



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 23 March 2018

Term 1 Week 08B

Mr Ross Warren
Principal

Laurence Street, Pennant Hills NSW 2120

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Mr Brendan O'Byrne
Deputy Principal

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Mr Roger Niccol
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**FAMILY FILM NIGHT UNDER THE STARS
RESCHEDULED TO FRIDAY 4 MAY 2018**

PLEASE NOTE NEW DATE

Pennant Hills High School SLC and P&C presents

FAMILY FILM EVENING

JOIN US ON FRIDAY

4th

MAY



Pennant Hills High School Main Oval
Laurence St, Pennant Hills

ENTRY \$5

**GATES OPEN 4PM
FILM STARTS 6.00PM**

Tickets pre-sale only <https://www.trybooking.com/UORZ> or
www.trybooking.com/361451



Bring your picnic blankets,
friends and family!
Food and refreshments
available for purchase.
Alcohol free event.

**NEW TIMES: GATES OPEN AT 4.00PM
MOVIE SCREENING AT 6.00PM**

TERM 1 2018

Week 09A	Monday	26 March	Year 10 Young Men's Youth Forum
	Tuesday	27 March	Year 12 Managing Stress Seminar
	Wednesday	28 March	Sydney North Area Swimming Carnival - Homebush
	Friday	30 March	GOOD FRIDAY - PUBLIC HOLIDAY
Week 10B	Monday	2 April	EASTER MONDAY - PUBLIC HOLIDAY
	Tuesday	3 April	Year 12 Half Yearly Examinations (2 weeks ending 13 April)
	Sunday	8 April	NSWCHS Swimming Carnival - Homebush (Sunday to Tuesday)
Week 11A	Monday	9 April	Year 12 Half Yearly Examinations (Monday to Friday)
	Monday	9 April	NSWCHS Swimming Carnival - Homebush (Monday & Tuesday)
	Monday	9 April	Year 9 Visual Arts Excursion to Circular Quay
	Wednesday	11 April	Support Unit Excursion to Taronga Zoo
	Friday	13 April	LAST DAY OF SCHOOL FOR TERM 1

SCHOOL HOLIDAYS

Staff Return Monday 30 April 2018
Students Return Tuesday 1 May 2018

Week 01A	Monday	30 April	School Development Day - Staff Only
	Tuesday	1 May	Students Return to School for Term 2
	Tuesday	1 May	Year 7 Excursion to Muogamurra Group 1
	Wednesday	2 May	Year 7 Excursion to Muogamurra Group 2
	Wednesday	2 May	Year 7 and 8 Parent-Teacher Interviews
	Thursday	3 May	Year 7 Excursion to Muogamurra Group 3
	Thursday	3 May	Year 12 Excursion to the Royal North Shore Hospital
Week 02B	Friday	4 May	NSWCHS All Schools Swimming Carnival
	Monday	7 May	Year 9 Resilience Day
	Tuesday	8 May	HSC Minimum Standards Testing Day
	Wednesday	9 May	Whole School Athletics Carnival
Week 03A	Wednesday	9 May	Parent Program <i>Tuning into Teens</i> (6 weeks to 13 June)
	Wednesday	16 May	Parent Program <i>Tuning into Teens</i> (5 weeks to 13 June)
	Friday	18 May	Year 10 Vaccination Program
Week 04B	Wednesday	23 May	Parent Program <i>Tuning into Teens</i> (6 weeks to 13 June)
	Friday	25 May	Year 8 and 10 Incursion - <i>Cyber Safety and Cyber and the Law</i>

P&C MEETING DATES FOR 2018

Term 2: 22 May, 26 June

Term 3: 24 July, 28 August, September TBC

Term 4: 23 October,
27 November - followed by AGM

7.30pm in the School Library

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

If any parents or caregivers would like to receive the agenda and minutes of the meetings, please email penno.pandc@gmail.com to arrange.

'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

1st, 3rd and 5th Friday of each month during term from 9.00am to 9.45am. Please meet at Public Reception.

Enquiries: Kate Colley on 0477 360 389

STUDENT WELLBEING TEAM 2018

Year Group	Year Adviser
7	Miss Ashleigh Greer
8	Miss Amy Crilley
9	Mr Paul Toohey
10	Mrs Sharon Johnston
11	Mrs Kylie Blarasin
12	Mrs Mel Frida

Head Teacher Student Wellbeing

Mrs Belinda Campbell

School Counsellors

Mrs Louisa Holm - Years 7, 9, and 11 (Monday, Thursday and Friday)

Mrs Michelle Zahra - Years 8, 10, 12 (Tuesday and Wednesday)

Mr Rand Singh - and Support Unit (Weeks 1, 3, 5, 7 and 9 every Term)

Deputy Principal - Mr Brendan O'Byrne

(Years 7, 9 and 11)

Deputy Principal (Relieving) - Mr Roger Niccol

(Years 8, 10 and 12)

UNIFORM SHOP INFORMATION

The Uniform Shop will not be open on 6, 9 and 13 April due to the Year 12 Half Yearly Exams. It will reopen for Term 2 on Friday 27 and Monday 30 April from 8.00am-2.00pm.

PRINCIPAL'S REPORT



Family Film Night Under the Stars - *The Incredibles* Weather Disruption

We appear to find ourselves in the midst of more rain than we have seen in some time. Certainly a blessing for the roses but as we all know 'timing is everything'... Unfortunately given the rain and the fact that our oval will be rather sodden, we have postponed our event.

Our Family Film Night Under the Stars has been rescheduled to **Friday 4 May 2018 Term 2 Week 1**. Due to the end of daylight savings, the gates will now open at 4.00pm and the movie will commence at the earlier time of 6.00pm. **Please note, for those who have already purchased tickets, they will still be valid.**

Tickets can be purchased through trybooking through the following links:

<https://www.trybooking.com/UORZ> or
<https://www.trybooking.com/361451>

If you are unable to use tickets that are already purchased please contact the school.

Year 11 and 12 Parent-Teacher Evening

The evening was once again very successful, as we continued the partnership in education and discussed in detail the progress of our senior students. Year 12 rapidly moving toward their preparation for the half yearly exams and Year 11 beginning to understand the requirements of senior study were just some of the topics of conversation.

Parent comments to me as they left were very complimentary about the dedication of our staff and just how well we know our students - not only in terms of academic progress but as young adults.

I would like to thank all staff for their enthusiasm and commitment to these very important events and the parents/caregivers who attended. Together, we will continue to provide the best possible support to our students to enable them to achieve every success in their senior schooling.

HSC Minimum Standard Updates - Years 9 & 10

Please see updated information received from NSW Education Standards Authority (NESA) on page 4-5 of this publication.

The National Day of Action against Bullying and Violence

Pennant Hills High School marked this important day with the student body coming together to share in a multitude of presentations across last week.

They focused on protective strategies aiming at prevention, intervention and restoring wellbeing. Positive relationships at *Penno* have long been, and continue to be very important and this was evident as our students stood together to say NO to bullying. The emotion from our students was strong and we will continue to affirm the message that

Pennant Hills High School does not tolerate bullying, in the weeks, months and years to come!

World's Greatest Shave

A student initiated and led project of our Student Leadership Council (SLC), the day was a huge success.

13 students were brave enough to have their heads shaved in front of the whole school as a show of support to those people who are so courageous in their personal fights against Cancer.

We were very fortunate to have staff from Cut of Class, West Pennant Hills to expertly remove our students' prized locks, some of which had been growing untouched for more than three years. We were able to raise an incredible \$13,000 for Cancer research proving that together we can make a significant difference to our community - both small and large.

Thank you to Miss Morton and Mr Banyai, SLC Coordinators for their continued support of our leadership team and a special acknowledgement to Year 11 student and SLC member David who is the driving force behind this initiative.

Sydney University STEM Academy

Recently, we had a visit from Mr David Grover of the University of Sydney as a review of our STEM project that we have been focusing on this year.

David was extremely complimentary about our program as a whole and the inclusivity of the project as it carries across the school. He made special mention of the work students in our Support Unit are doing and was impressed with the development of their STEM skills. He also mentioned how pleased he was with the collaboration of learning and practice across staff in the variety of faculties as the project is implemented. I am looking forward to our presentation later this year at the University of Sydney.

Happy Easter

Next Friday 30 March, starts our short Easter break. School resumes the following Tuesday 3 April for Week 10 of term. I wish everyone a very safe and happy Easter and hope that you all have a well-earned, restful long weekend after the hectic start to 2018.

Ross Warren, Principal

STUDENT ABSENCES

There are many sound reasons, including illness and family emergencies, why students may not be able to attend school on occasions.

The Department of Education requires that all valid absences be supported by written advice from a parent/caregiver **within seven days of the student's return to school**. We are required to record as unjustified any absence not supported by a note from a parent/caregiver.

If your child is going to be absent from school for any reason, please phone the office as soon as possible to let us know and, most importantly, follow up with a note on your student's first day back at school. Your cooperation will assist us in encouraging appropriate patterns of student attendance.



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February 2018 update

Dear Parent or Caregiver

Re: HSC minimum standard update for Year 9 parents

The NSW government is committed to requiring students to demonstrate a minimum standard of literacy and numeracy to receive the HSC from 2020, because these skills are needed for success in life after school.

There will be multiple opportunities for your child to show they meet the HSC minimum standard by passing online tests of basic reading, writing and numeracy skills. These tests can be taken when your child is ready in Years 10, 11 and 12 and after the HSC.

From this year, **Year 9 NAPLAN tests will no longer be an early way for students to demonstrate the standard.**

This change has been made to ensure NAPLAN remains focussed on its original diagnostic purpose and reduce unnecessary stress on young people.

For more information and flyers visit the NESA website: educationstandards.nsw.edu.au/HSCminimumstandard

Yours sincerely

David de Carvalho
Chief Executive Officer



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There will be multiple opportunities for your child to show they meet the HSC minimum standard by passing online tests of basic reading, writing and numeracy skills. These tests can be taken when your child is ready – be that this year, in Year 11 or 12 or after the HSC. The first minimum standard online test period opened yesterday.

From this year, **Year 9 NAPLAN tests will no longer be an early way for students to demonstrate the standard.**

This change has been made to ensure NAPLAN remains focussed on its original diagnostic purpose and reduce unnecessary stress on young people.

Please be assured that **if your child achieved Band 8s or above in one or more of the 2017 Year 9 NAPLAN reading, writing or numeracy tests, they are recognised as having met the HSC minimum standard in that area/s and will not need to sit the corresponding online test/s.**

For more information, and flyers about the online tests and what they involve, visit the NESA website: educationstandards.nsw.edu.au/HSCminimumstandard

Yours sincerely

David de Carvalho
NESA Chief Executive Officer

IMPROVING LITERACY AND NUMERACY

ADVICE FOR PARENTS OF YEAR 10 STUDENTS

February 2018 update

A minimum standard of literacy and numeracy is required for your child to receive their Higher School Certificate (HSC).

Meeting the HSC minimum standard will mean that your child has the literacy and numeracy skills that are essential for success in learning and life after school.

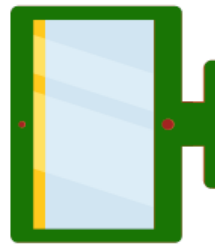


THE ONLINE TESTS

Most students will show they have met the HSC minimum standard by passing minimum standard online tests. Students master basic skills at different stages so there are **multiple opportunities** available to pass the tests, from Year 10 until a few years after Year 12.

There are three 45-minute online tests:

- ✓ a multiple choice **reading** test
- ✓ a multiple choice **numeracy** test
- ✓ a short **writing** test based on a choice between a visual or written prompt



2017 NAPLAN TESTS

If your child achieved Band 8s or above in one or more of the 2017 Year 9 NAPLAN tests they are recognised as having met the HSC minimum standard in that area/s and will not need to sit the corresponding online test/s.

TEST DATES

Students will have two opportunities a year, from Year 10 until a few years after Year 12, to pass each online test.



The online test dates (school days only) for 2018 are:

- Term 1: 19 February to 23 March 2018
- Term 2: 21 May to 22 June 2018
- Term 3: 13 August to 14 September 2018
- Term 4: 5 November to 7 December 2018

WHAT TO EXPECT?

To help your child understand what to expect in the online tests, they are encouraged to visit educationstandards.nesa.nsw.edu.au/HSCminimumstandard to:

- ✓ try demonstration questions to get a feel for the test format
- ✓ view sample test questions and answers online



Your child's school may also organise short practice tests.

STUDENTS WITH DISABILITIES

Some students with disabilities will be eligible for extra provisions for the minimum standard online tests, or an exemption from the HSC minimum standard requirement. Students are encouraged to talk to their teachers to determine whether they are eligible for provisions. A Disability Provisions, Exemptions and Appeals policy, which contains further information, is available on the NESA website.

MORE INFORMATION

Contact your child's school principal for more detailed information about the HSC minimum standard or visit the NESA website:

educationstandards.nesa.nsw.edu.au/HSCminimumstandard

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NSW Education Standards Authority



educationstandards.nsw.edu.au/HSCminimumstandard

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Order your new 2018/2019 Sydney and Sydney North Entertainment™ Membership from **Pennant Hills High School** and 20% of your **membership** purchase goes towards our fund-raising. Order NOW to receive over \$165 of bonus Early Bird offers (hurry these sell out quickly).

Order here now - <https://www.entertainmentbook.com.au/orderbooks/2145t64>

For more information, contact Janette Louis Phone 9473 5000 - Email pennanthil-h.school@det.nsw.edu.au

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HILLS RELAY FOR LIFE 2018



After a successful debut in 2015, Pennant Hills High School will again be entering a team *Penno Pacers* in the 2018 Hills Relay for Life. This event will run from 9.30am on Saturday 19 May to 9.30am on Sunday 20 May 2018 at Castle Hill Showground, Showground Road, Castle Hill.

This overnight event involves teams walking in shifts over a 24-hour period to raise much needed funds for the Cancer Council in support of local programs to help defeat cancer. It is an opportunity to recognise and celebrate local cancer survivors, patients and carers, and to honour and remember loved ones lost to cancer.

Whilst there is a serious message and a serious cause, it is a fun event with a carnival atmosphere, all day entertainment and lots to see and do. You do not have to run; you can just walk and talk, and it is up to each person how many laps they do and when they do it.

The major highlights of the weekend include:

- Saturday 9.30am Opening Ceremony
- 10.00am Survivors and Carers Lap
- 6.00pm Ceremony of Hope
- Sunday 7.30am Dog Hour (register your dog for \$5 and they can join us walking the track!)
- 9.30am Closing Ceremony

In support of our Pennant Hills High School team, a mufti-day will be held on Wednesday 28 March in conjunction with selling gozlemes at lunchtime organised by members of our Student Leadership Council (SLC). At the 24-hour event, members of the *Penno Pacers* will also be selling gozlemes.

Staff and students will be approaching local shops and businesses seeking their assistance to make this event as successful as possible. In 2017, the *Penno Pacers* raised just under \$10,000 contributing to a grand total of over \$275,000 by local community teams.

So how can you help? Please come along and join us walking and talking – for as long or as little as you like – and encourage your children and friends alike. If you cannot make it on the day, please consider making a donation. Any amount would be greatly appreciated.

To register or make a tax-deductible donation please go to:

http://fundraising.cancer.org.au/site/TR?team_id=59110&pg=team&fr_id=5342

Registration is \$15 before Sunday 25 March, which includes a Relay for Life shirt and breakfast on Sunday morning, or \$20 from Monday 26 March.

Alternatively, to register or donate:

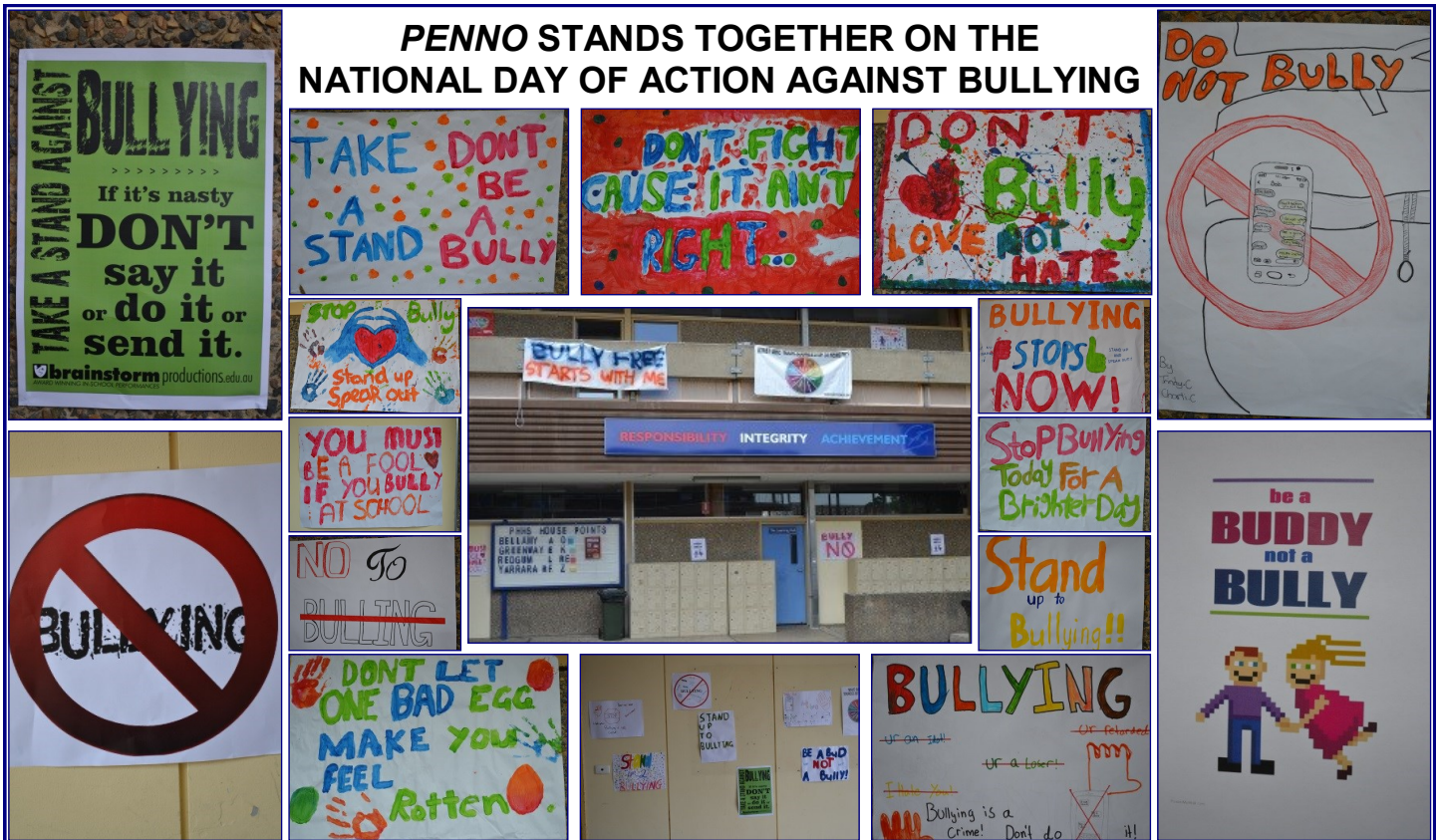
www.relayforlife.org.au Ø Register Ø Team Ø Penno Pacers Ø Join or Donate

If you know of anyone who may be interested in sponsoring/donating to our school team, please contact Pennant Hills High Relay for Life Team Organiser Charlene Stewart at charlene.wright@det.nsw.edu.au or phone the school on 9473 5000.

For more information on this fantastic community event, please go to www.relayforlife.org.au



PENNO STANDS TOGETHER ON THE NATIONAL DAY OF ACTION AGAINST BULLYING



WORLD'S GREATEST SHAVE 2018

Every year, the SLC raises money to help find a cure for cancer and support the families and victims of cancer by participating in the World's Greatest Shave. Cancer has always been close to the hearts of *Penno* students. In recent years, we have had some students tragically lose their battle with the disease and others who have fought through and survived. When I was in Year 7, my friend was diagnosed with cancer and the following year my Year Adviser helped me organise the World's Greatest Shave at our school. That's where my passion for this cause began.

Last Friday we hosted the *Shave* and celebrated the 20 year anniversary of the event. We had an incredible 12 male students and 1 female student from Years 7-12 participate in shaving their heads on the day. We had music playing, commentating happening, a BBQ sizzling and drinks selling like hotcakes. Two hairdressers from Cut of Class, West Pennant Hills did a fantastic job in shaving our volunteers' heads.

A surprise celebrity guest also made an appearance to encourage and support the students. Nasser, from the Channel Nine hit TV show, *Married at First Sight*, shaved some heads, took photos and helped to create hype amongst the school crowd. It was an incredible atmosphere. We also had a competition with our arch rivals (and good friends) Cherrybrook Technology High School. They thought they could raise more money than us, and faster too, but that wasn't going to happen! Before we knew it, we were \$200 in front of Cherrybrook. Then \$400. Then \$2000! It was a huge success. As a school, we helped raise approximately \$13,000. This was an incredible effort and *Penno* should be extremely proud of themselves.

Thank you to fellow students: Mike, Joel, Simon, Jacob, April, David, Oscar, Matt, Hamish, Max, Liam, Harrison and Morne for being brave and doing the shave! Also, thank you to the SLC students who helped run the event and the teachers who assisted. Finally, a very big thank you to Cut of Class, West Pennant Hills, and Nassar for giving up their time to help out *Penno* and the Leukaemia Foundation.

David

Year 11 Student, SLC Member and Organiser of Penno's World's Greatest Shave



OFFICE HOURS AND PAYMENT TIMES

The school office is open from 8.00am—3.45pm Monday to Friday (excluding Public Holidays) during school term.

The payments window is open from 8.15am—2.00pm on school days only.

YEAR 11 AT CROSSROADS

Crossroads is a mandatory program for Year 11/12 students in NSW Government Schools. It is designed to help senior students address issues of health, safety and wellbeing at a time when they face significant changes and challenges in their lives.

This program is being conducted through a 'seminars approach', involving a variety of sessions, spread throughout Year 11. Day 1 of the program occurred in the first week of school with an inspirational talk from Mr Glen Gerreyn, a motivational speaker who is the founder and CEO of the Hopefull Organisation. Glen was a champion athlete who was struck by an illness that quickly ended his Olympic dreams and sporting career.

It was a great way to start Year 11 with students challenged to set goals and given some tips on how to study and prepare for the HSC. One student responded afterwards that *"it gave them a glimpse into the future and proves we can do anything we want with our lives"* Hopefully parents saw a variety of "vision boards" going up in their child's study space.



RYDA U TURN THE WHEEL - IT'S YOUR CHOICE

Earlier this month, Year 11 students completed the RYDA – U Turn the Wheel Program at the HART Driver Training Centre, St Ives. The Program is attended by over 30,000 students each year and is aimed at reducing road death and injury. It specifically targets 16-17 year old learner or provisional drivers who are at the highest risk in the first 6 months of being on the Red Ps. It looks to change the attitude and behaviour of young drivers through a one day event that stimulates their understanding of road safety and the consequences of their actions when driving. Students participated in a range of activities on the day including hazard perception, fatigue, safe celebrating, influences on stopping distances and the costs of owning and maintaining a car. It was an extremely valuable and meaningful day for all who attended.



PARTNERING WITH OUR PRIMARY SCHOOL

80 Visual Arts students from Pennant Hills High School in Year 7 and 8 completed a unit of work on colour theory, with emphasis placed on harmonious colour schemes. Each student painted a 15cmx15cm tile using 3 colours next to each other on the colour wheel which were put together to create a 195cmx90cm artwork.

This collaborative artwork has been donated to Normanhurst Public School to be displayed in the junior school to brighten up the playground for the children. Thank you to our Industrial Arts staff for producing each marine ply tile so quickly and efficiently.



ASQUITH GIRLS HIGH SCHOOL - INTERNATIONAL WOMEN'S DAY BREAKFAST

On Friday 9 March, several female representatives from the Pennant Hills High School Student Leadership Council ((SLC) visited Asquith Girls High School for their annual International Women's Day Breakfast. We were accompanied by Ms Morton and many other visitors, including students from local high schools, parents, teachers and respected community members, all of whom met to take part in the event.



As we walked into the hall at Asquith Girls High, we were greeted with great respect by senior students and ushered to our table where we were served pastries and other breakfast goodies. We heard from prominent female speakers, including Ms Catherine Turner, who talked about the struggle of being a woman in politics and presented us with some interesting statistics. Something I found particularly interesting was the fact that there are now 208 women in Australian parliament, a figure that is up from 191 in 2015. This takes female representation in Australian government to a new high. We then listened to Ms Mahboba Rawi, founder of Mahboba's Promise - an inspiring charity established to empower and educate young women in the Panjshir Valley, Afghanistan. Many women from this area are married before they turn 17, but with the help of Asquith Girls High and those who attended the annual Women's Day Breakfast, this fact is changing and the women of this area are going on to careers in nursing and business. Mahboba was presented with a \$2,149.00 cheque, as well as blankets, beanies and many other items to help support the education of young women in the Panjshir Valley.

Overall, the event was inspirational. Thank you to the SLC and Ms Morton for organising our attendance at the event and Asquith Girls High School for hosting and inspiring us.

Amy, Year 9 Student

HSC ENCORE EXCURSION

Year 11 and 12 Music students attended the HSC *Encore* Exhibition earlier this term at the Opera House. *Encore* is a showcase of exemplary performances and compositions from the 2017 HSC.

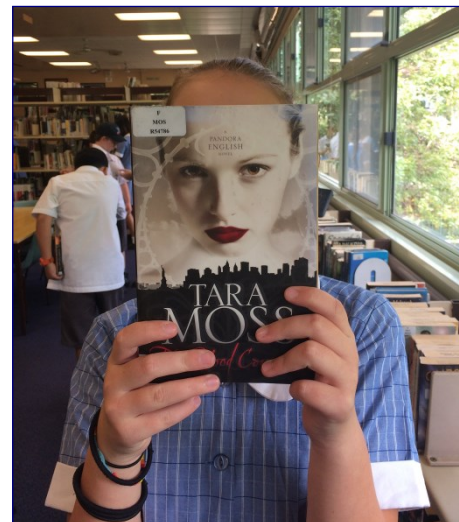
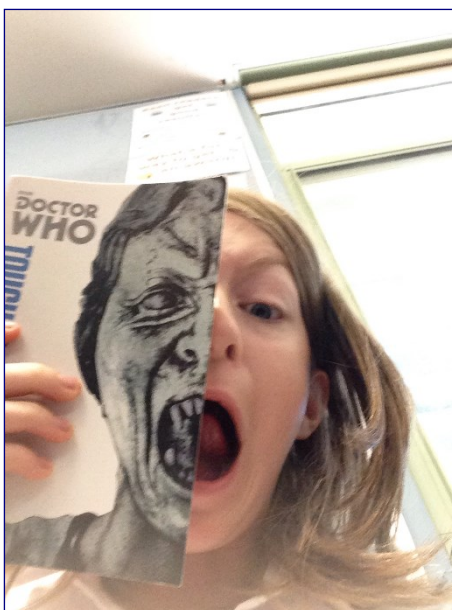
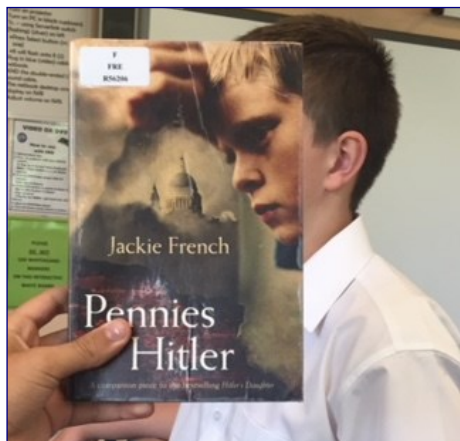


POPPING INTO THE LIBRARY

Library Visits

Year 7 classes have been developing their ICT skills through weekly visits to the library this term. The **Success in high school learning** program familiarises students with the DoE portal, Sentral, Moodle , G Suite and the Oliver library catalogue. This program also includes digital security, plagiarism, referencing techniques and study skills.

Students had the chance to show their creative sides with our #bookface challenge:



#Reading@Penno

Needing a new challenge? Why not join the inaugural #Reading@Penno challenge?

- read 10 books of your choice;
- rate at least 2 of your books on Oliver (out of 5 stars);
- write 2 short book reviews on Oliver;
- share a creative photo of one of your books to your Library Google classroom. Use the hashtag #reading@Penno

How to begin?

- Log on to your DoE portal and open G Suite;
- In a new tab, type: bit.ly/pennoreading ;
- Make a copy of the #reading@Penno doc and re-name it (first.lastname reading challenge);
- Record the books you read on your #reading@Penno doc.

Note:

- books with more than 300 pages count as 2 books; 500 pages 3 books;
- includes audio and eBooks;
- harder challenges available (see Ms Feneley)

Premier's Reading Challenge (PRC)

The PRC is underway and students can log on through their DoE portal or register at:

<https://online.det.nsw.edu.au/prc/home.html>

Log onto our Oliver library catalogue to see which books are available from the Year 7-9 booklist.

Happy reading!

Merise Feneley, Teacher Librarian (Relieving)

CARING FOR OUR STUDENTS

From time to time it will be necessary for students to leave school during the school day. Whilst these instances should be kept to an absolute minimum, we understand that at times they will be unavoidable.

If you know in advance that your student will need to leave school early, please send a signed note which they should present to Student Reception at the start of the school day, so a Leave Pass can be prepared. Students holding a Leave Pass are free to leave the school grounds at the designated time.

If a student needs to leave unexpectedly during the day, to ensure their safety and security, our staff are obliged to ask for ID from the person coming to collect them. Parents should ensure that they (or their approved representative) bring some form of photo ID if they are collecting their student without prior written advice to the school.

ZONE SWIMMING CARNIVAL REPORT

Homebush Aquatic Centre once again hosted the Zone Swimming Carnival last month.

Congratulations to all students who contributed to a very successful Carnival. *Penno* placed 4th of the 9 schools in the Zone.

There were some outstanding results including: U12 Girls - Isabelle, 2nd overall; U12 Boys - Hugo, 4th overall; U13 Girls - Mackenzie, 2nd overall; U14 Boys - Zachary, 1st overall; and U17 Girls - Alison, 3rd overall. Amazing result, well done.

Pennant Hills High School Zone Swimming Results

NAME	EVENT	AGE	Place
Kai	50m Breaststroke	12	1 st
	50m Freestyle	12	3 rd
Hugo	50m Backstroke	12	3 rd
	100m Breaststroke	12	1 st
	50m Butterfly	12	1 st
	200m Freestyle	12	3 rd
Isabelle	100m Backstroke	12	3 rd
	100m Backstroke	12	1 st
	2nd place Age Champion 100m Breaststroke	12	2 nd
Mackenzie	50m Butterfly	12	3 rd
	50m Freestyle	12	3 rd
	2nd place Age Champion 50m Butterfly	13	2 nd
Ella	100m Freestyle	13	2 nd
	50m Backstroke	13	1 st
Eva	200m Freestyle	13	2 nd
	50m Breaststroke	13	2 nd
Oliver	50m Freestyle	14	2 nd
	100m Breaststroke	14	1 st
Zachary	1st place Age Champion 100m Backstroke	14	1 st
	200m Medley	14	2 nd
	100m Freestyle	14	2 nd
	50m Freestyle	14	2 nd
	50m Butterfly	14	2 nd
Thomas	200m Medley	15	3 rd
	100m Breaststroke	15	3 rd
	100m Backstroke	15	3 rd
Matthew	50m Breaststroke	16	2 nd
	50m Freestyle	16	3 rd
	50m Backstroke	16	3 rd
Alison	50m Freestyle	17-19	1 st
	3rd place Age Champion 200m Medley	17-19	2 nd
	100m Breaststroke	17-19	2 nd
	50m Breaststroke	17-19	2 nd
	50m Butterfly	17-19	3 rd
Emily	200m Freestyle	17-19	3 rd
	100m Backstroke	17-19	3 rd
	100m Freestyle	17-19	3 rd

MEDICAL ALERT

Students who have been identified by their parent/caregiver as asthmatic **must carry their own reliever puffer (e.g. Ventolin) at all times.**



Asthma
Australia

It is the **parent/caregiver's duty of care** to ensure their child carries their puffer.

Asthma
Australia

Zone Swimming Carnival Results continued

As usual, our Para-Athletes competing at the Zone Swimming Carnival did an amazing job with multiple 1st and 2nd places. *Penno* had ten Para-Athletes competing on the day:

Pennant Hills High School Zone Swimming Para-Athletes for and place getters on the day 2018

NAME	EVENT	AGE	Place
Daniel	50m Free	12-15	1 st
	50m Back		1 st
	50m Brs		1 st
Declan	50m Free	12-15	
	50m Brs		1 st
Bailey	50m Free	12-15	
	50m Brs		
	50m Back		
Dale	50m Free	12-15	2 nd
	50m Back		2 nd
Jalen	50m Free	16-19	
Cooper	50m Free	16-19	
James	50m Free	16-19	
Shana	50m Brs	12-15	2 nd
	50m Free		
Sara	50m Free	16-19	1 st
	50m Back		1 st
	50m Brs		1 st
Aleyscha	50m Free	16-19	

Special mention to all the Para-Athletes who competed at the Carnival - six of the ten competitors successfully qualified for the Regional Swimming Carnival. We hope to get a few Age Champions from our contingent and will have updates in the following newsletters.

All Swimmers from Pennant Hills High School who placed at the Zone Swimming Carnival received ribbons.

Pennant Hills High School Para-Athletes Qualifiers for Regional Swimming Carnival Wednesday 28 March 2018

NAME	EVENT	M/F	AGE
Daniel	50m Free	M	12-15
	50m Back		
	50m Brs		
Declan	50m Brs	M	12-15
Dale	50m Free	M	12-15
	50m Back		
James	50m Free	M	16-18
Shana	50m Brs	F	12-15
	50m Free		
Sara	50m Free	F	16-18
	50m Back		
	50m Brs		
Special entries	50m Fly		
	100m Back		
	100m Free		



BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.
Students must bring their devices to the storeroom at the start of the lesson.
James Boyer , Head Teacher PDHPE



Pennant Hills High School Qualifiers for Regional Swimming Carnival Wednesday 28 March 2018

NAME	EVENT	M/F	AGE	DOB
Zachary	200m IM	M	12-14y	5/03/04
	200m Free		14y	
	100m Brs			
	100m Free			
	50m Free			
	100m Back			
	100m Fly			
Special Entries	400m Free			
	400m IM			
Allison	200m IM	F	17-19y	3/09/00
Eleanor	100m Brs	F	17-19y	17/03/01
Mackenzie	100m Free	F	13y	16/02/05
	50m Free			
	100m Back			
	100m Fly			
	4x50m relay			
Ella	4x50m relay	F	13y	12/04/05
Rachel	4x50m relay	F	13y	17/03/05
Elke	4x50m relay	F	13y	5/07/05
Hugo	100m Brs	M	12y	12/04/06
Isabelle	100m Back	F	12y	19/02/06
	100m Brs			
	50m Free	F		
	50m Back			
	50m Brs			

Good luck to all our Regional Qualifiers. We look forward to another successful event.

Valmé Kruger, Sport Coordinator

SPORTS SHORTS...

School Cross Country Carnival

House results: 1st - **Redgum** 216 points; 2nd - Bellamy 158 points; 3rd - Yarrara 102 points; 4th - Greenway 83 points.


Congratulations to Redgum and the individual winners. They are;

12 Years Girls; 1st Sarah, 2nd Andrea, 3rd Aliya and Boys; 1st Ryan 2nd Luke 3rd Leandro 13 Years Girls; 1st Tahlee, 2nd Jorja, 3rd Lucy and Boys; 1st Luke, 2nd Thomas, 3rd Liam. 14 Years Girls; 1st Ashlin, 2nd Claire, 3rd Madeleine and Boys; 1st William, 2nd Austin, 3rd Oliver. 15 Years Girls; 1st Jessica, 2nd Maddison, 3rd Madeleine and Boys; 1st Aidan, 2nd Archie, 3rd James. 16 Years Girls; 1st Mikaela, 2nd Erin, 3rd Lily and Boys; 1st William, 2nd Matthew, 3rd Cameron. 17 Years Girls; 1st Eleanor, 2nd Veronica, 3rd Jesse and Boys; 1st Liam, 2nd Henry, 3rd Matthew. 18 Years Girls; 1st Alison and Boys; 1st Samuel, 2nd Nicholas, 3rd Liam. Junior Para-Athletes Girls; 1st Shana, 2nd Hayley, 3rd Raniya and Boys; 1st Darcy, 2nd Angus, 3rd Daniel. Senior Para-Athletes Girls; 1st Sara.

Thank you to all participants who ran and did their best on the day and congratulations on your efforts on what was a hot day. Thank you also to all the Year 10 Sport Leaders who were working at the finish area and on the results tables, and to our dedicated PDHPE staff who assisted with the Carnival and ensured it's smooth running.

All runners are welcome to attend distance training sessions at Greenway Park on Monday and Wednesday afternoons from 4.15pm-5.30pm with Mrs Kruger. Before and after school training sessions at school will commence on Tuesday 3 April.

James Boyer
Head Teacher PDHPE



CHERRYBROOK MUSIC

Music Lessons Include:
 Guitar, piano, vocals (singing), violin, drums, saxophone, flute, clarinet, bass guitar, ukulele, songwriting, electronic music, band ensembles holiday programs and more.

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Rotary Club of West Pennant Hills & Cherrybrook Inc.


2018 Annual Giant Book Sale

Friday 16th March, 9am—5pm
 Saturday 17th March, 9am—5pm
 Sunday 18th March, 11am—2pm


CLEARANCE SALE

Uniting Church
 134 New Line Road
 Cherrybrook


1000's of QUALITY used books, DVD's CD's & Records



All proceeds go to local Rotary charities



Australian Air League



Hornsby RSL Boys' Squadron

PATRON:
 M/S Kerry Vivian
 President of Hornsby RSL Youth Club

Registered under the N. S. W. Charitable Fundraising Act No. CFN 12458
 ABN 56 805 308 832

Please address all correspondence to:
 Officer Commanding Ulm Wing
 Group Commissioner Jeffrey Remington DSA MSA
 5 Nyara Road
 Mount Kuring-Gai NSW 2077

www.airleague.com.au
 training.nswbo@airleague.com.au
 Phone (02) 9457 9228
 Mobile Number 0404 355 114

The Australian Air League is a youth organisation for boys and girls aged from 8 years which encourages an interest in aviation as a career or as a hobby for the youth of Australia. The organisation is entirely self-funding and is staffed by volunteers who give their time generously to achieve its goals. The Australian Air League has no political, racial or religious connections.

The aims and objectives of the Australian Air League include

- > To promote and encourage the development of Aviation in the Youth of Australia
- > To promote good citizenship
- > To promote ingenuity and resourcefulness of its members
- > To develop the physical and mental abilities of its members

The League's motto "A Vinculo Terrae" translates into "Free from the bonds of the Earth". This motto contains the very essence of flight into space.

The Australian Air League was formed in 1934, in an era when Australian Aviators such as Sir Charles Kingsford-Smith, Charles Ulm, Bert Hinkler, Sir Ross and Keith Smith and others were household names and heroes. The first Squadron was opened in Manly (NSW) and the Air League quickly spread throughout that state. In early 1939 the first Squadron was opened in Victoria and in 1944 the first Girls Section was formed. Today the Australian Air League is active in NSW, the ACT, Victoria, Queensland, South Australia and is still expanding.

Interested in joining as a cadet? call Training Commissioner Jeff Remington
training.nswbo@airleague.com.au (H) 9457 9228 (M) 0404 355 114

The squadron meet Friday 7:30 pm at the RSL Gym High Street Hornsby.

Yours Sincerely,
 Corporal Myles Lauer

To Promote and Encourage the Development of Aviation in the Youth of Australia *Training Tomorrows Pilots Today!*

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

West Pennant Hills Cherrybrook Football Club Registrations: The Lions have positions available for girls in the U6, U8, U9, U12, U15, All Age and O30s. Contact Jayne on 0419 604 354 or visit www.wphfc.net.au for more details.

The Northern Lights U18 Girls AFL Football Registration: Looking for players come and join the fun with your friends and stay fit. Registration is free. Information contact Paul Stafford at president.hornsbyberowraeagles@gmail.com or phone 0417 715 936.

Studio Artes Presents *Wild!*: At Hornsby RSL Showroom, 4 High St, Hornsby on Friday 22 June at 11.00am and 7.30pm. Tickets on sale soon. Call 9482 5266 or visit www.studioartes.org.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook ([wepaustralia](https://www.facebook.com/wepaustralia))

Australian Institute of International Understanding (AIU) www.aiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.

Northern District Hockey Association: www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert). U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au
Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or <http://www.facebook.com/WPHNC>
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://www.facebook.com/castlehillbmx)
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.
Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.
Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

Pennant Hills Netball Club: pennanthillsnc.nsw.netball.com.au

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarens.wact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafo@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.





Responsibility

Integrity

Achievement