



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 16 October 2015

Term 4 Week 2B



Mr Geoff Wing
Principal

Mr Brendan O'Byrne
Deputy Principal

Miss Amanda De Carli
Deputy Principal

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

E: pennanthil-h.school@det.nsw.edu.au

W: www.pennanthil-h.schools.nsw.edu.au

Can you see yourself in this photo?
The Great Penno Reno IV
is almost here ...

Preparations are well underway for the next action-packed and fun-filled weekend. This is a fantastic opportunity to get together with other parents, students and staff to further enhance our great learning environment

AND

add your face to this frame!

This year we are preparing for our 50th Anniversary 2016 celebrations.

Saturday 31 October and Sunday 1 November
For more information...

Participation/Donation Forms can be found on our School Website



Email: greatpennoreno@gmail.com
Facebook: The Great Penno Reno



LOOKING FORWARD

Term 4 2015

Week 3A	Monday	19 October	HSC Written Examinations (All week)
	Monday	26 October	HSC Written Examinations (All week)
	Tuesday	27 October	P&C Meeting 7.30pm
Week 4B	Thursday	29 October	CB1 Festival of Choral Music at the Sydney Opera House
	Saturday	31 October	The Great Penno Reno IV (Saturday and Sunday)
	Sunday	1 November	Duke Of Edinburgh's Award Silver Qualifying Canoe Trip - (Sunday and Monday)
Week 5A	Monday	2 November	HSC Written Examinations (All week)
	Monday	9 November	HSC Written Examinations (All week)
	Monday	9 November	Year 12 Work Placement - Hospitality (All week)
	Monday	9 November	Modern History WW1 Source Analysis Program - Macquarie University (All week)
Week 6B	Monday	9 November	Year 8 VALID Actual Test
	Tuesday	10 November	CB2 Orientation Day Rehearsal with Year 7, 2016
	Wednesday	11 November	Meet the Music Concert at Sydney Opera House

ASSESSMENT TASKS FOR YEAR 11 - Term 4 2015

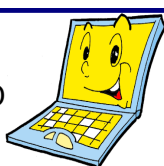
Week 3A	Friday	23 October	Visual Arts: Gallery Hop Assessment Task Due
Week 4B	Wednesday	28 October	Modern History: Source Analysis WW1
	Monday	2 November	Music 1: Assessment Task
	Tuesday	3 November	Business Studies: Operations Business Report
Week 5A	Tuesday	3 November	Music: In-class Presentation Topic 1 Research and Presentation
	Tuesday	3 November	Music 2: Elective/Performance Composition/Musicology
	Wednesday	4 November	Industrial Technology: Hand In Design and Planning
	Friday	6 November	Japanese Continuers and Beginners: Speaking Assessment
	Monday	16 November	Ancient History: Core Study Source Analysis
	Tuesday	17 November	Information Processes and Technology: Major Project 1 - Feasibility Study
Week 7A	Tuesday	17 November	Food Technology: In-class and Hand In Report /Practical Exam
	Wednesday	18 November	Biology: OEI Hand In and Class
	Wednesday	18 November	Food Technology: Practical Exam

BYOD and PDHPE

During PDHPE lessons students' BYOD devices will be kept secure in the PE storeroom.

Students must bring their devices to the storeroom at the start of the lesson.

James Boyer
Head Teacher PDHPE



'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for 'Penno' staff and students.

2nd and 4th Friday of each month during term
from 8.45am to 9.15am

Please meet at Public Reception.
Enquiries: Kim Allan on 0410 548 350.

P&C Meeting Dates for 2015

27 October and 24 November (followed by AGM)

7.30pm in the School Library

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students.

The discussions are complemented by presentations from staff, focussing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.

DEPUTY PRINCIPAL'S REPORT



A huge welcome back to everyone after the Spring break. The first week was filled with the buzz of friends reconnecting, sharing holiday stories and conversations with teachers about what this term might bring.

Our school calendar is dominated by the HSC examinations but for everyone else, Term 4 can be thought of as an opportunity to spend more time with teachers, to learn, grow, and develop the skills needed for an incrementally more difficult year ahead. The habits we form this term create a pattern, and that is what we take with us into the next year.

Year 12

The end of Term 3 was very hectic, with numerous celebrations for Year 12 and, of course, their final preparations for the HSC examinations which commenced this week. I was very impressed by the maturity and genuine care and consideration shown by this outstanding group of students as they concluded their high school journey.

Congratulations go to their Year Adviser, Mrs Leadbitter, who has worked tirelessly to support this fine group of young adults. We could not be more proud of Year 12, 2015.

Some events of the last term include:

- the Year 12 Graduation Evening with parents, which featured some stunning performances by our very talented students, including Yvette's original guitar piece *XIV* and Eamon's powerful rendition of *Otherside* by the *Red Hot Chilli Peppers*;
- the final Wednesday morning assembly with staff and our student body when the whole school farewelled Year 12 with great spirit, reflecting the high esteem in which this group is held; and
- the Year 12 Formal held at Luna Park, which was a brilliant evening. In the fashion stakes this year there was colour and sparkle, and all students looked wonderful. The night had a relaxed and friendly vibe and the event organisers took the time to comment that this was the best group they had ever dealt with—high praise indeed.

Year 11

Very positive feedback has been received about the 'Surviving the HSC' evening which Year 11 students and parents/carers attended last week.

Comments such as 'the speakers were interesting and encouraging', 'the program provided valuable information', 'the evening was so well constructed'

and 'thank you for such an enlightening evening' were received, just to mention a few.

Thank you to Benjamin and his father Malcolm for providing student and parent perspectives, Mr Pugliese for his insights on assessment, Year 11 Adviser Mrs Blarasin, Psychologist Dr Valerie Ling, Careers Adviser Mr Symons and Relieving Head Teacher Wellbeing Mrs Heywood, who all gave their view on various aspects of the HSC year.

Miss Dennis has once again efficiently organised the *10% on Top* program for our 2016 HSC cohort. Thank you to all staff involved. There is more information about this initiative later in this edition of *Jumbunna*.

Junior School Attendance

Please remember the importance of school attendance to the success of your child's education.

An attendance rate of 80% or less equates to almost **one term's learning lost over a year**. It may not seem like much, a day here and there; however over time it can create a pattern. Head Teachers have been monitoring late arrivals since the beginning of Term 3, and patterns are emerging for some students. It is often quoted in research that the first 10 minutes of a lesson can be the most valuable, so I would strongly encourage all students to make '**being in class on time**' their highest priority in the morning.

Parent and Teacher Surveys

We are currently involved with the *Focus on Learning* teacher survey and its *Partners in Learning* parent survey. The surveys provide us with insight into student engagement and wellbeing, and the impact of teaching practices at our school, from the perspective of students, teachers and parents. We will use the reports to identify emerging issues and plan for improvement.

The final date for completion of the survey has been extended to Friday 23 October. To have your say in the parent survey, please copy the following link into your tablet or PC browser: https://nsw.tellthemfromme.com/j_acegi_security_check?i_username=parent17203&j_password=Pen8438

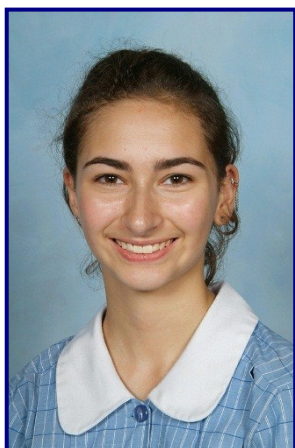
Lost Property

On a more operational note, it still astounds me how quickly lost property accumulates in Student Reception.

Please ensure all school clothes, books and personal property are clearly labelled with the student's name. Many items cannot be returned to their rightful owners because they are not labelled.

(Continued on page 4)

WE WILL MISS YOU, CAITLIN



Our school community was deeply saddened by the recent death of Year 9 student, Caitlin, following a lengthy illness.

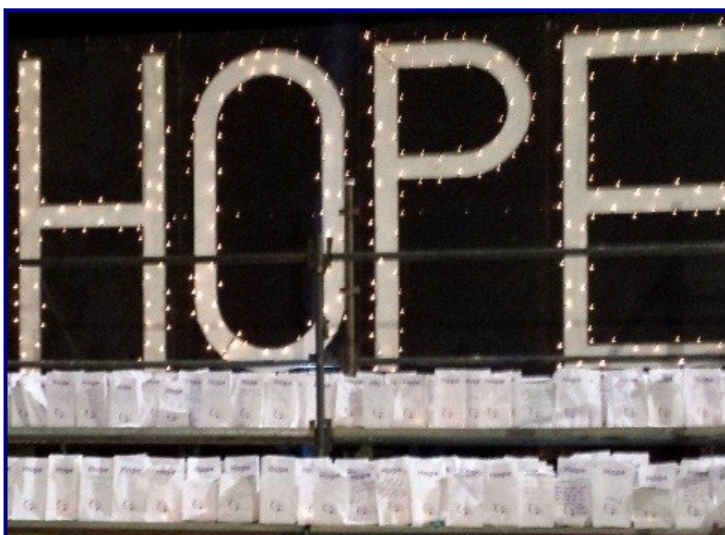
Caitlin was a vibrant, resilient and very determined girl who showed incredible inner strength and amazing courage in the way she confronted her illness. She was widely admired and respected for the tenacious manner in which she coped with her circumstances, and for living each day to its full extent. Caitlin loved Pennant Hills High, especially being with her friends, and she did everything she could to attend, participate fully, and achieve her best on every day possible.

She was a person of great character and personality, and an inspiration to all.

Always smiling and positive, Caitlin demonstrated an extraordinary and genuine level of care and interest in others. I know she valued the support she received from fellow students, staff and parents of our school community, including the way they rallied together to raise funds for cancer research earlier this year through the school's *Relay for Life* team.

On behalf of the school community, I extend our sincere condolences to Caitlin's mother, Jane, and to her family and friends. Caitlin will be sadly missed by everyone at our school.

Geoff Wing, Principal



DEPUTY PRINCIPAL'S REPORT *(Continued from page 3)*

A tip for USBs – include a folder with the student's name and year group in the title to assist in the return of these items.

Leadership

At this time of year, planning begins for the upcoming school year. I would like to acknowledge the work of the Teacher TECH Leadership Team, Mr Boyer, Mr Huang, Mrs Tubb and Mr Bastian, for the significant work they are undertaking in preparation for 2016 and beyond, working with our teachers and students to promote engaging and appealing lessons utilising current technologies.

I recently read an article that discussed what it meant to be a learner in the 21st Century. The terms digital 'native' versus digitally 'literate' were described as follows:

A digital native is someone who knows how to use a device, how to use technology and is a consumer in the digital world. A digitally literate person knows why to use technology, how the technology works and is a contributor in the digital world.

Our teachers will work with our Student TECH team, led by Miss De Carli, during this term to design programs to build digital literacy across the school.

Welcome

Lastly, I would like to extend a very warm welcome to our new Head Teachers – Mr Richard Williams in English and Mrs Sohini Bhavne in Science.

They have both shown great energy and enthusiasm as they take up their Executive roles.

Heidi Currie
Relieving Deputy Principal

SPORTS SHORTS

Sport Captains and Prefects for 2016

Congratulations to the following students who have been elected as Sport Captains and Prefects for 2016.

We look forward to their contribution to our school sport over the next year.

SPORT CAPTAINS	
Ewan	Caitlin
VICE SPORT CAPTAINS	
Tom	Erika
SENIOR SPORT PREFECTS	
Lachie	Kimberley
Ben	Emmi
HOUSE CAPTAINS	
BELLAMY	Charlie
BELLAMY	Dakota
GREENWAY	Sunny
GREENWAY	Chloe
REDGUM	Shannon
REDGUM	Aimee
YARRARA	Nicholas
YARRARA	Bianca

U15 Girls Basketball Knockout

Congratulations to the U15 Girls Knockout Basketball team who won their game against East Hills Girls High School with a score of 33-25.

Erin was the top performer, scoring 15 points in the first half to set the team up for a win.

Their next game will be in Week 3. They are competing in a round with 16 other teams and they will play Figtree High School. Good luck to all involved.

Knockout Cricket

Congratulations to the Boys Knockout Cricket on their 160 run victory over Carlingford High School this week.

After being sent in to bat first, the boys set a strong score of 261/2 with help from Luke's spectacular 101 runs and Anthony's outstanding 97. Also a

special thankyou to Mr O'Meara for spending the whole day umpiring in the rain, while Mr Toohey and Mr Longhurst sat undercover!

NSW All Schools Athletics Championships

Congratulations to Nick on placing 6th in the 200m and 5th in the 110m hurdles at the NSW All Schools Athletics Championships.

Sydney North Cricket Trials

The Sydney North Cricket trials will take place on Saturday 24 October 2015. Good luck to Daniel, Chris, Danusha and Andrew.

Valmé Kruger

Sport Coordinator

NIDA SUCCESS FOR A PAST STUDENT



Since completing her HSC at Pennant Hills High School in 2011, Rosalie followed her passion for textiles and the arts through a series of short courses in corsetry, millinery,



design and lingerie, as well as a Certificate IV in Applied Fashion Design and Technology at Sydney TAFE, prior to being accepted into NIDA's Bachelor of Dramatic Art—Costume.

Rosalie has spent the past three years at NIDA learning the skills to make and supervise costuming for the screen and stage. Last summer Rosalie spent six weeks interning with the Australian Ballet costume workroom in Melbourne. This was an invaluable experience as it allowed Rosalie to work closely with a whole range of costumes from the Australian Ballet's season this year, including garments from *Giselle*, *The Dream*, *Symphonic Variations* and *The Sleeping Beauty*.

Rosalie has also been studying Digital and Screen Printing at Sydney TAFE this year to engage in the ways costume manufacturing could be enhanced by the current digital era. This was the foundation for Rosalie's Graduate Research project *Fire Bird*, experimenting with the use of digital print in ballet costuming. She is now graduating from NIDA and is planning on completing her final work placement in Canada. Rosalie's costumes, including *Firebird* are currently on display in Expo NIDA, a public exhibition of the graduating class' work until 29 November at NIDA. Congratulations Rosalie. We are very proud of you.



CREATIVE AND PERFORMING ARTS

CAPA and the HSC

Last term, the CAPA Faculty had the HSC Markers visit our school to assess and mark our Year 12, HSC performances.

The markers were entertained on three different days by the following groups:

- 19 August - HSC Drama students had their group and individual performances assessed, while a select group of students made up the audience;
- 31 August - HSC Music 2 and Extension students performed; and
- 1 September - HSC Music 1 students were assessed.

This year, the HSC Visual Arts students will have their Bodies of Work marked at the Marking Centre which is located at Homebush. This will take place mid-October.

On behalf of all the CAPA staff, I wish our Year 12 students the best of good health, good preparation, good time management and good luck as they work towards completing the written component of their HSC Drama, Music and Visual Arts courses. It has been a pleasure working with such an engaging and talented group of students.

OnSTAGE Nominations

Congratulations to the following students who have had their HSC Drama performances nominated for possible selection in *OnSTAGE* which will be held at the Seymour Centre, Sydney from 6–12 February 2016:

- Emma-Clare — *A Clockwork Orange*;
- James — *Stag Do*; and
- Sarah, Slade, Jessica and Narvia — *Actions Speak Louder*.

Congratulations must also go to their very dedicated Drama teacher Miss Hickey, who has put in many hours to support her Year 12 Drama students.

ENCORE Nominations

Congratulations to Jessica (12MU2 and Extension - Instrumental Major - Flute and Tenor Sax) and Hayden (12MU1 - Vocal Major) who have been nominated for possible selection in *ENCORE*, which is a selection of performances and compositions from HSC students to be held in the Concert Hall of the Sydney Opera House on Monday 22 February 2016.

Thank you to Mrs Coomber and Mr Nugent for their support and dedication to their Year 12 Music students.

Callback Nomination

Over the past two years, Year 12 student Laura has completed her Stage 6 Dance course with an external tutor. This means that Laura completed the course outside of normal school hours with a dance tutor whilst being coordinated for all Board of Studies Teaching and Educational Standards NSW (BOSTES) requirements by me.

Laura has been nominated for possible inclusion in *Callback*, which is a selection of outstanding performances and projects from HSC Dance students, to be held at the Seymour Centre in February 2016. It is an extraordinary achievement by Laura who has had her Core Composition, Core Performance and Major Study Performance nominated - an amazing feat.

Congratulations to Laura and her dance tutor, Tamara Mitchell.

CAPA Captains 2016

Our strong cohort of senior Music and Visual Arts students were asked recently to nominate for the position of CAPA Captains to support and promote the various CAPA faculty events and festivals over the next 12 months.

Congratulations to Year 11 students Emma, Nathaniel and Caitlin who will be our CAPA Captains for 2015–2016.



New Grand Piano

As a result of our Music and Band fundraising efforts, financial support provided by the P&C and the school, and generous donations from our school community, we recently took delivery of our grand piano. The Kawai piano was recently used in the HSC Music practical examinations. The piano is located in the MPC for all to enjoy at various official functions and musical events.

We are very excited to have our own grand piano and thank all of those involved in making this exciting purchase possible.

CAPA Students Performing at the Seniors Concert

Every year, our Year 12 CAPA musicians put on a wonderful show for our local senior citizens at the end of Term 3, as part of the celebration of their final week at high school, before beginning their HSC Exams.



Once again, our musicians were very ably supported by our support crew who coordinated the technical proceedings. Congratulations to all our students for delivering an outstanding community event.

Year 12 2016 – ‘10% On Top’ Program

Year 11 will commence the ‘10% on Top’ Program for 2016 this term. This program, which has been running for eight years, aims to assist and support our senior students as they progress through their HSC year.

In late July this year, Year 11 were surveyed to ascertain their perceptions of their own study patterns and life beyond the HSC. Staff were then given a summary of the survey, and students and parents will receive a summary in an introductory letter when the program commences in Term 4. Thirty-two members of staff have volunteered to be mentors to approximately five students each throughout 2016. They will meet informally with their students, either in a group or individually, to discuss issues such as time management, stress management, coping with assessment tasks and schedules, results, meeting expectations, having realistic expectations, nutrition and health, and life beyond the HSC.

By working more closely with our senior year group, and with the backing of parents and the wider community, we aim to give our students the best possible support in order to reach their potential in the HSC.

Visual Arts on Display

Each year the CAPA Faculty displays the work of students from all year groups in the various offices and foyers around the school. We are about to change these artworks over for a new display, and the names of all the students with artworks on curatorial display will be listed in a later edition of *Jumbunna*.

We will continue to display some artworks permanently and notify these students of our intention. This is a wonderful accolade for those students whose artwork will remain on the walls of Pennant Hills High School long after they have moved on to new and exciting ventures.

The library currently has a beautiful collection of Year 11 insect sculptures on display in the glass cabinets. There is also a lovely collection of Year 10 ceramic animal busts on display.

Dance

The Friday morning dance class is progressing well and our small troupe of dancers are enjoying their Jazz/ Hip Hop experiences. Whilst dance is currently a curriculum enrichment activity for Terms 3 and 4, we hope to keep this going into 2016.



Spirit Week - Music and Drama Performance

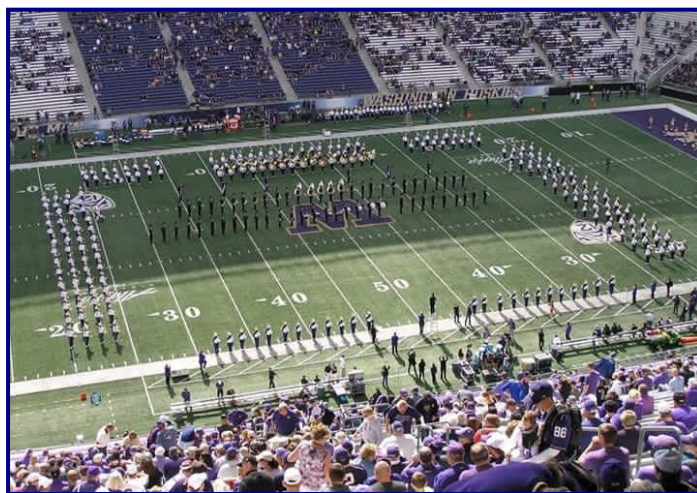
Last term, as part of Spirit Week celebrations, several HSC Drama and Music students performed part of their HSC practical component for all Year 7-10 students to enjoy. The event was held in the MPC and was very well received by an appreciative and well-behaved audience. Congratulations to our HSC performers and to all those who made this event such a success.

GP Synergy Training Session in Adolescent Health and Small Group Facilitation

Five Year 10 Drama students — Eliza, Jacob, Jessica, Morgan and Thomas — are currently involved in training sessions with Sydney University, helping to prepare medical students and Registrars to work with adolescent patients. The students visited Hornsby Hospital and the GP Synergy venue at Chippendale as part of the program. It is a very rewarding experience and we appreciate their commitment and community-mindedness.

Janelle Dennis

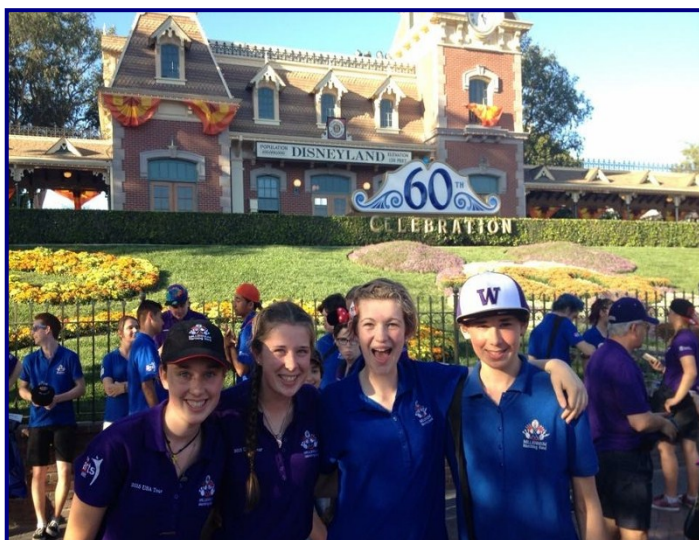
Head Teacher CAPA



MILLENNIUM MARCHING BAND SUCCESS

It is so hard to pick what was the best part of our trip to America with the Department of Education (DoE) NSW Millennium Marching Band during the school holidays, as we got to experience so many things.

I think the highlights of our trip would have been our performances with the Huskies Marching Band at the Washington University football game with a crowd of 70,000 people, and also marching in the main parade at Disneyland.



It was also amazing to watch the San Francisco Giants play baseball against the Arizons Diamondbacks and have a sight-seeing tour around San Francisco in a stretched Hummer.

It was definitely a trip of a lifetime that we will never forget.

Kalindi, Tabitha and Eamon (with Sophie)
Students

REMINDER

HSC ALL MY OWN WORK

Week 7, Term 4, 2015 (16, 17 and 18 November)

In designated classes at school or as a homework assignment

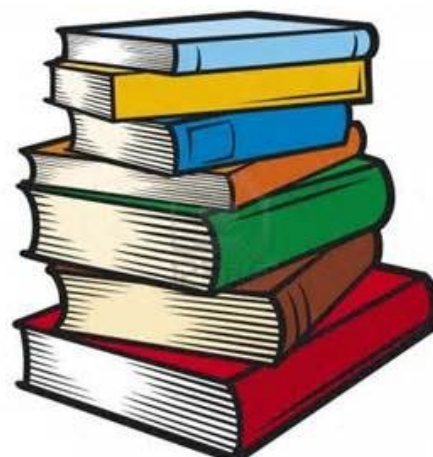
Five modules to read.

Five quizzes to complete.

A student must achieve **not less than 80%** on each quiz.

COMPULSORY FOR ALL YEAR 10 STUDENTS

**Students who know they will not be present on these days
must see Mrs Whitlock in the library as soon as possible.**



BIG BAND PERFORMANCE - HOT JAZZ IN THE SUN

Pennant Hills High School's Big Band was invited to take part in the long-running Manly Jazz Festival over the recent long weekend, and they did us proud.

The weather was great, and so were they (despite the occasional gust of wind playing havoc with their sheet music). Performing a 45 minute set on the *Stars of the Future* bandstand, they covered a range of pieces from swing to Latin – *Cobblestones*, *Back Bone*, *Salsa Caribena*, *The Blues March*, *Sticks*, *Patch Goes to Town* and *Los Changos Volando*.



The large audience clearly appreciated their enthusiasm and accomplished playing. The band, the various soloists and conductor Jason Isaac, who occasionally doubled on keyboards, should all be congratulated.

Tim Mendham
Parent



SCHOOL STUDENT WELLBEING TEAM

Year Group	Year Adviser
7	Mrs Jennie Christensen
8	Miss Jackie Breden
9	Mrs Mel Frida
10	Mr Daniel Pugliese
11	Ms Kylie Blarasin
12	Mrs Pam Leadbitter

Head Teacher Student Wellbeing - Mrs Halima Heywood (Relieving)

School Counsellor - Mrs Lenore Grunsell

Deputy Principal - Miss Amanda De Carli
(Years 7, 9 and 11)

Deputy Principal - Mr Brendan O'Byrne
(Years 8, 10 and 12)

CAREERS @ PHHS


Good Luck Year 12

Good luck and best wishes to all Year 12 students for their HSC exams. I hope you don't find this period too stressful and enjoy the benefits of your hard work and effort over the last few years of senior school.

Master Builders Association (MBA) Pre-Apprenticeship Program

The MBA is running a Pre-Apprenticeship Information Evening on Wednesday 21 October at the MBA Education Centre from 6.00pm–8.00pm. Interested students and their parents/carers are invited to attend.

The evening will cover carpentry and bricklaying apprenticeships and will give students information and a greater understanding of what to expect from the Pre-Apprenticeship Program. Light refreshments will be served. Bookings are essential: to secure a place phone 8586 3533.



Master Builders Pre-Apprenticeship Program

Do you want to be a MBA Carpentry or Bricklaying apprentice?

We know how to create the best quality first year apprentices. Do you want to be one?

Graduates of the Master Builders Pre-Apprenticeship Program are equipped with the knowledge and skills to be immediately valuable on site and are in high demand!

Master Builders Pre-Apprenticeship Program includes training in:

- Accurately measure and cut timber
- Work safely at heights
- First aid
- Erect wall frames using hand tools
- Hang doors
- Managing their money (Money Smart Program)
- Complete detailed small projects
- Maths skills for site work
- Read, understand and work with plans
- Nutrition, fitness and sun safety in our industry
- Safety on site
- Communicate clearly and effectively

Upon completion of the 5 week program, our graduates will enjoy a BBQ lunch with our Training Employers, talking to them about their projects and portfolios, before taking part in the 'speed interviews'. This Program is the best way to start your career in the Building and Construction Industry, and is backed by the largest and oldest Industry association in Australia.

Interested? Find out more about this program
02 8586 3533
apprenticeship@mbansw.asn.au
www.mbansw.asn.au

02 8586 3533
www.mbansw.asn.au

Master Builders Association
New South Wales

NIDA HSC Drama IP Study Day Program

The popular NIDA HSC IP Study Day is scheduled this year for Wednesday 28 October from 9.30am–3.00pm at NIDA, 215 Anzac Parade, Kensington. The cost is \$40.00 per person.

Award-winning director and NIDA graduate Imara Savage will be a guest speaker. Imara has directed for many prominent theatre companies including STC, Belvoir and Bell Shakespeare, and will share her insights into the creative process – unpacking what it means to embark on the creative journey and how to see it through to its successful conclusion.

As part of the program, participants will break into groups, working with an expert tutor in the topic area of their choice, including Performance, Scriptwriting, Design and Critical Analysis.

A word of advice from Imara for students starting the creative process:

Choose a project you feel passionate about, something that resonates with you and excites you. Collaboration is key, so seek feedback and encourage conversation to help formulate and develop your ideas. Don't get stuck on your first idea – get started early and allow time for ideas to grow and evolve.

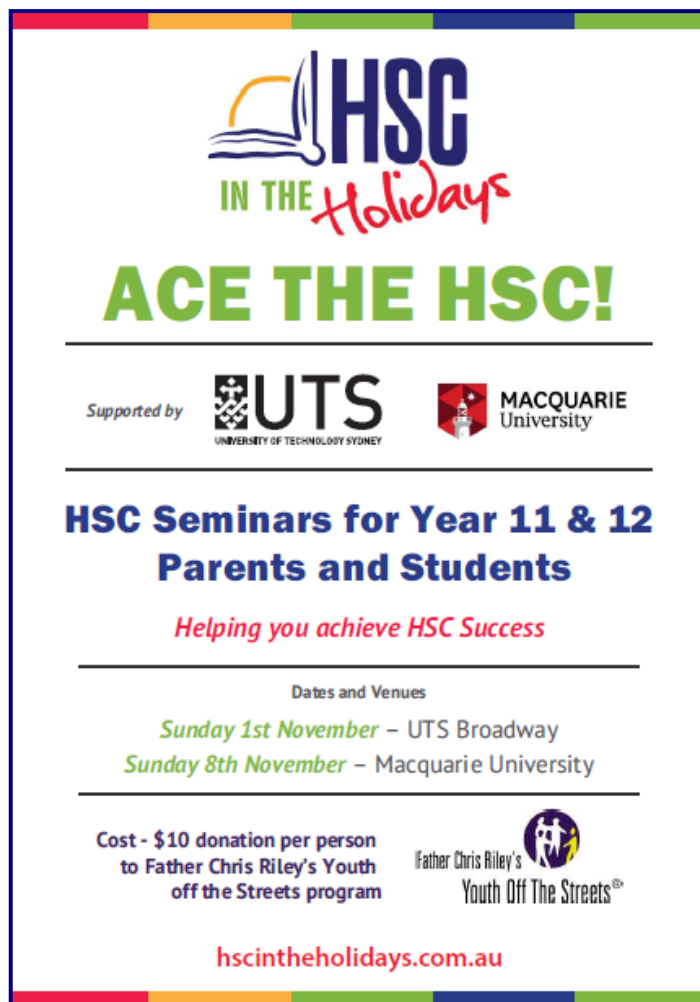
2016 TVET Applications are Still Open

DoE Senior Pathways have advised that the EVET portal has re-opened for any further Government Student TVET Expressions of Interest for 2016. Students interested in a TVET course who have not yet submitted an application, please see me in the Careers Office as soon as possible for an Expression of Interest form.

Honeywell Engineering Summer School

The Honeywell Engineering Summer School will take place from 6–11 December 2015. The HESS is an initiative sponsored by Honeywell & Engineers Australia to give NSW and ACT senior high school students a better understanding of what engineering is and how it works in everyday life. Any students interested should get a flyer from me in the Careers Office.

Ashley Symons, Careers Adviser



HSC
IN THE Holidays

ACE THE HSC!

Supported by **UTS** UNIVERSITY OF TECHNOLOGY SYDNEY **MACQUARIE** University

HSC Seminars for Year 11 & 12 Parents and Students

Helping you achieve HSC Success

Dates and Venues
Sunday 1st November – UTS Broadway
Sunday 8th November – Macquarie University

Cost - \$10 donation per person to Father Chris Riley's Youth Off the Streets program

Father Chris Riley's Youth Off The Streets®

hscintheholidays.com.au

In Pain?

**Don't be, when
Chiropractic could help.**



Male and Female Chiropractors, convenient hours,
HICAPs, Medicare, DVA and Workcover

Shop 2, 354 Pennant Hills Road, Pennant Hills.

9980 9000

ALLEN & SHEPPARD

Thinking of selling your property? I want to help you and Pennant Hills High School.

As a parent of a current student at Pennant Hills High School, I will not only ensure you get the best possible result, but I will also personally donate **\$500** to the school if you refer a listing, or list and sell your property with me at ALLEN & SHEPPARD.



16 Loch Maree Ave,
PENNANT HILLS


FOR SALE

4 Bed | 2 Bath | 2 Car

*If you would like similar outstanding results
for your property, don't hesitate ...
give me a call today!*

Craig Taylor
0414 754 563
craig@allenandsheppard.com.au





High School Information Day

28 October, 2015, UNSW Kensington Campus

Never Stand Still. Engineering

DATE	6/10/15
TO	Careers Advisers / Science Teachers / Maths Teacher
FROM	UNSW Engineering

UNSW Australia
ABN 57 195 673 179
CRICOS Provider No. 00098G
TEL: 612 9385 7324 FAX: +61 2 9385 5456
EMAIL: s.harrison@unsw.edu.au

UNSW Engineering High School Information Day (HSID)

Do you have students in years 10 or 11 who excel in maths and science and enjoy problem solving?

UNSW Engineering's HSID is designed to give senior high school students the opportunity to sample several fields of engineering through interesting and stimulating hands-on activities over a day at UNSW's Kensington campus.

By attending HSID, students will gain a better understanding of the extensive range of opportunities that a career in engineering can offer.

The day is targeted at students in years 10 and 11.

While we still have limited spaces available, registration closes on Friday, 23 October or until spaces are filled.

Students must register themselves and provide their workshop preferences and dietary requirements:

<http://www.engineering.unsw.edu.au/all-events/high-school-information-day-0>

If you have any queries regarding the High School Information Day, please contact Sandra Harrison via email: s.harrison@unsw.edu.au

SOAMES

real estate



See Soames for Homes

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Police and Community Engagement Day: Saturday 17 October 10.00am - 3.00pm at Prairiewood High School. Free event. Information contact 9728 8407.

Dulkara Centre for Life Skills and The Arts - Open Day: Wonderful artwork and a large variety of creative programs. Saturday 17 October 10.00am-3.00pm at 118 Franklin Rd, Cherrybrook. Call 9634 2521 or email chuggett@inala.org.au

Annual Greek Food Fair: Sunday 18 October at 323-325 Pennant Hills Road, Thornleigh. Enquiries 0415 522 223.

2015 Spring Cycle: Come along for a ride across the main deck of the Sydney Harbour Bridge on a 12km, 50km or 105km cycle. On Sunday 18 October. Register at springcycle.com.au

Ku-ring-gai Council Parent Information Evening (KYDS): Dr Tam presents *Online Gaming and the Internet - When to Unplug* on 20 October—Level 3, 818 Pacific Highway, Gordon from 6.30pm-8.30pm. Cost \$5.00. Information 9424 0837; youth@kmc.nsw.gov.au

Cancer Council NSW Seven Bridges Walk: Tenth annual 27km walk around Sydney Harbour on 25 October. The walk crosses seven iconic bridges of Sydney. Participants can walk some or all of the course and free event buses will be operating around the course. Entry is free for children under 12 years. Information: visit www.7bridgeswalk.com.au

St John's Anglican Church Free Community Seminar: *Enjoying the Teen Years* on 30 October from 8.00pm. Cnr Beecroft Road and Chapman Avenue Beecroft. Information email office@beecroftanglicans.org.au

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au

Southern Cross Cultural Exchange: Term 4 Information sessions www.scce.com.au or 1800 500 051.

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733.

Australian Institute of International Understanding (AIU) www.aiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Northern District Hockey Association: www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert) U5 - U9 'Minkey'. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphcfc.net.au

Rugby Connect - Trytons: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan mckellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au
Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.

North Sydney Girls Cricket Association: www.nsgca.nsw.cricket.com.au/

Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club: www.beecroftjuniors.com.au or phone Nicola 0402 677 180.

Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Northern Sydney Youth Orchestra: for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>
Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanthills.netball.asn.au/ or <http://www.facebook.com/WPHNC>
'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.

Thornleigh Softball: All games played at Galston. Contact Sharon - 0407 442 402. www.thornleighsports.org.au/softball

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: [facebook.com/castlehillbmx](https://www.facebook.com/castlehillbmx)
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s-17s; Boys 9s-15s.
Registration (including t-shirt) - \$60.00 - family discounts available. Info/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.
Information/Registration: northrockssoftball.org.au or phone: 0406 852 851.

COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference ... or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.

Free English courses for adult migrants - www.ames.edu.au: Classes at Hornsby, Chatswood and Eastwood.

English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost \$3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers. Go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack's Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.

More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswwact.org.au

Foster Care Association NSW Inc: Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers: www.nscchhs.health.nsw.gov.au/caparenting
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: Email CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.

Newcomers Club: www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

Cybersmart website: www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/carers: Fridays 9.30am - 11.30am
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11-18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.

