



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 17 November 2017

Term 4 Week 06B

Mr Ross Warren  
*Principal*

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

Mr Brendan O'Byrne  
*Deputy Principal*

E: pennanthil-h.school@det.nsw.edu.au

Miss Amanda De Carli  
*Deputy Principal*

W: www.pennanthil-h.schools.nsw.edu.au

## Gabrielle



## Jordan



## INTECH AND ARTEXPRESS NOMINATIONS



## Mee Hyeon

## Junyang

# TERM 4 2017

<b>Week 07A</b>	Tuesday	21 November	School Spectacular Dance Ensemble Rehearsal - Support Unit
	Tuesday	21 November	Year 9 Peer Support Training
	Wednesday	22 November	School Spectacular Secondary Choir Rehearsal
	Thursday	23 November	School Spectacular Final Rehearsal and Full Dress Rehearsal
	Thursday	23 November	Year 9 Boys Convictions Program (Thursdays until 7 December)
	Friday	24 November	Year 9 Peer Support Training
	Friday	24 November	School Spectacular Preview and Evening Performances
	Saturday	25 November	School Spectacular Matinee and Evening Performances

<b>Week 08B</b>	Thursday	9 November	Year 9 Boys Convictions Program (Thursdays until 7 December)
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<b>Week 09A</b>	Monday	4 December	Duke of Ed. Bronze Medallion Course (Monday to Wednesday)
	Monday	4 December	Year 7 Aquatics Program (Monday to Friday except Thursday)
	Tuesday	5 December	Year 7 2018 Orientation Day
	Wednesday	6 December	Presentation Evening
	Thursday	7 December	Year 9 Boys Convictions Program Last Day
	Friday	8 December	Year 11 Crossroads Day 4 - Vision Valley
Friday	8 December	Duke of Ed. Bronze Medallion Course	

<b>Week 10B</b>	Tuesday	12 December	Year 7 Taronga Zoo Excursion
	Tuesday	12 December	Year 11 First Aid Course
	Wednesday	13 December	End of Year Concert 7.00pm-9.00pm
	<b>Friday</b>	<b>15 December</b>	<b>LAST DAY OF SCHOOL FOR STUDENTS</b>
	Friday	15 December	Year 12 2017 End of Year Breakfast Celebration 10.00-11.00am

<b>Week 11A</b>	Monday	18 December	School Development Day (Monday and Tuesday)
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## SCHOOL HOLIDAYS

**Merry Christmas and Happy New Year**

# TERM 1 2018

<b>Week 01A</b>	<b>Monday</b>	<b>29 January</b>	<b>School resumes for STAFF ONLY</b>
	Tuesday	30 January	School resumes for students in Years 7, 11 and 12 and Year 10 Peer Support Students (for the morning session only)
	Wednesday	31 January	School resumes for students in Years 8, 9 and 10 (whole Grade)

<b>Week 02B</b>	Tuesday	6 February	<b>Year 7 Camp (Tuesday and Wednesday)</b>
	Sunday	11 February	<b>Music Camp (Sunday to Tuesday)</b>

<b>Week 03A</b>	Monday	12 February	Music Camp (continues Monday and Tuesday)
	Tuesday	13 February	Year 7 Welcome to the Parents BBQ
	Wednesday	14 February	<b>Swimming Carnival Whole School Sporting Event</b>
	Wednesday	14 February	Music Camp Concert
	Thursday	15 February	Year 12 2017 Higher Achievers Assembly
Friday	16 February	Year 11 Study Skills Seminar	

<b>Week 04B</b>	Monday	19 February	Year 12 Visual Arts to HSC Encore Exhibition
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## P&C MEETING DATES FOR 2017

**Term 4:** 28 November - followed by AGM

**7.30pm in the School Library**

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

## 'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

**1st, 3rd and 5th Friday of each month during term from 9.00am to 9.45am.** Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350**



## PRINCIPAL'S REPORT

### ***InTech* and ARTEXPRESS News**

Once again, I write in *Jumbunna* with a great sense of pride in the achievement of our students. In particular four very talented Year 12 students, who have recently been nominated for the highest honour in their respective crafts.

They are: Mee Hyeon (Gina), Gabrielle and Junyang (Lucy) from the Visual Arts course, who have been nominated for inclusion to *ARTEXPRESS*; and Jordan from the Industrial Technology course who has been nominated for inclusion in *InTech*. Both of these prestigious exhibitions are run by NESAA (NSW Education Standards Authority) to showcase and celebrate the *best of the best* Major Projects of the Year 12 cohorts from each year. The nominations are further recognition of the huge amount of work devoted to their major works in their courses.

Congratulations to these students on receiving this high acclaim for their Major Projects. We look forward to hearing the outcome of the selection process once completed. Congratulations also to their dedicated teachers Miss Janelle Dennis, Head Teacher Visual Arts and Mr Brad Wilson, Head Teacher Industrial Arts (Relieving) for their commitment, dedication and support of our students. We are very fortunate to have such outstanding mentors at our school.

### **Secondary Principals' Council**

This professional body represents Principals of Government Schools and Colleges in NSW. They work closely with senior officials from the Department of Education (DoE) and the NSW Minister for Education to provide advice on many matters.

They have recently contributed to the Federal Government's "Review to Achieve Educational Excellence in Australian Schools". Here are their recommendations:

- To adopt a broad view of student, school and systems success. This includes a greater focus on innovation and the wide range of skills, capabilities and interests of secondary school students;
- Recognise that performance measures for all students in all sectors must take into account that the current Gonski 2.0 funding model allocates for need within sectors and not across them. There is a risk that this will undermine the integrity of any improvement measures that are correlated to individual student, school or sector funding or that compare students and schools across sectors;
- Encourage success based on long-term change, growth and improvement. Measuring progress and change in knowledge, skills and behaviours

is more important for students and schools than narrow 'annual snapshots' based on standardised testing. The panel has the opportunity to recommend a new approach which reflects the need for a broad set of measurements and recognises that mapping outcomes is a longitudinal process;

- Acknowledge the diversity of learning starting points for students, particularly in areas of socio-economic disadvantage, and the impact this has on educational outcomes;
- Recognise the value of offering multiple pathways through education for students and their communities; and
- Recommend the establishment of an expert educational panel to undertake research into the best practices in student assessment for secondary education. The panel should provide guidance for the design of a broader set of school and system based measures and benchmarks.

### **Remembrance Day**

Last Friday at 11.00am, our school paused for a minute's silence to mark the anniversary of the Armistice, which ended World War I on 11 November 1918. Year 10 student Matthew and Year 11 student Samuel addressed our school giving an insight of the details surrounding this historic event and the importance of its commemoration. As always, our students were respectful and thoughtful as they reflected on those who had given their life in the service of our country. *Lest We Forget...*



### **Final P&C Meeting for 2017**

A reminder to all parents that our final P&C meeting for this year is scheduled for Tuesday 28 November in the school Library from 7.30pm. On the agenda is also the AGM together with some social Christmas activities. All parents are encouraged to attend and enjoy the evening.

**Ross Warren, Principal**

## ON LINE STUDY SKILLS HANDBOOK

Our school has recently subscribed to the ELES Study Skills Handbook. This a great online resource for parents and students to address all their study skills issues and concerns as well as learn new ways to improve students' results at school. The handbook has a huge amount of information for both students and parents as well as lots of interactive activities, multimedia experiences and useful resources. The handbook can be accessed through the school website under *Calendar and Important Links* or through going to: <http://www.studyskillshandbook.com.au> and login as a subscriber with these details:

user name: pennanthillshs  
password: 77success

Please note, the above user name and password is for the use of parents and students AT OUR SCHOOL ONLY - please do not pass our school's details onto students or parents from other schools or other individuals/organisations, as this is a prosecutable breach of copyright and will also result in frequent password changes for our school.

Please also ensure you read through the terms of use the first time you access the handbook. We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities through this great online resource.

**Belinda Campbell, Head Teacher Wellbeing**

**Information for Parents and Students:**  
**Great news!**

Our school has subscribed to the ELES Online Study Skills Handbook.

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.

**To access the handbook, go to [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) and login as a subscriber with these details:**

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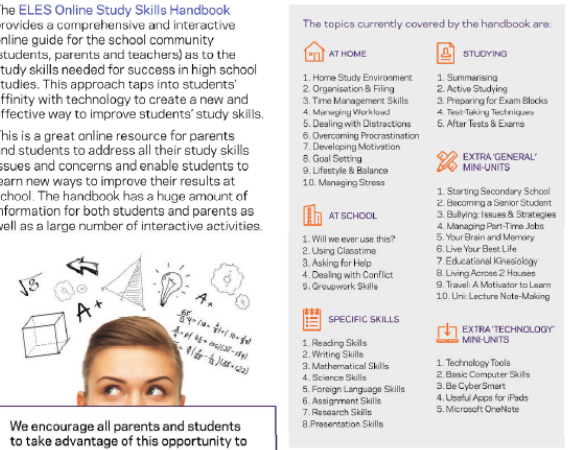


**GREAT NEWS FOR PARENTS & STUDENTS**

**OUR SCHOOL HAS SUBSCRIBED TO AN ONLINE & INTERACTIVE STUDY SKILLS HANDBOOK**


The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.



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## UNIFORM SHOP SCHOOL HOLIDAY OPENING HOURS

The Uniform Shop will be open on the following days during the school holidays in January 2018:

**Monday 22 January to Thursday 25 January: 8.00am-4.00pm**

**Monday 29 January: 8.00am-4.00pm**

**Tuesday 30 January and Wednesday 31 January: 8.00am-12.00pm**

**Friday 2 February: 8.00am-12.00pm**

**Normal trading hours will resume in Term 1 Week 2, 2018 ie. Mondays: 11.30am-3.30pm and Fridays: 8.00am-12.00pm.**

## STUDY SKILLS HANDBOOK NEWSLETTER ITEM FOR OCTOBER

### Critical Thinking Skills

There are many things students can do to develop their own critical thinking skills. Critical thinking is your ability to think clearly and rationally, reflecting and developing your thoughts. Sometimes we can get a bit lazy with our thinking and we only consider things at a superficial level. Here are some things you can do to enhance your critical thinking.

1. **CLARIFY YOUR THOUGHTS:** The best way to clarify your thoughts is to try and explain your thinking to someone else. Even if you are talking to an imaginary person, you will find that explaining your thinking out loud helps you to see the flaws in your argument.
2. **QUESTION ASSUMPTIONS:** Don't take your thoughts for granted, every now and then think about why you believe a certain thought or how you know things to be true. Get in the habit of pausing and looking at what you are thinking and questioning what thoughts underlie your assumptions. Don't just conform and accept a view because it is the popular one, instead pause and reflect on the arguments for and against that viewpoint and the strengths of each argument.
3. **LOOK FOR OTHER PERSPECTIVES:** When you are presenting an argument, imagine yourself in a debate and think about what the opposing side might say. What would someone with a completely opposite view to you believe? Can you understand why they might think that way? Can you see some validity in their viewpoint?
4. **KEEP AN OPEN MIND:** In order to look for other perspectives keep an open mind. If you immediately dismiss any thought that does not fit into the way you see the world, you will never be able to expand and develop your viewpoints, you will have a very fixed and limited view of the world.
5. **BE CURIOUS:** Start to look outside the things you normally read and watch and think about. Learn more about things you know nothing about and were not previously interested in. Listen more to what people say, we learn so much more when we really listen rather than spend time planning what we will say next.
6. **MAKE INFORMED JUDGEMENTS:** It is ok to not have an opinion about something because you don't have enough information yet. Avoid rushing to judgements, take your time to gather information and evidence and assess it before making a decision. Try not to let yourself be swayed by emotion as this can affect your ability to assess information intellectually.

You and your parents can learn more about thinking skills at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with the details below and working through some of the units.

Username:pennanthillshs  
Password:77success

### OFFICE HOURS AND PAYMENT TIMES

The school office is open from 8.00am—3.45pm Monday to Friday (excluding Public Holidays) during school term.  
The payments window is open from 8.15am—2.00pm on school days only.



Principal  
**R WARREN BA** (*Asian Studies*) G. DipEd, G. Cert. Ed. Lead.

Deputy Principal  
**B O'BYRNE BSc, DipEd**

Deputy Principal  
**A DE CARLI BEd** (*Human Movement and Health Education*)

ABN 18 246 198 286

LAURENCE STREET  
PENNANT HILLS NSW 2120

PHONE : 9473 5000

FAX : 9473 5099

Email: pennanthil-h.school@det.nsw.edu.au

November 2017

## Change in Sport Arrangements

Dear Parents and Caregivers,

Due to an amendment to the Department of Education's Sport Policy, it is no longer compulsory for our Senior students to participate in Sport on Thursday afternoons. This includes both Interschool/Grade Sport and the Recreational/Social Sport that our school offers.

Therefore, the following procedures will be implemented at the commencement of Term 1, 2018:

- Senior students who elect not to participate in Sport will be allowed to leave school at the end of Period 3a, being 12.32pm, every Thursday. They are reminded that full school uniform is to be worn on Thursdays instead of the sport uniform if this is their choice;
- Senior students who elect to participate in Interschool/Grade Sport can do so. They will continue to wear the sport uniform to school on Thursdays as normal;
- Year 8 students will participate in Thursday School Sport together with Years 9 and 10; and
- Year 8 students will be required to wear their sport uniform every Thursday and will be dismissed from school at 2.30pm.

To accommodate a smooth transition to the 2018 Summer Sport competition, trials for the current Year 7 and 8 cohort will be held on Thursday afternoons during Periods 3b and 4a, in weeks 7 and 8 of this term. They will resume their lessons in Period 4b and be dismissed at 3.15pm as usual. Sport uniform is to be worn to school for these trial days.

Year 7 and 8 families will receive a notification with information about all Grade and Social sports together with instructions for making their selection online, in due course.

We thank you for your cooperation.

Yours sincerely,

Ross Warren  
Principal

## BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.

Students must bring their devices to the storeroom at the start of the lesson.

**James Boyer , Head Teacher PDHPE**



# END OF YEAR CONCERT

**Pennant Hills High School's  
Concert Band 1, Concert Band 2  
Big Band, Junior Stage Band,  
String Ensemble and Choir**



**Invite all students, parents and caregivers to our**

## **End of Year Concert**

**On Wednesday 13 December 2017**

**From 7.30pm – 9.00pm in the MPC**



## ARTEXPRESS PRE-SELECTION

Congratulations to three of our talented Year 12 Visual Arts students who had their body of works pre-selected for ARTEXPRESS 2017. They are:

Mee Hyeon (Gina), painting, "House of Cards"



Gabrielle, drawing, "Gestures of Vulnerability"



Junyang (Lucy), painting, "Chengdu Dreaming"



If selected, they will be included in the prestigious ARTEXPRESS Exhibition which will be held at the Art Gallery of NSW and other venues from mid-February 2018. This exhibition show cases the *best of the best* student artworks from the 2017 HSC Visual Arts candidature.

We are extremely proud of these students and wish them good luck with their nominations.

**Janelle Dennis,**  
**Head Teacher CAPA**

## ORIENTATION DAY REHEARSAL

Earlier this week, we welcomed band students from our local primary schools to rehearse with our Concert Band 2 for their Orientation Day performance next month.



## SPORTS SHORTS...

### Tumbling Honours

Good luck to Year 12 student Blake who has been selected to represent Australia in the World Championships for Tumbling in Great Britain. We look forward to receiving the results from him soon.

### Footy and Fitness Training

Mr Williams is holding *footy and fitness* training sessions on a Thursday morning at 7.30am. All ages and genders are welcome to join.

### Changes to the Department of Education's Sport Policy

From Term 1 2018, it will no longer be compulsory for Year 11 students to participate in Sport on Thursday afternoons and as such, the following procedures will be implemented:

- Senior students who elect **not** to do sport are required to wear full school uniform and will be permitted to leave school at 12.30pm.
- Year 8 students will participate in Interschool/Grade sport along with Years 9 and 10. They will be required to wear their sport uniform to school and will be dismissed at 2.30pm each Thursday.

More information has been emailed to families regarding the selection process and relevant costs.

**Valmé Kruger**  
**Sport Coordinator**





The Northern Sydney Youth Orchestra (NSYO) is inviting young musicians to join its **Symphony Orchestra, Wind Ensemble & String Orchestra**. Our youth orchestras rehearse weekly at Beecroft on Wednesdays.

From July 4th-15<sup>th</sup>, 2018, NSYO will take a 10-day **European tour to Vienna, Salzburg & Prague** and will be participating in the Summa Cum Laude International Youth Music Festival.

If you play **winds, strings or percussion**, we are auditioning new members to join in Term 4, in time to join our tour.

**Auditions will be held Wednesday 6th December between 4pm - 6pm at the Beecroft Presbyterian Church Hall, Mary St, Beecroft.**

For details, please feel free to contact us: [info@nsyo.org.au](mailto:info@nsyo.org.au)

You may fill out our online application form at: <http://www.nsyo.org.au>

# TURRAMURRA HIGH SCHOOL

**Wellbeing Expo -  
Wednesday 22nd November  
5:00-6:30pm**

Turrumurra High School invites all local students, parents and community members to attend the Turrumurra High School Wellbeing Expo. This free event will showcase a range of organisations and services that support the wellbeing needs of young people in our area.

The event includes a special presentation for parents of senior students from all schools:

**'Parenting through the HSC' - 5:30-6:15pm**

Lucy Dahill— Youth worker, public health advocate, experienced HSC parent



22 Nov, 5:00pm-6:30pm  
Turrumurra High School  
Maxwell Street  
South Turrumurra  
9449 4233

## TWILIGHT CHRISTMAS MARKET

Thursday 7th December  
5:30 - 8:30pm  
Turrumurra High School,  
Maxwell Street Turrumurra

*Stunning jewellery, handmade cards,  
delicious Christmas delicacies, french  
homewares, unique gifts, Arcadian  
Artists stalls and many more!*

ENTRY: GOLD COIN DONATION  
[turrumurrahighschool.com.au](http://turrumurrahighschool.com.au)

**CHERRYBROOK LEO'S  
OUTDOOR MOVIE NIGHT!**

**The Lion King**  
FUN, FOOD, DRINKS AND MORE!

WHERE: RUDDOCK PARK, WESTLEIGH  
WHEN: 2ND DEC @ 7:30PM

**aj's** Tickets: [tiny.cc/75bnoy](http://tiny.cc/75bnoy) **RayWhite**

Welcome to All from 3 years

# TAEKWONDO WORLD

## Martial Arts for All



### TKD Kids will learn

- ✓ Concentration
- ✓ Discipline
- ✓ Self Defence
- ✓ Confidence
- ✓ Bully Safety
- ✓ Respect

**FREE**  
Uniform &  
2 Weeks Training  
\*Conditions Apply

Start a New life with a Positive Attitude at TAEKWONDO WORLD  
Anyone from 3 years old can learn and enjoy

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## Wu's Style Tai Chi

Kung Fu from the royal palace in China since 1850's

### Wu's Style Tai Chi lineage of our instructor



Students Special!! \$40 per month, 4-5pm Monday to Friday. Book Now!!

### Taichi Qigong Reiki Centre

Suite 3, 43A Florence Street, Hornsby, NSW 2077  
Phone: 0490 327 566, Email: tqrc108@gmail.com  
Website: www.taichiqigongreikicentre.com.au



## SAFER DRIVERS COURSE FOR LEARNER DRIVERS

**THE SAFER DRIVERS COURSE INVOLVES TWO MODULES:**

**MODULE ONE:**  
A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of 12 participants and will be delivered by a facilitator.

**MODULE TWO:**  
A two-hour, in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach.  
**Course cost: \$140**

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3-for-1 scheme cannot be included.

**LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

**ALL PARTICIPANTS MUST:**

- Hold a valid NSW Learner Licence
- Be under 25 years of age
- Have completed 50 logbook hours (of actual on road experience and not credits gained under the 3 for 1 professional instruction scheme)

Next course will be on Thursday 1<sup>st</sup> December 2016  
Tel 02 9477 2310  
Email hornsbytoip@pcycnsw.org.au

# CHERRYBROOK MUSIC

Music Lessons Include:

Guitar, piano, vocals (singing), violin, drums,  
saxophone, flute, clarinet, bass guitar, ukulele,  
songwriting, electronic music, band ensembles  
holiday programs and more.

## FREE TRIAL LESSON!

ALL AGES WELCOME

CONTACT US:  
PHONE: 0412 519 037  
EMAIL: BRADLEIGHF@GMAIL.COM  
WEBSITE: CHERRYBROOKMUSIC.COM.AU

# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**Marian Street Theatre for Young People:** Drama Classes enrolling now for 2018. Drama Holiday Intensive classes also. Contact [info@mstyp.org.au](mailto:info@mstyp.org.au) or 9411 1800.

**Class of '87 Reunion:** On Saturday 25 November at the Harbour View Hotel in the Bridge Function Room from 3.30pm -midnight cost \$50.00. Contact Emma Ryan at [emmaj314@gmail.com](mailto:emmaj314@gmail.com) for more information and payment instructions.

## STUDENT EXCHANGE PROGRAMS

**Rotary Youth Exchange:** the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - [www.rotaryyouthexchange.net.au](http://www.rotaryyouthexchange.net.au)

**Southern Cross Cultural Exchange:** Information sessions [www.scce.com.au](http://www.scce.com.au) or 1800 500 051.

**LATTITUDE AUSTRALIA** Volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia NZ** [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**World Education Program Australia (WEP)** [www.wep.org.au](http://www.wep.org.au) or 1300 884 733 or on Facebook ([wepaustralia](http://wepaustralia))

**Australian Institute of International Understanding (AIU)** [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

**AFS Intercultural Programs Australia** [www.afs.org.au](http://www.afs.org.au) or 1800 023 982

## RECREATION AND SPORTING GROUPS

**Oakhill Drive Netball Club Players Wanted:** Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at [odnc\\_registration@yahoo.com.au](mailto:odnc_registration@yahoo.com.au) or 0412 561 114.

**Northern District Hockey Association:** [www.ndhockey.com.au](http://www.ndhockey.com.au) or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert). U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

**West Pennant Hills Cherrybrook Football Club:** [www.wphcfc.net.au](http://www.wphcfc.net.au)

**Rugby Connect - Trytons:** is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan [mkellahan@nswrugby.com.au](mailto:mkellahan@nswrugby.com.au) or phone 9323 3407.

**Hills Hawks Softball:** All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Pennant Hills District Cricket Club: (15 years and over)** [pennanthillscricket.com.au](http://pennanthillscricket.com.au)  
Registration enquiries: [penno.juniors@gmail.com](mailto:penno.juniors@gmail.com) or SMS 0450 226 158.

**North Sydney Girls Cricket Association:** [www.nsgca.nsw.cricket.com.au/](http://www.nsgca.nsw.cricket.com.au/)

**Pennant Hills Cherrybrook Rugby League Club:** [www.pennostags.com](http://www.pennostags.com). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club:** [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or phone Nicola 0402 677 180.

**Cherrybrook Table Tennis Club:** 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club:** [www.dbsw.org.au](http://www.dbsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band:** [www.gks.org.au](http://www.gks.org.au) or 9868 3289

**Northern Sydney Youth Orchestra:** for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>  
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

**2nd/3rd Pennant Hills Scout Group:** 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides:** Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

**Hornsby District Athletics (children aged 4 - 17):** Saturday mornings at Pennant Hills Park [www.hdlac.org.au](http://www.hdlac.org.au)

**Cherrybrook Athletics Club (children aged 5 - 16):** Friday nights 5.45pm - 8.00pm [www.cherrybrookathletics.org.au](http://www.cherrybrookathletics.org.au)

**Taiko Drumming** (a blend of choreography, drumming, movement and music for everyone): [www.taikoz.com](http://www.taikoz.com)

**St Agatha's Youth Group:** for students from Years 7 to 9 - [www.stagatha.org.au](http://www.stagatha.org.au) or 0409 847 208 (Laura)

**West Pennant Hills Netball:** [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/) or <http://www.facebook.com/WPHNC>  
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

**Thornleigh Softball:** All games played at Galston. Contact Sharon - 0407 442 402. [www.thornleighsports.org.au/softball](http://www.thornleighsports.org.au/softball)

**Cherrybrook United Netball Club:** Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

**Castle Hill BMX Club:** Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://facebook.com/castlehillbmx)  
President: Michael 0404 093 303. Email: [castlehillbmx@hotmail.com](mailto:castlehillbmx@hotmail.com)

**Hornsby Junior Touch Footy:** All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.  
Information/Registration: [hornsby.mytouchfooty.com](http://hornsby.mytouchfooty.com)

**North Rocks Softball:** Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.  
Information/Registration: [northrocksssoftball.org.au](http://northrocksssoftball.org.au) or phone: 0406 852 851.

**Asquith Netball:** All skill levels welcome. Information Linda Wilton 0403 214 410 or [Asquithnetball@outlook.com](mailto:Asquithnetball@outlook.com)

**Pennant Hills Netball Club:** [pennanthillsnsw.netball.com.au](http://pennanthillsnsw.netball.com.au)

# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed:** Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Foster carers needed:** Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700  
Providing high quality and innovative family placements for children and young people with varying needs.

**Volunteer with Easy Care Gardening:** [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed:** City of Sydney Meals on Wheels - For more information, phone 8512 4230.

**Lifeline Telephone Volunteers needed:** It's never too late to make a difference ... or to learn new skills.  
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or [admin@lifelineh2h.org.au](mailto:admin@lifelineh2h.org.au)

## COMMUNITY SERVICES AND SUPPORT

**Free adult Literacy and Numeracy classes - Meadowbank TAFE:** 9942 3572. Reading, writing and speaking.

**Free English courses for adult migrants - [www.ames.edu.au](http://www.ames.edu.au):** Classes at Hornsby, Chatswood and Eastwood.

**English Classes -** Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.  
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

**The Kids Are All Right Website** for parents of Australian teenagers. Go to [www.thekidsareallright.com.au](http://www.thekidsareallright.com.au).

**Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women:** Students selected on merit.  
Information and applications: [www.avcat.org.au](http://www.avcat.org.au) or phone 9213 7999 or 1800 620 361 (voicemail)

**Jack's Youth Café at Hornsby** (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).  
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

**Ability Options:** a FREE service helping people with a disability into the job that's right for them.  
**More information:** [abilityoptions.org.au](http://abilityoptions.org.au) or contact Caroline Krix on 8811 1717 or [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Ability Links:** supporting people with a disability, their families and carers to achieve their goals in life.  
For more information phone 8830 0768 or email [abilitylinks@unitingcarens.wact.org.au](mailto:abilitylinks@unitingcarens.wact.org.au)

**Foster Care Association NSW:** Advocacy, support and information for foster carers. [www.fcansw.org.au](http://www.fcansw.org.au) or 4987 1847

**Healthy Kids FREE Parent e-zine:** important nutrition information and great recipes: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote:** If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.  
Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone 1300 135 736

**Uniting Care Northmead:** 8839 5107 - Workshops and counselling for parents. Phone for more information.

**TOUGHLOVE:** 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers:** [www.nscchahs.health.nsw.gov.au/caparenting](http://www.nscchahs.health.nsw.gov.au/caparenting)  
Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay:** 9488 2523 - Advice and support for parents.

**Depression Support Group:** 1300 794 991.  
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line:** [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline:** 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia:** 9480 2500 - Free case management and counselling support for young people and families.

**Single With Children:** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496  
Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents:** [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre:** 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services (the Hills):** [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre:** 9651 3534 - Counselling and parenting courses available.

**Newcomers Club:** [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**NSW Health Free Dental Clinic for 12-25 year olds:** 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets:** Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

**Christ Evangelical Centre of Australia Chinese Language School:** 0410 613 814 (Jenny)

**Cybersmart website:** [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register:** [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)  
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

**Bedford College Play Sessions for children (0 - 5 years) and their parents/carers:** Fridays 9.30am - 11.30am at  
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

**CatholicCare Diocese of Broken Bay:** counselling, parenting and support groups. 9488 2400 or [waitarafo@dbb.org.au](mailto:waitarafo@dbb.org.au)

**Our Space - Integrated Youth Service Hub, Eastwood:** bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: [www.ourspace.org.au](http://www.ourspace.org.au) or 9874 7458.

**St Vincent de Paul Society:** Interest free loans to low income families for essential household items. Phone 9477 5010

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