



# JUMBUNNA

Fortnightly Newsletter of  
**Pennant Hills High School**

Friday 20 October 2017

Term 4 Week 02B

Mr Ross Warren  
*Principal*

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

Mr Brendan O'Byrne  
*Deputy Principal*

E: pennanthil-h.school@det.nsw.edu.au

Miss Amanda De Carli  
*Deputy Principal*

W: www.pennanthil-h.schools.nsw.edu.au

## SAVE THE DATE...SAVE THE DATE

# GREAT PENNO RENO VI IS COMING!

## SAT 28TH OCT 2017

PLEASE COME ALONG FOR A WEEKEND OF  
MAKING A DIFFERENCE TO OUR SCHOOL

REGISTER NOW AT [GREATPENNORENO@GMAIL.COM](mailto:GREATPENNORENO@GMAIL.COM)  
& WE'LL KEEP YOU UPDATED!



## A FANTASTIC COMMUNITY EVENT

# TERM 4 2017

<b>Week 03A</b>	Monday	23 October	<b>HSC Examinations (ending Tuesday 7 November)</b>
	Thursday	26 October	Year 9 Boys Convictions Program
<b>Week 04B</b>	Monday	30 October	<b>HSC Examinations (ending Tuesday 7 November)</b>
	Monday	30 October	Year 10 Elective Exams (Monday to Friday)
	Monday	30 October	Year 8 and 9 Exams (Monday to Friday)
	Thursday	2 November	Year 7 and 8 Vaccinations
<b>Week 05A</b>	Monday	6 November	<b>HSC Examinations (ending Tuesday 7 November)</b>
	Monday	6 November	Year 7 and 10 Exams (Monday to Friday)
	Monday	6 November	School Spectacular Dance Ensemble Rehearsal - Support Unit
	Wednesday	8 November	Year 12 Sign Out Day
	Wednesday	8 November	Year 8 VALID Science Exam
	Wednesday	8 November	Year 11 Chemistry Excursion
	Thursday	9 November	Duke of Ed. Bronze Medallion Course
Thursday	9 November	School Spectacular Dance Ensemble Rehearsal - Support Unit	
<b>Week 06B</b>	Monday	13 November	Year 12, 2018 Hospitality Work Placements (2 weeks)
	Monday	13 November	Year 10 HSC All My Own Work (Monday to Wednesday)
	Wednesday	15 November	School Spectacular Secondary Choir Rehearsal
	Thursday	16 November	School Spectacular Dance Ensemble Rehearsal - Support
	Sunday	19 November	Bronze Duke of Ed. Qualifying Hike (Sunday and Monday)

## LEARNING AND SUPPORT TEAM 2017

Year Group	Year Adviser	Deputy Principal
7	Miss Amy Crilley	Miss Amanda De Carli
8	Miss Elizabeth Ford	Mr Brendan O'Byrne
9	Mrs Sharon Johnston	Miss Amanda De Carli
10	Mrs Kylie Blarasin	Mr Brendan O'Byrne
11	Mrs Melodie Frida	Miss Amanda De Carli
12	Mr Paul Toohey	Mr Brendan O'Byrne

### Head Teachers Student Wellbeing

Mrs Belinda Campbell (Tuesday, Wednesday & Friday)

Mrs Pam Leadbitter (Monday & Thursday)

**Learning and Support Teacher - Mrs Kristine King**

### School Counsellors

Mrs Louisa Holm - Years 7, 9, & 11 (Monday, Thursday & Friday)

Mrs Michelle Zahra - Years 8, 10 & 12 (Tuesday & Wednesday)

**International Students Coordinator - Ms Alva Li**

**Careers Adviser - Mr Ashley Symons**

### P&C MEETING DATES FOR 2017

**Term 4:** 24 October  
28 November - followed by AGM

**7.30pm in the School Library**

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

### 'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

**1st, 3rd and 5th Friday of each month during term from 9.00am to 9.45am.** Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350**





## PRINCIPAL'S REPORT

Welcome back to our families for the final term of 2017! Although September has been and gone if I was to use the sporting vernacular we would probably say that Term 4 is *the business end of the season* and is always an extremely busy time. Students will have assessments to complete and exams to study for whilst teachers will be busily marking in preparation for the yearly reports.

### More Successful P&C Initiatives

The vacation break was also an extremely busy one for us at Pennant Hills High School. Thanks to the dedication and hard work of our P&C in securing a grant from the State Government, we were able to have the kitchenette refurbished in the MPC. The facility is used at a number of important school functions including the catering for our formal assemblies such as Presentation Evening, Year 12 Graduation and Higher Achievers' ceremonies. The renovation has brought us into a much more modern era and will also be a great resource for Community Users of our hall in the future. The refurbishment looks fantastic and on behalf of the school and the P&C, thank you to M&M Project Services who completed the work and did such a great job. Thank you also to Mrs Margo Leggott from the P&C, who did a wonderful job of managing the project from start to finish.

Whilst on the topic of the P&C and the huge contribution they make to the fabric of our school, a reminder that the Great Penno Reno VI is scheduled for **Saturday 28 October**. Any time that you are able to devote to this fantastic community event would be greatly appreciated as we all work to improve the learning environment of our students.

### Out with the Old...

During the holidays we had a number of demountable classrooms removed that were located close to the Agriculture plot. The classrooms were in need of serious renovation and as students numbers increase, replacement classrooms will be reinstated.

### Stage Band Entertain the Crowds

Our very talented Stage Band recently performed at the Manly Jazz Festival in front of huge crowds. This is a premier jazz festival in our city and, with a back drop of the beach, it is a fantastic event for our band to be involved in.

Congratulations to our students and their Band Director Jason Isaac on a very impressive performance witnessed by many members of our school community.

### Higher School Certificate (HSC) Underway

On Monday the HSC began for students across the state. This is a time of intense study and focus - a time where each individual's mettle is tested. I know our students have worked hard to prepare for their exams and I am confident this dedication will continue for the duration of the exam period. Once again, I wish them all the very best as they rise to the occasion.

### Debating with Style

Congratulations to our Year 8 Debating Team who, once having secured the Zone Championship, travelled to North Sydney Girls High School for the opportunity to be Regional Semi-finalists.

I am very proud to report that our team were successful in that challenge and now move on to the next level of competition. My thanks to Mrs Leadbitter their coach, for her passion and organisation that provides our students with such a great opportunity.

### An Exciting Time for STEM

Congratulations to Mrs Bhavé, Head Teacher Science and Mr Wilson, Head Teacher Industrial Arts (Relieving) for the work they did in submitting an application to work with Sydney University on a cross curricula project in the area of STEM (Science, Technology, Engineering and Mathematics).

I am delighted to announce that our application has been successful and our school has been selected as one of Sydney University's Partner Schools for the 2017/18 STEM Teacher Enrichment Academy Sydney program.

More information about the program, our project and its implementation will follow throughout the next twelve months. We are honoured and excited by this opportunity to further advance our students in the study of STEM.

### Outstanding School Contributions

Last week, families were sent a reminder regarding their outstanding school fees. In particular I would like to mention the Subject Contributions that were listed on the invoices.

These fees are not for general resources but rather consumables that students use in their day to day subjects. They include such things as food/ingredients for Food Technology classes and paints/pencils/ink and other materials that are used in Visual Arts classes. I encourage families to finalise these accounts in order to enable us to continue to deliver the fantastic and comprehensive programs that we do.

A letter from the P&C also accompanied the invoices. I remind all families that the contribution our hard-working P&C make to our school community is invaluable. Please consider finalising payment of the P&C Voluntary Contribution for this year. Payments for all accounts can be made online through our school website or in person by cash, cheque or EFTPOS/Credit Card (VISA/Mastercard) to the Cashier's Window located in Student Reception between 8.15am and 2.00pm on school days.

### Summer School Uniform

With the onset of warmer weather and the change to Summer Uniform, it is timely to remind everyone of the need for all students to present themselves to school wearing the correct uniform at all times, details of which can be found in *The Uniform Shop* tab located through the *Our School* tab on our school website.

Students are also reminded that black leather school shoes are to be worn as part of our uniform, particularly for practical classes, in order to comply with Health & Safety requirements.

**Ross Warren, Principal**

## PARENTS TO HAVE THEIR SAY

Last chance to have your say today. The Parent Survey, seeking feedback on student engagement, learning and wellbeing from parents/caregivers, closes today Friday 20 October 2017. This valuable feedback will help our school make practical improvements and help us prepare the 2018-2020 school plan.

The survey is conducted online and can be accessed via the link emailed to all parents last term. Please contact the school if you would like the link resent.

**PENNANT HILLS**



**HIGH SCHOOL**

**ABSENCE NOTIFICATION**

My child \_\_\_\_\_ of Year/Class \_\_\_\_\_

Was/will be (delete as appropriate) absent from school on \_\_\_\_\_

The absence was because of:

Sickness (please explain below)

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Family reasons (please explain below)

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Religious celebration

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Other reason (please explain below)

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**Note:** Please attach medical certificates or other verification of absence as appropriate.

\_\_\_\_\_  
Parent Name (Please Print)                      Parent Signature                      Date

# PREMIER'S ANZAC MEMORIAL SCHOLARSHIP

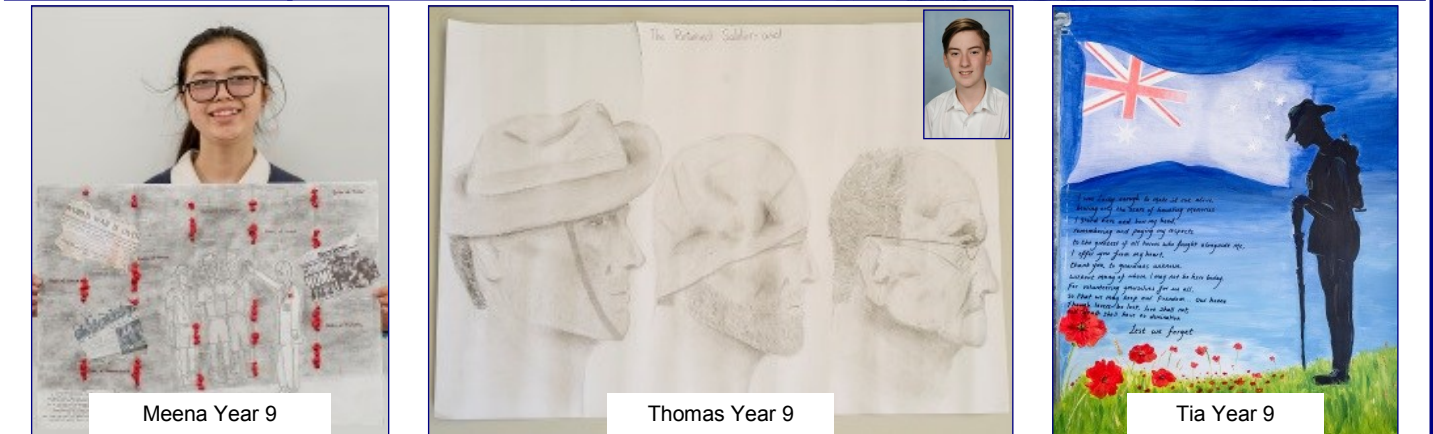
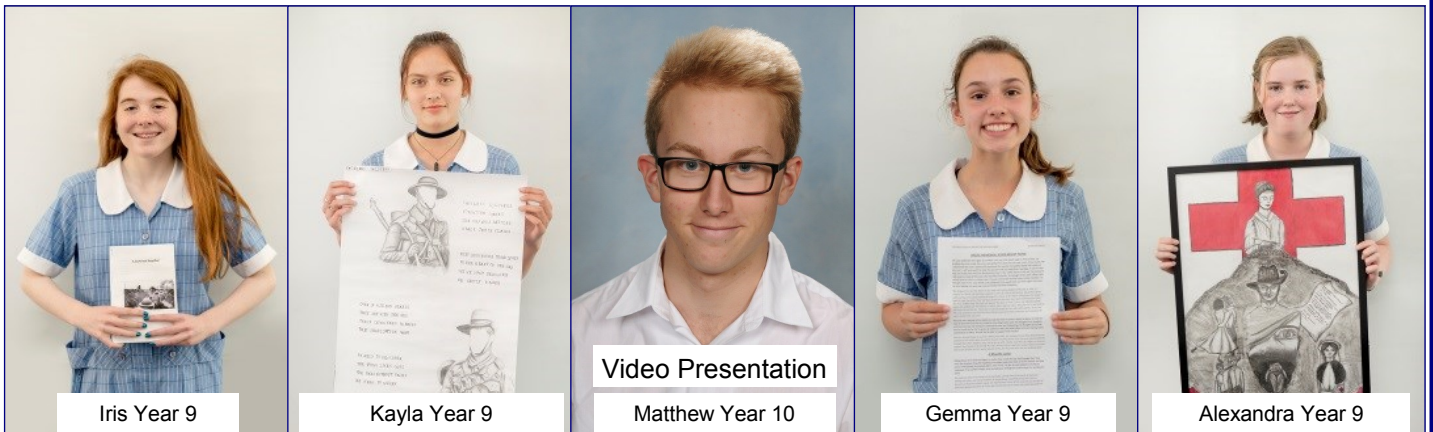
Following Pennant Hills High School's selection in the Premier's Anzac Memorial Scholarship, we had eight students from Years 9 and 10 complete a piece of work that reflects their view of the Centenary of Anzac.

A panel of staff members together with Mr Warren, a representative from Hornsby RSL, a parent representative and myself, examined the student submissions and at the time of writing, we are waiting to hear from the Office of Veterans Affairs for confirmation of the successful applicant and a reserve applicant.

This is a very prestigious scholarship and a wonderful opportunity for one of our students to travel to some of the battlefields and museums in Belgium and France that are relevant to World War I.

The panel would like to congratulate all students for the considerable effort, both in the research and presentation, they put into their submissions and wish all applicants good luck in the final selection process.

**Roger Niccol, Head Teacher HSIE and Scholarship Coordinator**



## UNIFORM SHOP TERM 4 OPENING DATES

The Uniform Shop will be closed from Monday 16 October to Monday 6 November inclusive due to the HSC Examinations being held in the MPC.

Thank you for your cooperation and understanding.

## NEWS FROM THE CREATIVE AND PERFORMING ARTS (CAPA) FACULTY

### Artworks on Display

Year 12 Visual Arts student Jordan has had seven of his HSC photographs, titled *Sydney Symmetry*, framed for display in the school as part of the Permanent Collection. This engaging and dynamic series of works is currently located in 4A2.



### HSC CAPA Students

Year 12 Drama students completed their Practical Examinations on last term in the Drama Studio. The Year 11 Drama students were the audience for the event; Music students performed in September in the MPC, with a vast network of accompanists and a selection of our School Choir as support; and Visual Arts students had their Body of Works marked earlier this month in the Visual Arts block, with five artworks sent to the Marking Centre at Homebush.

A tremendous amount of effort goes into coordinating and preparing for the Practical Examinations so that students' performances/works are shown to their best advantage to the visiting HSC Markers. I thank the CAPA staff for their commitment to excellence and wish our HSC CAPA students all the very best for their upcoming written examinations and their overall results.

### Photography Club

The Club will have one final theme for 2017. Mrs Erickson has coordinated our student photographers throughout the year with themes including *Black & White* and *Landscape*. Their final theme will be *Looking Through*.

### Adolescent Health Program

For many years Pennant Hills High School has been involved in an Adolescent Health Program in conjunction with The University of Sydney. The program involves several of our Senior Drama students visiting Hornsby Ku-ring-gai Hospital throughout the year, using their drama skills to help train the Medical Students and Registrars in dealing with adolescent health issues. These students have dedicated many hours to this community service and have represented our school in a very positive manner.

Year 11 students Veronica, Sophie, Emma and Tabitha have been involved in the program this year together with Keeley, Magali, Toby and Sam from Year 10.

These very capable students will be presented with a certificate acknowledging their efforts an assembly once they have completed their last commitment for 2017.

**Janelle Dennis**  
**Head Teacher CAPA**

## INDUSTRIAL ARTS AWARDS

### 2017 Working with Wood Show Challenge



In the *Jumbuna* edition issued Week 10 of Term 2, there was an article about The Wood Show Challenge - an annual state-wide competition held for students in Year 9 and 10 which was developed by the Institute of Industrial Arts Technology Education (IIATE). The competition provides students with the opportunity to develop project management skills, teamwork and develop their practical skills whilst addressing the outcomes of the NSW Industrial Technology syllabus.

Our students qualified to compete at the Sydney Timber and Working with Wood Show by competing against, and knocking out, Carlingford High School, The Kings School and Turrumurra High School. At the Wood Show, both our teams competed against the best of the best of student woodworkers from across New South Wales. We were thrilled that we won 1st place in both year groups. The Year 9 team members: Aiden, Eleanor, Hamish and Geon Ha together with our Year 10 team members: Jake,

Moustafa, Matthew and Heath were presented with certificates last term.

Congratulations to all students and their dedicated teachers on this outstanding result.

### Major Work Exhibition Peoples Choice Awards

Last term, we ran our annual Industrial Technology Major Projects Exhibition. The night was hugely successful with many families, past students and past teachers attending.

On the night, all visitors were asked to vote for their favourite piece as part of the Peoples Choice Award. We had just over 350 votes on the night which were tallied by the staff the following day. The top two projects were only separated by 1 mark.

Congratulations to Lachlan who was the Winner of the 2017 Peoples Choice Award and Luke who finished in 2nd place. Both students were presented with their prizes last term.



## STAGE BAND SHINES AT MANLY

Congratulations to Stage Band on a superb performance at the Manly Jazz Festival earlier this month. The band, together with their Director Jason Isaac, entertained the crowds for an amazing 45 minutes. At the conclusion of their set, the crowd gave our Stage Band a wonderful and appreciative ovation.



## SPORTS SHORTS...

### Boys Knockout Cricket – Davidson Shield

Our team defeated Normanhurst Boys High School in the second round of the Davidson Shield. The boys restricted the opposition to 139 runs off 37 overs. Our batsmen came out strong finishing 3/140 off 27 overs.

Unfortunately, the boys were defeated in Round 3 by Asquith Boys High School. Congratulations to the team and their coach Mr Williams on their wonderful performance.

### NSWCHS Cross Country Championships

At the Championships, we were fortunate to have two teams placed in medal contention. Our U16 Boys team of Liam, Clyde, Toby and Oscar placed an outstanding 1st in the State and our U16 Girls team, consisting of Samantha, Eleanor, Veronica and Jesse placed an amazing 3rd in the State!

We congratulate all our athletes on their fantastic achievement.

### Footy and Fitness Training

Mr Williams is holding *footy and fitness* training sessions on a Thursday morning at 7.30am. All ages and genders are welcome to join.

### Year 10 House Captains Nominations

The positions are in the process of being selected. The successful candidates will be posted on the Sports Notice Board next week.

### SLC SPEEDWAY COMPETITION

The Student Leadership Council are running another Sports Competition - Mixed Speedway. Teams are 7 aside and must have a minimum of 2 from each gender. More information will be posted around the school. Sign-up sheets are located in the PE staffroom.

**Valmé Kruger**  
Sport Coordinator



## OUR MOTORKHANA CHAMPION

Cobey in Year 12 competed in the Australian National Motorkhana Championship during the holidays in Mount Gambier, South Australia. Cobey had a very successful weekend and won the Junior division, making her the current Australian National Junior Motorkhana Champion. A wonderful achievement, congratulations.



Ku-ring-gai Youth Services  
kmc.nsw.gov.au/youth

**HSC STUDY**

**\*FREE\***  
Snacks  
Include!

**@ AWOL YOUTH HUB**

**MON 9 OCT - FRI 10 NOV**  
**2 PM - 6.30 PM**

Meeting Room 2 ★ 799 Pacific Hwy ★ Next to Gordon Library

Need somewhere quiet to study? Or a place to chillout in between subjects? Head to AWOL Youth Hub & Meeting Room 2 and enjoy the space!

5424 0981 @ youth@kmc.nsw.gov.au keyouthservices kmc.nsw.gov.au/youth

information session

## Healthy and happy teenagers

The mental health of a young person plays a major role in their general wellbeing, their development as well as their performance in and out of school.

This information session presented by headspace Chatswood will help to provide parents and carers with an understanding of what goes on in the developing adolescent brain and how to recognise the signs that your child might be dealing with a mental health condition.

**When:** Monday 23 October  
6.30pm-8pm

**Where:** Hornsby Library  
28-44 George Street, Hornsby

**Cost:** Free

**Bookings Essential:** Sue Downing 9847 6889 or email sdowning@hornsby.nsw.gov.au

For more information about local activities and events visit  
[hornsby.nsw.gov.au/whatson](http://hornsby.nsw.gov.au/whatson)



# CAREERS INFORMATION



## ACE THE HSC!

Supported by



MACQUARIE  
University  
SYDNEY - AUSTRALIA



### HSC Seminars for Year 11 & 12 Parents and Students

Helping you achieve HSC Success

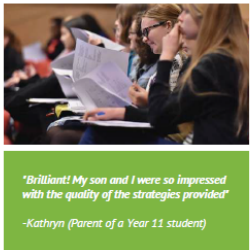
Sunday 5th November – UTS

Sunday 12th November – Macquarie University

## FREE SEMINARS

Registration is essential, please visit:

[hscintheholidays.com.au](http://hscintheholidays.com.au)



*"Brilliant! My son and I were so impressed with the quality of the strategies provided"*

-Kathryn (Parent of a Year 11 student)

Supported by Macquarie University, these sessions have been designed specifically for students and parents who have just begun their HSC journey. You will have the chance to hear from our expert HSC Teachers/Markers and qualified counsellors on what you need to do to achieve your best in the HSC year.

A range of topics will be covered and you are welcome to come to as many of these on the day as you like.

### Seminar Timetable

9:30am	Registration
10:00am	Parent and Student Presentation "Stress Free HSC"
11:00am	HSC English Presentation OR Parent Q&A seminar
11:45am	Short Break
12:00pm	"Secrets to HSC Success – Working smarter, not harder"
12:45pm	Conclusion

*"I would highly recommend these seminars to everyone! I walked away with so much more knowledge and skills than I had before. Thanks again!"*

-Emily SCEGGS Darlinghurst

For more information and to register, go to [hscintheholidays.com.au](http://hscintheholidays.com.au) and follow the 'our programs' tab, or call 1300 677 336

#### Information for Parents and Students:

### Great news!

Our school has subscribed to the ELES Online Study Skills Handbook.

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.

To access the handbook, go to [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) and login as a subscriber with these details:

Username: pennanthillshs

Password: 77success

#### The topics currently covered by the handbook are:

##### WORKING BETTER AT HOME UNITS

1. Home Study Environment
2. Organisation and Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance
10. Managing Stress

##### WORKING BETTER AT SCHOOL UNITS

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills

##### IMPROVING YOUR SKILLS UNITS

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Language Skills
5. Research Skills
6. Presentation Skills
7. Science Skills
8. Assignment Skills

##### IMPROVING HOW YOU STUDY UNITS

1. Summarising
2. Active Studying
3. Preparing for Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

##### EXTRA GENERAL MINI-UNITS

1. Starting Secondary School
2. Becoming a Senior Student
3. Bullying: Issues and Strategies
4. Managing Part-Time Jobs
5. Your Brain and Memory
6. Live Your Best Life
7. Educational Kinesiology
8. Living Across 2 Houses
9. Travel: A Motivator to Learn
10. University: A New Adventure

##### EXTRA TECHNOLOGY MINI-UNITS

1. Technology Tools
2. Basic Computer Skills
3. Be CyberSmart
4. Apps for iPhone, iPad or Android
5. Microsoft OneNote



We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities through this online resource.

[www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)

Please note:

The above user name and password is for the use of the secondary school parents and students AT OUR SCHOOL ONLY. Please do not pass our school's details onto students or parents from other schools or other individuals or organisations as this is a prosecutable breach of copyright and also will result in frequent password changes for our school. Please also ensure you read through the terms of use the first time you access the handbook.

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info@enhanced-learning.net  
www.enhanced-learning.net

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**Enhanced Learning  
Educational Services**  
"the study skills specialist"

## GREAT NEWS FOR PARENTS & STUDENTS

### OUR SCHOOL HAS SUBSCRIBED TO AN ONLINE & INTERACTIVE STUDY SKILLS HANDBOOK

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

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#### The topics currently covered by the handbook are:



##### AT HOME

1. Home Study Environment
2. Organisation & Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle & Balance
10. Managing Stress



##### STUDYING

1. Summarising
2. Active Studying
3. Preparing for Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

##### EXTRA GENERAL MINI-UNITS

1. Starting Secondary School
2. Becoming a Senior Student
3. Bullying: Issues & Strategies
4. Managing Part-Time Jobs
5. Your Brain and Memory
6. Live Your Best Life
7. Educational Kinesiology
8. Living Across 2 Houses
9. Travel: A Motivator to Learn
10. Uni: Lecture Note-Making



##### AT SCHOOL

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills

##### SPECIFIC SKILLS

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Science Skills
5. Foreign Language Skills
6. Assignment Skills
7. Research Skills
8. Presentation Skills

##### EXTRA TECHNOLOGY MINI-UNITS

1. Technology Tools
2. Basic Computer Skills
3. Be CyberSmart
4. Useful Apps for iPads
5. Microsoft OneNote



We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities through this online resource.

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**Enhanced Learning  
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Welcome to All from 3 years

# TAEKWONDO WORLD

## Martial Arts for All



**TKD Kids will learn**

- ✓ Concentration
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- ✓ Bully Safety
- ✓ Respect

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- Mitch and Alyssa Starc

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christinebeasley@hotmail.com



## CHERRYBROOK MUSIC

### Music Lessons Include:

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EMAIL: BRADLEIGHF@GMAIL.COM  
WEBSITE: CHERRYBROOKMUSIC.COM.AU

# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**Hornsby Basketball Representative Trials for Season 2018:** Hornsby Ku-ring-gai Basketball Association located at the Thornleigh Indoor Sports Stadium (The Brickpit), 1A Dartford Road, Thornleigh. Boys and girls trials in October. Information phone 9980 6255.

**Class of '87 Reunion:** On Saturday 25 November at the Harbour View Hotel in the Bridge Function Room from 3.30pm-midnight cost \$50.00. Contact Emma Ryan at emmaj314@gmail.com for more information and payment instructions.

## STUDENT EXCHANGE PROGRAMS

**Rotary Youth Exchange:** the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - [www.rotaryyouthexchange.net.au](http://www.rotaryyouthexchange.net.au)

**Southern Cross Cultural Exchange:** Information sessions [www.scce.com.au](http://www.scce.com.au) or 1800 500 051.

**LATTITUDE AUSTRALIA** Volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia NZ** [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**World Education Program Australia (WEP)** [www.wep.org.au](http://www.wep.org.au) or 1300 884 733 or on Facebook ([wepaustralia](https://www.facebook.com/wepaustralia))

**Australian Institute of International Understanding (AIU)** [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

**AFS Intercultural Programs Australia** [www.afs.org.au](http://www.afs.org.au) or 1800 023 982

## RECREATION AND SPORTING GROUPS

**Oakhill Drive Netball Club Players Wanted:** Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at [odnc\\_registration@yahoo.com.au](mailto:odnc_registration@yahoo.com.au) or 0412 561 114.

**Northern District Hockey Association:** [www.ndhockey.com.au](http://www.ndhockey.com.au) or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert). U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

**West Pennant Hills Cherrybrook Football Club:** [www.wphcfc.net.au](http://www.wphcfc.net.au)

**Rugby Connect - Trytons:** is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan [mkellahan@nswrugby.com.au](mailto:mkellahan@nswrugby.com.au) or phone 9323 3407.

**Hills Hawks Softball:** All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Pennant Hills District Cricket Club: (15 years and over)** [pennanthillscricket.com.au](http://pennanthillscricket.com.au)  
Registration enquiries: [penno.juniors@gmail.com](mailto:penno.juniors@gmail.com) or SMS 0450 226 158.

**North Sydney Girls Cricket Association:** [www.nsgca.nsw.cricket.com.au/](http://www.nsgca.nsw.cricket.com.au/)

**Pennant Hills Cherrybrook Rugby League Club:** [www.pennostags.com](http://www.pennostags.com). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club:** [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or phone Nicola 0402 677 180.

**Cherrybrook Table Tennis Club:** 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club:** [www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band:** [www.gks.org.au](http://www.gks.org.au) or 9868 3289

**Northern Sydney Youth Orchestra:** for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>  
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

**2nd/3rd Pennant Hills Scout Group:** 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides:** Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

**Hornsby District Athletics (children aged 4 - 17):** Saturday mornings at Pennant Hills Park [www.hdlac.org.au](http://www.hdlac.org.au)

**Cherrybrook Athletics Club (children aged 5 - 16):** Friday nights 5.45pm - 8.00pm [www.cherrybrookathletics.org.au](http://www.cherrybrookathletics.org.au)

**Taiko Drumming** (a blend of choreography, drumming, movement and music for everyone): [www.taiko.com](http://www.taiko.com)

**St Agatha's Youth Group:** for students from Years 7 to 9 - [www.stagatha.org.au](http://www.stagatha.org.au) or 0409 847 208 (Laura)

**West Pennant Hills Netball:** [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/) or <http://www.facebook.com/WPHNC>  
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

**Thornleigh Softball:** All games played at Galston. Contact Sharon - 0407 442 402. [www.thornleighsports.org.au/softball](http://www.thornleighsports.org.au/softball)

**Cherrybrook United Netball Club:** Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

**Castle Hill BMX Club:** Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://www.facebook.com/castlehillbmx)  
President: Michael 0404 093 303. Email: [castlehillbmx@hotmail.com](mailto:castlehillbmx@hotmail.com)

**Hornsby Junior Touch Footy:** All games played at Foxglove Oval, Mt Colah. Girls 9s—17s; Boys 9s—15s.  
Information/Registration: [hornsby.mytouchfooty.com](http://hornsby.mytouchfooty.com)

**North Rocks Softball:** Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.  
Information/Registration: [northrockssoftball.org.au](http://northrockssoftball.org.au) or phone: 0406 852 851.

**Asquith Netball:** All skill levels welcome. Information Linda Wilton 0403 214 410 or [Asquithnetball@outlook.com](mailto:Asquithnetball@outlook.com)

**Pennant Hills Netball Club:** [pennanthillsnc.nsw.netball.com.au](http://pennanthillsnc.nsw.netball.com.au)

# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed:** Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Foster carers needed:** Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700  
Providing high quality and innovative family placements for children and young people with varying needs.

**Volunteer with Easy Care Gardening:** [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed:** City of Sydney Meals on Wheels - For more information, phone 8512 4230.

**Lifeline Telephone Volunteers needed:** It's never too late to make a difference ... or to learn new skills.  
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or [admin@lifeline2h.org.au](mailto:admin@lifeline2h.org.au)

## COMMUNITY SERVICES AND SUPPORT

**Free adult Literacy and Numeracy classes - Meadowbank TAFE:** 9942 3572. Reading, writing and speaking.

**Free English courses for adult migrants - [www.ames.edu.au](http://www.ames.edu.au):** Classes at Hornsby, Chatswood and Eastwood.

**English Classes -** Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.  
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

**The Kids Are All Right Website** for parents of Australian teenagers. Go to [www.thekidsareallright.com.au](http://www.thekidsareallright.com.au).

**Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women:** Students selected on merit.  
Information and applications: [www.avcat.org.au](http://www.avcat.org.au) or phone 9213 7999 or 1800 620 361 (voicemail)

**Jack's Youth Café at Hornsby** (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).  
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

**Ability Options:** a FREE service helping people with a disability into the job that's right for them.  
**More information:** [abilityoptions.org.au](http://abilityoptions.org.au) or contact Caroline Krix on 8811 1717 or [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Ability Links:** supporting people with a disability, their families and carers to achieve their goals in life.  
For more information phone 8830 0768 or email [abilitylinks@unitingcarens.wact.org.au](mailto:abilitylinks@unitingcarens.wact.org.au)

**Foster Care Association NSW:** Advocacy, support and information for foster carers. [www.fcansw.org.au](http://www.fcansw.org.au) or 4987 1847

**Healthy Kids FREE Parent e-zine:** important nutrition information and great recipes: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote:** If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.  
Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone 1300 135 736

**Uniting Care Northmead:** 8839 5107 - Workshops and counselling for parents. Phone for more information.

**TOUGHLOVE:** 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers:** [www.nscchhs.health.nsw.gov.au/caparenting](http://www.nscchhs.health.nsw.gov.au/caparenting)  
Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay:** 9488 2523 - Advice and support for parents.

**Depression Support Group:** 1300 794 991.  
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line:** [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline:** 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia:** 9480 2500 - Free case management and counselling support for young people and families.

**Single With Children:** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496  
Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents:** [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre:** 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services (the Hills):** [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre:** 9651 3534 - Counselling and parenting courses available.

**Newcomers Club:** [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**NSW Health Free Dental Clinic for 12-25 year olds:** 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets:** Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

**Christ Evangelical Centre of Australia Chinese Language School:** 0410 613 814 (Jenny)

**Cybersmart website:** [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register:** [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)  
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

**Bedford College Play Sessions for children (0 - 5 years) and their parents/carers:** Fridays 9.30am - 11.30am at  
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

**CatholicCare Diocese of Broken Bay:** counselling, parenting and support groups. 9488 2400 or [waitarafc@dbb.org.au](mailto:waitarafc@dbb.org.au)

**Our Space - Integrated Youth Service Hub, Eastwood:** bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: [www.ourspace.org.au](http://www.ourspace.org.au) or 9874 7458.

**St Vincent de Paul Society:** Interest free loans to low income families for essential household items. Phone 9477 5010

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