



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 21 June 2013

Term 2 Week 8A

## CONCERT BANDS IN FULL GLORY

*Concert Band 2 warms up behind the scenes*



Pennant Hills High School's concert bands have always done well in music eisteddfods, and this year's Yamaha Band Festival was no exception.

There was one significant difference, however. For the first time, the festival was held at the Concourse Centre in Chatswood. Surrounded by aromas wafting from the Korean BBQ and wood-fired pizza restaurants, this was a long (and tempting) way from past festivals which had been held in the relatively isolated Lindfield campus of UTS.

Our bands didn't disappoint, performing to their usual high standard in their new surroundings.

### **A Diamond Performance for Concert Band 1**

Concert Band 1 lit up the Concourse on Tuesday evening, 11 June, with one of their finest performances of the year. Pulling out all stops, they delivered a set of three pieces that had the audience in awe. Word on the street had the adjudicators describing *Symphonic Essay* as a 'perfect' performance, and in some sections 'spine tingling'. Little wonder that these talented musicians won the Diamond Award.

Credit must go to our conductor John Buckley, whose passion to encourage his band to 'play musically' and 'let the music speak for itself' has led our young performers on a rich journey this year, allowing our new and established players to blend together as one incredible musical force.

Mr Geoff Wing  
*Principal*

Mrs Jane Dennett  
*Deputy Principal*

Mr Brendan O'Byrne  
*Deputy Principal*

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

E: [pennanthil-h.school@det.nsw.edu.au](mailto:pennanthil-h.school@det.nsw.edu.au)

W: [www.pennanthil-h.schools.nsw.edu.au](http://www.pennanthil-h.schools.nsw.edu.au)

### **Silver Award for Concert Band 2**

Concert Band 2 performed in second-last slot of the evening on Wednesday 12 June, but the wait was worth it. Even allowing for the traditional 'percussion shuffle' between each piece, they performed smoothly and superbly, playing three items: *Asian Folk Rhapsody*, *Harlequin Dance* and *Renegade Dances*.

The second of these was a popular piece at the festival, with the adjudicator commenting that this was the fourth time he had heard it that day. However, Concert Band 2's version was something out of the box. Our students played it with a jaunty, jazzy feel, and really brought the music to foot-tapping life.

Tuba player Kalindi of Year 8 received a special mention from the adjudicator for 'bringing a lot of oomph to the often unwieldy instrument'. This performance was complemented by the rest of the band, who all played well, with the adjudicator giving a fairly restrained 'a nice little band' commendation.

They were so 'nice' in fact that they were awarded Silver. Congratulations to all the musicians in Concert Band 2 and to conductor Jason Isaac.

**Tim Mendham and Michelle Healey**

## FUTURE DATES

<b>Term 2 2013</b>			
WEEK <b>9B</b>	Monday	24 June	Subject Selection Evening in the MPC
	Tuesday	25 June	Chemistry Excursion to Sydney University
	Tuesday	25 June	P&C Meeting
	Friday	28 June	<b>LAST DAY OF TERM</b>
<b>VACATION</b>			
<b>Term 3 2013</b>			
WEEK <b>1A</b>	Monday	15 July	School Development Day
	Tuesday	16 July	<b>ALL STUDENTS RETURN TO SCHOOL</b>
	Friday	19 July	Science Challenge
	Friday	19 July	CHS Cross Country Carnival
WEEK <b>2B</b>	Sunday	21 July	Duke of Edinburgh's Award Bronze Qualifying Hike
	Sunday	21 July	Duke of Edinburgh's Award Silver Practice Hike
	Monday	22 July	Duke of Edinburgh's Award Bronze Qualifying Hike
	Monday	22 July	Duke of Edinburgh's Award Silver Practice Hike
	Monday	22 July	Sydney North Athletics Carnival—Day 1
	Tuesday	23 July	Duke of Edinburgh's Award Silver Practice Hike
	Tuesday	23 July	Sydney North Athletics Carnival—Day 2
	Tuesday	23 July	P&C Meeting
	Friday	26 July	MUFTI DAY—Jeans for Genes Fundraiser
WEEK <b>3A</b>	Monday	29 July	<b>TRIAL HSC EXAMINATIONS—All Week</b>
	Wednesday	30 July	Year 11 Drama Production—7.00pm
	Thursday	31 July	Australian Mathematics Competition
	Thursday	31 July	Meet the Music Concert—6.30pm
	Friday	1 August	Year 11 Drama Production—7.00pm
WEEK <b>4B</b>	Monday	5 August	<b>TRIAL HSC EXAMINATIONS—All Week</b>
	Monday	5 August	SES Cadet Camp—Milson Island
	Tuesday	6 August	SES Cadet Camp—Milson Island
	Thursday	8 August	Vaccinations
WEEK <b>5A</b>	Tuesday	13 August	CAPA Festival—HSC Drama 'Family and Friends Night'
	Wednesday	14 August	CAPA Festival—Stage 6 Music Soirée
	Wednesday	14 August	CAPA Festival—Visual Arts Exhibition
	Thursday	15 August	CAPA Festival—Visual Arts Exhibition
	Friday	16 August	CAPA Festival—Visual Arts Exhibition Official Opening
	Saturday	17 August	CAPA Festival—Visual Arts Exhibition
WEEK <b>6B</b>	Monday	19 August	<b>SPIRIT WEEK—All Week</b>
	Monday	19 August	<i>Bricks and Blocks</i>
	Tuesday	20 August	<i>Bricks and Blocks</i>
	Wednesday	21 August	<i>Year 11 Wired</i>
	Friday	23 August	Stage 5 Geography Fieldwork

## SCHOOL DEVELOPMENT DAY

Reminder: the next school vacation period will be followed immediately by a school development day.

On this day, teachers from Pennant Hills High School will meet with colleagues from other local high schools on our campus to workshop

'Behaviour Management: A Whole-School Approach' with educational expert, Bill Rogers.

**Students DO NOT attend school on Monday 15 July 2013.**

**SCHOOL RESUMES FOR ALL STUDENTS ON TUESDAY 16 JULY 2013.**

## DEPUTY PRINCIPAL'S REPORT



Although it is only June, many of our Year 12 students are reaching the final stages in the development of major works across a number of subjects, including English Extension 2, Drama, Industrial Technology, Music, Society and Culture, Textiles and Design, and Visual Arts. These projects are due for completion next term, with Drama marking

and the handing in of Society and Culture personal interest projects starting off the process on 5 August. A full schedule of dates can be found on the Board of Studies website under Dates and Events.

<http://www.boardofstudies.nsw.edu.au/events/hsc-2013-practical-performance-dates.html>

As this year's Year 12 students work towards completion of their major works, it is timely to again recognise those students whose major works, completed in 2012, have been selected for inclusion in exhibitions.

In the previous edition of *Jumbunna*, Jacqui was acknowledged for having her English Extension 2 story selected for publication in the prestigious Board of Studies Young *Writers Showcase*.

In addition, eight of our students had their Industrial Technology Metal and Timber projects from 2012 nominated for inclusion in the InTech Display to be held at Olympic Park from 26–28 July 2013.



These students were Brandon, Simon, Corey, Charlie and Jonathan, all from Year 12 2012, and Joshua, Chris and Bronte from our current Year 12 who were accelerated in this course. Simon Begg was placed second in the state in this course in 2012.

These selections round off a very impressive year for the school with major projects. Other students previously acknowledged are Samantha (ArtExpress) and Benson (OnStage OnScreen). We trust the achievements of these students will inspire our current HSC candidates to strive for excellence in their projects.

**Mark Tyler**  
**Relieving Deputy Principal**

## YEAR 11 2014

### CURRICULUM INFORMATION MEETING

**Monday 24 June 2013**

**7.00pm**

**ROBERT STACEY HALL**

This is an essential evening for any student intending to commence Stage 6 studies in 2014.

Please ensure that you have accessed the Course Information Booklet on the PHHS website:

<http://www.pennanthil-h.schools.nsw.edu.au/news/year-10-to-11-subject-selection>



## IMPORTANT NOTICE

### USE OF STUDENT IMAGES

#### INTRODUCTION OF AN 'OPT OUT' APPROACH

At Pennant Hills High School we take great pride in the achievements of our students and the school as a whole and, whenever possible, we seek to share this information with the school community and members of the wider community. School photos, group photos and general photos of school life are often included in school publications and on the school website, where this information is shared. The publications may include but are not limited to *Jumbunna* and the Annual School Report, which also appear in digital form on the school's website, and the school's Year Book which is distributed in print form only. It is important, therefore, that we seek your permission to include images of your child on our website and in school publications.

In line with current practice across the state, Pennant Hills High School has adopted an 'Opt Out' approach to student photo permissions. That is, if we do not receive written advice from a parent or caregiver to the contrary, it will be taken as implied that you give permission for your child's image to be included on the school website and in school publications.

**If you do not wish your child's image to appear on the school website or in school publications, you will need to make these intentions known in writing by completing the slip provided in the 'Use of Student Images Opt Out Letter'.** We will make every reasonable effort to comply with your wishes. This letter can be accessed on the Parent Portal (<http://web1.pennant-h.schools.nsw.edu.au/content/parents/login.asp>).

In the initial change-over period, parents and caregivers will have until Friday 28 June 2013 to submit the 'Opt Out' slip before implied permission will be implemented.

## ENGLISH FACULTY NEWS

As Year 12 students head toward their Trial HSC, assessments continue to be completed and Module C has begun. This is a crucial time as it is essential that this topic is covered sufficiently well before this exam. Students are encouraged to allocate sufficient time to both new work and revision of the course thus far.

Year 11 Advanced candidates are currently immersed in a critical study of William Shakespeare's *Othello*. It is particularly pleasing that 50 students made the commitment to attend an out-of-school production of this demanding play in full performance by the Sport for Jove Company at the Seymour Centre. This was a particularly worthwhile experience, challenging all to assess the interpretation of the play against our own ideas. For many students this was their first experience of a full length production (3 hours) and clarified that a script is designed for performance and audience interaction. I would especially like to thank those parents who willingly transported their children and their children's friends into the city at night to attend this production. Your support in providing our students with this very valuable experience is greatly appreciated.

**Jamie Simpson**  
**Head Teacher English**

## THE 'WOW' FACTOR

Congratulations are due for several of our talented students who have received high praise for their achievements in their chosen field.

### **Pierre de Coubertin**

Rebeka, of Year 12, has been selected to participate in the exclusive Pierre de Coubertin Awards Olympic Academy. Award recipients will participate in the academy activities on the morning of Friday 21 June 2013, prior to the official State Presentation to be held in the afternoon.

### **State Drama Camp**

Three of our talented Year 11 Drama students have been selected to attend the State Drama Camp at Elanora from 23—27 June 2013. We congratulate Madi, Lauren and Larissa on achieving this recognition.

### **State Senior Music Camp**

Nine Pennant Hills High School students will join with other talented musicians from across NSW at the State Music Camp to be held from 22—27 June 2013. Congratulations to Victoria, Alexander, Joseph, Jessica, Evan, James, Breanna, Jessica and Jules.

# FACULTY AWARDS

## HISTORY

Congratulations to the following students who have been awarded certificates for their achievement, effort and improvement in their subjects within the History KLA.

**Year 7 : High Achievement**

Samuel, Eleanor, Leah

**Year 7 : Consistent Effort**

Eleanor

**Year 8 : High Achievement**

Mia, Laura-Ann

**Year 8 : Consistent Effort**

Harry

**Year 9 : High Achievement**

Russell, Justin

**Year 9 : Consistent Effort**

Russell

**Year 9 : Improvement**

Kirsten, Russell, Jack

**Year 10 : High Achievement**

Greg, Jared

Miriam, Adam

**Year 10 : Consistent Effort**

Miriam

**Year 11 Ancient History : Consistent Effort**

Kerry, Caitlin

**Year 11 Ancient History : Improvement**

Caitlin

**Year 11 Modern History : High Achievement**

Lucy, Madeleine

**Year 11 Modern History : Consistent Effort**

Madeleine, Courtney

**Year 11 Society and Culture : High Achievement**

Emma

**Year 12 Ancient History : High Achievement**

Lucie, Merryn

**Year 12 Modern History : High Achievement**

Sarah, Sarah

**Year 12 Modern History : Consistent Effort**

Sarah

**Year 12 Society and Culture : High Achievement**

Alana

**Year 12 Society and Culture : Consistent Effort**

Alana

**Year 12 History Extension : High Achievement**

Callum

*Roger Niccol, Head Teacher History*

## PDHPE

Congratulations to the following students who have been awarded certificates for their achievement, effort and improvement in their subjects within the PDHPE KLA.

**Year 7 PDHPE : Outstanding Results**

Alison, Taliah, Lewis

**Year 7 PDHPE : Consistent Effort**

Michael, Timothy, Kate

**Year 8 Game On : Consistent Effort**

Joshua

**Year 8 Game On : Outstanding Results**

Isabella

**Year 8 PDHPE : Outstanding Results**

Robert, Lachlan

**Year 8 PDHPE : Consistent Effort**

Andrew, Lani, Prashan

**Year 8 PDHPE : Marked Improvement**

Ken

**Year 9 Game On : Consistent Effort**

Kimberley

**Year 9 PASS : Outstanding Results**

Cody

**Year 9 PASS : Consistent Effort**

Georgia, Matthew, Hannah

**Year 9 PDHPE : Outstanding Results**

Taylor, Oliver

Danusha, Tamara

**Year 9 PDHPE : Marked Improvement**

Colleen

**Year 10 Game On : Consistent Effort**

Amber

**Year 10 PASS : Outstanding Results**

Gregory, Matthew

Nathan, Kate

**Year 10 PDHPE : Outstanding Results**

Emma

**Year 10 PDHPE : Consistent Effort**

Amelia, Hamish,

Nicholas, Lucas

**Year 10 PDHPE : Marked Improvement**

Matthew

**Year 11 PDHPE : Outstanding Results**

Mikhaela, Michael, Grace

**Year 11 PDHPE : Consistent Effort**

Tristan, Olivia, Sarah

**Year 12 PDHPE : Outstanding Results**

Jemma, Eloise, Alana

**Year 12 PDHPE : Marked Improvement**

Andrew

*James Boyer, Relieving Head Teacher PDHPE*

## A PROUD ACHIEVEMENT

There was cause for great excitement when Year 12 Hospitality student, Jessica, was selected as a regional finalist from a large number of students across the Sydney region for the **VET in Schools Student of the Year Award Category**.



Jessica and Mrs Heath, with her Regional Finalist Award.

Jessica was one of only four students to be selected for this award. She was invited with her family (along with her proud Hospitality teacher) to attend the 2013 Central and Northern Sydney Regional Training Awards formal presentation ceremony, held at the Northern Sydney Institute of TAFE, Ryde.



Jessica during a recent practical lesson at school.

Jessica represented Pennant Hills High School with pride, and we sincerely congratulate her on being selected for this prestigious award.

**Trudi Heath**  
**Hospitality Teacher**

## STOLEN WORKSHOP

HSC Drama students from Pennant Hills, Muirfield, Jamison and Burwood Girls High Schools recently participated in a workshop on the play *Stolen*, which is based upon the lives of five indigenous people who dealt with the issue of forceful removal by the Australian government. The play is a part of the HSC Drama course, and we were privileged to have Kylie Belling and Tammy Anderson, actors who played the roles of Anne and Ruby for seven years, come to Pennant Hills to workshop the play and generally develop students' understanding of characterisation. Kylie and Tammy have worked extensively in Australian theatre with eminent companies including Sydney Theatre Company, Belvoir, Playbox and Melbourne Workers' Theatre.

The workshop presenters addressed questions on cultural relevance and historical context, the research and composition process, community consultation, set design, props, direction and performance. Students participated in several scenes from *Stolen* and contributed to a Director's workshop of two excerpts. Tammy Anderson performed a segment from her new play *I Don't Wanna Play House*, demonstrating the craft of characterisation. Teachers and students were able to ask further questions about Australian theatre and engage informally with the presenters.

Pennant Hills students benefited from working with students from other schools, whose perspective on the HSC Drama course broadened and enhanced their own understanding of Australian theatre.

Thanks go to Owen Belling, English Teacher, for organising this valuable experience.

**Jane Dennett, Relieving Principal**

## INSPIRATIONAL THEATRESPORTS

On Wednesday 19 June 2013, our TheatreSports team put in an incredible performance to win their way into the Grand Final, which will be held at the Enmore Theatre on Sunday 21 July 2013.

They performed improvised drama scenes where they competed in the International Christmas Tree Decorating Championships; they were at day care and at a department store opening; and had to perform the story of Cinderella in the style of a cooking show. Eamon, Jessica and Sarah delivered great character work while James and Emma maintained the group's composure and demonstrated brilliant improvisation techniques. This win deserves special mention, as Pennant Hills is the only comprehensive school to qualify for the final.

**Courtney Cassar, Drama Teacher**

# STAGE 5 PARENT TEACHER EVENING

Monday 22 July 2013

3.45pm—7.00pm

All parents and caregivers of students in Years 9 and 10 are invited to make appointments now with their child's teachers through the Parent Portal.

Staff have worked hard to rectify issues that arose during the booking period for the previous Stage 4 Parent Teacher Evening. The school apologises to any parents who were inconvenienced by booking problems on this evening. We are confident that the bugs have been ironed out this time. Please contact the office if you have any problem making or retrieving bookings.

*Jane Dennett*

## Think **big**, think **TVET!**

TAFE-delivered vocational education and training (TVET) courses for high school students.

**Swap** your school desk for **hands-on** experience and get a **head start** on your career!

If you are in Year 10, 11 or 12 and have a trade or career path in mind, you can study a vocational course as well as your HSC subjects.

### More Information

See Mr Symons in Careers or phone Northern Sydney Institute of TAFE on 131 674.

## COMFORTDELGROCBCHARGE NEW BUS TIMETABLES

Hillsbus has advised us that they have amended the school bus timetables for Pennant Hills High. **New timetables came into effect on Monday 17 June 2013.** Most service routes have new departure times. Parents should visit the Hillsbus website and carefully check the details of their student's MORNING and AFTERNOON bus timetable.

<http://www.cdcbus.com.au/HillsBus-School-Zone-Timetables.html?school=PENNANT+HILLS+HIGH+SCHOOL&id=76>

## Penno Prayer Meeting

Mums, dads and grandparents, please come and join us as we pray for 'Penno' staff and students.

**1st and 3rd Friday of each month during term  
8.45am—9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**

## CAPA FESTIVAL 2013

### HSC Drama 'Family and Friends Night'

Tuesday 13 August—6.30pm—Drama Studio 203

### Stage 6 Music Soirée

Wednesday 14 August—7.00pm—MPC

### Visual Arts Exhibition in the MPC

Wednesday 14 August : 11.00am—3.00pm

Thursday 15 August : 9.00am—3.00pm

Friday 16 August : 9.00am—9.00pm

Saturday 17 August : 11.00am—3.00pm

### Official Opening

Friday 16 August : 7.00pm

## Vaccination Clinic Visit

### Thursday 8 August 2013

Year 7 Girls Human Papilloma Virus (HPV) - Dose 3

Year 7 Boys Human Papilloma Virus (HPV) - Dose 3

Year 7 Girls and Boys Hepatitis B - Dose 2

Year 9 Boys Human Papilloma Virus (HPV) - Dose 3

**\*\* Note: Northern Sydney Public Health Unit  
no longer vaccinates in Year 10.**



# Stress Less

Introducing a group program for students in Years 10-12 to learn practical strategies to manage stress. In eight, weekly sessions, a maximum of 8 students per group will be taught by a clinical psychologist how to navigate the stressful senior school years.

Topics covered include:

- How stress and anxiety affect our body and mind
- Time management and healthy study behaviours
- Relaxation and sleep strategies
- Conquering worries and unhelpful thoughts
- How parents can help their kids cope during the HSC

Groups will be run from our Pennant Hills consulting rooms starting in Term 3. For more information please contact us at Denton Clinical Psychology.

Phone: 8860 6480

[admin@dentonpsychology.com.au](mailto:admin@dentonpsychology.com.au)

[www.dentonpsychology.com.au](http://www.dentonpsychology.com.au)



## THE ACTING EXPERIENCE

**SMALL BOUTIQUE ACTING CLASSES WITH LONGER SESSION TIMES.**

**IN-DEPTH FOCUS ON ACTING SKILLS AND DRAMA TECHNIQUES.**

**TEENAGE ACTING CLASSES AT EPPING!**  
**ENROL NOW FOR TERM 3.**

**TO BOOK:** Phone 0457 574 662 or email [info@actingexperience.com.au](mailto:info@actingexperience.com.au)

**FOR MORE INFORMATION:** Visit [actingexperience.com.au](http://actingexperience.com.au) or follow us at [facebook.com/actingexperience](https://facebook.com/actingexperience)

Photo © Georgious Makkas



ABN: 36 099 278 047

ACN: 099 278 047

## FREE QUOTES

- ❖ Qualified Level 5 Arborist
- ❖ Tree Removal & Pruning
- ❖ Stump Grinding/Removal
- ❖ Arborist Reports
- ❖ Fully Insured

All Hills District Tree Services Pty Ltd  
194A Annangrove Rd, Annangrove NSW 2156  
(P) 1300 308 908 (M) 0407 203 426  
(E) [hillsarbor@bigpond.com](mailto:hillsarbor@bigpond.com)  
(W) [www.hillsarbor.com.au](http://www.hillsarbor.com.au)

**1300 308 908**

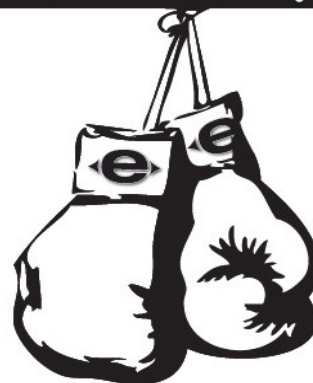
## MMA Fitness & Conditioning

Thursdays 7:15pm start

## Boxing Pad-work

Saturdays 6:30am start

**Pennant Hills Community Centre**



**GET YOURSELF INTO THE BEST SHAPE OF YOUR LIFE WITH THE EMA TEAM!**



[www.emakarate.com.au](http://www.emakarate.com.au)



# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**FREE Skateboarding Workshops** - sponsored by Hornsby Shire Council and Skateboarding Australia  
Sunday morning, 23 June 2013. **Registration on the day (parent/guardian to sign for U/18s). Helmets compulsory.**  
Information, including location: [www.hornsby.nsw.gov.au](http://www.hornsby.nsw.gov.au) or phone Kim Harris on 9847 6531.

**Hills Hawks Softball Club Registration Day**—ages 5 to adult  
Sunday 23 June 2013—9.00am—12.00 noon at Hayes Park, Gaston Road, Galston  
Information: Belinda—0412 111 058 or [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au)

**Ku-ring-gai Council Parent Forums - Understanding your Teenager**  
Supporting Young People with Disabilities - 24/6. Communicating with your Teenager - 5/8. Internet Safety 101 - 14/10.  
**Bookings Essential:** [youth@kmc.nsw.gov.au](mailto:youth@kmc.nsw.gov.au) or 9424 0837. **Information:** [www.kyds.org.au](http://www.kyds.org.au) or 9416 9824.

**Registrations close 25 June 2013 for UTS Managing HSC Stress Program**  
Program date is Tuesday 9 July 2013. Registration essential (\$90.00 per student). **Phone 9514 4077.**

**We've Got the Beat**—Sydney North Region Scouts and Guides Gang Show at Asquith Boy High School Theatre  
28/6—8.00pm; 29/6—2.00pm and 8.00pm; 30/6—3.00pm; 3/7—8.00pm; 5/7—8.00pm; 6/7—2.00pm and 8.00pm.  
Tickets: \$21 Adults; \$11 Under 16; \$16 Concession; \$55 Family (2 adults + 2 children)  
**Bookings:** Contact Errol on 9481 0937 or visit [www.gangshow.com](http://www.gangshow.com)

**Careflight's Woodford to Glenbrook Classic**—25 km run or cycle—**Sunday 30 June 2013**—[www.careflight.org](http://www.careflight.org)

**Vision Valley Holiday Camps**—Overnight and day camps during the July school holidays.  
For information and bookings: [www.wesleyvisionvalley.org.au](http://www.wesleyvisionvalley.org.au) or 1800 043 344

**Career Guidance Testing:** Oakhill College is offering students in Years 10, 11 and 12 the opportunity to complete a comprehensive career guidance tool called the **Morrisby Report**. The test will be held at the college on **Monday 15 July 2013**, commencing at 9.00am and ending at approximately 1.00pm. **Cost per student is \$100.00—deadline 12 July 2013.**  
For more information, contact Mr Symons in the Careers Office before the end of term.

**Mission Australia FREE Parent/Carer Evenings—Living with Teenagers: 7.00pm—8.30pm**  
Cyber Strategies - 30/7 at Galston. Bullying Strategies - 31/7 at Hornsby. Adolescent Mental Health - 28/8 at Hornsby.  
**Bookings Essential:** Contact Mission Australia on 9482 1366 during business hours for information or bookings.

**Education Week Church Service: Sunday 28 July 2013, 9.15am at Pennant Hills Uniting Church**  
Corner Boundary Road and Bellamy Street, Pennant Hills. More information: **Allan Blyth** (Supply Minister): 0448 812 512

**STUDENT SERVICES - Northern Sydney Region Disability Programs PARENT FORUM - Friday 13 September.**  
**Bookings:** Leanne Mulligan—9987 3900 or [Leanne.mulligan@det.nsw.edu.au](mailto:Leanne.mulligan@det.nsw.edu.au). **Information:** Kate McCosker—9987 3919.

## STUDENT EXCHANGE PROGRAMS

**LATTITUDE AUSTRALIA** - volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) OR (03) 9826 6266

**Student Exchange Australia New Zealand** - [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**Southern Cross Cultural Exchange** - [www.scce.com.au](http://www.scce.com.au) or 1800 500 501 - **Next Info Session: 18 June at 7.00pm**

**World Education Program Australia (WEP)** - [www.wep.org.au](http://www.wep.org.au) or 1300 884 733

**Australian Institute of International Understanding (AIU)** - [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** - for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** - [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

## RECREATION AND SPORTING GROUPS

**Dural Sport and Leisure Centre** (A ministry of Dural Baptist Church) - [www.dsclc.com.au](http://www.dsclc.com.au) or phone 9651 2777

**Hills Hawks Softball** - All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Interested in Playing Cricket?** Find out more at [playcricket.com.au](http://playcricket.com.au)

**Pennant Hills Cherrybrook Rugby League Club** - [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club** - [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or 0439 904 457

**Cherrybrook Table Tennis Club** - 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club** – for ages 12—23 years – based at Bank Street Pyrmont.  
[www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band** - [www.goldenkangaroos.org.au](http://www.goldenkangaroos.org.au) or 9868 3289 (Annette)  
Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

**Northern Sydney Youth Orchestra** for young musicians. Not-for-profit community organisation.  
Weekly rehearsals at Beecroft. Information: <http://www.nsygo.org.au>

**2nd/3rd Pennant Hills Scout Group** - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides** - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

**St Agatha's Youth Group** - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

**West Pennant Hills Netball:** Ashley - 0421 558 009. [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/)

# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed** - Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Volunteer with Easy Care Gardening** - [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed** - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

## HELP WITH ENGLISH LANGUAGE AND NUMERACY

**Free adult literacy and numeracy classes** - **Meadowbank TAFE** - 9942 3572

Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

**Free English courses for adult migrants** - [www.ames.edu.au](http://www.ames.edu.au) - Classes at Hornsby, Chatswood and Eastwood.

## COMMUNITY SERVICES AND SUPPORT

**Jack's Youth Café at Hornsby** - 5 Jersey Street Hornsby (a short walk from the station)

After school activities for students in a safe environment, run by Fusion Sydney North.

***Bringing young people, their families and communities together with hope.***

Tuesdays-Fridays 3.00pm-6.00pm. Phone 9477 1110.

**Ability Options** - a **FREE** service helping people with a disability into the job that's right for them

For more information contact Caroline Krix on **8811 1717** or email [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Foster Care Association NSW Inc** - Providing advocacy, support and information to foster carers.

[www.fcansw.org.au](http://www.fcansw.org.au) or phone **4987 1847**

**Healthy Kids FREE Parent e-zine** - important nutrition information and great recipes

To sign up, visit: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote** - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone **1300 135 736**

**UnitingCare Northmead** - 8839 5107 - Workshops and counselling for parents. Phone for more information.

**Interrelate family centres** - 8882 7850 - Phone for details of current workshops and courses for parents.

**TOUGHLOVE** - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers** - [www.nscchhs.health.nsw.gov.au/caparenting.htm](http://www.nscchhs.health.nsw.gov.au/caparenting.htm)

Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay** - 9488 2523 - Advice and support for parents.

**Depression Support Group** - 1300 794 991

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line** - [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline** - 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia** - [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children** - [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents** - [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre** - 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services** - [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre** - 9651 3534 - Counselling and parenting courses available.

**Newcomers Club** - [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**CUSTOM-FITTED SPORTS MOUTHGUARDS** (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)

Custom-made mouthguards only \$250. On-the-spot Health Fund refunds.

[www.timelessmiles.com.au](http://www.timelessmiles.com.au) or phone **9484 7737**

**NSW Health Free Dental Clinic** for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets**

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

**Christ Evangelical Centre of Australia Chinese Language School** - 0410 613 814 (Jenny)

**Cybersmart website** - [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register** - [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

## DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.

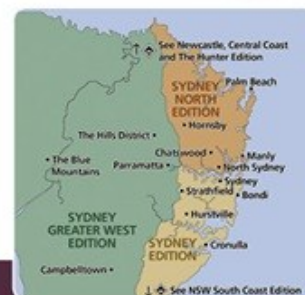




# Purchase your new 2013 | 2014 Entertainment™ Book...

Choose what you want to do and when you want to do it with hundreds of valuable offers. Entertainment™ Books are filled with **2-for-1 offers** and up to **50% off**, valid now until 1st June 2014!

**Purchase a Book and at the same time, you will also be helping community fund-raising!**



For only \$65 you'll receive over \$15,000 worth of valuable offers!

The new Sydney, Sydney North and Sydney Greater West Entertainment™ Books feature many of the most popular businesses in the area like...

## Sydney Edition \$65

CAFE SYDNEY

OTTO RISTORANTE

wagamama

- Catalina
- Criniti's
- Kingsleys Steak & Crab House
- Chef's Gallery
- Cafe Sydney
- Glass Breakfast
- Zinc
- Braza Churrascaria
- The Nuns' Pool
- O Bar and Dining

- Peter Doyle @ The Quay
- Lucio's Pizzeria
- Moo Gourmet Burgers
- Bondi Pizza Bar & Grill
- and many more...

## Sydney North Edition \$65

Pilu

ORMEGGIO

Braza

- Neutral Bay Bar & Dining
- Bathers Pavilion
- Murray's at Manly
- Berowra Waters Inn
- Coco Cubano
- Oliver Brown
- Barbuto
- Delicado
- Sails on Lavender Bay
- Le Kiosk

- MuMu Grill
- New Shanghai
- Stella Blu
- High Street Bistro
- and many more...

## Sydney Greater West Edition \$65

CRINITI'S

Coco Cubano

CRINITI'S

- El-Phoenecian Restaurant
- Rockfish
- Lochiel House
- Bondi Pizza Bar & Grill
- Coco Cubano
- The Coffee Emporium
- Cibo e Vino
- Cucina Gasparo
- Trevi Lakeside
- Crystal Jade

- PJ Gallagher's
- The Mean Fiddler
- Port Bar & Restaurant
- Black Angus Grill & Bar
- and many more...

## Informal Dining and Takeaway

McDonald's

THE GREEK EMPORIUM

SUBWAY

CRINITI'S

## Arts, Sports and Attractions

SEA LIFE

LUNA PARK

HOYTS

AMF

## Retail and Shopping

coles

woolworths

REVIEW

Masters

adairs

BIGW

Dan Murphy's

## Travel, Leisure and Accommodation

SEA WORLD

CROWN

mantra

QBE

HAMILTON ISLAND

Europcar

To purchase your Entertainment™ Book, please contact:

## Pennant Hills High School

Contact: Fiona Ackerman Phone: 94735000

Email: fiona.ackerman@det.nsw.edu.au

Name: ..... Phone: ..... Mobile: .....

Address: ..... State: ..... Postcode: .....

I would like to order \_\_\_\_ x Sydney Entertainment™ Book(s) @ \$65 each (including GST) \$ \_\_\_\_\_

I would like to order \_\_\_\_ x Sydney Greater West Entertainment™ Book(s) @ \$65 each (including GST) \$ \_\_\_\_\_

I would like to order \_\_\_\_ x Sydney North Entertainment™ Book(s) @ \$65 each (including GST) \$ \_\_\_\_\_

☐ I will collect the Book OR ☐ I have included \$9 per book for postage and handling POSTAGE ENCLOSED \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

ORDER NOW SECURELY ONLINE: <https://www.entertainmentbook.com.au/orderbooks/2145t64> or complete:

Payment type: ☐ CASH ☐ VISA ☐ MASTERCARD

Credit Card number: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ CVV\*: \_\_\_\_\_

\*CVV is the last 3 digits on back of your credit card

Cardholder's name: \_\_\_\_\_ Signature: \_\_\_\_\_

Thank you for supporting Pennant Hills High School. \$13.00 from each book sold contributes to our fundraising.