



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 7 December 2018

Term 4 Week 08A

Mr Ross Warren
Principal

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

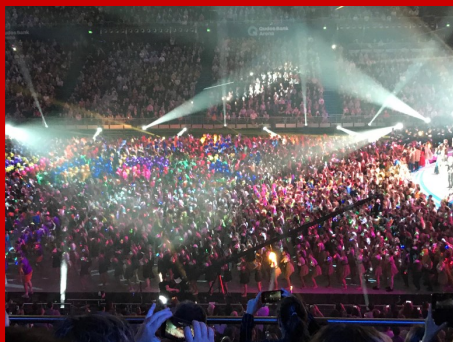
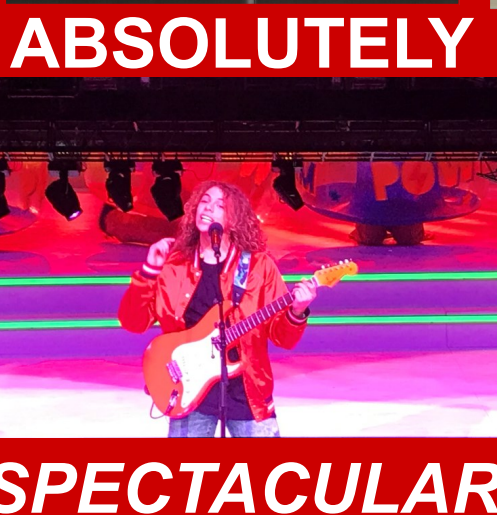
Mr Brendan O'Byrne
Deputy Principal

E: pennanthil-h.school@det.nsw.edu.au

Miss Amanda De Carli
Deputy Principal

W: www.pennanthil-h.schools.nsw.edu.au

Mr Roger Niccol
Deputy Principal (Relieving)



TERM 4, 2018

Week 09B	Friday	7 December	<i>Oliver!</i> Musical Performance 7.30pm MPC
	Saturday	8 December	<i>Oliver!</i> Musical Performance 7.30pmMPC
	Sunday	9 December	<i>Oliver!</i> Musical Performance 11.00am MPC
	Monday	10 December	Year 7 Swim School (Monday to Wednesday)
	Monday	10 December	Year 10 Bronze Medallion Course (Monday to Wednesday)
	Tuesday	11 December	Presentation Evening 7.30pm MPC
	Thursday	13 December	Boys Convictions Program (ending 13 December)
	Friday	14 December	Year 12 2018 End of Year Breakfast Celebration 10.00am
	Friday	14 December	<i>Oliver!</i> Musical Performance 7.30pm MPC
Week 10A	Saturday	15 December	<i>Oliver!</i> Musical Performance 7.30pm MPC
	Monday	17 December	Year 10 First Aid Course (Monday to Wednesday)
	Tuesday	18 December	Year 7 Excursion - Taronga Zoo
	Tuesday	18 December	Year 11 Crossroads - Vision Valley
	Wednesday	19 December	Last Day of Term 4 for Students
	Friday	21 December	Last Day of Term 4 for Staff

SCHOOL HOLIDAYS

Merry Christmas and Happy New Year

Week 01B	Tuesday	29 January	School Resumes for STAFF ONLY
	Wednesday	30 January	School Resumes for Years 7, 11 and 12 and Year 10 Peer Support Students (for the morning session only)
	Thursday	31 January	School Resumes for Years 8, 9 and 10 (whole Grade)
Week 02A	Tuesday	5 February	Year 7 Camp (Tuesday and Wednesday)
	Sunday	10 February	Music Camp (Sunday to Tuesday)
Week 03B	Monday	11 February	Music Camp (Monday and Tuesday)
	Tuesday	12 February	Year 7 Welcome BBQ
	Wednesday	13 February	Who School Swimming Carnival - Hornsby Aquatic Centre
	Wednesday	13 February	Music Camp Concert
	Thursday	14 February	Higher Achievers Assembly
Week 04A	Monday	18 February	Year 12 HSC Encore Evening - Sydney Opera House
	Thursday	21 February	Meet the Music - Sydney Opera House
	Friday	22 February	Year 7 Vaccinations
	Friday	22 February	Year 11 and 12 ARTEXPRESS Excursion

THE WAIT IS FINALLY OVER

PENNANT HILLS HIGH SCHOOL'S PRODUCTION OF

OLIVER!

BOOK, MUSIC & LYRICS BY
LIONEL BART

DECEMBER 7-15

By arrangement with Hal Leonard Australia Pty. Ltd., exclusive representative of Cameron Mackintosh and the Southbrook Group.

NEVER BEFORE HAS A BOY ASKED FOR MORE...

THE WAIT IS FINALLY OVER

PENNANT HILLS HIGH SCHOOL'S PRODUCTION OF

OLIVER!

BOOK, MUSIC & LYRICS BY
LIONEL BART

DIRECTED AND PRODUCED BY **COURTNEY CASSAR**
 CHOREOGRAPHED AND PRODUCED BY **LAURA SHELDON**
 CONDUCTED BY **JOHN BUCKLEY**

FEATURING STUDENTS FROM
 PENNANT HILLS HIGH SCHOOL
 PENNANT HILLS PUBLIC SCHOOL
 WEST PENNANT HILLS PUBLIC SCHOOL
 CHERRYBROOK PUBLIC SCHOOL
 BEECROFT PUBLIC SCHOOL
 NORMANBURGH WEST PUBLIC SCHOOL
 NORMANBURGH PUBLIC SCHOOL
 THORNLEIGH WEST PUBLIC SCHOOL

ORCHESTRAL ARRANGEMENTS BY **WILLIAM DAVID BROWN**

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TRYBOOKING.COM/XGNS

BY ARRANGEMENT WITH HAL LEONARD AUSTRALIA PTY LTD EXCLUSIVE REPRESENTATIVE OF CAMERON MACKINTOSH AND THE SOUTHBROOK GROUP

THE WAIT IS FINALLY OVER

PRINCIPAL'S REPORT

Dylan

Today I joined a significant number of staff, students, friends, family and members of our local community to farewell and celebrate the life of Dylan.



Dylan tragically passed away in a car accident last week. He was a sensitive, caring and well-loved student. Dylan worked hard at maintaining the relationships he developed with friends, peers and teachers. He was well respected in his year group and had friends across our school as well as other schools. Dylan built his relationships on trust, honesty and a fantastic smile. He is remembered for his kindness to those he came into contact with.

Our thoughts are with Dylan's family at this extremely difficult time.

Schools Spectacular

I was anticipating an impressive and entertaining show but it exceeded my expectations. I watched our Millennium Marching Band students perform prior to entry into the arena, was fortunate to have a great view of our dancers and could even spot members of our school choir from the 2700 strong choir. Our Year 10 student and featured artist Yohan's interpretation of "Pinball Wizard" was a real show stopper - although I may just be a little biased. For those of you who were unable to get to the live show, it will be shown on Channel 7 tomorrow night at 7.00pm.

Congratulations to our students for their polished and entertaining performances and thank you to our dedicated teachers for working hard to give them this wonderful opportunity.

Bushfire Risk Mitigation Works

In the past two weeks we have been undergoing some significant bushfire risk mitigation works on our grounds. Pennant Hills High School is in a high risk zone, as determined by the Department of Education (DoE) in association with the Rural Fire Service (RFS). We are not the only school that has had this work undertaken, as the DoE have been managing routine maintenance for Asset Protection Zones to comply with NSW RFS Asset Protection Zone Standards across the State.

The work done to ensure that we were compliant was significant. I am very aware of the disappointment felt by many parents, particularly those who so generously contributed to the Great Penno Reno (GPR) and our GPR Committee. As Principal and Manager of the site, I have spoken with the Department and requested a meeting to ensure that, moving forward, we can work together towards a mutually agreeable compromise for future works, whilst still remaining compliant with the legislation. The DoE are committed to working with us so that our precious gardens can be protected where possible. I am confident that we can collectively work towards a positive outcome.

I thank our P&C for their continued support and commitment to our school.

P&C AGM

Last Tuesday, the P&C held its Annual General Meeting (AGM). Thank you to the outgoing Executive Committee for their commitment to improving our school in 2018.

In particular thank you to Mr Malcolm North, for his enormous contribution to the P&C both as President this year and the other roles he has played for the past several years. His unwavering support of our school has been invaluable and his service will be greatly missed.

The Executive team for 2019 was elected. They are:

President: Mrs Leith Lawless

Secretary: Mrs Jacquelyn Hellstrom

Vice Presidents: Ms Cathy Houston and Mr Oliver Ridler

Treasurer: Mr Peter Fullerton

Canteen Committee: Mrs Jo Jennis.

I look forward to working with the new committee in 2019.

Oliver!

Oliver! opens tonight. I am very excited to see the production after so many months of listening to the preparation. The music of course is well-known but to see the cast members and musicians, not to mention our backstage and tech crews bring it to life will be spectacular. A huge thank you to our Director, Courtney Cassar and his magnificent team who have worked tirelessly to make this show a success.

Tickets are still available. Book online at:

www.trybooking.com/408660 to secure your seats.

Orientation Day

On Tuesday, we welcomed over 180 new students to Pennant Hills High School for their Year 7 2019 Orientation Day.

There was much excitement and anticipation from the cohort as they arrived in the MPC for the first time as a year group. We welcomed students from 24 Primary Schools and students were introduced to their Year Advisor Mr Lali Gill.

We were entertained by our Choir and Concert Band 2. Both were joined by students from our partner Primary Schools. The morning was a great success. Thank you to our fantastic administrative staff as well as our teaching staff for ensuring the day ran smoothly and efficiently.

Canteen Volunteer's Afternoon Tea

Last week we saw our first Canteen Volunteer's Afternoon Tea. Our Year 12 Hospitality class showcased their catering talents as they prepared a very impressive *high tea* for our hardworking parents. It looked fantastic and tasted even better. Huge thanks and congratulations to the students involved, to Mr Simon Lightfoot who led the Yr12 Hospitality class, Ms Emma Keegan who mentored our front of house students and Mrs Rosemary Jones, Head Teacher who supported the venture.

2018 School Fees

I would like to thank the many parents who have paid their 2018 Voluntary School Contributions and Subject Fees. Could those who have not yet paid, please finalise their accounts by the end of the term. These funds are critical for our school operation and with your support we will continue to be able to offer many of the wonderful learning experiences that the students enjoy at *Penno*.

Upcoming Events

Presentation Evening – Tuesday 11 December at 7.30pm

Year 12 HSC Results - Thursday 13 December

Year 12 ATAR Results - Friday 14 December

Year 12 2018 Celebration Breakfast - Friday 14 December

Last Day of Term 4 for Students - Wednesday 19 December

Last Day of Term for Staff - Friday 21 December

School resumes in 2019 for Staff - Tuesday 29 January

School resumes in 2019 for Years 7, 11 & 12 (as well as

Year 10 Peer Support Leaders) - Wednesday 30 January

School resumes in 2019 for Years 8, 9 & 10 (whole Grade) -

Thursday 31 January.

Ross Warren

Principal



YEAR 9 VISUAL ARTS

Year 9 have Created Fantasy Ceramic Cakes in Visual Arts. We studied two artists, Oldenberg, who made cake sculptures, and Thiebald, who painted cakes in oil paint on canvas. For the fantasy element we looked at Blackman and his Alice in Wonderland series.



The students researched cakes on the internet for ideas and sketched a proposed fantasy cake. Clay joining techniques were discussed and they created a paper pattern for their cake. Clay was rolled out and they cut, joined and decorated their sculpture over a number of weeks. It was placed on racks to dry over the holidays, then fired in the kiln to 1100 degrees to make it permanent. Interest was added by painting the cakes black first followed by colour on top to highlight the different cake textures of cake, cream or icing etc. A gloss spray gave them a finished look.

We celebrated the completion of the unit with a party with cake and drinks. They will make a great display at the Annual Visual Arts Exhibition in 2019. Well done Year 9!

Kirstie Clark, Visual Arts Teacher



SPORTS SHORTS...

This week we have seen the transition from Spring sport to Summer. It has been a very successful Spring season for *Penno* with quite a number of our teams making it successfully to the finals round. In the finals round we saw our students face some very tough competition with quite a few teams come away with a win. Well done again to those teams!

It is always an exciting experience when provided the opportunity to represent your school - regardless of the activity. Congratulations to all of our teams for the exemplary way they represented our school. I am confident our Summer teams will play with the same enthusiasm and *Penno* pride.

The first few weeks of the season have been spent trialing students for selection into grade teams. Our first week went very well with the inclusion of our 'soon to be' Year 8 students working hard to earn their spot on the team. Thank you to our hard-working coaches for their dedication.

Please see me in the PDHPE staffroom with any queries.

Damien Schmitt
Sport Coordinator (Relieving)

BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.

Students must bring their devices to the storeroom at the start of the lesson.

Jon Williams , Head Teacher PDHPE (Relieving)



WHAT BOOKS WILL I NEED IN 2019?

Year 7, 2019 can get all books they need by purchasing a book pack from the school canteen.

Years 8, 9 and 10

English	156 page exercise book or A4 book
Maths	Casio FX82AU Plus II Calculator and 120 page A4 lined or grid book
Science	240 page A4 book
History	120 page exercise book or A4 book
Agriculture	180 page exercise book
Geography	120 page A4 book
Commerce	120 page A4 book
Languages (Chinese, French, Japanese)	240 page exercise book
Visual Arts	Process Diary (see your teacher)
Computing	All work is done online.
PDHPE (Year 7 and 8)	48 page exercise book
PDHPE (Year 9 and 10)	48 page exercise book
Physical Activity and Sports Studies (Years 9 and 10)	A4 loose-leaf folder
Graphics Technology	Display Folder
Music	A4 loose-leaf folder
Drama	64 page exercise book or A4 book

Years 11 and 12

English	A4 loose-leaf folder
Maths	A4 lined or grid book
Science (Biology, Chemistry, Physics, Senior Science, Earth and Environmental Science)	Practical - 240 page A4 bound ruled book Notes - A4 loose-leaf folder or 240 page exercise book
Drama	A4 loose-leaf folder or book 2X A4 Process Diaries
Agriculture	A4 loose-leaf folder or 240 page exercise book
Business Studies	A4 loose-leaf folder or book
Economics	A4 loose-leaf folder or book
Geography	A4 loose-leaf folder or book
Legal Studies	A4 loose-leaf folder or book
Modern History	A4 loose-leaf folder or book
Ancient History	A4 loose-leaf folder or book
History Extension	A4 loose-leaf folder or book
Society and Culture	A4 loose-leaf folder or book
CAFS	A4 loose-leaf folder or book
Food Technology	A4 loose-leaf folder or book
Hospitality	A4 loose-leaf folder or book
Textiles and Design	A4 loose-leaf folder or book
All Languages (Chinese, French, Japanese)	A4 loose-leaf folder or book
PDHPE	BYOD (preferred), A4 loose-leaf folder
Sports, Leisure and Recreation (SLR)	A4 loose-leaf folder or book
Visual Arts	A4 Process Diary
Music	A4 loose-leaf folder
Engineering Studies	A4 loose-leaf folder or book
Industrial Technology	A4 loose-leaf folder or book + Display folder

PLEASE NOTE, NO '5 SUBJECT' EXERCISE BOOKS ARE TO BE BOUGHT.

EACH SUBJECT REQUIRES ITS OWN SEPARATE BOOK.



The School Locker is proud
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The School Locker

Our goal is to provide great shopping experiences for families and our retail stores are centered around a single great idea: one store with everything you need for school.

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Pennant Hills High School Uniform Shop

Address: Laurence Street
Pennant Hills NSW 2120

Uniform Shop Operator: Suzanne Haskins

Trading Hours During School Term:

Monday: 10:00am - 2:00pm

Friday: 8:00am - 12:00pm

Extended trading hours during back to school.

Contact: PennantHillsHS@theschoollocker.com.au

Extended Trading Hours:

Tuesday 4th December 2018	8am - 12pm
Monday 21st January 2019	8am - 4pm
Tuesday 22nd January 2019	8am - 4pm
Wednesday 23rd January 2019	8am - 4pm
Thursday 24th January 2019	8am - 4pm
Tuesday 29th January 2019	8am - 4pm
Wednesday 30th January 2019	8am - 12pm

The Pennant Hills High School uniform range is available online at:
www.theschoollocker.com.au

Payment options

The School Locker accepts cash, EFTPOS, Visa, MasterCard and American Express.

Online ordering

Products are available for purchase online at our website: www.theschoollocker.com.au. From our website you may choose to have your order shipped to you, or you may collect your order from the campus store.

Bring your own Device (BYOD)

School approved BYOD models are available for purchase online at our website: www.theschoollocker.com.au

School shoes

Great quality school shoes are available at Pennant Hills High School uniform shop and online - in styles that have been approved by the school.

The School Locker recommends that school shoes are fitted several weeks before the school year commences. It is important to allow enough time for your child to wear in, and feel comfortable in, their new school shoes before the first day of school.

Everything for school in one store: uniforms, footwear, technology, music, sport and stationery!

A wide range of technology devices, musical instruments, sports equipment and stationery is also available for purchase from the retail store in Liverpool and online.

Address: The School Locker
The Grove Homemaker Centre,
2-18 Orange Grove Road
Liverpool NSW 2170

Telephone: 02 8796 2100

website www.theschoollocker.com.au

phone 1800 826 155

email service@theschoollocker.com.au

the
**School
Locker**



HOSPITALITY TREATS OUR CANTEEN VOLUNTEERS

Our Year 12 Hospitality students, under the guidance of Mr Simon Lightfoot, Hospitality Teacher, catered a *thank you* high tea for our wonderful canteen volunteers. The event was a part of a Mandatory Service Unit and completed our Certificate II in Hospitality (Kitchen Operations).

Our menu consisted of: curried egg sandwiches, turkey ribbon sandwiches, cucumber mint cream cheese sandwiches, smoked salmon tarts, pulled pork and coleslaw sliders and Summer fruit tarts.

The high tea was a great experience as we got to put to work a lot of the skills we have learnt over the past year. Once we had prepared all components of the dishes for service time, they were stored at correct temperatures to ensure food was safe and quality was kept to the highest possible. Our main concerns were to keep the food safe and use all hygienic work practices, which we successfully did to satisfactory standards.

We all thoroughly enjoyed completing the service period as a class, working in small groups to produce a lovely high tea.

We would all recommend studying the subject in Senior school and completing the Certificate II in Hospitality (Kitchen Operations).

Gemma, Year 11 Student





SUPPORT UNIT SHINES AT THE SCHOOL SPECTACULAR - *THE GREATEST*

"Everyone wants to be part of something bigger than themselves."
Schools Spectacular unites kids to be a part of the biggest performance of their lives!

Schools Spectacular is an outstanding showcase of the talent in NSW Public Schools. In terms of sheer size, scale and scope, Schools Spectacular is unequalled in the world with a 2700-strong choir, 2300 diverse dancers, an 80-piece symphony orchestra, a world-class stage band and a huge number of outstanding solo performers. Their aim was to produce:

A performance that inspires excellence / that is always evolving / that changes lives

Here is what our Special Education Unit students said about their experience:

Bella *"We had a good time. My favourite thing was dancing"*

Eden *"I had fun. The costumes were awesome and I loved the colours."*

Elyse *"This was the second year at schools spectacular. It was just as amazing as the first year. The concert was great!"*

Cooper *"I loved dancing! I was pleased to have my family and friends come to see me."*

Jessie *"I sang in the choir. We sang lots of songs. We had props like flashing bunny ears. We also had to do some movements when we were singing. I liked it and made lots of friends."*

Mrs Wardrop *"Schools Spectacular is a fantastic opportunity for all students to participate in. Great fun was had by all, including the staff."*

Over 5000 NSW students performed in this year's show and it really was *The Greatest Show*. Our Special Education Unit had 10 students participate this year in dancing and choir.

It is screening on Channel 7 this Saturday 8 December at 7.00pm and watch out for D'Arts ensemble.

continued next page





2018 Schools Spectacular D'Arts Ensemble "Wanna go on Dancing"

After several very early mornings and long drives to Tempe, for full day dance rehearsals, in a very stuffy sports hall, Bella, Eden, Elysse, Shana, Alley, Lily, Raniya and Cooper successfully performed in the 2018 School Spectacular show *The Greatest* in The D'arts Ensemble.

They danced to Kylie Minogue's "Wanna go on Dancing" and they carried on dancing through all four shows in truly *spectacular* style in their very glittery costumes and make-up.

Shana was on lead glitter guitar, Bella ably looking after a young student who was on her own and Elysse leading the way into the circle. All of them also managed to master the very difficult finale dance complete with light up gloves and fireworks.

Thank you to Mrs Adrienne Wardrop (SLSO) who was responsible for all the glittering of faces, hair and nails, and for working so hard to support our students despite the very long hours and tired bodies. Thank you to Featured Artist and Year 10 student Yohan who kept popping in to see us - keeping the *Penno* Pride alive and to all the parents and caregivers who helped support our dancers. Without them the show would not go on.

Eileen Clements, Special Education Teacher and Schools Spectacular Coordinator



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Phone: 8998 5400
 Email: hornsbytoip@pcycnsw.org.au
 Facebook

SAFER DRIVERS FOR LEARNER COURSE

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.

Book online at www.saferdrivers.org.au

NEXT COURSE:
 13 December 2018 or
 DATE: 17 January 2019
 TIME: 17 Jan - 9:30am-12:30pm
 LOCATION: 1 Park Lane, Waitara NSW 2077

ALL PARTICIPANTS MUST:

- Hold a valid NSW Learner Licence
- Be under 25 years of age
- Have completed 50 logbook hours (of actual on road experience and not credits gained under the 3 for 1 professional instruction scheme)

20 hours Off Your Log Book

Carols by Candlelight

**Saturday
15 December 2018**

5.30-7.30pm Family Festival
 7.45pm Carols by Candlelight

West Pennant Hills Public School Oval
 cnr of Church Street and Cardinal Avenue

Bring the family and join the festive activities!
 Jumping castle, face painting, balloon animals, food and drink stalls, glow sticks, coffee cart, live camels, and heaps more!

For additional information please call 9479 3700
www.stmatts.org.au

Proudly sponsored by:

St Matthews Anglican Church | WPH SPORTS CLUB | epping eyecare centre | BEECROFT GENERAL PRACTICE

Pennant Hills Physiotherapy Centre | Albert & Meyer Funerals

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Benevolent Society Disability Services: Christmas is a busy time of the year and the disability services team is committed to providing support over the Christmas break. Open everyday except the public holidays. Information email customercare@benevolent.org.au or phone 1800 236 762.

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook ([wepaustralia](https://www.facebook.com/wepaustralia))

Australian Institute of International Understanding (AIU) www.aiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.

Northern District Hockey Association: www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert). U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au

Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbsnw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taiko.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or <http://www.facebook.com/WPHNC>
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://www.facebook.com/castlehillbmx)
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.
Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.
Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

Pennant Hills Netball Club: pennanthillsnsw.netball.com.au

'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for *Penno* staff and students.

1st, 3rd and 5th Friday of each month during term from 9.00am to 9.45am.

Please meet at Public Reception. Enquiries: Kate Colley on 0432 840 441

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarens.wact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafo@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

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