

# JUMBUNNA

### Fortnightly Newsletter of Pennant Hills High School

### Friday 18 November 2016

### Term 4 Week 6B





Mr Ross Warren *Principal* 

Mr Brendan O'Byrne Deputy Principal

Miss Amanda De Carli Deputy Principal

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099 E: pennanthil-h.school@det.nsw.edu.au

W: www.pennanthil-h.schools.nsw.edu.au

See page 4 for information and more photographs



Pennant Hills High School

### LOOKING FORWARD

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Week 7A	Monday Monday Tuesday Wednesday Wednesday Wednesday Friday	21 November 21 November 21 November 22 November 23 November 23 November 23 November 25 November	Year 11 Hospitality Work Placement (Monday to Friday) Orientation Day Band Rehearsal Youth Mental Health First Aid Course (Monday and Tuesday) P&C Meeting 7.30pm School Spectacular Choir Rehearsal (Wednesday to Friday) Drama Festival Year 10 Peer Support Training (Wednesday and Friday) Schools Spectacular Concert (Friday and Saturday)
Week 8B	Monday	28 November	Year 10 Work Experience (Monday to Friday)
	Tuesday	29 November	Year 9 Incursion - Sleep for Better Health
	Thursday	1 December	Year 11 ANSTO Chemistry Excursion
	Friday	2 December	Year 8 Science Excursion - Australian Museum
Week 9A	Monday	5 December	Year 7 Aquatics Program (Monday to Friday)
	Monday	5 December	Year 10 Bronze Medallion (Monday to Wednesday and Friday)
	Monday	5 December	International Students Scavenger Hunt Excursion
	Tuesday	6 December	Year 7, 2017 Orientation Day
	Wednesday	7 December	Sports Leadership Camp (Wednesday to Friday)
	Wednesday	7 December	End of Year Music Concert
	Thursday	8 December	2017 Band Auditions (Thursday and Friday)
Week 10B	Tuesday	13 December	Presentation Evening
	Friday	16 December	<b>LAST DAY OF SCHOOL 2016</b>
	Friday	16 December	Year 12, 2016 ATAR Breakfast
	Friday	16 December	School Concert

### ASSESSMENT TASKS AND TESTS FOR YEAR 12, 2017 - Term 4, 2016

Week 10B	Monday Monday Wednesday Wednesday	12 December 12 December	CAFS: IRP Report and Diary hand-in Earth and Environmental Studies: Task 1 in-class re-theory Agriculture: Task 1 hand-in Plant and Animal Production English Ext. 2: In-class Viva Voice
Week 9A	Monday Monday Monday Tuesday Wednesday Wednesday Thursday Friday Friday Friday Friday	5 December 5 December 5 December 6 December 6 December 6 December 7 December 9 December 9 December 9 December 9 December 9 December	English Studies: Viewing and Listening English Standard: Creative Writing English Advanced: Creative Writing Drama: Hand-in Assignment and in-class Performance Business Studies: Task 1 in-class Business Report Hospitality: Hand-in and Part B practical Physics: Task 1 First-hand Investigation in-class Maths Ext. 2: Task 1 in-class test Software Development and Design: Report hand-in ESL: English speaking English Ext. 1: In-class essay Englise Ext. 1: In-class 1 take-home
Week 8B	Monday	28 November	Chemistry: Task 1 Re/Theory in-class test
	Monday	28 November	PDHPE: Core 2 Factors Affecting Performances hand-in
	Tuesday	29 November	Maths General 1: Hand-in Assignment
	Tuesday	29 November	Maths General 2: Hand-in Assignment: In-class test
	Tuesday	29 November	Mathematics: In-class test
	Tuesday	29 November	Hospitality: Hand-in Cluster D, Part A
Week 7A	Monday	21 November	Chemistry: Task 1 Research hand-in
	Tuesday	22 November	Maths Ext. 1: Task 1 in-class test
	Wednesday	23 November	Biology: Task 1 in-class First Hand Inv
	Friday	25 November	Industrial Technology: Hand-in Task 1 Project Planning
	Friday	25 November	Information Technology: Feasibility Study hand-in







### PRINCIPAL'S REPORT

### InTech and ARTEXPRESS

Learning and teaching is our core business at Pennant Hills High School and so, as I write to you today, it is with a great sense of pride in the achievement of our students in their learning.

In particular, two students, John

and Justin from the Industrial Technology Timber Year 12 class of 2016, have been nominated for consideration in the *InTech* Exhibition, and Maddison has been pre-selected for *ARTEXPRESS* from our Year 12 Visual Arts class of 2016.

Although these nominations are not confirmation that they have been selected, they are certainly recognition of the huge amount of time and effort that went into their Major Works in their respective courses. I congratulate them in recognition of their achievement to date.

I would also like to acknowledge the work that has been done by their teachers in support of their learning and the practical presentation of that learning. We eagerly await to hear if these works are selected in the final process.

### **NSWCHS Recognition**

Continuing the theme of celebration, I would like to congratulate Blake in Year 11 on being awarded a NSW Combined High School Sports Association Sporting Blue Award for outstanding achievement in the field of Trampoline Sports.

This is the most prestigious award that a student can achieve in the school sport representative pathway. On behalf of Pennant Hills High School both myself and Mrs Kruger will attend the awards ceremony on 2 December 2016 to celebrate with Blake.

### Schools Spectacular - DREAM BIG 2016

Good luck to our Choir as they approach the final week of rehearsals before performing in the Combined Choir at this years School Spectacular titled *Dream Big 2016*. The concerts next Friday and Saturday 25 and 26 November will most certainly be entertaining and an incredible display of the depth of talent we have in our public schools. I am looking forward to once again attending this, now historical, event.

It is so pleasing to see that Pennant Hills High School continues to fulfil the role of the comprehensive high school that provides the opportunities for students to reach their potential whether that is in the academic, cultural, practical or sporting realm.

### Ross Warren, Principal

### END OF FINANCIAL YEAR

As the school's end-of-financial year (30 November) approaches, parents and students are reminded that we will be **unable to receipt** any monies from **Monday 28 November till Friday 2 December** (inclusive). We thank you for your understanding and cooperation.

Janette Louis, School Administrative Manager

### **P&C MEETING DATES FOR 2016**

Term 4: 22 November - (followed by AGM) 7.30pm in the School Library

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focusing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

	SCHOOL STUDENT WELLBEING TEAM 2016		
Year Group	Year Adviser		
7	Ms Elizabeth Ford		
8	Mrs Sharon Johnston		
9	Miss Jackie Breden		
10	Mrs Mel Frida		
11	Mr Daniel Pugliese		
12	Ms Kylie Blarasin		
	Head Teacher Student Wellbeing - Mrs Belinda Campbell		
School Counsellors - Mrs Louisa Holm Yrs 8, 10 and 12, Mrs Michelle Zahra Yrs 7, 9 and 11 and Mr Rand Singh - Support Unit			
<b>Deputy Principal -</b> Mr Brendan O'Byrne (Years 7, 9 and 11)			
	Deputy Principal - Miss Amanda De Carli (Years 8, 10 and 12)		
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### YEAR 12 HSC InTech NOMINATIONS (continued from page 1)

Congratulations to HSC Industrial Technology students John and Justin on being nominated for possible inclusion in *InTech*.

*InTech* is the annual exhibition of outstanding Major Projects by HSC Industrial Technology students across New South Wales. The exhibition covers all Industrial Technology focus areas – Timber Products and Furniture, Automotive, Electronics, Graphics, Metal and Engineering, and Multimedia. Included are students' portfolios that document the design, management, communication and production of their projects.

John designed and made a Japanese inspired unit from American Walnut with European Beech drawers and sliding doors backed with Shoji paper. Justin designed and made a reversible hall table from Jarrah with European Beech inlays and a free-form bi-coloured top.

Both projects were of the highest quality with matching 80 page portfolios that documented their major work journey through the year. Good luck boys.

Brad Wilson, Head Teacher Industrial Arts (Relieving)

### **ARTEXPRESS PRE-SELECTION**

Congratulations to Maddison who has had her HSC Body of Work, a series of nine paintings titled H2O: two parts heart, one part obsession pre-selected for possible inclusion in ArtExpress 2017.

We will be notified later this month whether Maddison's artwork will be on display in this prestigious exhibition.

### Janelle Dennis, Head Teacher CAPA



### ARTWORKS ON DISPLAY

Congratulations to Year 8 students Ryan, Elissa, Heather and Caitlin have had their *Shell Drawings* from their Visual Arts unit in Year 7, 2015 framed for display in the school as part of the Permanent Collection.

Punyang (Lucy) in Year 11 has also had her *Streetscape Drawing and Photograph* framed. These delightful artworks will be located in 407A - the Professional Learning Lounge.

### Janelle Dennis, Head Teacher CAPA





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### ATTENDANCE NOTICE

The Department of Education (DoE) requires all absences to be explained in writing by a student's parent or caregiver.

Although the Sentral system has the facility to reply to SMS messages, the reply does not qualify as a written response. Therefore a student must place an absence note in the Absence Notes box, located in Student Reception, the first day back at school after their absence.

The SMS system can still be used as a tool to advise the school of any concerns or discrepancies with the roll marking of that day.

An Absence Notification document can be downloaded from the schools' website for your convenience. Go to the Our School tab and then select Attendance and Absences.

Please note, the DoE's School Attendance Policy states that 'The Principal or delegate will ensure that explanations for absences are recorded within 7 days of the occurrence of the absence. Any unexplained absences from school that are unjustified for more than 7 days, will remain as a permanent record on the students attendance.'

Your cooperation in this matter is greatly appreciated.

### **BAND NEWS ...**

### New String Ensemble in 2017 – Calling all Violins, Violas, Cellos and Double Basses!

A String Ensemble will be formed in early 2017, to be conducted by our own John Buckley. Interest in a String group has been mounting over time and we now believe that there are sufficient numbers to proceed. The group will be a wonderful addition to our already strong Band program.

All string players are welcome to audition. Auditions will be held after school on Thursday 8 and Friday 9 December from 3.30pm–5.45pm. Students should prepare a scale and a piece of around 3 minutes duration that reflects their current level of capability.

To book an audition time, please email anne.bassett@det.nsw.edu.au.

### What's on in Term 4

Term 4 is a very busy one for our Bands. Here is a list of the commitments we have to date:

Monday 21 November: Year 7, 2017 Band students from our local primary schools will join Concert Band 2 for a combined rehearsal in preparation for Orientation Day. We look forward to these students continuing their musical education in our Band Program when they arrive at Penno in 2017;

Friday 25 and Saturday 26 November: Schools Spectacular! Penno's Choir forms part of the Concourse Secondary Choir;

Tuesday 6 December: Orientation Day - as part of the official ceremony in our MPC, there will be performances by a combined Primary School and High School Choir and Band;

Wednesday 7 December: End of Year Concert - in the MPC from 7.30pm-9.00pm. All families are welcome as we celebrate another successful year for the Band Program;

Thursday 8 and Friday 9 December: auditions for Bands and String Ensemble; and

Tuesday 13 December: Presentation Night - this year features our Choir and Big Band, adding a little Swing to the proceedings.

### ....and into 2017

Sunday to Tuesday 12-14 February: Music Camp - at Crusaders Galston for Choir, Strings and Bands, to be followed on the evening of Tuesday 14 February by the Music Camp Concert in the MPC. More details to follow by email to participating families.

### Carol Coomber. Music Ensemble Coordinator

### 'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

2nd and 4th Friday of each month during term from 9.00am to 9.45am

Please meet at Public Reception.

### Enquiries: Kim Allan on 0410 548 350.





### SES Cadet Camp

Unfortunately, the SES Cadet Camp will not be going ahead in 2016. We are planning to reintroduce the program in 2017, and look forward to continuing our strong relationship with the local unit.

### UNSW Mining Engineering Scholarships Information Evening

UNSW are hosting FREE Scholarships Information Dinners where Year 12 students and their parents or teachers can find out more about 25 new Scholarships valued at \$48,000 each.

Meet with our academics, current students, Alumni and industry professionals to get the dirt on Mining Engineering. Find out about entry options, campus life, study, career options and what it's really like to work in the Mining and Minerals Industry.

Parramatta - The Mantra Hotel

12 December from 6.30pm-9.00pm

Canberra - Crowne Plaza Hotel 13 December from 6.30pm-9.00pm

Bathurst - Goldfields

14 December from 6.30pm-9.00pm

Newcastle - Noah's on the Beach

15 December from 6.30pm-9.00pm

Applications close on 31 January 2017. More information at: unsw.to/mining48k

### **Roof Tiling Apprenticeships**

Are you looking to commence a Roof Tiling Apprenticeship?

• Wanting to complete Certificate III in Roof Tiling CPC30812?

- · Are you enthusiastic and motivated self-starter?
- Do you have a genuine interest in Roof Tiling?
- Are you reliable?

• Are you able and willing to work in a fast paced environment?

Required

• Drivers licence & Car preferred unless reliable transport to Bondi Junction or Central.

- White Card
- Working at Heights (Or willing to obtain)

Juniors are encouraged if applying as a 1st year apprentice. To apply for these positions please apply online at www.sarinarusso.com and submit a resume along with a covering letter.

### **University Questionnaire**

Would you be interested in helping to shape the way a local university communicates with high school students by being involved in a questionnaire?

The first 800 participants who complete the survey, and provide their contact details (name & email address) at the end of the survey, are eligible for one free movie ticket.

The questionnaire will take approximately 15 minutes to complete. The survey can be accessed at <a href="https://goo.gl/beLgB8">https://goo.gl/beLgB8</a>

#### **Upcoming Macquarie University Events**

• *Get More From Your ATAR* - 16 December from 4.00pm. Students can learn more about our entry pathways and speak with staff for personalised advice.

• Undergraduate Information Evening - 5 January from 4.00pm–8.00pm. Students can get personal advice to study their degree.

Visit the <u>undergraduate events page</u> for all upcoming event information.

### Ashley Symons, Careers Adviser



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Only successful candidates will be contacted.

Please apply with a cover letter and resume by clicking on the Link Below







0 2012 WINNER 2013 - FINALIST

Statement of Attainment/Pre-Apprenticeship Electrotechnology - St George College

#### PRE-APPRENTICESHIP IN ELECTROTECHNOLOGY

#### INFORMATION AND TESTING DAY

Tuesday 15 November 2016 - 5:00pm - 7:00pm

VENUE BUILDING A, ROOM 1.08 - ST GEORGE COLLEGE EVENT CONTACT Jennifer Perkins, Head Teacher Phone: 9598 6247 Email: jennifer.perkins@tafensw.edu.au

This is a pre-apprenticeship course covering units from stage one of an electrical trade's course. This Statement of Attainment will be conducted as a full-time group during the summer vacation period and will assist students to gain an electrical apprenticeship Interest? Come along and learn more about this course.

sydneytafe.edu.au > 1300 360 601 Design Centre Enmore > Eora > Petersham > Randwick > St George > Sutherland > Ultimo



#### WHAT ARE YOU DOING NEXT YEAR?

It's the question your students have been asked countless times

Some of them know. Others aren't so sure.

That's why we're hosting the "I have no idea what I want to do... day".

Designed for Year 12 students this FREE workshop is for them to find out more about themselves, their personality & skills... and to learn what careers are out there for them.

THURSDAY 17 NOVEMBER 11.30AM LEVEL 2/28 FOVEAUX ST, SURRY HILLS



trades

1000 Old W GLENWOOD 2768 Ph: 8008 1300

Bricklaying

norwest



EXPRESSION OF INTEREST FORM trade readiness

Courses start on Monday 21<sup>st</sup> November and run for 4½ days, finishing on Friday 25<sup>st</sup> November.

Please tick the Trade Readiness Program you wish to participate in and return to the email address below

Car	pentry	y for	Girl

TAFE SWS

Both courses will be held at Trades Norwest Anglican Senior College, 1000 Old Windsor Road, Glernwood.

The College is located on the bus T-way and the Celebration Drive bus stop is just outside the College. When travelling by car, the College is only accessible when driving towards Windsor and the entrance to the College is immediately after the Celebration Drive traffic lights. Please take care not to enter the bus T-way at the Celebration Drive intersection.

Course Name:

Student Contact Details	
Student Name;	
School:	
Year:	
Student mobile:	

mily Contact Details Par

Parent Name:	
Parent phone:	
Parent email:	
Parent signature:	

School Details:	
School Contact Name:	
School Contact phone	
School Contact email:	
School signature:	

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Please email this form back to gmackinnon@tradesnorwest.nsw.edu.au



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### SPORTS SHORTS...

### Open Boys Knockout Cricket -Allan Davison Shield Competition

Last Tuesday the Open Boys Knockout Cricket team played Epping Boys High School and unfortunately were defeated by 13 runs in what was a thrilling finish. Daniel top scored and took the most wickets.

A big shout-out to Andy, Luke and Josh who have all played since Year 9 and Dan who's been there since Year 8. They will now be handing the reigns over to a new era of cricketers. Thanks to Mr Toohey for his organisation of the day and Mr Boyer who was the coach and umpire at the game.

### State Special Olympics – Athletics: Sara

Last Sunday, Sara competed in the NSW Special Olympics at Blacktown. Special Olympics Australia is part of a global sporting community for people with an intellectual disability. Sara won five medals an outstanding achievement. They were:



100m – Silver, 200m – Silver, Long Jump – Gold Shot Put – Gold and 4 x 100m Relay – Gold. Congratulations Sara on your outstanding achievements.

### Pierre de Coubertin Sports Award 2016

Every year the Australian Olympian Committee offers the prestigious Pierre de Coubertin Sports Award to celebrate the Olympic spirit. All schools in NSW are to nominate students who are active participants in sport. The award recipient must be enrolled in either Year 11 or 12 and must have participated actively in the School Physical Education program, with a consistently positive attitude.

Cody from our Year 12 cohort this year was nominated for this prestigious sports award. He submitted a piece of literary work which demonstrated an appreciation of the Olympic Spirit of Unity.

In recognition of Cody's outstanding sporting achievements he was awarded the Pierre de Coubertin award for Pennant Hills High School. Cody's personal attributes have proven to be valuable assets to form the foundation of his training and achievements in his game of choice, Football. He is committed and focused. He has made significant sacrifices to be able to compete at an elite level of training and competition. Cody's perseverance and positive attitude has enabled him to strive towards his dreams, achieving his utmost potential whilst enjoying his sporting life. Congratulations Cody.

### Valmé Kruger, Sport Coordinator





For info regarding tickets: Check our FB Event: Open-Air Charity MOVIE NIGHT #moonLITmischief Or email: cherrybrookleoclub@gmail.com

## 



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- Oakhill Drive Public School
- Burnside Community Centre



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The Castle Hill Show

Youth in Agriculture EXPO 24-26th March

Brought to you by The Castle Hill & Hills District Agricultural Society Inc.

**Letterbox Distribution** 

for Monthly Newspaper

Would you be interested in delivering

our local community newspaper - the

Monthly Chronicle?

We are looking for girls and boys

12 years+ (younger if supervised by a

parent) who are looking to

earn some money.

Papers are delivered to your

home ready for distribution.

Online Maps available for areas

requiring walkers.

Enquiries to: Diana Paton, email :

monthlychroniclewalkers@gmail.com

or text/phone 0408 011 193 or 02 9652 1193

YOUR LOCAL INDEPENDENT PAPER

All walkers are covered by our Workers Compensation Insurance Policy.

CATTL

### **COMMUNITY NOTICES AND CONTACTS**

### **COMING EVENTS**

**Jazz at the Pines:** At Roughly House at The Pines, 656a Old Northern Rd, Dural on Sunday 20 November. Featuring the popular *Mike Hallam Hot Six and* the Model Farms High School Jazz Band commencing at 11.45am. Tables can be booked for groups and individuals or turn up un the day with your chair, picnic rug and Esky, there is plenty of room for everyone. All payments are made at the gate, \$20 Adults and \$15 Concessions. For more information and to book online visit <u>www.jazzatthepines.org.au</u> or email <u>info@jazzatthepines.org.au</u> or call Dural Information Centre on 9651 4411.

**Normanhurst West Public School Farewell Invitation:** All past students are invited to farewell Mrs Barrett, who has been at the school since 1990 before she retires at the end of this term. The community afternoon tea will be held in the hall on Monday 28 November from 3.30pm in her honour. Contact secretary@normanhurstwestpandc.com.au for more information. A plate to share would be appreciated.

### STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10.

Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au **Southern Cross Cultural Exchange:** Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700. Free evening 27 March at 7.30pm.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook (wepaustralia)

Australian Institute of International Understanding (AIIU) www.aiiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

### **RECREATION AND SPORTING GROUPS**

**Oakhill Drive Netball Club Players Wanted:** Junior players U7/8/12's and Senior players U15/16—17/18—21's. Please contact the registrar Leanne Scowen at odnc\_registration@yahoo.com.au or 0412 561 114.

**Northern District Hockey Association:** www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert) U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

**Rugby Connect - Trytons:** is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au

Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com. All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

**Northern Sydney Youth Orchestra:** for young musicians. Not-for-profit organisation. http://www.nsyo.org.au Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

**St Agatha's Youth Group:** for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura) **West Pennant Hills Netball:** www.westpennanthills.netball.asn.au/ or http://www.facebook.com/WPHNC 'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

**Cherrybrook United Netball Club:** Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

**Hornsby Junior Touch Footy:** All games played at Foxglove Oval, Mt Colah. Girls 9s–17s; Boys 9s–15s. Information/Registration: hornsby.mytouchfooty.com

**North Rocks Softball:** Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive. Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

Asquith Netball: All skill levels welcome. Information: Linda Wilton 0403 214 410 or Asquithnetball@outlook.com

### COMMUNITY NOTICES AND CONTACTS

### HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644 Carers can be singles, couples, with or without children, and from any cultural background.

**Foster carers needed:** Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700 Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills. Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

### COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood. English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week. West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit. Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station). After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them. More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au **Ability Links:** supporting people with a disability, their families and carers to achieve their goals in life. For more information phone 8830 0768 or email abilitylinks@unitingcarenswact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736 Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nsccahs.health.nsw.gov.au/caparenting

Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally III.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free case management and counselling support for young people and families. Single With Children: www.singlewithchildren.com.au or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288 Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au

The Register collects and uses data to improve services for children and to research eye disease and disorders of vision. Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am at 2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174 CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11–18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

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## Responsibility Integrity Achievement



