



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 30 October 2015

Term 4 Week 4B



Mr Geoff Wing  
*Principal*

Mr Brendan O'Byrne  
*Deputy Principal*

Miss Amanda De Carli  
*Deputy Principal*

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## UPGRADE OF OVAL FACILITIES NEARS COMPLETION

We are very pleased to announce that Stage 3 of the oval upgrade is nearing completion with the cutting in of the drainage slits and the placement of brand new goal posts.

These improvements have transformed the oval to rival that of any major sporting facility in the area.

Naturally our students are thrilled and proud of their newly refurbished outdoor area and are making great use of the additional seating and shelters that have been strategically positioned around the grounds.

# LOOKING FORWARD

## Term 4 2015

<b>Week 5A</b>	Saturday	31 October	<b>THE GREAT PENNO RENO IV (Saturday and Sunday)</b>
	Sunday	1 November	Duke of Edinburgh Bronze Qualifying Hike (Sunday and Monday)
	Monday	2 November	HSC Written Examinations (All week)
<b>Week 6B</b>	Monday	9 November	HSC Written Examinations (All week)
	Monday	9 November	Year 12 Work Placement - Hospitality (All week)
	Monday	9 November	Modern History WW1 Source Analysis Program - Macquarie University (All week)
	Monday	9 November	Year 8 VALID Actual Test
	Tuesday	10 November	CB2 Orientation Day Rehearsal with Year 7, 2016
	Wednesday	11 November	Meet the Music Concert at Sydney Opera House
<b>Week 7A</b>	Monday	16 November	Year 11 <i>All my Own Work</i> Seminar (Monday to Thursday)
	Tuesday	17 November	Year 10 Crossroads - Domestic Violence Seminar
	Wednesday	18 November	School Spectacular Rehearsal
	Wednesday	18 November	Combined Choir - Secondary Choir Rehearsal
	Wednesday	18 November	Drama Festival 7.00pm - 9.00pm
	Thursday	19 November	Peer Support Training (Thursday and Friday)
<b>Week 8B</b>	Monday	23 November	Year 10 Crossroads - Vision Valley (Monday-Wednesday)
	Tuesday	24 November	P&C Meeting followed by AGM
	Wednesday	25 November	School Spectacular Rehearsal (Wednesday - Friday)
	Wednesday	25 November	Final Choir Rehearsal
	Thursday	26 November	Combined Choir Finale Rehearsal and Full Dress Rehearsal
	Thursday	26 November	Year 10 <i>My Future</i> Program (Thursday and Friday)
	Friday	27 November	Combined Choir Preview and Evening Performances
	Friday	27 November	SES Cadet Program

## ASSESSMENT TASKS FOR YEAR 11 - Term 4 2015

<b>Week 5A</b>	Monday	2 November	Music 1: Assessment Task
	Tuesday	3 November	Business Studies: Operations Business Report
	Tuesday	3 November	Music: In-class Presentation Topic 1 Research and Presentation
	Tuesday	3 November	Music 2: Elective/Performance Composition/Musicology
	Wednesday	4 November	Industrial Technology: Hand In Design and Planning
	Friday	6 November	Japanese Continuers and Beginners: Speaking Assessment
<b>Week 7A</b>	Monday	16 November	Ancient History: Core Study Source Analysis
	Tuesday	17 November	Information Processes and Technology: Major Project 1 - Feasibility Study
	Tuesday	17 November	Food Technology: In-class and Hand In Report /Practical Exam
	Wednesday	18 November	Biology: OEI Hand In and Class
	Wednesday	18 November	Food Technology: Practical Exam
<b>Week 8B</b>	Monday	23 November	PDHPE: Core 2 Research Report
	Monday	23 November	Mathematics General 1: Assignment
	Tuesday	24 November	Society and Culture: Social and Cultural Continuity and Change
	Tuesday	24 November	Economics: The Global Economy In-class and Hand In Report
	Wednesday	25 November	Geography: Ecosystems at Risk Extended Response
	Wednesday	25 November	Hospitality: Task D Practicals

### 'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

**2nd and 4th Friday of each month during term  
from 8.45am to 9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**

**It's here ... this weekend**

## Great Penno Reno IV

**Saturday 31 October and  
Sunday 1 November**

**Come and join other parents, students and staff  
and help make a difference to our school.**





## PRINCIPAL'S REPORT



### Funding for Our School

In 2012, the NSW Government announced its Local Schools, Local Decisions (LSLD) reform for NSW public schools. This reform gives principals and school communities a greater say over how they use the

available resources to best meet the needs of their students.

To enable the shift of resources to the school level, a Resource Allocation Model (RAM) has been developed. The RAM provides a simpler, fairer and more transparent distribution of government school funding and changes the way resources are managed in our school system.

On 21 October 2015, the NSW Premier, the Hon Mike Baird MP and the Minister for Education, the Hon Adrian Piccoli, announced the next phase of the RAM implementation. In 2016, \$113 million in additional funding has been allocated to NSW public schools through the RAM. These additional funds have been allocated in a way consistent with the recommendations of the Gonski Review.

In 2016, NSW public schools will receive a base allocation for staff professional learning and funding for each student using a new methodology. Schools will continue to receive equity loadings for socio-economic background, Aboriginal background, English language proficiency and low level adjustment for disability. Our school will receive RAM equity funding to support our students with additional learning needs in 2016 and in the new base allocation.

The school Executive team will work with our school community to determine the best ways to use these resources to support student learning.

### Additional Facilities

I am delighted that the installation of extra seating, picnic style tables and shelters, drainage to the school oval and new goal posts has now been completed. Our students deserve the best possible facilities, and already they are showing that they are very appreciative of these additions to our school. The funding for these improvements came from a Community Partnerships Grant from the NSW Government and extra funds from our P&C and the school.

### Sport and Physical Activity Policy

The Department's policy was revised in 2015. One of the major changes was an increase in time from 120 minutes to 150 minutes per week that students from K-10 are to spend on planned physical activity. Our school's existing sport and physical activity program meets this new requirement without the need for adjustment. The policy also states that schools are encouraged to provide Year 11 and Year 12

students with weekly access to a minimum of 150 minutes of moderate with some vigorous physical activity and sport. It is clear that most of our senior students value the opportunities provided at our school to engage in sport through our comprehensive sport program. I have included an information sheet from the Department of Education (see below) which outlines the benefits of students participating in regular physical activity.

**Geoff Wing**  
**Principal**



### What are the benefits of students participating in regular physical activity?





#### Engagement

Physical activity increases blood flow and nutrients to essential areas of the brain that stimulate learning. This enhances cognitive functioning, attention and memory. Physical activity also stimulates the release of adrenaline which improves attention and enables children to become alert and ready to learn.<sup>1</sup>



#### Skill development

Participation in physical activity provides students with opportunities to develop movement skills and feel a sense of achievement. Participating with others can help students develop their skills in self-regulation, problem solving, leadership and decision making.<sup>4,14,16</sup>



#### Health outcomes

Physical activity improves physical fitness, sleep, mental health and wellbeing, bone and functional health and contributes to maintaining a healthy weight.<sup>2,8</sup>



#### Academic performance

Academic achievement improves with physical activity and may boost standardised test scores, even when time is removed from the academic timetable. Students who are physically active are more likely to achieve than those who are sedentary.<sup>4,8,7,11,12,13</sup>



#### Wellbeing

Participation in physical activity helps students to feel more confident, happy and relaxed. Active students are more connected to their school which can improve their sense of fair play, their resilience and ability to develop and maintain positive friendships.<sup>8,10</sup>

*"Our school system rightly aims to bring the gifts of literacy and numeracy to every child. We need to bring the gift of a healthy and active lifestyle to every student too."*

*Mike Baird, Premier of New South Wales*

## P&C Meeting Dates for 2015

24 November (followed by AGM)

**7.30pm in the School Library**

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focussing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

## NEWS FROM ENGLISH

I am delighted to be writing my first article for *Jumbunna* on behalf of the Pennant Hills High School English faculty. It is an exciting and busy time to be joining the school, as our Year 12 class of 2015 complete their exams, and the Year 11 class of 2016 begin their HSC course.

### Year 12, 2015

This year, saw the first Higher School Certificate English paper testing students on the new Area of Study - Discovery. This is a common paper sat by students completing either the Advanced or Standard English courses. The paper tests students' conceptual knowledge and their ability to apply it to a range of analytical and creative tasks.

Students had to tackle a complex essay question asking them to analyse how discovery involves uncovering what is hidden and reconsidering what is known. The creative writing question required students to explore the unexpected impact of discovery. Students had to prepare for this paper without the advantage of having past HSC papers on the topic available, but with the help of their fantastic teachers in the English faculty, the students emerged from their opening examination quietly confident that they were able to successfully answer all the questions.

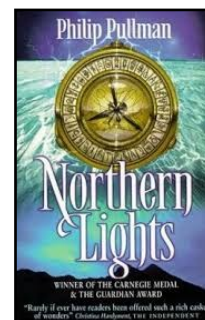
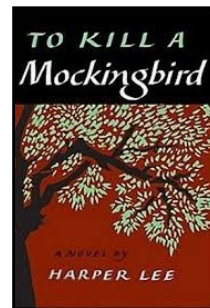
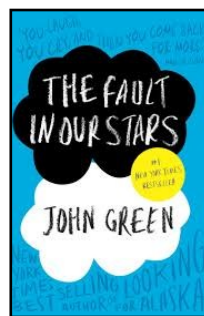
Of course, all Year 12 had to come back the next day and complete the second English paper, but once again, our students were up to the challenge and the general sentiment was that the paper was tough but fair.

I would like to thank Year 12 for all the hard work they put in, and also acknowledge the remarkable efforts of our teachers who tirelessly assisted students throughout their senior years. The willingness of the English staff to spend countless hours advising students and giving feedback on their practice papers is a tremendous credit to their professionalism and care for our students.

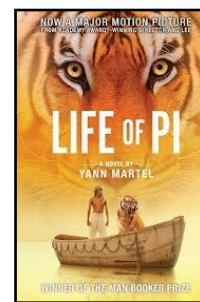
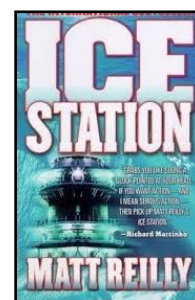
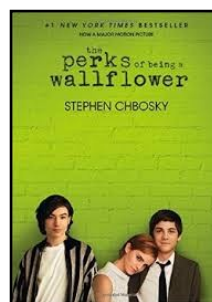
### Year 7-11 Examinations

The other year groups are currently preparing for their own examinations. As well as regular revision of course content, research suggests that for students to maximise their potential in English, they commit themselves to regularly reading books in areas of their own interest. With this in mind, I would like to encourage students to make wide reading part of their regular routine at home. Finding the right book to read is essential and fortunately there are many great titles around to suit everyone's taste.

To assist in this process, I would like to pass on a short list of books recommended by teachers in the English faculty for students to consider:



1. *The Knife of Never Letting Go* by Patrick Ness;
2. *The Fault in Our Stars* by John Green;
3. *The Perks of Being a Wallflower* by Stephen Chbosky;
4. *Noughts and Crosses* by Malorie Blackman;
5. *To Kill a Mockingbird* by Harper Lee;
6. *The Kite Runner* by Khalid Hosseini;
7. *Life of Pi* by Yann Martel;
8. *Rebecca* by Daphne du Maurier;
9. *Northern Lights* by Philip Pullman; and
10. *Ice Station* by Matthew Reilly



As an anonymous writer for *Fortune* magazine once wrote, 'Some people will lie, cheat, steal and backstab to get ahead... and to think, all they have to do is READ.'

**Richard Williams**  
**Head Teacher English**

## CB1 AT THE OPERA HOUSE

Last night, Concert Band 1, under the direction of John Buckley, performed in the Festival of Choral Music at the Sydney Opera House. The band played *Handel in the Strand* by Percy Granger.

The performance was received with great enthusiasm from the audience. Members of CB1 thoroughly enjoyed the opportunity to play at such a fantastic venue. Thank you to the supervising teachers and congratulations CB1 for a wonderful performance.

**Alexander Healey**  
**Band Prefect**



## SPORTS SHORTS

### U15 Girls Basketball Knockout

Last Monday, the girls defeated Figtree High School (South Coast) in the round of 16 in the NSW CHS Knockout Competition. The score was 37 to 24 and marks the teams 6<sup>th</sup> straight victory. Despite being in foul trouble early, Madison led the scoring with a game high 12 points. The rest of the scoring was spread amongst the starters Lara (4 points), Jesse (7 points), Amy (10 points), and Erin and Jess (2 points each). Rebeka, Olivia, and Montana all came off the bench to pick up valuable rebounds leading directly to baskets, and were involved in some outstanding defensive efforts. The game was won on the back of a strong defence, outscoring the opposition in the first half 21 to 8.

The win has secured our team a spot in the final 8 in the State. The team will now compete in a round robin tournament next week on Wednesday 4 and Thursday 5 November, in Terrigal. Congratulations to the team on making it this far, an effort that equals our best performance ever in the history of the KO Basketball Tournament by any Pennant Hills High School basketball team. The team consists of Montana, Jess, Madison, Amy, Olivia, Rebeka, Chloe, Erin, Lara, Jesse, James Boyer (Coach) and Lini (Assistant coach).



### Good Luck Tim

Past Pennant Hills High School student Tim, who was our 2012 Sportsperson of the Year and Athlete of the Year, is now preparing to represent Australia in the International Paralympic Committee Athletics World Championships to be held in Doha, Qatar this week. We wish him all the best. Tim's achievements continue to make our school proud.

### Sydney North Cricket Trials

Congratulations to Daniel, Andrew, and Danusha for being selected to participate in the second round of trials for the Sydney North Cricket team. Good luck to them for the next trial.


### Eastwood-Thornleigh Junior Tennis - Divisional Championships


In early November, the Eastwood-Thornleigh Junior Divisional Tennis Championships will be held at the Pennant Hills Tennis Centre. Any students interested in participating, see Mr Toohey in the PE staffroom for an entry form.

### Sport Vice Captains

Congratulations to Erika and Tom on being elected Sport Vice Captains for 2016. The Vice Captains will work very closely with the Captains to organise weekly grade sport and carnivals throughout the year. Their support is invaluable to the running of our sport program.

**Valmé Kruger**  
**Sport Coordinator**





# WALK

## FOR A WORLD WITHOUT TYPE 1 DIABETES

Jayden & James Lee (yrs 9 & 7) are walking for their sister Jemma, on Sun 15 Nov at Parramatta Park. Please donate: <https://jdrf-walk-nsw-2015.everydayhero.com/au/jacqueline>

Join us at [walk.jdrf.org.au](http://walk.jdrf.org.au)  
#JDRFOneWalk

Rob Palmer says "One Walk is a fun family day where T1D is the main event. What could be better than that?"

### BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.



Students must bring their devices to the storeroom at the start of the lesson.

**James Boyer**  
**Head Teacher PDHPE**

## WHAT'S HAPPENING IN THE SOCIAL SCIENCES



Students actively engaged in learning.



Sarah and Charlotte practising their fieldwork skills.



Mr Bastian, a former student from Pennant Hills High School, with his Geography class on a fieldwork exercise.

### Senior School

Year 12 students were prepared for presentation for the HSC in the subjects of Business Studies, Economics and Legal Studies. The assessment program for these subjects reflects the Board of Studies Teaching and Educational Standards NSW (BOSTES) requirements for these subjects. The hard work put in by the staff and students, as part of the educational relationship, will come to its fruition as they complete their Higher School Certificate (HSC). We wish them every success in their results.

Since the beginning of this term, Year 12, 2016 students have commenced their HSC Legal Studies course. The class has launched into an in-depth study of all facets of the Criminal Law. Students have so far covered the elements of a crime, parties to a crime, the various types of crime, factors which affect criminal behaviour and crime prevention. They are currently looking at Police powers and the investigation of crime. Integral to this process is a thorough knowledge of relevant legislation such as the Crimes Act 1900 (NSW), the Law Enforcement (Powers and Responsibilities) Act 2002 (NSW), and their case studies. Familiarity with both is an essential component of the Legal Studies course. Changing priorities and societal values are an ever present source of law reform.

Legal Studies students are also keeping up with important recent law reform issues such as the latest amendments to the Bail Act 2013 (NSW), the broadening of domestic violence laws and the right to silence.

*"There is a lot of loose talk in Australia about democracy, the rule of law and basic rights. Yet unless we educate future citizens concerning the broad outline of our laws they may grow up feeling that law is alien to their experience. I want them to grow up insisting that the law must be just and modern and accepting the citizen's responsibility to ensure that this is so."*

Michael Kirby AC CMG Former Justice of the High Court of Australia

Business Studies and Economics students have been studying the latest financial information during their course. Case studies of McDonalds and QANTAS, along with the latest business trends in the Australian economy, have been provided to support students in their studies.

**Mark Divola**  
**Social Sciences Teacher**



## BYOD NEWS - MS OFFICE 2016 FOR HOME USE

As part of the Department of Education's (DoE) Enterprise Agreement with Microsoft, MS Office 2016 is now available under work-at-home rights for DoE students. Under this agreement, a single copy for use on a single computer is provided to NSW public school students for free.

Students can use the following link to access this software and any other DoE software:

<https://nsw-students.onthehub.com/WebStore/Welcome.aspx>

Keeping up with changes to software can be a challenge at times. If you choose to become an early adopter of the latest release of MS Office, look at Microsoft's great range of quick start guides that were recently published. There is a separate guide for each of the modules of Office 2016. Search for 'Office 2016 Quick Start Guides' in Google to find these guides.

**Lawrence Huang, Computing Studies**

## WHOOPIING COUGH ALERT



Communicable Diseases Factsheet

### Whooping Cough (Pertussis)

Last updated: 30 March 2015

#### What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

#### What are the symptoms?

- Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.
- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

#### How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

#### Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

#### How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

#### Immunisation for babies

- Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.
- Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.
- If your baby's vaccines are overdue, see your GP now to catch up.

Whooping Cough (Pertussis)

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#### Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School-based Vaccination Program.

#### Immunisation for adults

A booster for adults is recommended for:

- Women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided in NSW through GPs and hospital antenatal clinics.
- Other adult household members, grandparents and carers of infants under 12 months of age.
- Adults working with young children, especially health care and child care workers.

#### If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

#### How is it diagnosed?

Your doctor may ask about your symptoms and whether there you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

#### How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

#### What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

#### Identify - Protect - Prevent

NSW Health whooping cough campaign <http://www.health.nsw.gov.au/PublicHealth/infectious/whoopingcough/index.asp>

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website [www.health.nsw.gov.au](http://www.health.nsw.gov.au)

Whooping Cough (Pertussis)

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## REMINDER

### HSC ALL MY OWN WORK

Week 7, Term 4, 2015 (16, 17 and 18 November)

In designated classes at school or as a homework assignment.

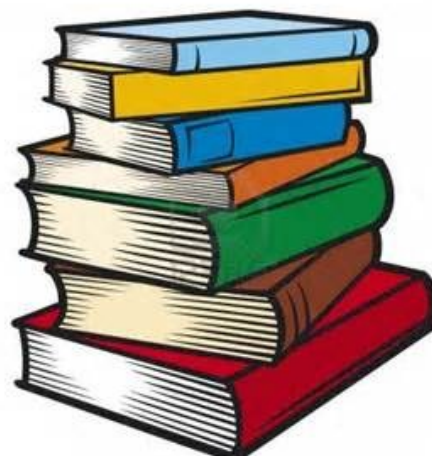
**Five modules to read.**

**Five quizzes to complete.**

A student must achieve **not less than 80%** on each quiz.

**COMPULSORY FOR ALL YEAR 10 STUDENTS**

**Students who know they will not be present on these days must see Mrs Whitlock in the library as soon as possible.**



# GLOBAL DIGNITY DAY

Last Friday, we had the privilege of representing Pennant Hills High School at the Global Dignity Day, held in Sydney Parliament House. The day was attended by over 50 other schools and was an opportunity for young leaders to listen and speak to leaders within our community.

The seminar commenced with an address by retired Judge Michael Kirby. Judge Kirby talked about his experiences with *dignity* within our society and global issues associated with the lack of dignity shown around the world today.

We were then separated into small discussion groups where we constructed methods to maximise the levels of dignity throughout communities. We heard personal stories from people who had been targeted by various groups, and learnt strategies of how to behave in a broad range of situations.

The final stage of the program was a whole group discussion about various pressure situations and how best to cope with adversity should, and when, it arises.

Global Dignity Day was a very interesting and eye-opening seminar for us. We learnt a lot about the rewards of being a dignified person and the importance of conducting ourselves in a dignified manner within our community.

**Kimberley and Noah  
Year 10 Students**



# DRAMA EVENING

WEDNESDAY 18 NOVEMBER 2015

## DRAMA STUDIO

7.00pm-9.00pm

## Gold Coin Donation

(Strictly Limited Seating)

Enjoy performances from Year 9-12

Drama students, the Drama Ensemble and our newly formed Dance Class.



## ARTWORKS ON DISPLAY

Congratulations to the following students who have had their artworks selected to be displayed permanently in office areas around the school:

Year 7 - Cassandra, Jamilla, Geon Ha, Kayla, Jacob;

Year 11 - Demi; and

Year 12 - Chris, Slade (pictured).

We have now built up a significant number of student artworks in our 'Permanent Collection' to be enjoyed by our students, staff and visitors.

**Janelle Dennis**  
**Head Teacher CAPA**



## AUSTRALIAN MATHEMATICS COMPETITION

The Australian Mathematics Competition (AMC) was introduced in Australia in 1978 as the first Australia-wide mathematics competition for students. It has become the largest single event on the Australian education calendar, allowing students to attempt the same tasks on the same day in over 30 countries around the globe. This year, there were more than 14.5 million entries. Students are asked to solve 30 problems in 75 minutes (Years 7–12).

Pennant Hills High School had 32 students participate. We received 9 Distinctions (28%), 10 Credits (31%) and 13 Proficiency (41%) rankings. An excellent result. Congratulations to the following students on their Distinction results:

Junior Division - Jack Mannix (7), Benjamin Maisano (7), Ben Colley (8), Charles Gow (8);

Intermediate Division - Dongchan Kim (9), Tabitha White (9), Sunny Fong (10); and

Senior Division - Nick Shi (11)

Special mention to Charles Gow (Year 8) who also received the Prudence Award for the highest number of consecutive correct responses starting from Question 1.

**Shaun Keegan**

**Head Teacher Mathematics**

## WHAT'S HAPPENING IN SPECIAL EDUCATION



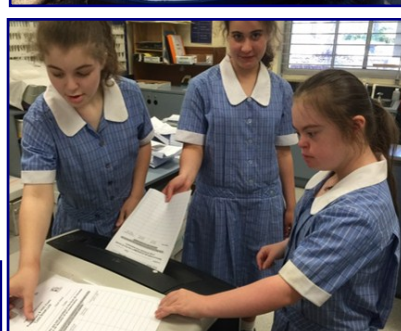
Term four has started at a busy pace. Every Friday, the entire Special Education Unit is taking part in a program called *Work Crew*. Students take part in clerical work, catering and car washing.



The objective is to develop work specific skills, appropriate interpersonal skills and to learn to cooperate and support each other in a team environment.

Staff members have been extremely positive about the quality of our student's work and are very appreciative of their sparkling clean cars for the weekend. The administrative staff thoroughly enjoy their baked treats for morning tea and are glad to have some assistance whilst performing their general office tasks.

Today, the *Catering Crew* were using the produce, cared for and grown in our Agriculture plot to make a snack for all the Special Education students to enjoy once they finished their work duties.



The students are thriving with the *Work Experience* and it will greatly benefit them all in their future ventures.

**Lisa Barrowcliff**

**Head Teacher Special Education (Relieving)**



## CAREERS @ PHHS

### 2016 HSC Key Dates - Now Available

Enrolment dates, exam periods and much more can be found on the Board of Studies Teaching and Educational Standards NSW (BOSTES) website.

### Year 10 Work Experience

This term in Week 9 (Monday 30 November – Friday 4 December), Year 10 will be attending Work Experience. Completed forms are due in by **Friday 13 November, Week 6**. If you have not received the forms, please see me in the Careers office as soon as possible.

### Pre-Apprenticeship Courses - Brick and Blocklaying

Australian Brick and Block Training Foundation (ABBTF) are inviting students in Years 10, 11 and 12, who would like a career in Brick and Blocklaying, to apply to attend a free, five day *work ready course*, in preparation for an apprenticeship.

At present, there is an outstanding opportunity in NSW to start a career in construction by undertaking the Bricklaying Certificate III. With the resurgence of brick as a building material and the highest ever level of construction activity in NSW, there is a skill shortage in bricklaying, providing jobs well into the future.

Contact ABBTF on 1300 664 496 or 9540 1666 for more information.

### Honeywell Engineering Summer School

The Honeywell Engineering Summer School will take place from 6–11 December 2015. The HESS is an initiative sponsored by Honeywell & Engineers Australia to give NSW and ACT senior high school students a better understanding of what engineering is and how it works in everyday life. Any students interested should get a flyer from me in the Careers Office.

### Automotive Apprenticeships

MTA Apprenticeships Plus is part of the Motor Traders Association of NSW and ACT. They place over 300 school leavers into apprenticeships in the Automotive industry every year.

They are running a three week Automotive Pre-Apprenticeship Course for school leavers looking to secure an apprenticeship in the Automotive Industry. At the completion of the training, each student will be placed on work experience with an employer seeking an apprentice, with a view to the student gaining the apprenticeship they are looking for. Details are as follows: Monday 9 November 9.00am at Level 2, 8-10 Palmer Street Parramatta or 291 Pacific Highway, Artarmon. For more information email [mwentworth@mtaplus.com.au](mailto:mwentworth@mtaplus.com.au)

### HSC @ TAFE Information Evening



The Prevocational Studies Section at St Leonards TAFE will once again be offering students the opportunity of studying units in the Certificate IV in Tertiary Preparation (TPC) and the Higher School Certificate (HSC) in 2016.

Interested students and their parents/guardians are invited to attend the information session where both HSC and TPC options will be discussed. Teaching staff will be available on the night to answer any questions about both Year 12 equivalent courses. Details are as follows: Wednesday 11 November 6.00pm-7.30pm at TAFE Northern Institute - St Leonards Campus, J Block.

### Java Lava Café Apprentice Wanted

Java Lava Café in Pennant Hills is looking for a new First or Second Year Apprentice Chef. Contact Alex on 0424 277 106 or 9980 2780 for more information.

**Ashley Symons**  
Careers Adviser



**This is your second chance. Make it count!**

## HSC & TPC 2016

### Course Information Evening

**Wednesday 11 November 2015, 6:00pm – 7:30pm**

Ground Floor, Building J (Cameraygal) - St Leonards Campus, 213 Pacific Highway, St Leonards

The Prevocational Studies Section will once again be offering students the opportunity of studying units in the Certificate IV in Tertiary Preparation (TPC) and the Higher School Certificate (HSC) in 2016.

We encourage potential students and their parents/guardians to attend the information session where both HSC and TPC options will be discussed. School Career Advisors and teaching staff are welcome to attend also. Timetables and course information will be available at this session.

Our Teaching staff will be available on the night to answer any questions you may have about both these Year 12 equivalent courses.

**For more information, please contact Colin Frederick**  
ph 9942 0713 or [colin.frederick@tafensw.edu.au](mailto:colin.frederick@tafensw.edu.au)

To find out more, call 131 674 visit [nsi.edu.au](http://nsi.edu.au)

Bradfield / Crows Nest / Hornsby / Meadowbank / Northern Beaches / Ryde / St Leonards

## RECEIPTS and TRAVEL PASSES

Student Reception has a large number of student receipts and travel passes which have not been collected.

Please ask your child to come and check if there are any receipts or passes for them to collect.

**Thank you.**



# In Pain?

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Male and Female Chiropractors, convenient hours,  
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Shop 2, 354 Pennant Hills Road, Pennant Hills.

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## ALLEN & SHEPPARD

**Thinking of selling your property? I want to help you and Pennant Hills High School.**

As a parent of a current student at Pennant Hills High School, I will not only ensure you get the best possible result, but I will also personally donate **\$500** to the school if you refer a listing, or list and sell your property with me at ALLEN & SHEPPARD.



16 Loch Maree Ave,  
PENNANT HILLS

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4 Bed | 2 Bath | 2 Car

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Craig Taylor  
0414 754 563  
[craig@allenandsheppard.com.au](mailto:craig@allenandsheppard.com.au)



2015 ANU INDIGENOUS YOUTH CAMP

**'Yalbalanga: to learn'**  
1-2 December 2015

**A great opportunity for year 10 & 11 students!**

The Australian National University will host an Indigenous student camp in Canberra from Tuesday 1 - Wednesday 2 December 2015.

Tjabal Indigenous  
Higher Education  
Centre

The camp will be a multi-disciplinary, educationally intensive experience offered to students who previously attended 2012, 2013 and 2014 Yalbalanga camps. New applicants are welcome.

The camp provides students with an excellent opportunity to experience university and to meet other students also considering university. Previous camps have been extremely well received by students with feedback such as: "All in all this is the best camp ever. I learnt all about uni and now I'm going to work towards going to it."

There are 30 positions available and the camp is free for all students. For further information please contact the Tjabal Indigenous Higher Education Centre.

**Contact**

T: 02 6125 8945  
E: [tjabal\\_centre@anu.edu.au](mailto:tjabal_centre@anu.edu.au)  
W: [indigenous.anu.edu.au](http://indigenous.anu.edu.au)

## SOAMES

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### 3 OFFICES 1 TEAM



**Hornsby**  
**9987 0011**



**Thornleigh**  
**9481 9199**



**Wahroonga**  
**9487 1500**

See Soames for Homes



# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**THE GREAT PENNO RENO IV:** Saturday 31 October 9.00am-4.00pm and Sunday 1 November 9.00am-1.00pm. Establishing new gardens including a dry creek bed, , planting 2,000 plants , cleaning walkways, canteen and high traffic areas, painting and rejuvenating the bus bay, painting Student Reception, renewing outdoor seating and much much more... All parents, students, staff and community members are welcome.

**Normanhurst West Public School Family Fun Day:** Sunday 1 November 10.00am-3.00pm. Dartford Rd, Thornleigh. Entertainment for all ages. 14 rides, huge book stall, plant stall, animal petting farm, pony rides, trash and treasure, 25 market stalls, fantastic food stalls and much more. Purchase unlimited ride ticket online for \$30.00. Go to [www.normanhurstwestpandc.com.au](http://www.normanhurstwestpandc.com.au) for more information.

**Nagoya Day:** Nagoya Sydney Sister City Affiliation 35th Anniversary. Sunday 1 November 11.00am-5.00pm in Hyde Park, Sydney. Japanese dance and Samurai performances, Cosplay show, choir, Japanese pop songs performances, food sampling, tea ceremony and more.

**Rotary Club of Greater Sydney and Days for Girls International:** Sunday 15 November at Roseville Cinemas, 112 Pacific Highway, Roseville (opposite Roseville railway station). Come along and see *He named me Malala* a story about a global icon who was shot for defying the Taliban by speaking out for girls' education. Tickets \$25.00 adults, \$20.00 children go to [www.trybooking.com/JIVM](http://www.trybooking.com/JIVM). From 7.00pm for refreshments 8.00pm movie starts. Information contact Fleur Hourihan at [fleurhour@gmail.com](mailto:fleurhour@gmail.com)

## STUDENT EXCHANGE PROGRAMS

**Rotary Youth Exchange:** the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - [www.rotaryyouthexchange.net.au](http://www.rotaryyouthexchange.net.au)

**Southern Cross Cultural Exchange:** Term 4 Information sessions [www.scce.com.au](http://www.scce.com.au) or 1800 500 051.

**LATTITUDE AUSTRALIA** Volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia NZ** [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700

**World Education Program Australia (WEP)** [www.wep.org.au](http://www.wep.org.au) or 1300 884 733.

**Australian Institute of International Understanding (AIU)** [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

**AFS Intercultural Programs Australia** [www.afs.org.au](http://www.afs.org.au) or 1800 023 982

## RECREATION AND SPORTING GROUPS

**Northern District Hockey Association:** [www.ndhockey.com.au](http://www.ndhockey.com.au) or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert) U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

**West Pennant Hills Cherrybrook Football Club:** [www.wphcfc.net.au](http://www.wphcfc.net.au)

**Rugby Connect - Trytons:** is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan [mckellahan@nswrugby.com.au](mailto:mckellahan@nswrugby.com.au) or phone 9323 3407.

**Hills Hawks Softball:** All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Pennant Hills District Cricket Club: (15 years and over)** [pennanthillscricket.com.au](http://pennanthillscricket.com.au)  
Registration enquiries: [penno.juniors@gmail.com](mailto:penno.juniors@gmail.com) or SMS 0450 226 158.

**North Sydney Girls Cricket Association:** [www.nsgca.nsw.cricket.com.au/](http://www.nsgca.nsw.cricket.com.au/)

**Pennant Hills Cherrybrook Rugby League Club:** [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club:** [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or phone Nicola 0402 677 180.

**Cherrybrook Table Tennis Club:** 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club:** [www.dbsw.org.au](http://www.dbsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band:** [www.gks.org.au](http://www.gks.org.au) or 9868 3289

**Northern Sydney Youth Orchestra:** for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>  
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

**2nd/3rd Pennant Hills Scout Group:** 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides:** Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

**Hornsby District Athletics (children aged 4 - 17):** Saturday mornings at Pennant Hills Park [www.hdlac.org.au](http://www.hdlac.org.au)

**Cherrybrook Athletics Club (children aged 5 - 16):** Friday nights 5.45pm - 8.00pm [www.cherrybrookathletics.org.au](http://www.cherrybrookathletics.org.au)

**Taiko Drumming** (a blend of choreography, drumming, movement and music for everyone): [www.taikoz.com](http://www.taikoz.com)

**St Agatha's Youth Group:** for students from Years 7 to 9 - [www.stagatha.org.au](http://www.stagatha.org.au) or 0409 847 208 (Laura)

**West Pennant Hills Netball:** [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/) or <http://www.facebook.com/WPHNC>  
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

**Thornleigh Softball:** All games played at Galston. Contact Sharon - 0407 442 402. [www.thornleighsports.org.au/softball](http://www.thornleighsports.org.au/softball)

**Cherrybrook United Netball Club:** Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

**Castle Hill BMX Club:** Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://facebook.com/castlehillbmx)  
President: Michael 0404 093 303. Email: [castlehillbmx@hotmail.com](mailto:castlehillbmx@hotmail.com)

**Hornsby Junior Touch Footy:** All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.  
Registration (including t-shirt) - \$60.00 - family discounts available. Information/Registration: [hornsby.mytouchfooty.com](http://hornsby.mytouchfooty.com)

**North Rocks Softball:** Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.  
Information/Registration: [northrockssoftball.org.au](http://northrockssoftball.org.au) or phone: 0406 852 851.



# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed:** Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Foster carers needed:** Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700  
Providing high quality and innovative family placements for children and young people with varying needs.

**Volunteer with Easy Care Gardening:** [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed:** City of Sydney Meals on Wheels - For more information, phone 8512 4230.

**Lifeline Telephone Volunteers needed:** It's never too late to make a difference ... or to learn new skills.  
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or [admin@lifelineh2h.org.au](mailto:admin@lifelineh2h.org.au)

## COMMUNITY SERVICES AND SUPPORT

**Free adult Literacy and Numeracy classes - Meadowbank TAFE:** 9942 3572. Reading, writing and speaking.

**Free English courses for adult migrants - [www.ames.edu.au](http://www.ames.edu.au):** Classes at Hornsby, Chatswood and Eastwood.

**English Classes** - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.  
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

**The Kids Are All Right Website** for parents of Australian teenagers. Go to [www.thekidsareallright.com.au](http://www.thekidsareallright.com.au).

**Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women:** Students selected on merit.  
Information and applications: [www.avcat.org.au](http://www.avcat.org.au) or phone 9213 7999 or 1800 620 361 (voicemail)

**Jack's Youth Café at Hornsby** (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).  
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

**Ability Options:** a FREE service helping people with a disability into the job that's right for them.

**More information:** [abilityoptions.org.au](http://abilityoptions.org.au) or contact Caroline Krix on 8811 1717 or [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Ability Links:** supporting people with a disability, their families and carers to achieve their goals in life.  
For more information phone 8830 0768 or email [abilitylinks@unitingcarenswwact.org.au](mailto:abilitylinks@unitingcarenswwact.org.au)

**Foster Care Association NSW Inc:** Providing advocacy, support and information to foster carers.  
[www.fcansw.org.au](http://www.fcansw.org.au) or phone 4987 1847

**Healthy Kids FREE Parent e-zine:** important nutrition information and great recipes: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote:** If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.  
Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone 1300 135 736

**Uniting Care Northmead:** 8839 5107 - Workshops and counselling for parents. Phone for more information.

**TOUGHLOVE:** 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers:** [www.nscchhs.health.nsw.gov.au/caparenting](http://www.nscchhs.health.nsw.gov.au/caparenting)  
Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay:** 9488 2523 - Advice and support for parents.

**Depression Support Group:** 1300 794 991.  
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line:** [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline:** 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia:** Email [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children:** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496  
Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents:** [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre:** 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services (the Hills):** [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre:** 9651 3534 - Counselling and parenting courses available.

**Newcomers Club:** [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**NSW Health Free Dental Clinic for 12-25 year olds:** 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets:** Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

**Christ Evangelical Centre of Australia Chinese Language School:** 0410 613 814 (Jenny)

**Cybersmart website:** [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register:** [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)  
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

**Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am**  
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

**CatholicCare Diocese of Broken Bay:** counselling, parenting and support groups. 9488 2400 or [waitarafc@dbb.org.au](mailto:waitarafc@dbb.org.au)

**Our Space - Integrated Youth Service Hub, Eastwood:** bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: [www.ourspace.org.au](http://www.ourspace.org.au) or 9874 7458.

**St Vincent de Paul Society:** Interest free loans to low income families for essential household items. Phone 9477 5010

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