



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 11 December 2015

Term 4 Week 10B



Mr Geoff Wing
Principal

Mr Brendan O'Byrne
Deputy Principal

Miss Amanda De Carli
Deputy Principal

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CB2 ON TOUR



LOOKING FORWARD

Term 4 2015

Week 11A	Monday	14 December	End of Year Prefect Assembly and Concert
	Wednesday	16 December	LAST DAY OF SCHOOL FOR STUDENTS
	Wednesday	16 December	HSC Results Released
	Thursday	17 December	School Development Days (Thursday and Friday)
	Thursday	17 December	Year 12 HSC Celebration Breakfast

SCHOOL HOLIDAYS

Merry Christmas and Happy New Year

TERM 1 2016

Week 1B	Tuesday	26 January	PUBLIC HOLIDAY
	Wednesday	27 January	School Resumes for Staff Only
	Thursday	28 January	School resumes for students in Years 7, 11 and 12
	Friday	29 January	School resumes for students in Years 8, 9 and 10
Week 2A	Tuesday	2 February	Year 7 Camp (Tuesday and Wednesday)
Week 3B	Sunday	7 February	Music Camp (Sunday, Monday and Tuesday)
	Wednesday	10 February	Swimming Carnival
Week 4A	Monday	15 February	Photo Day (Whole school)

SCHOOL STUDENT WELLBEING TEAM 2016

Year Group	Year Adviser
7	Ms Elizabeth Ford
8	Mrs Jennie Christensen
9	Miss Jackie Breden
10	Mrs Mel Frida
11	Mr Daniel Pugliese
12	Ms Kylie Blarasin
Head Teacher Student Wellbeing - Mrs Belinda Campbell	
School Counsellor - Mrs Lenore Grunsell	
Deputy Principal - Mr Brendan O'Byrne (Years 7, 9 and 11)	
Deputy Principal - Miss Amanda De Carli (Years 8, 10 and 12)	

To all our students and their families

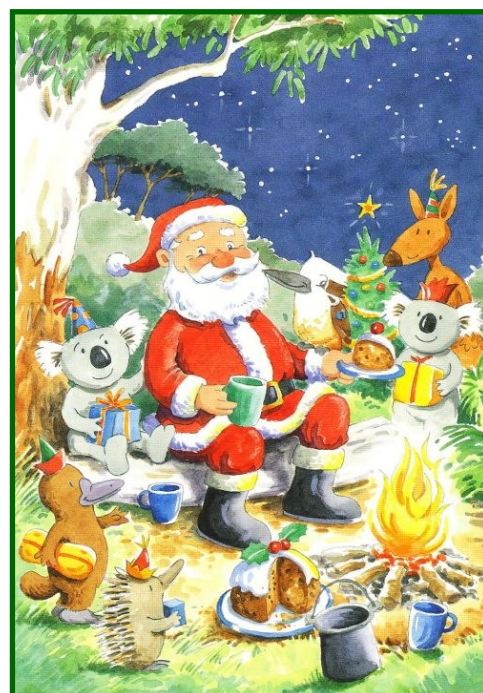
Merry Christmas

and

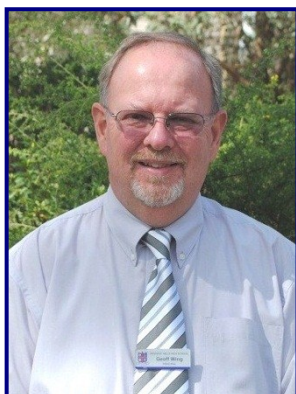
Happy New Year

*We look forward to another great year
of teaching and learning in 2016.*

From the Staff of Pennant Hills High School



PRINCIPAL'S REPORT



Farewell Mr Tyler

Mr Mark Tyler has been successful in gaining the position of Technology Inspector for the Board of Studies Teaching and Educational Standards NSW (BOSTES) and will be leaving Pennant Hills High School at the end of this year. For the past 20 years, he has been Head

Teacher Industrial Arts, and during that time has clearly demonstrated a marvellous commitment and dedication to the students in his care. According to the historical records we hold, Mr Tyler is the longest serving Head Teacher in the history of our school.

Mark has developed great rapport with his students and worked tirelessly to provide them with the best possible learning environment and opportunities in which to excel. He is held in very high esteem by former students, who often take the time to come back to school to see him.

Through his many skills, Mr Tyler has expertly developed, led and managed an Industrial Arts Faculty that is recognised as one of the most successful in NSW secondary schools. Since 2001, which was the start of the new Higher School Certificate (HSC) structure in NSW, in Industrial Technology, we have been awarded 2nd place in 2005, 1st and 9th place in 2010, 8th place in 2011 and 2nd place in 2012. The fact that the majority of our students have consistently achieved results at the highest levels by attaining Band 6 or Band 5 in the HSC speaks volumes of Mr Tyler's ability as a teacher and educational leader.

Mr Tyler has shown great commitment at our school to roles such as Relieving Deputy Principal, Chair of the Annual School Report Committee, School Finance Team, Curriculum Committee, and convenor of both internal and external Merit Selection Panels. He has also led and participated in many other school programs.

While we are delighted for Mr Tyler in terms of his success in attaining the position of BOSTES Technology Inspector, he will be greatly missed at *Penno*.

I thank Mark for all of his efforts at our school and wish him every success and happiness in his new role.

Another Very Successful Year At *Penno*

Our students really are very fortunate to have such dedicated teachers and school support staff to provide for them the breadth of programs offered during the year. Parents new to the school may marvel at just how many curriculum enrichment programs are provided.

A quick look at the Term 4, 2015 Calendar shows the following major programs we have run this term:

- Year 11 *All My Own Work*;
- Year 10 *Crossroads* camp and seminars;
- the involvement of 16 students in the *Schools Spectacular*;
- Drama Festival;
- Peer Support Training;
- Year 10 *My Future* program;
- SES Cadet Program and Activity Day;
- Year 10 Barista Course;
- Year 10 *Crossroads* First Aid course;
- Concert Band 2 South Coast tour;
- Year 10 Work Experience;
- Year 7 Swim School;
- Year 10 Bronze Medallion course;
- Year 7 2016 Orientation Day;
- Presentation Evening;
- Big Band and Junior Stage Band End of Year Concert;
- The Young Endeavour program; and
- Year 10 mock interviews with Rotary Clubs.

Every one of these programs requires considerable organisation and coordination by school staff, well above their normal teaching and other duties. On behalf of our students, I thank everyone who has contributed to these programs in some way.

Merry Christmas and Happy New Year

I thank all students, staff and parents for their wonderful efforts throughout 2015.

Finally, I wish all families a joyous Christmas and safe time during the festive season. I look forward to working with you at the commencement of Term 1, 2016.

Geoff Wing, Principal



CHANGED BUS TIMETABLE

HILLSBUS 3527

Information: 8889 7000 or visit
www.cdcbus.com.au

Effective from MONDAY 7 DECEMBER 2015



HISTORY HAPPENINGS

The Roman Festival

Year 7 History classes recently completed a project based learning unit on Ancient Rome. Some of the activities students participated in are pictured below:



Year 8 and Beyond...

The second Semester has been busy for all grades:

- Year 8 students are completing units of work on Japan under the Shogun or Aztec Empires;
- Year 9 students are concluding with a study of Australia and World War II;
- Year 10 students have been working on a range of topics designed to develop skills and suit the interests of the students; and
- Year 11 are refining their understanding of both content and concepts in the mandatory core study for Ancient History, Modern History, Society and Culture, and History Extension, as well as adjusting to the demands of the Higher School Certificate course.

The Christmas holiday period is a perfect opportunity to revise core topics and complete some of the reading required for topics that will be studied in Term 1, 2016.

We are looking forward to the annual breakfast barbecue with our Year 12, 2015 students to celebrate their *History* achievements in the Higher School Certificate.

Roger Niccol
Head Teacher History



ARTEXPRESS HONOURS

Congratulations to our two very talented HSC Visual Arts students Christy and Slade who have now been confirmed as having their Year 12 bodies of work accepted into ARTEXPRESS 2016.

Christy's drawings *What will we become?* will be on display at the Art Gallery of NSW, and Slade's sculpture *The Lure* will be on display at Hazelhurst Regional Gallery and Arts Centre, McGlade Gallery, Australian Catholic University and Blue Mountains Cultural Centre.

To be selected into ARTEXPRESS is a great honour and a testament to the creative energy and skill of these students.

Janelle Dennis
Head Teacher CAPA

InTech HONOURS

Congratulations to our three very talented HSC Industrial Technology students, Daniel, Joshua and Christopher, who have now been confirmed as having their Year 12 major works accepted into the InTech 2016 Annual Exhibition of Outstanding Major Design Projects. We are very proud of their achievements.



Mark Tyler
Head Teacher Industrial Technology

AS SEEN THROUGH THE EYES OF OUR STUDENTS...

SOUTH COAST BAND TOUR

Going on the Band Tour was a lot of fun. We played lots of music while having tons of fun along the way.

On the first day, we travelled to Jamberoo Public School, where we played *Where Eagles Soar*, *Beauty and the Beast*, *Aladdin*, *Deer Path Dances* and *West Side Story*.



On the second day we performed three concerts—an amazing feat. The first was at Culburra Public School and we all received a pen as a thank you gift from them. We then went on to Illaroo Public School where we had a combined rehearsal with their newly formed band and played *Drums of Corona*. Finally we travelled to the Berry Retirement Village where we entertained the residents and received many compliments and they all thanked us.

On the last day, we played at Barrack Heights Public School. We played for the Kindergarten and Year 2 classes who gave us ice blocks in appreciation. Our final stop was at Jamberoo Action Park where we were able to relax and have fun. The park was fantastic and I particularly enjoyed the wave pool, the funnel web ride and the waterslides.



Thank you to our conductor Mr Buckley, Mrs Coomber and Mr Longhurst for accompanying us on the trip. We all had an amazing time.

Anna, Year 8 Student

2014 YEARBOOK

Copies of the 2014 Yearbook are available for collection from Student Reception.



BYOD and PDHPE

During PDHPE lessons students' BYOD devices are kept secure in the PE storeroom.

Students must bring their devices to the storeroom at the start of the lesson to ensure they are locked up.



James Boyer
Head Teacher PDHPE

SCHOOLS SPECTACULAR 2015

Our choir was very fortunate to participate in the Schools Spectacular 2015, held last week. Along with 1300 other choir students from public schools all around New South Wales, we spent the past few weeks learning lyrics and choralography to the songs.

Our first two rehearsals took place in the Salvation Army Congress Hall, followed by a rehearsal at the Lecture Hall of UTS. The final rehearsal took place in the Qantas Credit Union Arena, previously known as the Sydney Entertainment Centre. We proudly took part in the performances—the last of their kind to be held at this venue before it is demolished.



On the opening day of the Schools Spectacular, we began our first performance which was followed by an evening performance. The next day also consisted of a matinee and evening performance.

We had the great experience of being conducted by Ian Jefferson for the performance and Elizabeth Scott and Matt Manchester for the rehearsals. This year, Schools Spectacular featured 3600 students from over 400 schools. The main highlight of the performances was the finale. Everyone got involved and started to sing and dance to the finale song *Shake It Off* by Taylor Swift. It was two hectic days filled with laughter, energy and enthusiasm. Although we spent many hours performing, overall it was a fun experience. The memories will definitely stay with us for a lifetime.

On behalf of the choir we would like to give special thanks to Mrs Blarasin, Mrs Christensen, Mrs Clements, Mrs Coomber, Mrs Whitlock and our choir conductor Mrs Kelly. They all helped us willingly throughout the rehearsals and performances.

Congratulations also to Kalindi, Tabitha and Eamon White and Sophie Johnston who performed as part of the NSW Public Schools Millennium Marching Band—they were brilliant.

Darshna and Fiona
Year 10 Students

NSW STATE EMERGENCY SERVICE (SES) CADETS

Pennant Hills High School was one of the first schools in the state to provide our students with the opportunity to participate in the NSW SES Cadet Program. During the seven years it has been offered we have seen well over 120 cadets graduate, with many going on to serve the community as SES volunteers in their local area.

During the first week of December 2015, ten of our Year 10 students accepted the challenge to become SES Cadets, participating in an intensive program which was run over five full days. Having been issued with SES orange overalls and other uniform and personal protection items, the cadets commenced by forming and naming teams, with each team adopting and naming a mascot. During classroom sessions on Days 1, 3 and 4 of the program, cadets were introduced to:

- the principles of emergency management, focussing on the areas of primary responsibility assigned to NSW SES and to other emergency services, and how the agencies interact to achieve an effective and timely response to a wide range of emergencies;
- workplace health and safety, including the NSW SES safety program—Take 5, safe manual handling techniques, and taking care of their own and others' personal wellbeing;
- effective communication techniques—developing an understanding of active listening, barriers to communication, and choosing the most appropriate method of communication in a range of scenarios;
- on-the-job communication, utilising their newly-acquired knowledge of the phonetic alphabet and radio pro-words (verbal short-cuts) to convey messages over the Government Radio Network during several exercises;
- teamwork—whilst there was a strong focus on teamwork during every session, several activities specifically targeted the benefits of having a recognised leader within the group, working together to achieve a common goal, and collaboratively developing and implementing an agreed plan; and
- map-reading and navigation—following a brief introduction to the facets of an orienteering compass, students participated in a simple navigation challenge, which included discussion about the importance of accurate navigation when assisting Police with missing person searches in bushland.

On Day 2 of the program students travelled to the Hornsby SES Local Headquarters in Thornleigh, where they were introduced to aspects of training in the use of radios and safety at heights and in confined spaces during hands-on exercises led by a dedicated group of SES volunteers from the Hornsby Unit. Representatives of the NSW Police Force (NSWPF) and Fire and Rescue NSW (FRNSW) also attended during the day, showing the cadets over their vehicles, talking about their respective areas of responsibility and answering questions about their core roles and the ways in which they interact with the NSW SES.





With all the groundwork done, Day 5 saw cadets travel to Point Clare on the Central Coast for an Activity Day, during which they utilised their safety, teamwork and communication skills to complete several activities. Once again guided by dedicated SES volunteers, this time from Hornsby and Gosford Units, the cadets participated in urban search and rescue (USAR) and evidence search scenarios, as well as a water-based search scenario carried out in SES flood rescue boats. Team games and challenges rounded out the day, which culminated in a Graduation Ceremony held on the shores of Brisbane Water where each cadet was presented with a certificate, an SES 'Paddy Platypus' mascot and an SES Cadet Program USB which will be loaded with photographs capturing activities from throughout the program.

Our thanks go to Mr Wing for his unfailing support of the SES Cadet Program within Pennant Hills High School, and for travelling to the Central Coast to see the cadets in action prior to attending the Graduation Ceremony. Also integral to the program's success was Mrs Kota, who accepted our invitation to be the supervising teacher for the duration of this year's program. Her enthusiastic involvement in all the activities was a great support to the SES trainers; she even donned orange overalls so that she could more fully integrate with our cadets and their trainers.

To all the SES volunteers who gave up their time to provide transport, engaging activities and hearty refreshments at Hornsby SES Local Headquarters and during the Activity Day, we say a huge thank you. For many, the time spent with our cadets meant working long into the night to catch up on work or study commitments. We extend our thanks to the representatives of NSWPF and FRNSW; to SES Youth Engagement Coordinator Todd Burns who travelled from Wollongong to participate in the Graduation Ceremony; and to our very generous Activity Day hosts Marine Rescue Central Coast. We are also immensely grateful to Hornsby SES volunteer Ed Corbett for his invaluable contributions to each session; and to Lead Trainer Chris Mawn, also an SES volunteer from Hornsby Unit, whose energy, skill and tireless commitment to quality training brought together a program which educated and extended every participant.

Lastly, but by no means least, congratulations to each of the students who chose to join the SES Cadet Program. They embraced the ideals of SES volunteering and represented *Penno* High with distinction.

Lee Lowe, SES Cadet Trainer

Sincere thanks to Mrs Lowe for her outstanding commitment to this valuable program over the past seven years.

Geoff Wing, Principal

Stationery Supplies

\$

Year 7 Book Packs

35.00

Mathematics

Compass

1.80

Protractor - 180 degrees

1.00

Protractor - 360 degrees

2.00

Set Square 40 degree and 60 degree angles

1.20

96 Page Grid Book

1.50

160 Page Grid Book

2.50

240 Page Grid Book

3.00

96 Page A4 Grid Book

2.00

128 Page A4 Grid Book

2.50

Music

96 Page Manuscript Book

2.60

48 Page A4 Manuscript Book

2.00

General

Plastic Ruler

1.50

Pens (black, red, blue) and Pencils

1.00

Erasers, Metal and Plastic Sharpeners

1.00

Document Wallet

2.00

A4 Refill Sheets

2.00

D&T Crested Display Folders

6.00

Exercise Books

64 Page

1.00

96 Page

1.50

128 Page

1.50

160 Page

2.00

240 Page

3.00

96 Page A4

2.00

128 Page A4

2.50

160 Page A4

3.00

Pennant Hills High School Canteen

Price List

Effective from 1 January 2016

Canteen Manager: Lyndall Chamberlain

Staff: Kerrie Langdon
Debbie Murray
Lisa Said

Canteen Telephone: 9473 5020



Sandwiches - White/Wholemeal \$		Cakes and Biscuits		\$	Milk		\$
Vegemite	2.00	All Cakes		3.00	300ml Plain Milk		1.50
Cheese	3.00	Banana Bread		3.00	600ml Plain Milk		2.00
Egg and Lettuce	4.00	Choc Chip Cookies		2.00	300ml Oak Flavoured Milk		2.00
Ham and Cheese	4.00	Large Muffins		3.00	600ml Oak Flavoured Milk		3.50
Ham and Tomato	4.00				Vaalia Yoghurt		2.00
Ham, Cheese and Tomato	4.50						
Salad	3.50	Ice Creams					
Salad and Cheese	4.00	Streets Ice Creams - as displayed		.50			
Chicken	4.00	Frozen Fruit Tubes		.70		Drinks	
Chicken, Lettuce and Mayonnaise	4.50	Fruit Juice Cups			Orchy - Various Flavours - 350ml		2.50
Chicken and Avocado	4.50				350ml Water		1.50
		Hot Foods			600ml Water		2.50
		(including sauce / spoon / fork)			Aloe Vera Natural Drink		2.50
Unbuttered Rolls	1.00	Apple Pie		3.00	Iced Tea - Peach / Lemon - 500ml		3.50
Buttered Rolls	1.00	Cheese and Spinach Rolls (V)		3.50			
		Chicken and Chorizo Pie (orders only)		4.00		Specials	
Seasonal Fresh Fruit		Chicken and Corn Rolls		2.00			
Prices as marked		Chicken Fingers in a Cup (orders only)		3.00	Monday		
		Chiko Rolls		3.00	Chilli Chicken Burgers		4.00
		Chilli Chicken Burgers (orders only)		4.00	(Plain Chicken Burgers - orders only)		
		Curry Pie		3.50			
Salad	4.50	Curry Chicken and Rice		3.50	Tuesday		
(lettuce, cheese, tomato, carrot, sprouts)		Hot Chocolate		2.00	Nachos		4.00
Caesar Chicken Salad	4.50	Lasagne		3.50	Sushi		3.50
(lettuce, cheese, bacon, Caesar sauce)		Meat Pie		3.50	(Teriyaki Chicken / Tuna / Crispy Chicken)		
Sweet Chilli Chicken and Salad	4.50	Noodles - Beef, Chicken		3.00	Wednesday		
(lettuce, cheese, tomato, mayo, sweet chilli sauce)		Potato Pie		3.50	Char Grilled Beef Burgers		4.00
Aioli	4.50	Potato Wedges (orders only)		3.50	Sushi		3.50
(lettuce, tomato, roast chicken, Aioli mayo)		Pork Riblet in Plum Sauce		2.00	(Teriyaki Chicken / Tuna / Crispy Chicken)		
		Pulled Pork Pie (orders only)		4.00	Thursday		
Salads		Sausage Rolls (large)		3.00	Pizza - various		3.00
Creamy Pasta Salad (<i>when available</i>)	3.50	Slams - Chicken, Beef		3.50			
Salad Plates	6.00	Travellers' Pies		3.50	Friday		
(lettuce, carrot, beetroot, cheese, cucumber, tomato)		(Meat / Pepper / Cheese and Bacon)			Chicken Burgers		4.00
Extras		Vegetable Roll		3.00	(Chilli Chicken Burgers - orders only)		
Egg, Ham, Chicken, Avocado	1.00						

WHAT BOOKS WILL I NEED IN 2016?

Year 7 can get all books they need by purchasing a book pack from the school canteen.

Years 8, 9 and 10

<i>English</i>	156 page exercise book or A4 book
<i>Maths</i>	240 page grid book
<i>Science</i>	240 page A4 book
<i>History</i>	120 page exercise book or A4 book
<i>Agriculture</i>	180 page exercise book
<i>Geography</i>	180 page A4 book
<i>Commerce</i>	180 page A4 book
<i>Languages (Chinese, French, Japanese)</i>	240 page exercise book
<i>Visual Arts</i>	Process Diary (see your teacher)
<i>Computing</i>	All work is done online.
<i>PDHPE (Year 7 and 8)</i>	48 page exercise book
<i>PDHPE (Year 9 and 10)</i>	48 page exercise book
<i>Physical Activity and Sports Studies (Years 9 and 10)</i>	180 page exercise book
<i>Graphics Technology</i>	Display Folder
<i>Music</i>	A4 loose-leaf folder
<i>Drama</i>	64 page exercise book or A4 book

Years 11 and 12

<i>English</i>	A4 loose-leaf folder
<i>Maths</i>	A4 grid book or folder
<i>Science (Biology, Chemistry, Physics, Senior Science, Earth and Environmental Science)</i>	Practical - 240 page A4 bound ruled book Notes - A4 loose-leaf folder or 240 page exercise book
<i>Drama</i>	A4 loose-leaf folder or book 2X A4 Process Diaries
<i>Agriculture</i>	A4 loose-leaf folder or 240 page exercise book
<i>Business Studies</i>	A4 loose-leaf folder or book
<i>Economics</i>	A4 loose-leaf folder or book
<i>Geography</i>	A4 loose-leaf folder or book
<i>Legal Studies</i>	A4 loose-leaf folder or book
<i>Modern History</i>	A4 loose-leaf folder or book
<i>Ancient History</i>	A4 loose-leaf folder or book
<i>History Extension</i>	A4 loose-leaf folder or book
<i>Society and Culture</i>	A4 loose-leaf folder or book
<i>CAFS</i>	A4 loose-leaf folder or book
<i>Food Technology</i>	A4 loose-leaf folder or book
<i>Hospitality</i>	A4 loose-leaf folder or book
<i>Textiles and Design</i>	A4 loose-leaf folder or book
<i>All Languages (Chinese, French, Japanese)</i>	A4 loose-leaf folder or book
<i>PDHPE</i>	A4 loose-leaf folder
<i>Sports, Leisure and Recreation (SLR)</i>	A4 loose-leaf folder or book
<i>Visual Arts</i>	A4 Process Diary
<i>Music</i>	A4 loose-leaf folder
<i>Engineering Studies</i>	A4 loose-leaf folder or book
<i>Industrial Technology</i>	A4 loose-leaf folder or book + Display folder

PLEASE NOTE, NO '5 SUBJECT' EXERCISE BOOKS ARE TO BE BOUGHT.

EACH SUBJECT REQUIRES ITS OWN SEPARATE BOOK.

CAREERS @ PHHS

Year 10 RoSA Results

Year 10 (Stage 5) results were released to students and schools on Wednesday 9 December. Students can log into *Students Online* to view their grades on screen, and download their personal eRecord. All students should have now activated their account to enable access.

Year 12 HSC Results

2015 HSC results will be delivered to students by email and SMS from 6.00am on Wednesday 16 December. Students should visit *Students Online* before 5.00pm on Tuesday 15 December to ensure their contact details are correct.

Results can also be accessed online from 6.00am on Wednesday 16 December, via *Students Online* or one of the other HSC delivery sites:

www.hscresults.nsw.edu.au; or

www.hsc-results.nsw.edu.au

Students can use their number and HSC PIN (created when they activated their *Students Online* account).

Full HSC credentials can be downloaded, saved and printed from Wednesday 30 December. Eligible students will also receive a HSC testamur in the post from Wednesday 20 January 2016.

HSC Inquiry Centre and Careers Advisory Service

The HSC Inquiry Centre opens at 8.00am on Wednesday 16 December 2015. This phone service offers a valuable opportunity for students to speak to experienced BOSTES staff about all aspects of their HSC results. If interested, call 1300 13 83 23.

The Careers Advisory Service will open on Friday 18 December 2015, giving HSC students an opportunity to speak with Careers Advisers about what they can do in 2016. If interested, call 1300 300 687.

ATAR Bonus Points Reference – UPDATED

An updated copy of the 2015 Directory Undergraduate ATAR Bonus Points Reference Guide is available by request. Email me at:

Ashley.symons3@det.nsw.edu.au for information.

TSFX HSC Head Start Lectures

Students will cover the first half of the Year 11 or 12 course in a relatively painless manner and secure detailed notes that will save them countless hours in study time. These beneficial and time saving lectures are being held at the University of Sydney between Wednesday 6 and Friday 22 January 2016. Course Brochures are available from me in the Careers Office.

University Campus Tours

Could Year 12, 2016 students interested in a campus tour of any of the Universities in Sydney, please see me in the Careers Office to express your interest in participating in one of these tours.



Happy Holidays

I wish all students and their families a happy and safe Christmas and New Year period, and I look forward to seeing you in 2016.

Ashley Symons, Careers Adviser

THE Northern Sydney Institute
Part of TAFE NSW

HSC & TPC

YEAR 12 EQUIVALENT COURSES

HSC & TPC Course Information Sessions
20 January, 2016
12 noon to 1pm & 5.30pm to 6.30pm

The Northern Sydney Institute, St Leonards Campus
Building Q, Room Q4.23
213 Pacific Highway
St Leonards NSW 2065

You are invited to attend an information session to discuss study options with our teaching staff. Learn more about our:

- Higher School Certificate**
One year intensive in an adult learning environment.
- Tertiary Preparation Course**
University entry pathway for mature age students.

CONTACT US FOR MORE INFORMATION
Colin Frederick, Head Teacher Prevocational Studies
colin.frederick@tafensw.edu.au
(02) 9942 0713

Unlock your potential. It starts here. Call 131 674 or visit nsi.edu.au

NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

Last week we were fortunate to have Matt Donnelly from NDIS talk to us about the new scheme being implemented in July 2016. Many parents requested further information. The link to all the current material, which is being regularly updated, is www.ndis.gov.au

Lisa Barrowcliff
Head Teacher Special Education (Relieving)

SPORTS SHORTS

Boys Knockout Cricket Regional Champions

The boys had a nail-biting win in the regional final of the Alan Davidson Shield CHS KO Competition this week, against Gosford High School. The team, fresh from defeating Balgowlah High School on Monday—a game which saw our Captain Anthony score 138 runs (not out)—got off to a great start.

We batted first, scoring 9/183 with Andrew finishing on 45 runs, Taylor on 32 runs and Anthony on 32 runs.

Gosford batted initially, well on top for most of their innings—at one stage being on 1/107—and then with 10 overs remaining, Gosford High School only needed 55 runs to win and still had 8 wickets in hand. Our bowlers struggled in the hot conditions, but disciplined bowling coupled with astute field placings created pressure, causing wickets to fall and the scoring to slow down.

Anthony took 2/17, Danusha 2/35 and Daniel 1/31. They were well supported by Kobi, Prashan and Charlie. In the final over, the opposition needed 11 runs to win. Daniel bowled with great intelligence and our boys won by three runs.



Congratulations to the squad, comprising of: Joshua, Luke, Taylor, Hugo, Daniel, Andrew, Cai, Anthony, Charlie, Jack, Kristoff, Danusha, Prashan and Zachary. Congratulations also to Mr Spotswood (Coach), Mr Longhurst (Manager), Mr O'Meara (Umpire) and Mr Toohey (Coordinator) for their support and commitment to our champion cricket team. Next year we will represent our Region in the NSW Inter-Regional Competition.

Mixed Frisbee Challenge

Our school hosted a Frisbee challenge match between Year 11 students and past students. The past *Penno* students were victorious, winning 9—4. The challenge was the concept of Year 11 student Byron Cleasby. Well done to all participants.



Past Student—Daniel

Daniel, a former student of our Year 12, 2015, left Australia to pursue his dream of playing International Football.

He travelled to the Netherlands last year to play for FC Groningen in the U19s Football Squad which is the equivalent of playing for Sydney FC or The Wanderers. Daniel has scored many goals in his time there and has been a great asset to the team. We wish him all the best as he strives for selection into the 1st squad.

Valmé Kruger
Sport Coordinator

BLAKE'S SUCCESS ON THE WORLD STAGE

Congratulations to Blake Grainger in Year 10 for his outstanding achievement at the World Age Group Tumbling Championships held in Odense, Denmark recently.



Blake competed in the 15/16 Year Age Group (under 17) Men's Tumbling, finishing in 10th place out of 28 competitors worldwide.

Blake's achievements are the culmination of hard work and commitment to his chosen sport. We look forward to following his *tumbling* course next year.

A MEDICAL REMINDER

We welcome information from parents and carers about your student's health, even if you are not requesting specific support from our school. We ask for medical information when you enrol your student. It is also important that you let us know if health care needs change or new health conditions develop.

Information about allergies, medical conditions such as asthma and diabetes, and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal. This will greatly assist our school in planning support for your student's health and wellbeing.

It is also important to remember to notify staff in the office of any changes to contact details, including emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your student's health needs or as otherwise required by law.

In Pain?

**Don't be, when
Chiropractic could help.**



Male and Female Chiropractors, convenient hours,
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real estate



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The Management and Staff of Soames Real Estate would like to take this opportunity to wish *Jumbunna* readers a wonderful Christmas and a prosperous New Year.

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Photo © Vancouver Film School

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Hornsby Mall Christmas Table—Free Event: Saturday 12 December at 6.00pm. Enjoy a Christmas meal as a gift from the Hornsby Community in an evening filled with food, fun and people. The Christmas Table is hosted by Hive Church and is supported by other local churches, community groups, businesses and donors. Enquiries: 0423 607 746

West Pennant Hills Scouts Christmas Trees: On sale 12, 13 and 19 December from 8.00am—4.00pm. Mount Wilberforce Park, Cnr Castle Hill Rd and Church St, West Pennant Hills.

St Matthew's Anglican Church Carols by Candlelight: Friday 18 December from 5.30—7.30pm; family festival with jumping castles, games, food and drink stalls and more; 7.45pm Carols by Candlelight. West Pennant Hills Public School Oval, Cnr Church St and Cardinal Ave, West Pennant Hills. Information 9479 3700 www.stmatts.org.au

Special Olympics Players Needed for Local Competitions: Monday—Football at Bella Vista Oval, Tuesday—Ten Pin Bowling at Castle Hill, Thursday—Stroke Correction at Oakhill College, Saturday—Ten Pin Bowling at Castle Hill. Information: www.hillsspecialolympics.org or www.specialolympics.com.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733.

Australian Institute of International Understanding (AIU) www.aiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Northern District Hockey Association: www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert) U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au

Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au> Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or <http://www.facebook.com/WPHNC>

'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s. Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive. Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswwact.org.au

Foster Care Association NSW Inc: Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: Email CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

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