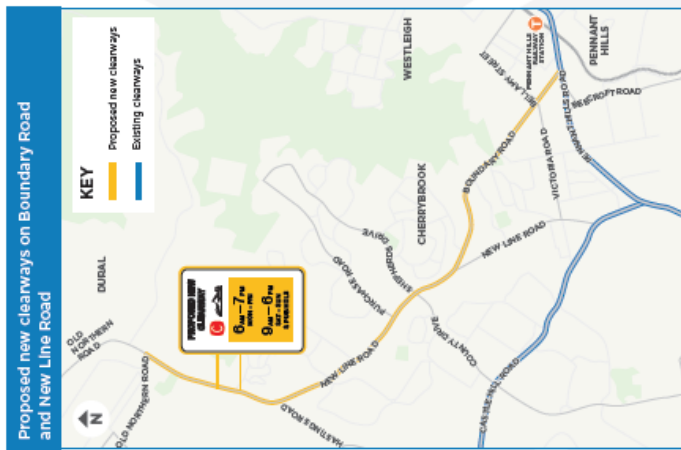
The new weekday and weekend clearways will improve the journey times for the 32,000 motorists travelling on this corridor each day which means less time in traffic and more time doing the things you enjoy.

The new clearways will be operational on Monday 9 December 2019.

New No Stopping restrictions will also be installed along sections of Boundary and New Line Roads, mainly at intersections to improve safety.



Easing congestion



Our work schedule

We will be onsite for seven night shifts between Monday 2 December and Monday 9 December 2019, weather permitting.

Our working hours will be between 8pm and 5am. If you have any questions about the installation works, please contact our delivery partner, Downer EDI on 1300 776 069.

Contact us

To find out more about this project or to provide feedback, please contact the Clearways project team:



1300 706 232 (during business hours)



clearways@rms.nsw.gov.au



http://www.rms.nsw.gov.au/clearways

How will the work affect you?

There will be some noise associated with this work but we will do everything we can to minimise the impact, including completing noisier tasks by midnight.

Traffic changes

There will be temporary traffic changes while the signs are installed to ensure the work zone is safe. Please keep to speed limits and follow signs and traffic controller directions. For the latest traffic updates, you can call 132 701, visit liveintraffic.com or download the Live Traffic NSW App.



What is a clearway?

A clearway is a section of road where stopping and parking is not allowed during the times shown on the clearway sign. Clearways are put on key state roads where traffic is often heavy and congested. They help keep vehicles moving by making all lanes available to road users.

Buses and taxis are allowed to stop on a clearway to drop off or pick up passengers. Emergency vehicles and postal vehicles accessing a public post box are exempt from clearways restrictions.

To report a vehicle parked or stopped in a clearway or if your vehicle has been towed from a clearway, please call the Transport Management Centre on 131 700.



Translating and Interpreting Service

If you need an interpreter, please call the Translating and Interpreting Service (TIS National) on 131 450 and ask them to telephone Roads and Maritime Services on 1300 706 232.

Arabic

إذا كنت بحاجة إلى مترجم، يرجى الاتصال بخدمة الترجمة، 131 450 على الرقم 1300 706 232. اتصل بالرقم 1300 706 232 على الرقم 1300 706 232.

Cantonese

如果你需要口譯員，請致電 131 450 聯絡翻譯和口譯服務署 (TIS National)，要求他們致電 1300 706 232 聯絡 Roads and Maritime Services。

Mandarin

如果您需要口譯員，請致電 131 450 聯絡翻譯和口譯服務署 (TIS National)，要求他們致電 1300 706 232 聯絡 Roads and Maritime Services。

Greek

Αν χρειάζεστε Δερμηνέα, παρακαλούμε να τηλεφωνήσετε στην Υπηρεσία Μετάφρασης και Λεξιλογίου (Εθνική Υπηρεσία ΤΙΣ) στο 131 450 και ζητήστε να τηλεφωνήσουμε Roads and Maritime Services στο 1300 706 232.

Italian

Se desiderate l'assistenza di un interprete, prego telefonare al Servizio Interpreti e Traduttori (TIS National) al 131 450 e chiederli di contattarci Roads and Maritime Services al 1300 706 232.

Korean

통역사가 필요하시면 번역통역서비스 (TIS National)에 131 450 으로 연락하여 이들에게 1300 706 232 번호로 Roads and Maritime Services 에 전화하도록 요청하십시오.

Vietnamese

Nếu cần thông ngôn viên, xin quý vị gọi cho Dịch Vụ Thông Phiên Dịch (TIS Toản Quốc) qua số 131 450 và nhờ họ gọi cho Roads and Maritime Services qua số 1300 706 232.

November 2019



Privacy Roads and Maritime Services ("RMS") is subject to the Privacy and Personal Information Protection Act 2000 (NSW Act) which requires that we comply with the Information Privacy Principles set out in the Info Act. All information in correspondence is collected for the sole purpose of assisting in the delivery of this project. The information received, including names and addresses of respondents, may be published in subsequent documents unless a clear indication is given in the correspondence that all or part of that information is not to be published. Otherwise RMS will only disclose your personal information, without your consent, if authorised by the law. Your personal information will be held by RMS at 27 Argyle Street, Parramatta NSW 2150. You have the right to access and correct the information if you believe that it is incorrect.



COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Jazz at the Pines: Relax with live Jazz, free tours of historic Roughley House and afternoon tea available. Bookings at www.jazzatthepines.org.au; phone:02 9651 4411 or email at info@jazzatthepines.org.au.

Ku-ring-gai Youth Services Forum: What's next - life after the HSC. At Council Chambers, 818 Pacific Highway, Gordon (parking at rear of building) on Monday 25 November from 6.00pm-8.00pm. Cost \$10 online bookings only light supper included. Information/enquiries 9424 0837.

English Classes at St Marks: Cnr Rosemount Ave and Warne St, Pennant Hills. Monday 9.30am-12.00pm during school term. Information Patricia 9880 8012 email English@stmarks.com.au or visit www.stmarks.com.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook ([wepaustralia](https://www.facebook.com/wepaustralia))

Australian Institute of International Understanding (AIU) www.aiiu.com.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.

Northern District Hockey Association: Contact juniors@ndhockey.com.au. U5 - U9 'Minkey'. U11, U13, U15 Mixed Junior Comp and U17. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au
Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennant hills.netball.asn.au/ or <http://www.facebook.com/WPHNC>
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://www.facebook.com/castlehillbmx)
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.
Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.
Information/Registration: northrocksssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

Pennant Hills Netball Club: pennant hillsnc.nsw.netball.com.au

West Pennant Hills Scout Group: Contact Kevin 0408 257 498 for Cubs (Mon), Scouts (Thurs), Venturers (Mon)

'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for *Penno* staff and students.

1st and 3rd Friday of each month during term from 9.00am to 9.45am.

Please meet at Public Reception. Enquiries: Victoria Wensley on 0403 556 021

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarens.wact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

DISCLAIMER

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Responsibility
Integrity
Achievement