



# JUMBUNNA

## Fortnightly Newsletter of Pennant Hills High School

Friday 28 November 2014

Term 4 Week 10B

### PEER SUPPORT - CARING FOR NEW STUDENTS -

Peer Support is an important program as it assists students in their transition from primary school to secondary school, establishing new friendships for our younger students whilst encouraging a leadership opportunity for our senior students.

Seventy Year 10 students recently completed training to support our new Year 7, 2015 students in areas such as making new friends, setting goals and coping with peer pressure and bullying.



Mr Geoff Wing  
*Principal*

Mr Brendan O'Byrne  
*Deputy Principal*

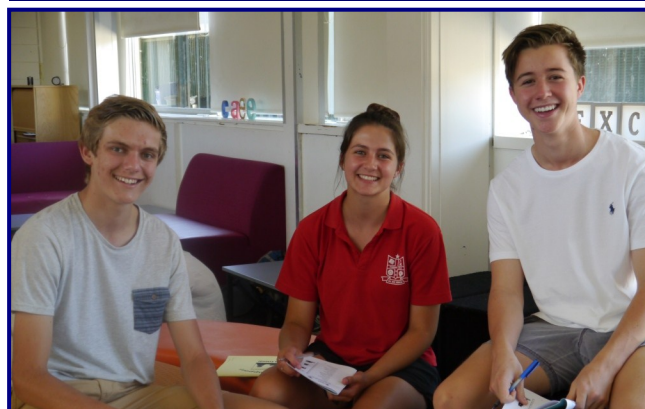
Miss Amanda De Carli  
*Deputy Principal*

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The first official duty for Peer Support leaders will occur on Orientation Day next week, when they will accompany new students and their families on school tours. Peer Support leaders will help Year 7 students to settle in on their first day of high school and throughout Term 1, 2015.

A huge thank you goes to all the students who worked really well despite the intense heat of the two days, and to Mrs Saligram and Ms Greer who worked with the students as mentors. The program could not run without their dedication.

**Mel Frida**  
**Peer Support Coordinator**

**Principal's Footnote:** I wish to extend my sincere thanks to Ms Frida for her tireless commitment to coordination of this training. **Geoff Wing**

*Turn to page 12 for more Peer Support photos.*

# LOOKING FORWARD

## Term 4 2014

Week 9A	Monday	1 December	Year 7 Swim School
	Monday	1 December	Year 10 Bronze Medallion
	Tuesday	2 December	Year 7 Swim School
	Tuesday	2 December	Year 10 Bronze Medallion
	Tuesday	2 December	Transition to High School Program
	Wednesday	3 December	Year 7 Swim School
	Wednesday	3 December	Year 10 Bronze Medallion
	Wednesday	3 December	Year 7 2015 Orientation Day
	Thursday	4 December	Year 10 <i>My Life, My Future</i> Conference
	Thursday	4 December	Sport Trials (for 2015)
	Friday	5 December	Year 7 Swim School
	Friday	5 December	Year 10 Bronze Medallion
Week 10B	Monday	8 December	Duke of Edinburgh's Award Gold Qualifying Hike (ALL WEEK)
	Tuesday	9 December	Year 9 French Restaurant Excursion
	Tuesday	9 December	Transition to High School Program
	Wednesday	10 December	Pennant Hills High School Community Carols
	Thursday	11 December	Band Auditions (MPC/Rehearsal Room 3.30pm - 6.00pm)
	Thursday	11 December	Sport Trials (for 2015)
	Friday	12 December	Year 9 Restaurant Experience
	Friday	12 December	Band Auditions (MPC/Rehearsal Room 3.30pm - 6.00pm)
	Saturday	13 December	Duke of Edinburgh's Award Gold Qualifying Hike
	Sunday	14 December	Duke of Edinburgh's Award Gold Qualifying Hike
Week 11A	Monday	15 December	Duke of Edinburgh's Award Gold Qualifying Hike
	Tuesday	16 December	Duke of Edinburgh's Award Gold Qualifying Hike
	Tuesday	16 December	<b>PRESENTATION EVENING</b> - 7.30pm in the MPC
	Wednesday	17 December	<b>LAST DAY OF SCHOOL YEAR FOR STUDENTS</b>
	Thursday	18 December	Year 12 Celebration Barbecue - 10.00am
	Thursday	18 December	SCHOOL DEVELOPMENT DAY
	Friday	19 December	SCHOOL DEVELOPMENT AY

## SCHOOL VACATION

**Merry Christmas and Happy New Year**

## Term 1 2015

Week 1A	Monday	26 January	<b>PUBLIC HOLIDAY</b>
	Tuesday	27 January	School resumes for <b>Staff Only</b>
	Wednesday	28 January	School resumes for students in <b>Years 7, 11 and 12</b>
	Thursday	29 January	School resumes for students in <b>Years 8, 9 and 10</b>
Week 2B	Tuesday	3 February	Year 7 Camp
	Wednesday	4 February	Year 7 Camp

## ASSESSMENT TASKS FOR YEAR 11 - Term 4 2014

Week 9A	Monday	1 December	History Extension: Hand in Research Project Proposal
	Wednesday	3 December	Business Studies: Extended Response Task (in class)
	Thursday	4 December	Drama: Performance Essay (Pd 1 in class and hand in)
	Thursday	4 December	Physics: Skills Task (in class)
	Friday	5 December	PDHPE: Research Project (hand in)
	Friday	5 December	Biology: Practical Report (hand in)
Week 10B	Monday	8 December	CAFS: Report and Diary (11CF1 - Pd 1; 11CF2 - Pd 4)
	Monday	8 December	Earth and Environmental Science
	Tuesday	9 December	Engineering Studies: Report (hand in)
	Wednesday	10 December	Mathematics: Test (in class)
	Wednesday	10 December	Mathematics General 2
	Thursday	11 December	Software Design and Development
	Thursday	11 December	English: Assessment Task - Viva Voce
	Friday	12 December	Chemistry
	Friday	12 December	Senior Science





## DEPUTY PRINCIPAL'S REPORT



### Year 10 Assembly

The Year 10 Prefects have put together some ideas for an event to mark and commemorate the end of their junior schooling. At the moment, the planning for a formal assembly preceded by a barbecue is well under way. This has not been done for a few years and the Prefect body have shown great aptitude

for collaborative planning and ownership of tasks. They do the school proud and are models of successful student leadership.

### Crossroads – My Life, My Future

Year 10 have recently been at Vision Valley, completing seminars on safe lifestyles and choices, particularly aimed at their potentially adventurous and experimental age group. They also participate in a range of interesting team building and bonding outdoors activities. On their return each day, the students have universally commented on how useful (and just plain fun) this events was.

### Representing the School

I can't emphasise enough how hard it is to build a good reputation compared to losing it. It is so important that students who travel to or from school in their uniform are aware that being in that uniform means they are representing the school, no matter what activity they may be engaged in. What is considered to be just normal 'teenage' behaviour by teenagers is often judged as unruly and unbecoming by members of the broader community, and often they are right. I receive a few phone calls every year expressing concern over students in our uniform taking risks crossing roads, or being a little gregarious in the local parks near younger children. I am determined to see Pennant Hills High School retain its good name, and the school has high expectations of student behaviour, including when travelling. It only takes poor behaviour by a few to tarnish the school's reputation in the wider community.

### Choosing Subjects

Year 7 students have been asked to select a language to be studied in Year 8. They do this by going through the school student portal and ranking the three languages, which are Chinese, French and Japanese, in order of preference. There are no guarantees that students will get their language of choice, but we will try our best to satisfy their selection. Year 8 of 2015 will not be doing electives as in previous years, but rather doing four taster subjects to better equip them to make informed choices for Years 9 and 10. This has been discussed in more detail in previous editions of *Jumbunna*.

### N Awards

To ensure that our current group of HSC students fulfil the Board of Studies requirements, we are obliged to issue, as a last resort, an N (non) award for failure to submit or adequately complete a task. Keep an eye on your child's assessment schedule and work load. Spreading the load over a period and being properly prepared for a task reduces the stress of the event and helps greatly to avoid crisis points experienced by some students. This is especially true for large tasks such as a Visual Arts major work or a Society and Culture Personalised Interest Project (PIP).

### 'Penno' Bags

Keep an eye out for school bags displaying the Pennant Hills High School logo. These new bags, for sale by the P&C, are of excellent quality and design, and are sure to be popular.

### Student Attendance

With the Christmas season drawing nearer, it is timely to remind all parents and caregivers that the school year continues for students up to and including Wednesday 17 December 2014, and the NSW Government requires that students attend up to this date. Your support in ensuring that your child attends each day, in full school uniform, will be greatly appreciated.

### Season's Greetings

As this will be my last column for the 2014 school year, I would like to take this opportunity to wish all students, staff and their families a Merry Christmas and a Happy New Year. Do all within your power to stay safe during the break and return to begin the new school year with renewed enthusiasm and energy.

**Brendan O'Byrne**  
*Deputy Principal*

### CANTEEN BITES

Our Canteen Christmas Party will be held on Tuesday 2 December 2014.

Once again, we will be celebrating at Hotel Pennant Hills, commencing at 7.00pm, with many surprises organised. Please let us know if you are coming.

Do you have your rosters for next year? If not, please see our staff.

**Lyndall Chamberlain**





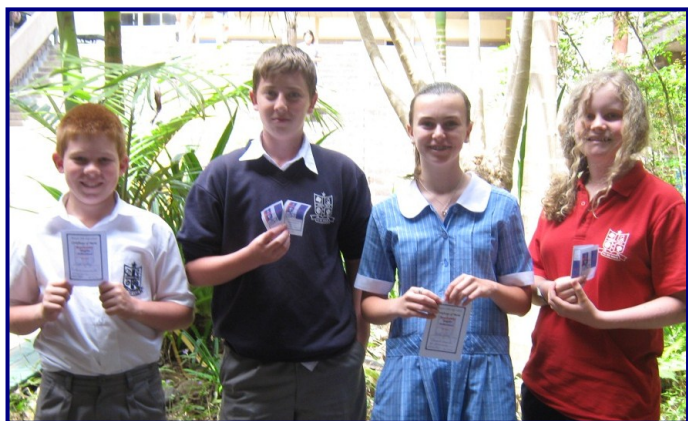
## LIBRARY NEWS

### Year 7 Geography

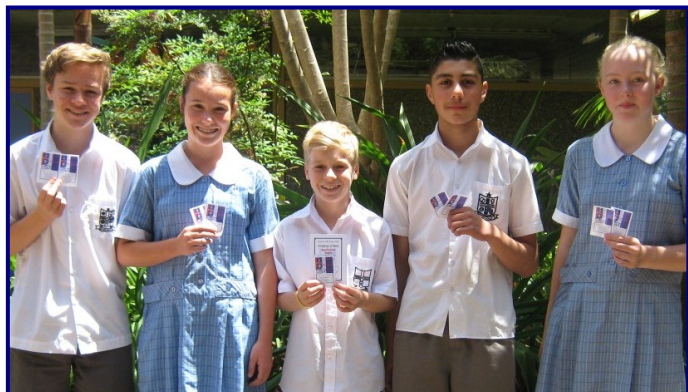
During Term 3 and part of Term 4 students from 7GEG, 7GER and 7GEB have developed their roles as researchers learning how to avoid plagiarising with efficient planning, research note writing and accurate and complete referencing by participating in an *Australian World Heritage* study in the Library.

The following students are commended for their diligence and attention to detail:

**7GEB:** Connor, Nick, Jake, Breannan, Emily and Olivia (*below*).



**7GEG:** Aidan, Moustafa, Laura, Olivia and Harry (*below*).



**7GER:** Anjali, Levita, Rachel, Ben, Jack, Jessica and Oliver (*below*).



**7ENO at work in the library**



### Premier's Reading Challenge

Congratulations to the students from Year 7 who completed the 2014 challenge. You can expect your certificates soon.

Students may start the 2015 Challenge now by accessing the PRC website for the reading lists. There is no need to buy books as Pennant Hills High School library has over 800 books listed in the challenge. They are listed under Reading Lists on the DET Portal or at *Library Enquiry* on the school's Intranet.

### Study Periods, Senior Study and the Library

As a great many seniors are now using these areas more often, we would like to welcome you and look forward to a productive 12 months.





To ensure your study period time is used productively, please remember the following simple procedures and you will have quiet areas in which to work, as you will need these in the next 12 months.

- Senior study is for quiet, individual study.
- Do not take newspapers or other casual reading to the senior study (unless it is for set texts in English).
- You are welcome to do group work in the main section of the library. Check with Library staff if you wish to use small group study room, laptops, Surface RTs, ipads or upstairs computers.



We are happy to help you at any time.

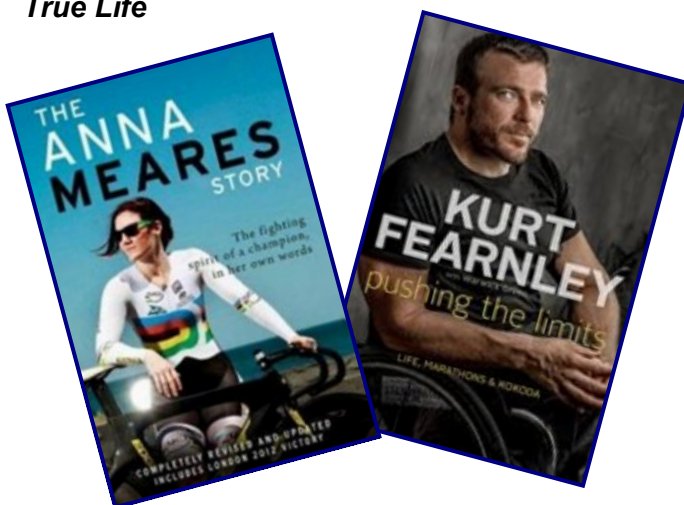
## New Resources ... Enjoy for Christmas.

Staff and Students are welcome to borrow for the Christmas Holidays.

### Fiction



### True Life



Best wishes for Christmas and the New Year from the Library staff.

**Sue Whitlock**  
Teacher Librarian



## PDHPE HAPPENINGS

There are many exciting and valuable learning experiences occurring for students in PDHPE this term.

This week Year 10 students participated in 'At the Crossroads: My Life, My Future'. This wide-ranging course specifically addressed some of the personal and social issues facing young people in schools today, and also prepared them for the transition into the senior school and the challenges which lie ahead. The students spent three days at Vision Valley completing adventure activities such as the flying fox and high ropes course, but the highlights of each day were the presentations from a number of guest speakers including Brent Sanders, Norm Spalding, and Glen Gerreyn. Students had the opportunity to complete their Senior First Aid Certificate, White Card, and Barista Accreditation.

Next week all Year 7 students will participate in the Year 7 Aquatics Program, aimed at improving swimming ability, survival skills and lifesaving techniques. Students attend the program over four school days on a half day rotating basis. It is always a fun and exciting week, and Year 7 students are very much looking forward to this valuable program. In conjunction with this, 34 Year 10 PASS students will complete their Bronze Medallion training.

Year 8 Game On and Year 9 PASS students will be participating in 'Learn to Surf' on Monday 8 December 2014. They will travel to Collaroy Beach where they will be taught surfing techniques, as well as learning valuable skills in reading the surf and identifying and navigating rips. Students are very excited about this learning experience and are hoping for good weather.

The PDHPE Faculty is proud to announce that ten students from the Premier's Sporting Challenge Sports Leadership Team have been selected to attend the 'Leading Through Change' camp at the Sydney Academy of Sport from 7–9 December 2014. Students were chosen on merit based on their experience and commitment to the Sports Leadership Program, with most having been involved since Year 5. At the three day overnight camp students will complete coaching training in two sports, conducted by the governing sporting organisations. We congratulate these students and are confident in their ability to utilise the skills they will learn to support the school and local community.

**James Boyer**  
**Head Teacher PDHPE (Acting)**

## SCIENCE SNAPSHOT

### National Science Competition

Students across Years 7–12 took part in the National Science Competition which reinforces the interest students at Pennant Hills High School have in Science. The results included: 24% High Distinctions, 27% Distinctions and 32% Credits. Congratulations to all students on this outstanding achievement.

### Essential Secondary Science Assessment

The NSW Department of Education and Communities has implemented the state-wide ESSA online testing of Year 8 students based on Stage 4 (Years 7 and 8) Science syllabus outcomes. Testing was carried out on Monday 12 November, and the school and parents will be able to access students' results early in 2015.

The Science Faculty has recently held various excursions and study days. Chemistry and Physics students attended excursions to Lucas Heights Nuclear Reactor, the Maritime Museum, and University of Sydney seminars.

We kindly request that any student who has mistakenly taken a Science textbook or equipment home please return them to the Science staff at their earliest convenience.

**Phil Scandizzo**

**Head Teacher Science and Agriculture**

### CHANGING YOUR DETAILS? HELP US KEEP IN TOUCH.



Are you changing jobs, moving house or changing phone number/s (including work and mobile) or email address/es?

**Please make sure your details are up to date so we can contact you with important information or when your child needs you.**

Changes must include a signature from a parent or caregiver and can be made in one of two ways.

- Change of Details forms are available for collection (by students, parents or caregivers) from Student Reception.
- Log on to the parent portal to check or change your details: My Child ➡ (Student's Name) ➡ Change Details ➡ Primary Email (eg.)

**A current primary email address is very important** to ensure you receive emails sent between school and home, including your students' academic reports.



## CREATIVE AND PERFORMING ARTS

As 2014 draws to a close it is interesting (and exhausting) to reflect on all the exciting developments and CAPA events which occurred during the year. These included:

- The introduction of the CAPA Captains was initiated in 2014, with students self-nominating to promote CAPA events and to strengthen leadership skills.
- The CAPA Festival in Week 5 of Term 3 included the *HSC Drama Family and Friends Night* (Tuesday 12 August) and the *HSC 6 Music Soiree* (Wednesday 13 August). These events were surrounded by the *Visual Arts Exhibition*, which was held from Wednesday 13 August to Friday 15 August. The *Big Band Biennale* was held on Wednesday 20 August. Once again this was a very successful *Festival Week*, showcasing the talents and commitment of CAPA students and staff.



- An exciting achievement included Eamon of Year 11 being selected to perform as a feature artist in *Schools Spectacular* on 28 and 29 November 2014, and Jessica of Year 12 progressing well into the audition stages of this prestigious event.
- Fundraising for the purchase of a Grand Piano commenced late in 2014 with the organising of *Pennant Hills High School Community Carols*, supported by both the Concert Bands, past student musicians and the School Choir.

## Drama

Major achievements for Drama in 2014 included:

- The *Drama Festival* in June allowed all Drama students, Ensemble members and Theatresports teams to showcase their abilities to a very receptive audience. Four musicians also performed on the night.
- *Alice in Wonderland*, produced and performed by Year 11 Drama, was a highlight of 2014.



- The *HSC Family and Friends Night*, held in Week 5, Term 3 as part of the *CAPA Festival*, was a very successful event.
- Year 12 Drama students produced strong and engaging performances for their HSC Drama Course.
- Establishment of the Drama Studio and annex as a major performance space.

All Drama students have had the opportunity to develop and extend their theatrical experiences in 2014 through the following:

- Senior students had the opportunity to view the best of 2013 HSC Drama student performances and submission of works at *Onstage* at the Seymour Centre in February.
- Year 11 Drama students produced and performed *Alice in Wonderland* in June, including three evening performances and two matinee sessions.
- All students across the school had the opportunity to participate in the curriculum enrichment activity, the *Drama Ensemble*, which ran on Tuesday afternoons. Predominantly students from Stages 4 and 5 formed the Ensemble.





- Theatresports was once again offered as a curriculum enrichment activity for students. The Intermediate team and a Senior team participated in the *Theatresports Schools Challenge* in June, with the Junior team competing in October/November. Over 70 students from Years 8–12 participated in a Theatresports Workshop run in March.
- Other excursions and enrichment experiences in 2014 included Stage 6 Drama students subscribing to performances at Belvoir Street Theatre and Stage 6 students attending a performance of *Ruby Moon* at Bondi Pavilion Theatre in February.
- Sixteen Drama students from Years 9–12 continued to represent the school in the *GP Synergy Program*, helping to train doctors in Adolescent Health and Small Group Facilitation throughout 2014.

## Music

Major achievements for Music and the Band Program in 2014 included:

- 2013 HSC Music student David had his Core Composition from his Music 2 Course retained for possible selection in *Encore*.
- Year 12 Music students 2014 produced strong and engaging performances for their HSC Music Course.
- *Band Camp* which was held from Sunday 9 to Tuesday 11 February, with over 90 students working to develop and extend their musical skills and to perform together as a formal band. This was followed by *Band Camp Concert Evening* on 11 February at 7.30pm.



- The *May Music Festival* was a great success, and included groups from our partner Primary Schools in the program.
- Our new *School Choir* was formed in May, led by Choir Conductor, Rachel Kelly, and the students sang for their first audience at the *Visual Arts Exhibition Opening* and then at the *2014 Primary Proms, Uluru Concert*, at Sydney Town Hall on 18 September.
- The *HSC Soirée Evening* was held in Week 5, Term 3 as part of the *CAPA Festival* and was a very successful event.

- Our *Big Band Biennale* was held on 20 August in the MPC, with our student musicians being joined by primary school bands and several professional musicians to make for a very entertaining evening.

All Music and Band students had the opportunity to extend and develop their musical experiences in 2014 through the following:

- Stage 5 and 6 Music students subscribed to *Meet the Music* at the Opera House and Stage 6 Music students attended *Encore* one evening in March.
- Year 7 had an incursion *African Rhythms* with Eddie Quansah in March and then with *Electric Music* in September.



- Concert Bands 1 and 2, Junior Stage Band and Big Band performed at various *School Fetes* including Pennant Hills Public School Fete in May, Thornleigh West Public School Fete in August and West Pennant Hills Public School Fete in September.
- Big Band performed at the *DEC Festival of Instrumental Music, Banksia Concert* at the Opera House in June Concert Band 1 performed at the *DEC Festival of Choral Music, Australis Concert* at the Opera House in August.
- Concert Band 2 won a Gold Award at the *NSW School Bands Festival* in July and Junior Stage Band won a Silver Award. Big Band also performed at this prestigious event.



These are only some of the many experiences enjoyed by our Music and Band students throughout the year.



## Visual Arts

Major achievements for Visual Arts in 2014 included:

- Year 12 Visual Arts students produced strong and engaging bodies of work.
- Two Year 12 Visual Arts students had their body of work nominated for Artexpress 2015. They were Eliza with her drawings titled *370 degrees of longitude* and Benjamin with his drawings titled *Limbo*.
- The annual *Visual Arts Exhibition* was opened on Friday 15 August as part of the very successful *CAPA Festival*, and included the newly formed School Choir in the official ceremony. The exhibition opening was well supported by parents and students, with an impressive attendance on the night. Visits from local primary schools, and friends and family members of students with artworks on display ensured the success of the exhibition.



- The *Photography Club* was established and ran on Monday afternoons, giving all students the opportunity to learn or build upon their photomedia skills.



All Visual Arts students had the opportunity to develop and extend their art practice and appreciation of the art world through excursions organised for all elective groups to investigate subject matter first hand, lending great variety to the production of artworks. In 2014, venues included the Art Gallery of NSW with *Artexpress 2014* and the *Sol Le Witt Exhibition*, as well as the *Archibald Exhibition*, and *Sydney Fish Markets*. All artworks produced in response to these experiences were displayed in the *Visual Arts Exhibition* and a selection put on display in art rooms and in the foyer of the art block ready for *Open Day* and *Orientation Day*.



Artworks from the Visual Arts Exhibition were curated and selected for framing, and have been put on display around the school in offices and administration areas for 2015. The achievement of these talented students was acknowledged with a certificate and the students' names were listed in *Jumbunna*.



We continued to establish a permanent collection of artworks which will remain on display around the school. In 2014 we purchased and framed two paintings, titled *Puppy Love*, from the body of work by 2013 HSC student Amy. These are currently on display in Student Reception.



**Janelle Dennis**  
**Head Teacher CAPA**





## BANDANNA DAY



*The Australian Organisation  
for Young People Living with Cancer*



## SPORT SHORTS

### Zone Premiers

Eleven of our sporting teams recently contested the Ku-ring-gai Zone Finals, with five teams emerging as Premiers following some fantastic matches. We congratulate all of these players and their coaches.

#### PREMIERS

##### **Speedaway Boys**

*(coached by Mr C Cassar and Mr P Longhurst)*

Daniel, Greg, Jared, Matt,  
Darian, Nathan, Hamish, Jake,  
Bradley, Hamish, James, Kian,  
Zachary, Ryan, James and Oliver.

##### **Mixed Volleyball A**

*(coached by Mr C Raper and Ms K Clark)*

Olivia, Timothy, Angus, Vanessa,  
Helen, Benjamin, Aslisaadet, Jamie,  
Ishita, Tristan and Jordan.

##### **Mixed Volleyball B**

*(coached by Mr C Raper and Ms K Clark)*

Asal, Lachie, Rod, Emmanuel,  
Eric, June, Gabrielle, Ivan,  
Ria, Daniel and Carmen.

##### **Boys Futsal Open B**

*(coached by Mr J Antoon)*

Alex, Cai, Anthony, Liam, Russell, Jack, Marius,  
Kristoff, Ben and John.

##### **Boys Futsal 15's B**

*(coached by Mr R Williamson)*

Joshua, Luke, Andrew, Christian,  
Siddhant, Chen, Thomas and Luke.

#### RUNNERS-UP

Boys Handball A - *coached by Mr P Toohey*

Boys Handball B - *coached by Mr P Toohey*

Girls Basketball A - *coached by Mr J Boyer*

Girls Frisbee A - *coached by Mr G Broadhead*

Boys Futsal Open A - *coached by Mr J Antoon*

Boys Futsal 15's A - *coached by Mr R Williamson*

### Softball

Learning Support teacher, Halima Heywood, has recently returned from the Gold Coast where she participated in the Pan Pacific Masters Games. Congratulations to Ms Heywood and her team, Sydney Spirit, who won a bronze medal in their division of the Softball competition .... a great example of commitment and achievement.

### House Captains for 2015

Congratulations to the following Year 10 students who have been elected as House Captains for the coming year.

#### **Bellamy**

Colleen and Morgan

#### **Greenway**

Kaitlin and Matthew

#### **Redgum**

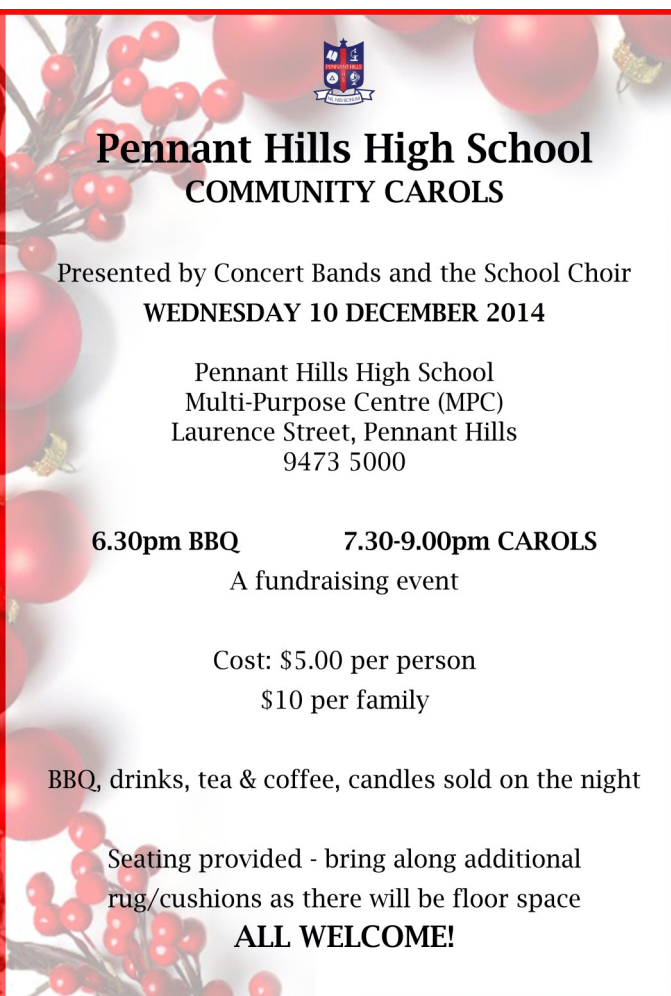
Jacqueline and Tom

#### **Yarrara**

Hannah and Cody

### **Valmé Kruger**

### **Sports Coordinator**



**Pennant Hills High School**  
**COMMUNITY CAROLS**

Presented by Concert Bands and the School Choir  
**WEDNESDAY 10 DECEMBER 2014**

Pennant Hills High School  
Multi-Purpose Centre (MPC)  
Laurence Street, Pennant Hills  
9473 5000

**6.30pm BBQ**                      **7.30-9.00pm CAROLS**  
A fundraising event

Cost: \$5.00 per person  
\$10 per family

BBQ, drinks, tea & coffee, candles sold on the night

Seating provided - bring along additional  
rug/cushions as there will be floor space

**ALL WELCOME!**

### GRAND PIANO FUND

A reminder that contributions to the recently-established Grand Piano Fund may be made at the payments window in Student Reception between 8.00am and 3.00pm on weekdays during school terms.



We are able to accept payments as cash, EFTPOS or cheque (payable to Pennant Hills High School). Please phone the school on 9473 5000 if you wish to enquire about making a donation.



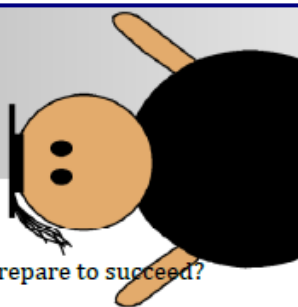
## TRAINING OUR PEER SUPPORT LEADERS



**TO WELCOME AND SUPPORT NEW YEAR 7 STUDENTS**



# STRESSLESS



Is school stressing you out?

Do you want to help your child prepare to succeed?

StressLess is a group program for students in Years 10-12 to learn practical strategies to manage stress.

Students will be taught by a psychologist how to navigate the stressful senior school years. The program has been developed in consultation with Dr Fiona Denton and is grounded in evidence-based Cognitive Behaviour Therapy.

Topics covered will include:

- ✓ Time management and healthy study habits
- ✓ Study/life balance - diet, exercise, leisure
- ✓ Relaxation and sleep strategies
- ✓ Defeating worries and unhelpful thoughts
- ✓ How parents can help their kids in the HSC

By learning to effectively manage their stress, students will have greater resources to cope with school and to maximise their potential.

Sessions will be run from our Pennant Hills premises. Call us to find out about our January or Term 1 program.

P: 9980 5729 | E: [admin@dentonpsychology.com.au](mailto:admin@dentonpsychology.com.au)

## END OF FINANCIAL YEAR

As the school's end-of-financial year (30 November) approaches, parents and students are reminded that we will be **unable to receipt any monies until Monday 1 December (inclusive).**

We thank you for your understanding and cooperation.

**Janette Louis**  
School Administrative Manager

## 'PENNO' PRAYER MEETING

Mums, Dads and Grandparents, please come and join us as we pray for 'Penno' staff and students.

**1st and 3rd Friday**  
**of each month during term**

**8.45am – 9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**



## "Act, Create, Communicate"

Boost your creativity, confidence and communication skills. Self-development through drama.

ENROLLING NOW | NEW TERM STARTING SOON

9875 3139 | STUDENTS AGED 3-17

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## AABEEDAR Driving School

### SPECIAL OFFER

For a limited time we are offering driving lessons for \$40.00 per hour \*\*

(\*\* Must book 2 hours each session.)

(\*\* Only available in suburbs listed on website.)



Instructor Lic. No. 012627



**Ask about our 1 hour**  
**FREE**  
**Safe Driving Course.**

**Phone Afshin on 0469 749 935**

Please visit our website  
[www.aabeedardrivingsschool.com.au](http://www.aabeedardrivingsschool.com.au)



# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

### **Service of Remembrance: Wednesday 3 December 2014 at 7.30pm**

Seeking to ease the pain of families and friends of children who have died or are missing. You are invited to bring a flower to place as a tribute during the service, or you may use one of the flowers provided if you prefer. A crèche will be available during the service, and all are welcome to stay for supper following the service.

**St Matthew's Anglican Church**, Cnr New Line and Castle Hills Roads, West Pennant Hills **Enquiries:** 9479 3700

### **International Volunteer Day Morning Tea: Friday 5 December 2014 from 10.30am—12.00pm**

Hornsby Council is inviting all people who volunteer in any role within the Hornsby Shire area to be their guests at a free morning tea hosted by the Mayor. Hornsby Council Chambers, 296 Peats Ferry Road (formerly Pacific Highway).

**RSVP:** by 30 November 2014 (for catering) to Alison Grealish - 9424 0970 or [volunteers@kmc.nsw.gov.au](mailto:volunteers@kmc.nsw.gov.au)

### **Hornsby Council Christmas Celebrations: Saturday 6 December 2014 from 5.00pm—9.30pm**

Rofe Park, Galston Road, Hornsby Heights. Santa, food, fireworks, entertainment and fun photo booth.

Free shuttle bus to and from Hornsby Station. Bottled water will **not** be for sale at this event ... you are welcome to bring your own bottle and make use of the refilling station. There will be some refillable water bottles available for purchase.

<http://www.hornsby.nsw.gov.au/my-lifestyle/events/christmas-spectacular-2014>

### **Parenting Education for Parents and Carers:** Chatswood Community Health Centre - various dates during Term 4.

Facilitated by the Northern Sydney Local Health District, these course address issues relevant to children at all stages of development, from toddlers to teenagers. **More information:** [www.nslhd.health.nsw.gov.au/services/CAP](http://www.nslhd.health.nsw.gov.au/services/CAP)

### **Australia Day Celebrations at Hornsby: Monday 26 January 2015 from 11.00am—2.00pm**

Live entertainment in Hornsby Park. Lions Club sausage sizzle, fund-raising for the Women's Community Shelter.

### **Australia Day Celebrations at Ku-ring-gai: Monday 26 January 2015 from 5.30pm—9.00pm**

Free concert and fireworks at Bicentennial Park, West Pymble. Food stalls, kids' activities and rides.

## STUDENT EXCHANGE PROGRAMS

**Southern Cross Cultural Exchange** [www.scce.com.au](http://www.scce.com.au) or 1800 500 051.

**LATTITUDE AUSTRALIA** Volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia NZ** [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**World Education Program Australia (WEP)** [www.wep.org.au](http://www.wep.org.au) or 1300 884 733. **Hosts needed for 2015.**

**Australian Institute of International Understanding (AIU)** [www.aiiu.com.au](http://www.aiiu.com.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

**AFS Intercultural Programs Australia** [www.afs.org.au](http://www.afs.org.au) or 1800 023 982

## RECREATION AND SPORTING GROUPS

**Northern District Hockey Association:** [www.ndhockey.com.au](http://www.ndhockey.com.au) or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert)

**West Pennant Hills Cherrybrook Football Club:** register for the 2014 season. [www.wphcfc.net.au](http://www.wphcfc.net.au)

**Rugby Connect—Trytons:** is a rugby union program developed for special needs boys and girls between the ages of 5—17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan [mkellahan@nswrugby.com.au](mailto:mkellahan@nswrugby.com.au) or phone 9323 3407.

**Hills Hawks Softball:** All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Pennant Hills District Cricket Club: (15 years and over)** [pennanthillscricket.com.au](http://pennanthillscricket.com.au)

**North Sydney Girls Cricket Association:** [www.nsgca.nsw.cricket.com.au/](http://www.nsgca.nsw.cricket.com.au/)

**Pennant Hills Cherrybrook Rugby League Club:** [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club:** [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or 0439 904 457

**Cherrybrook Table Tennis Club:** 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club:** [www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band:** [www.goldenkangaroos.org.au](http://www.goldenkangaroos.org.au) or 9868 3289

**Northern Sydney Youth Orchestra:** for young musicians. Not-for-profit organisation. <http://www.nsyso.org.au>

**2nd/3rd Pennant Hills Scout Group:** 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides:** 0438 284 592 (Fiona) - Mondays - Guides (10-14) 5:30-7:30pm; Senior Guides (14-18) 7-9pm.

**Hornsby District Athletics (children aged 4–17):** Saturday mornings at Pennant Hills Park [www.hdlac.org.au](http://www.hdlac.org.au)

**Cherrybrook Athletics Club (children aged 5–16):** Friday nights 5.45pm–8.00pm [www.cherrybrookathletics.org.au](http://www.cherrybrookathletics.org.au)

**Taiko Drumming** (a blend of choreography, drumming, movement and music for everyone): [www.taikoz.com](http://www.taikoz.com)

**St Agatha's Youth Group:** for students from Years 7 to 9 - [www.stagatha.org.au](http://www.stagatha.org.au) or 0409 847 208 (Laura)

**West Pennant Hills Netball:** Ashley - 0421 558 009. [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/)

**Thornleigh Softball:** All games played at Galston. Contact Sharon—0407 442 402. [www.thornleighsports.org.au/softball](http://www.thornleighsports.org.au/softball)

**Lion's Park Tae Kwon Do and Self Defence:** Pennant Hills and West Pennant Hills. Leanda Bell - 0410 316 284



# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed:** Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Volunteer with Easy Care Gardening:** [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed:** City of Sydney Meals on Wheels - For more information, phone 8512 4230.

## COMMUNITY SERVICES AND SUPPORT

**Free adult literacy and numeracy classes—Meadowbank TAFE:** 9942 3572. Reading, writing and speaking.

**Free English courses for adult migrants - [www.ames.edu.au](http://www.ames.edu.au):** Classes at Hornsby, Chatswood and Eastwood.

**English Classes—Wednesday evenings from 7.00pm—9.00pm during school terms.** Cost \$3.00 per week.  
West Pennant Hills Community Church, 41–43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

**The Kids Are All Right Website** for parents of Australian teenagers.

For articles on teenagers plus a forum for parents of teens, go to [www.thekidsareallright.com.au](http://www.thekidsareallright.com.au).

**Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women:** Students selected on merit.  
Information and applications: [www.avcat.org.au](http://www.avcat.org.au) or phone 9213 7999 or 1800 620 361 (voicemail)

**Jack's Youth Café at Hornsby:** 5 Jersey Street Hornsby (a short walk from the station).

After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm.

**Bringing young people, their families and communities together with hope.** Phone 9477 1110.

**Ability Options:** a FREE service helping people with a disability into the job that's right for them.

**More information:** [abilityoptions.org.au](http://abilityoptions.org.au) or contact Caroline Krix on 8811 1717 or [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Ability Links:** supporting people with a disability, their families and carers to achieve their goals in life.

For more information phone 8830 0768 or email [abilitylinks@unitingcarens.wa.gov.au](mailto:abilitylinks@unitingcarens.wa.gov.au)

**Foster Care Association NSW Inc:** Providing advocacy, support and information to foster carers.

[www.fcansw.org.au](http://www.fcansw.org.au) or phone 4987 1847

**Healthy Kids FREE Parent e-zine:** important nutrition information and great recipes: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote:** If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone 1300 135 736

**Uniting Care Northmead:** 8839 5107 - Workshops and counselling for parents. Phone for more information.

**Interrelate family centres:** 8882 7850 - Phone for details of current workshops and courses for parents.

**TOUGHLOVE:** 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers:** [www.nscchhs.health.nsw.gov.au/caparenting](http://www.nscchhs.health.nsw.gov.au/caparenting)

Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay:** 9488 2523 - Advice and support for parents.

**Depression Support Group:** 1300 794 991.

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line:** [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline:** 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia:** Email [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children:** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents:** [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre:** 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services (the Hills):** [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre:** 9651 3534 - Counselling and parenting courses available.

**Newcomers Club:** [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**NSW Health Free Dental Clinic for 12-25 year olds:** 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets:** Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

**Christ Evangelical Centre of Australia Chinese Language School:** 0410 613 814 (Jenny)

**Cybersmart website:** [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register:** [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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