

JUMBUNNA

Fortnightly Newsletter of **Pennant Hills High School**

Friday 8 November 2019

Term 4 Week 04B

Mr Ross Warren **Principal**

Mr Brendan O'Byrne Deputy Principal

Mr Richard Williams Deputy Principal (Acting) Laurence Street, Pennant Hills NSW 2120

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W: www.pennanthil-h.schools.nsw.edu.au











A huge thank you to all the Great Penno Renno volunteers









TERM 4, 2019 11 November HSC Examinations (Monday and Tuesday) Monday Monday 11 November Year 9 Yearly Examinations (Monday to Friday) Week 05A Wednesday 13 November Year 12 Sign Out Day 9.00am -1.00pm - Mrs Blarasin Room 305 Wednesday 13 November Schools Spectacular Secondary Choir Rehearsal Monday 18 November Year 9 Wellbeing - The Great Aussie Bush Camp (to Wednesday) 18 November Year 12 Hospitality Work Placements (Monday to Friday) Monday Year 10 Wellbeing Day - Resilience and Stress Management Wednesday 20 November Wednesday 20 November Schools Spectacular Secondary Choir Rehearsal Schools Spectacular Special Education Faculty Rehearsal Thursday 21 November Week 06B Thursday 21 November Schools Spectacular Full Dress Rehearsal all groups Friday 22 November Schools Spectacular Preview and Evening Performances Friday 22 November Year 9 Peer Support Training Friday Year 9 and 10 Japanese - Japanese Film Festival 22 November Schools Spectacular Matinee and Evening Performances Saturday 23 November 25 November Year 10 STEM Incursion - iEntrepreneur Project (Monday - Tuesday) Monday Monday 25 November Combined Band Rehearsal for Orientation Day Week 07A Tuesday 26 November P&C Meeting and AGM 7.30pm in the Library Tuesday 26 November Combined Choir Rehearsal for Orientation Day Tuesday 3 December Year 7 2020 Orientation Day Year 9 PASS Surf School Tuesday 3 December Week 08B Wednesday 4 December Music Ensembles End of Year Concert Back-up Date Year 7 2020 Band and String Group Auditions (Thursday - Friday) Thursday 5 December Year 7 Swim School (Monday to Friday) Monday 9 December Year 10 Bronze Medallion (Monday to Friday) 9 December Monday Presentation Evening Rehearsals - All Award Recipients Years 7-11 9 December Monday Week 09A Tuesday 10 December Presentation Evening 7.30pm MPC Wednesday 11 December School Tour 7.50am for 8.00am from Public Reception Wednesday 11 December End of Year Concert - Music Ensembles **SLC Christmas Concert** Friday 13 December Tuesday 17 December Year 12 Celebration Breakfast Year 12 HSC and ATAR Results Released Tuesday 17 December Week 10B Wednesday 18 December Year 12 2019 Celebration Breakfast 10.00 Bell Quad Wednesday 18 December LAST DAY OF SCHOOL FOR STUDENTS LAST DAY OF SCHOOL FOR STAFF 20 December Friday

P&C MEETING DATES FOR 2019

Term 4: 26 November - followed by AGM

7.30pm in the School Library

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

If any parents or caregivers would like to receive the agenda and minutes of the meetings, please email penno.pandc@gmail.com to arrange.

USED CLOTHING POOL

Do you have used school uniforms in good condition at home that are no longer needed?

Donations of all summer uniforms, both Junior and Senior, or any other freshly laundered uniform items in good condition would be very welcome.

Items for the Used Clothing Pool may be handed in at the school office between 8.00am and 3.45pm on school days.

SCHOOL BLAZERS WANTED

We currently have several parents seeking to purchase second-hand blazers for their students who are members of our school bands.

Do you have a school blazer that is no longer needed?

Our Music Ensembles Administrator Mrs Anne Bassett, would be happy to put you in touch with parents wishing to purchase a blazer.

Please contact Anne if you are able to help. anne.bassett@det.nsw.edu.au











PRINCIPAL'S REPORT

The Great Penno Reno VIII

On a warm and windy Saturday, a group of dedicated parents, students and community members banded together for our annual *Great Penno Reno*.

There was a focused grit to the assembled workforce and by the end of the day, a huge skip bin of green waste together with several beautified garden areas, were evidence of the hard work that had been done by the team.

Thank you to the P&C for their ongoing commitment to improving the learning environment for our students. In particular, thank you to Mr Ridler and Mr Vink, GPR Organisers and their team, for their expert coordination and organisation before and during the day. Thank you to Mrs Jennis, Canteen Manager for catering the delicious morning tea to keep us sustained, Mr Vink for his excellent "tong master" work on the BBQ at lunch, and the students who worked alongside us for the benefit of their school.

It was a productive and successful day and I am very appreciative of all those who volunteered their time. It is a testament to the wonderful community spirit that is *Nil Nisi Bonum* indeed.

We also received some wonderful news earlier this week that has boosted our GPR spirits. Pennant Hills High School has won a Telstra Kids Grant, which is a donation Telstra makes to local community projects such as our Reno.

Thank you to Mr Wensley for his nomination. The \$1200.00 will be extremely helpful in meeting the associated costs of the day.

Australian Olympic Change Maker Award

Congratulations to Year 12 student Matthew who has been awarded the Australian Olympic Change Maker Award for 2019.

From this position, Matthew was also successful in his application to the Australian Olympic Committee, to attend the Australian Olympic Change Maker Summit, held in Canberra next month. Matthew was one of 26 students selected from 450 applicants across Australia. He prepared a video as part of his application which can be viewed at this link:

https://youtu.be/nUWVstLrY6w

This is a tremendous achievement and we are very proud of Matthew. We look forward to hearing about his experience at the summit in due course.

Fast and Curious

Last week Mr Wilson, Head Teacher Industrial Arts and several students from his Year 7 classes were photographed by the Daily Telegraph for the Science Technology Engineering and Mathematics (STEM) initiative "Fast and Curious" Program.

Pennant Hills High School was selected from schools across NSW to represent this program.

Congratulations to Mr Wilson and his students on their participation in this exciting and positive program which is designed and implemented as part of the new Digital Technologies component of the new NSW

Educational Standards Authority (NESA) Technology Mandatory syllabus.

Year 12, 2019 HSC Concludes

Next Tuesday 12 November is the final day of the 2019 Higher School Certificate (HSC) examination period.

Our students have conducted themselves extremely well and we hope the results will reflect the hard work they have done.

A reminder that the Year 12 Sign-Out Day is scheduled for next Wednesday 13 November from 9.00am-1.00pm. Students are asked to meet Mrs Blarasin, Year Adviser in Room 305 when they arrive. Year 12 invoices have been emailed to families today to assist with the efficiency of this process.

The final event for Year 12, 2019 this year is the breakfast celebration which has been rescheduled to **Wednesday 18 December 2019** from 10.00am-11.00am.

Please note this was moved from Tuesday 17 December 2019 to the following day. All students are invited to join with staff in celebrating the end of their schooling at *Penno*.

Invoices

Last week, outstanding invoices were emailed to families via Schoolbytes. Thank you to all families who have already paid their accounts.

For those who have yet to pay, could you please do so as soon as possible to enable us to finalise our accounts for the year. Instructions on how to pay through Schoolbytes can be found on the following two pages or families can make payment through our website or in person at the Cashier's Window located in Student Reception between 8.15am and 2.00pm on school days.

Thank you for your prompt attention.

Ross Warren Principal

P&C FUND A BASS CLARINET

The Pennant Hills High School Music Ensembles Program recently purchased a new Bass Clarinet thanks to funding from our P&C.

This new instrument will allow us to maintain the high standard of our program. A bass clarinet is part of the standard instrumentation for each Concert Band.

The P&C have been very generous in their support of our Music Ensembles program and our HSC

Ensembles program and our HSC Music students for many years. Our grand piano and new drum kit were all made possible from P&C funding.

Year 7 student Amy is photographed here with the new instrument. Thank you to the Pennant Hills High School P&C - the CAPA staff and students genuinely appreciate your ongoing support.

Janelle Dennis, Head Teacher CAPA









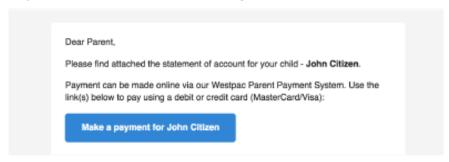


Statements of Account - Online Payment Guide

Pennant Hills High School will be sending student statements of account & payment reminders directly to parents/caregivers via email using a system called School Bytes. These statements include a link to make secure payment online through the Westpac Parent Online Payment (POP) system (Visa & Mastercard credit/debit cards accepted).

To make an online payment for your child(ren)'s school contributions, please follow the steps below:

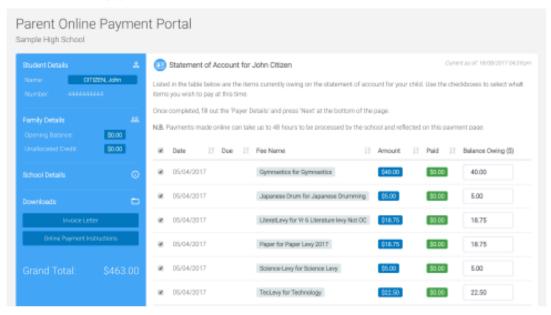
 You will receive an email from the school's email address (<u>pennanthil-h.school@det.nsw.edu.au</u>) with the subject 'Student Statement of Account' or 'Payment Reminder'.



To make an online credit card payment, click the secure payment button in the email.

Make a payment for John Citizen

Once this button is clicked, you will be taken to a webpage on www.parentpayments.com.au. On this
page, you will see a list of all currently outstanding items for your child. By default, all items are
selected/ticked for payment.



Pennant Hills High School: Online Payment Guide









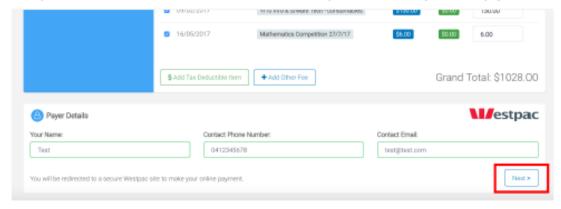
4. If you wish to change the amount you would like to pay for an item, enter the desired amount in the number field under the 'Balance Owing' column.

To not pay for a certain item, untick the checkbox in the left-hand column of the table next to the item you wish to remove.

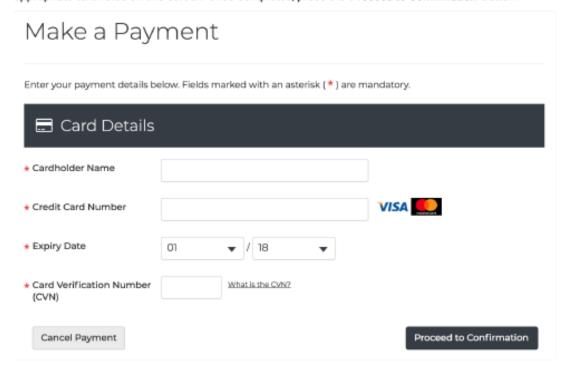


5. Once you have selected what items you wish to pay, enter your name, phone number and email address under 'Payer Details'. This allows the school to identify which parent/caregiver is making the payment.

Now, press the 'Next' button to be redirected to a secure Westpac site to finalise your online payment.



6. Once redirected to Westpac, you will see the following screen. Enter your credit card details into the appropriate text fields on this screen. Once completed, press the 'Proceed to Confirmation' button.



IF YOU REALISE YOU HAVE MADE A MISTAKE IN SELECTING WHAT ITEMS YOU WISH TO PAY ON THE PREVIOUS PAYMENT PORTAL SCREEN, PLEASE CLICK THE 'Cancel Payment' BUTTON.

> 7. You will then see a payment summary screen where you can confirm your details. When ready, press the button at the bottom of the page to confirm and make your online payn NOTE: To pay for another child in the family, return to the original email you received and click the payment button with the other child's name on it. The payment button/link located within the email remains active for 12 months. This means that at any point within this time period you can use this link to see what items are currently owing for your family. For information relating to the security & privacy of this service, please refer to the following webpage: Privacy-Information.pdf











School Travel Advice

For trip planning visit www.transportnsw.info or call 131 500.

For current Hillsbus school and route services visit www.cdcbus.com.au or call 02 8889 7000.

Conditions of Carriage: Students must have a valid Opal card and must tap on and off every trip. Further details about the SSTS are available at: www.transportnsw.info

L> Bus turns left, R> Bus turns right

PENNANT HILLS HS

08:55 15:20 Bell Times Morning: Afternoon:

Effective 18/11/2019

		MORNING BUSES
Route	Time	Bus Route
629	80:20	EX NEICH BEF BOUNDARY via Pitt Town, R>Kenthurst (07:23), R>Old Northern, Oakhill College (07:40)
		Transfer to Route 3160 (due 07:55, see below)
3160	07:10	EX ANNANGROVE OLD PITT TOWN & TERRY RDS via Old Pitt Town, L>Nelson, tums at
		Blind, Nelson, Mason, L>Terry, L>Allan, L>Windsor, L>Nelson, L>Hynds, R> Nelson & Edwards Bus Rav (07-23) T>Nelson R>Edwards T>Annangrove R>Kenthurst R>Old
		Northern, Round Comer (07:45). Old Northern, Oakhill College (07:55) then via L>Old
		Northern, L>Castle Hill, L>County, L>Treetops, R>David, Oakhill Shops (08:05), return
		David, L>Woodgrove, R>County, L>John, R>Franklin, L>Neale, R>Edward Bennett,
		L>Castle Hill, L>Pennant Hills, Thompsons Corner (08:21) L>Boundary, R>Bellamy,
803	07:12	EX KELLYVILLE STATION via Samanatha Riley, L>Glenhaven, R>Mills, L>Carinda,
		L>Glenhaven, R>Old Glenhaven, L>Glenhaven R>Evans, L>Grange, R>Greenbank, via
		Greenbank Loop, R>Linksley, R>Ridgecrop, L>Gilbert, R>Old Northern to Castle Hill
		Interchange (08:03).
		Transfer to Route 3184 (due 08:17, see below)
625	07:15	EX PARRAMATTA INTERCHANGE via Route 625 to Pennant Hills Station. Transfer to Boute 800 to proposite exhabit
638	07:27	EX BEROWRA WATERS via Bay R>Arcadia (1>Galston, Galston HS (07:58))
		Transfer to Route 2037 to Pennant Hills Station
2037	07:31	EX GLENORIE, OLD NORTHERN AFTER TIMARU ST via Old Northern, L>Mid Dural,
		L>Galston, Galston HS (07:58), Galston, L>Old Northern, L>New Line, L>Victoria,
		R>Loftus, L>Pennant Hills, L>Yarrara to opp Pennant Hills Station (08:37), L>Ramsey,
		L>Bellamy, R>Laurence to bus bay
626	07:41	EX CHERRYBROOK STATION via Bradfield, L>Franklin, L>John, R>County, L>New Line,
		RyFurchase, RyShepherds, LyRenburn, LyMacquane, RyFrancis Greenway, RyBoundary,
		L>New Line, L>Victoria, R>Boundary, L>Pennant Hills, L>Railway to Pennant Hills Station.
635	07:41	EX CHERRYBROOK STATION via Bradfield, L>Castle Hill, R>Coonara, Highs, Blacks,
		return Blacks, R>Taylor, L>Aiken, L>Oratava, R>Dehlsen, L>Salina, L>Aiken, R>Pennant
		Hills, L>Copeland, L>Cardinal, R>Hannah, R>Wongala to Beecroft Station (08:13).
633	07:48	EX CASTLE HILL INTERCHANGE STAND A via L>Old Northern, R>Castle Hill,
		L>Bradfield, R>Franklin, L>Castle Hill, L>New Line, R>Victoria, R>Boundary, L>Pennant
		Hills, L>Railway to Pennant Hills Station
3151	07:58	EX HIGHS RD OPP HOOP PINE via Highs, Blacks, Blacks Rd Terminus (08:01), via
		Blacks, Highs, R>Taylor, L>Aiken, L>Pennant Hills, L>Yarrara, L>Ramsay, L>Bellamy,
		R>Laurence to school.
3178	08:04	EX HIGHS RD OPP HOOP PINE via Highs, Taylor, L>Aiken, L>Oratava, R>Dehlsen, L>Salina, L>Aiken, L>Pennant Hills, L>Yarrara, L>Ramsev, L>Bellamy, R>Laurence to
		school
3184	08:17	EX CASTLE HILL INTERCHANGE STAND A via L>Old Northern, R>Castle Hill, L>Pennant
		Hills, L>Yarrara, L>Ramsay, L>Bellamy, R>Laurence to school

@PennantHillsHS







School Travel Advice

hillsbush.

Route	Time	Route Time Bus Route
3134		08:26 EX CASTLE HILL RD & EDWARD BENNETT DR via R>Edward Bennett, L>Neale, R>Franklin, L>John, R>County, R>New Line, L>Boundary to school Boundary Rd entrance
3152	08:27	08:27 EX THE CRESCENT & PENNANT HILLS RD via Pennant Hills, L>The Crescent, L>Britannia, R>Kurrajong, L>Cobbadah into Blackbutt, L>Kurrajong, R>Brittania, R>The Crescent, L>Pennant Hills, R>Trebor, R>Weemala, L>Ramsay, L>Bellamy, R>Laurence to

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Route Time Bus Route

		Day Island
3527	15.25	TO OAKHILL COLLEGE via Laurence, R>Bellamy, R>Boundary, L>Cedarwood, R>New Line, R>Boundary, L>Francis Greenway, R>Macquarie, R>Shepherds, L>Purchase, R>Hancock, R>Purchase, R>New Line, L>Hastings, L>Old Northern to Oakhill College (16:00).
3531	15:25	TO DAVID RD, DURAL, GALSTON & BERRILEE via Laurence, R>Bellamy, L>Boundary, R>Pennant Hills, R>Castle Hill R>Edward Bennett, L>Neale, R>Franklin, L>John, R>County, L>Woodgrove, R>David to Oakhill Shops (15:52), return David, L>Treetops, R>County, R>County, R>County, R>County, R>County, R>County, R>Oid Northern to opposite Oakhill College (16:03), Old Northern, Round Comer (16:09) Old Northern, R>Galston, Galston Shops (16:19), L>Arcadia, Bay to Chilloott Rd to Berniee
3528	15.26	TO JAMES HENTY DR via Laurenoe, R>Bellamy, L>Boundary, R>Victoria, R>New Line, R>Boundary, L>Francis Greenway, L>Macquarie, R>Kenburn, R>Shepherds, L>Purchase, L>New Line, R>County, R>Woodgrove, R>David, R>David, James Henty, R>Jenner, R>Thomas Wilkinson, L>James Henty, R>New Line to Dural Bus Depot
625	15:28	EX PENNANT HILLS STATION TO PARRAMATTA via Railway. R>Pennant Hills, L>Church, L>Victoria, R>Wilde, Smith, Station, R>Argyle to Parramatta Interchange
2626	15:30	EX BOUNDARY RD TO PENNANT HILLS STATION & BLACKBUTT LOOP via Boundary L'>Pennant Hills, L'>Railway to Pennant Hills Station, return Railway. The Crescent, Britannia, L-Xurrajong, Blackbutt to Kurrajong
3606	15:30	TO CASTLE HILL VIA COONARA via Laurence, R>Bellamy, L>Boundary, R>Pennant Hills R>Castle Hill, L>Connara, R>Highs, R>Daveney Way, L>Salisbury Downs, L>Glenhope, L>Castle Hill, L>Old Northem, Terminus, R>Crane, R>Castle Hill Interchange
3518	15:38	TO WEST PENNANT HILLS VALLEY VIA ORATAVA AVE & BLACKS RD via Laurence, R>Bellamy, L>Boundary, R>Pennant Hills, R>Aiken, R>Sailna, R>Dehlsen, L>Oratava, R>Aiken, R>Taylors, L>Highs, Blacks, Blacks Rd Terminus (16:01), retum Blacks, Highs to Castle Hill Rd
3612	15:38	TO CHERRYBROOK via R>Laurence, R>Bellamy, R>Boundary, R> Francis Greenway, R>Macquarie, R>Shepherds, L>Purchase, L>New Line to Victoria
3631	15:55	EX OPPOSITE OAKHILL COLLEGE via Old Northern, Round Comer (16:03). Bus continues as Route 639 via L>Kenthurst, Kenthurst Rd before Pitt Town Rd (16:11), L>Pitt Town to Marayiya
3509	15:57	EX OAKHILL COLLEGE TO GLENHAVEN via Old Northern, L>Gilbert, R>1st Ridgecrop, Knightsbridge Shops, (16:07), Ridgecrop, R>Linkdley, L>Greenbank, Greenbank Dr Loop, L>Grange, R>Evans, L>Glenhaven, L>Carinda, R>Mills, L>Glenhaven to Bannerman Rd Terminus (16:22)
641	16:03	EX ROUND CORNER via Old Northern, L>Kenthurst, L>Annangrove, L>Windsor, L>Commercial, R>Caddies, R>Rouse Hill Dr to Rouse Hill Station.
3548	16:14	EX CASTLE HILL INTERCHANGE STAND A TO FAIRWAY DR, BALMORAL RD & ARNOLD AVE via L>Old Northern, L>McMullen, Pennant, R>Showground, L>Windsor, R>Norwest, R>Solent, R>Fiorence, L>Petinvay, L>Severn Vale, L>Balmoral, R>Pellizzer, R>Florence, L-Detorto, L>Memorial, R>McGausland, L>Arnold, R>Gainsford, L>Sam Riley, L>Tway to Riley Tway
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STUDY SKILLS TIP FOR NOVEMBER

How To Stay Positive As Exams (or any challenging situations) Approach.

It can be difficult to stay positive or "be up" as exams approach. The more important we perceive the exam to be, the more stress we can feel. While feeling some stress can be positive and help us get motivated to study, we all have a tipping point. When our stress levels reach our personal tipping point, this higher level of stress can lead to inaction, where we avoid doing the work necessary to be prepared and as a result feel even more overwhelmed. If not dealt with, the stress can build and lead to anxiety and depression.

The key to being positive and managing negative emotions such as anxiety and feeling down and depressed in any pressure situation including exams is to "fuel up". It goes without saying that if we are exhausted, tired, stressed, depressed etc. it is very difficult if not impossible to deal with the pressure of exams. "Fuelling Up" is about boosting wellbeing factors in your life. You need to boost the wellbeing factors in your BODY, MIND and EMOTIONS.

BODY: Put your health first and eat healthily, exercise regularly and get enough sleep. We all know what to do, but we need to make the decision to prioritise our own well-being. Without the right fuel you will feel exhausted and depleted and it is very hard to be positive when you aren't feeling your best.

MIND: To think more positively, challenge your perceptions. Write down your top 5 fears and worries. What's the worst thing that can happen? How valid are these fears? Usually fears and worries are not based on reality but on imagined scenarios that have little to no evidence. If it's something that can't be changed bring acceptance to it, but if it can be changed, take action.

EMOTIONS: To help yourself feel more positive every day think of 3 good things that happened that day and how they made you feel. Also take the focus off yourself and do 3 simple but deliberate acts of kindness every day. It might be a kind word, a compliment, helping someone or surprising someone with a kind act. You will be amazed at how making other people feel better lifts your mood as well.

Learn more at www.studyskillshandbook.com.au.

Our school's subscription details are -

Username:pennanthillshs

Password: 77success

Did you know that Pennant Hills High School has an official Facebook Page?

Have you had the opportunity to 'like' it yet?

We will be using this page to keep our school community up-to-date with important information and all of the positive things happening in the school.

To find our page search for:

"Pennant Hills High School"











POETRY FROM ENGLISH

Poetic Responses to War

Year 9 English students have been studying the unit "Experiences of War" in which they encounter the work of poets and prose writers who have responded to the devastating effects of armed conflict.

Wilfred Owen, a British poet of WWI, said "My subject is War, and the pity of War. The Poetry is in the pity."

In their research on contemporary war zones and in the development of their own poetic skills, our students have found an impressive balance of emotion and technique. Below is a selection of the impressive work from our student body.

The King of Syria

Death has taken our home He's taken family too. He shouts his triumph through the sound of bombs dropping, through the sound of fire crackling. Nergal feeds him. Gibil aids him.

The gods give fuel to the flame.

Lucy

The Rising Sun

(The Afghanistan War 2001- present) The world is dark Dark like the night sky And the bullets the stars The odd flash of a shooting star Like another soldier passing The blood trickles on the ground Clouds cover the stars Tensions ease Slowly The sun will rise

But the world will be dark in memory

Zac

<u>Syria 2019</u> I may be safe and I may be gone but I pity the ones that live dusk to dawn I no longer hear the guns and shell in the ruthless fight but I pity the ones that listen day and night I am with the people that I care for and the people I love but I pity the ones that are separate from above I am no longer scared for it is calming up here but I pity the one's that still have to fear

but I pity the ones that live dusk to dawn

Emily

I may be safe and I may be gone

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Fate

The rough terrain is scattered with men.

Men who fight. Men who can fight no longer.

The gun is cold and hard in my hands.

The cracks from other rifles like thunder echoing over the land.

The pungent stink of blood and decaying flesh -

The acrid smells of everlasting shell fire

Linger like a hand outstretched,

Ready to take us at any moment.

My heart pulsates in my throat -

Legs of irons aching, aching, aching.

It's as though I am staring into the face

Of death itself.

The men loom above us.

Tigers.

Teeth bared, guns at the ready.

Bodies envelop the land and the world is a blur.

Fear grips at my lungs.

A snake strangling its prey -

A long, pain-filled death.

Shouts of triumph, screams of pain,

The thwacking of metal against metal,

The yelps of metal piercing flesh.

This was not what we expected.

This was not what we were told.

Their lies have killed us.

Was it known all along

That this would be our fate?

Ashlin

Animals

We were packed like sheep into the hull of the ship, Mutterings of men and the rhythmic slaps of waves on metal the new silence.

The metallic scent of blood and dirt sit solidly in

The constant fear of bombings keeps me paralysed. Threats of the enemy, a looming shadow over all our heads -

A tidal wave of emotions drowning me.

The thuds of men surrendering to exhaustion -

The night seems never-ending.

How have we come to be treated like animals?

Sophia and Eve

BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.

Students must bring their devices to the storeroom at the start of the lesson.

Valmé Kruger, Head Teacher PDHPE (Relieving)





2019 DEBATING

We have had a strong year with our debating teams, with four teams participating in the Premier's Debating Challenge.

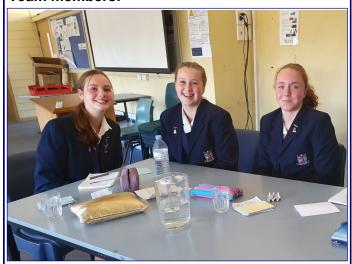
All teams competed admirably, with each team winning at least one of their three Zone debates, and two teams making it through to the Zone finals.

Our Stage 4 A-Team reached the quarter final, and although defeated by Hornsby Girls High School, performed extremely well.

Beyond the competition, the social debating scene has brought a great deal of lively student discussion, with many coming along to the debating club practice meetings to challenge the status quo or defend their world view. Our more experienced students were on hand to offer help and guidance, and there was a tremendous increase in the skill and sophistication of all debates throughout the year.

We look forward to another excellent year of debating at *Penno* in 2020!

Team members:



Year 9/10 Sonia Alodie Eleanor

Year 9/10 Manaala Jenna

Ashlin

Victoria Zofia



Year 8 Sophie Aliya Isabelle Sophia



Year 7 Wynnie Rose Ishveen Ellen Shera Abril



Repeat Timekeepers/Chairpersons from Year 8
Amin
Regan



Rosie Bell, Debating Coordinator



MEDICAL ALERT

A reminder that students are strongly advised not to share food with each other to avoid any risk of allergic reactions - in particular Anaphylactic reactions.







Adventure, travel, great pay and diverse career opportunities – just to name a few of the benefits on offer when you join the Navy, Army or Air Force. If you're up for the challenge and would like to find out more, come along to our upcoming information sessions:

Date	Time	Topic	Location
6 November 2019	6:30pm – 8:30pm	Defence Technical Engineering	DFRC Sydney
12 November 2019	6:30pm – 8:30pm	Cyber and IT Careers	DFRC Sydney
13 November 2019	6:30pm – 8:30pm	Navy Careers	DFRC Sydney
18 November 2019	6:30pm – 8:30pm	Defence Careers	DFRC Sydney
19 November 2019	6:30pm – 8:30pm	Army Reserves	DFRC Sydney
25 November 2019	6:30pm – 8:30pm	Women in Defence	DFRC Sydney

The Information Sessions will take place at:

<u>Defence Force Recruiting Centre Sydney:</u> Building F, Level 6, 1 Homebush Bay Drive, Rhodes

There are limited positions available for these sessions so reservations are essential. To book your seat please visit the Defence Jobs website at: www.defencejobs.gov.au/events





Takes a village | Parent Forum

What's next, life after the HSC



6pm - 8pm • 25 November

Council Chambers • 818 Pacific Highway • Gordon (parking at rear of building)

\$10 • Online bookings only • Light supper included
Enquiries 9424 0837



Ku-ring-gai Youth Services











FREE Cyber Bullying workshop + Supper Thursday 14th November 5:30 - 8pm Held at:

> Hornsby Council Chambers 296 Peats Ferry Road

All are welcome to attend the Hornsby/Ku-ring-gai Child and Family Interagency, Cyber Safety session to assist you in how to handle online bullying for your child. The office of the e-Safety Commissioner will spend 1.5hrs covering sessions about:

- cial Media and what's happening with our children o perbullying what can be done to protect our child w can parents get help and resources?

To register click <u>www.trybooking.com/BFBIA</u> before 1st November. Free childcare is available please email Janette.antounyaccas.org.au as there are limited spots, so be quick to register!

Supper and beverages will be served downstairs from 5:30 – 6:30pm so please arrive early to ensure you have enough time to eat before entering the workshop at 6:30 DM. (please note no food/beverages are permitted to be consumed in the council chambers)



















VENUE: Pennant Hills High School Oval DAY: Monday START DATE: 4th November 2019

FINISH DATE: 9th March 2020 No Play school holidays
TIMES: 4:30pm - 6:30pm (30min time slots)

Mixed competitions Under 8s, 10s, 12s & 14s

REGISTRATION COST

\$80 includes playing shorts and shirt * NSW Active Kids Voucher accepted *

nswrl.com.au

REGISTER a Team or Individual now:

northsydneyjuniorleague.com









Chip on a Stick • Hot Sweet Corn • Homemade Cakes • Lollies • Toffee Apples.

Huge Plant Stall • Book Shop • Plaster Art • Balloon Animals

Side Show Alley • Face Painting • Showbags • Chocolate Toss

Lucky Ball • Henna Tattoos • Art Show • Lego Exhibition

Massive Thrift Shop with Toys & Homewares

For more details and to check out the rides go to www.normanhurstwestpandc.com.au

or Find us on 4 @NWPSPandC.

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Jazz at the Pines: Relax with live Jazz, free tours of historic Roughley House and afternoon tea available. Bookings at www.jazzatthepines.org.au; phone:02 9651 4411 or email at info@jazzatthepines.org.au.

Ku-ring-gai Youth Services Forum: What's next - life after the HSC. At Council Chambers, 818 Pacific Highway, Gordon (parking at rear of building) on Monday 25 November from 6.00pm-8.00pm. Cost \$10 online bookings only light supper included. Information/enquiries 9424 0837.

English Classes at St Marks: Cnr Rosemount Ave and Warne St, Pennant Hills. Monday 9.30am-12.00pm during school term. Information Patricia 9880 8012 email English@stmarks.com.au or visit www.stmarks.com.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266 **Student Exchange Australia NZ** www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook (wepaustralia)

Australian Institute of International Understanding (AllU) www.aiiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.

Northern District Hockey Association: Contact juniors@ndhockey.com.au. U5 - U9 'Minkey'. U11, U13, U15 Mixed Junior Comp and U17. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. http://www.nsyo.org.au Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or http://www.facebook.com/WPHNC 'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s–17s; Boys 9s–15s. Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive. Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

Pennant Hills Netball Club: pennanthillsnc.nsw.netball.com.au

West Pennant Hills Scout Group: Contact Kevin 0408 257 498 for Cubs (Mon), Scouts (Thurs), Venturers (Mon)

'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for *Penno* staff and students.

1st and 3rd Friday of each month during term from 9.00am to 9.45am.

Please meet at Public Reception. Enquiries: Victoria Wensley on 0403 556 021







COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644 Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700 Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills. Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week. West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit. Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station). After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.

More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life. For more information phone 8830 0768 or email abilitylinks@unitingcarenswact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections. Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nsccahs.health.nsw.gov.au/caparenting Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991. Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally III. Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at 2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

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Responsibility Integrity Achievement







