



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 7 June 2013

Term 2 Week 6A

## OUTSTANDING THEATRESPORTS



Back Row L-R: Chris, Sarah, Courtney, Jessica and James.  
Front Row L-R: Emma and Eamon.

The Pennant Hills High School Theatresports team achieved a resounding win in their first round heat of this year's Theatresports Schools Challenge, held recently at Oakhill College.

With an incredible 10 point margin, Chris, Sarah, Jessica, James, Emma and Eamon (all of Year 10) won their way into the semi-finals which will be held at Tara Anglican School on Wednesday 19 June.

Theatresports involves small teams of actors creating short improvised scenes live on stage. The Theatresports Schools Challenge brings together students from government and non-government schools to meet and perform together in the spirit of joyful competition, where their performances are judged by improvisation professionals.

We wish these actors the best of luck as they apply their talents and energies to earning a spot in the grand final which will be held at the Enmore Theatre.

**Courtney Cassar**  
Drama Teacher

Mr Geoff Wing  
*Principal*

Mrs Jane Dennett  
*Deputy Principal*

Mr Brendan O'Byrne  
*Deputy Principal*

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## BANDING TOGETHER



Big Band, with vocalist Jessica Williams, performs at Pennant Hills Primary School.

Pennant Hills High School bands were kept busy during May. Their performances at the School Music Festival attracted high praise, while Big Band took third place at the Sydney Eisteddfod. Concert Band 2, Junior Stage Band and Big Band also performed to large, enthusiastic crowds at Pennant Hills Primary School Festival.

**Carol Coomber**



## FUTURE DATES

Term 2 2013			
WEEK 7B	Monday	10 June	<b>PUBLIC HOLIDAY—QUEEN'S BIRTHDAY</b>
	Tuesday	11 June	Year 11 CAFS Fieldwork (in class)
	Tuesday	11 June	Concert Band 1 at Yamaha Festival
	Tuesday	11 June	Bill Turner Cup v Epping
	Wednesday	12 June	Concert Band 2 at Yamaha Festival
	Wednesday	12 June	U15 Knockout AFL—Round 1
	Wednesday	12 June	Prefect Afternoon Tea in MPC
	Thursday	13 June	Regional Cross Country Carnival
	Friday	14 June	HSC History Study Day
	Friday	14 June	Drama Incursion
	Friday	14 June	RoboCup Workshop
	Friday	14 June	<i>Stolen</i> Workshop
WEEK 8A	Friday	21 June	Drama Festival
	Friday	21 June	U15 Knockout AFL—Round 2
WEEK 9B	Monday	24 June	Subject Selection Evening in the MPC
	Tuesday	25 June	Chemistry Excursion to Sydney University
	Tuesday	25 June	P&C Meeting
	Friday	28 June	<b>LAST DAY OF TERM</b>
<b>VACATION</b>			
Term 3 2013			
WEEK 1A	Monday	15 July	School Development Day
	Tuesday	16 July	<b>ALL STUDENTS RETURN TO SCHOOL</b>
	Friday	19 July	Science Challenge
	Friday	19 July	CHS Cross Country Carnival
WEEK 2B	Sunday	21 July	Duke of Edinburgh's Award Bronze Qualifying Hike
	Sunday	21 July	Duke of Edinburgh's Award Silver Practice Hike
	Monday	22 July	Duke of Edinburgh's Award Bronze Qualifying Hike
	Monday	22 July	Duke of Edinburgh's Award Silver Practice Hike
	Monday	22 July	Sydney North Athletics Carnival—Day 1
	Tuesday	23 July	Duke of Edinburgh's Award Silver Practice Hike
	Tuesday	23 July	Sydney North Athletics Carnival—Day 2
	Tuesday	23 July	P&C Meeting
	Friday	26 July	MUFTI DAY—Jeans for Genes Fundraiser

COMFORTDELGRO CABCHARGE

### New Bus Timetables

Hillsbus has advised us that they have amended the school bus timetables for Pennant Hills High.

**New timetables will start on Monday 17 June 2013.**

**Most service routes have new departure times.**

**Parents should visit the Hillsbus website and carefully check the details of their student's bus MORNING and AFTERNOON timetable:**

<http://www.cdcbus.com.au/HillsBus-School-Zone-Timetables.html?school=PENNANT+HILLS+HIGH+SCHOOL&id=76>



## PRINCIPAL'S REPORT



This week at Pennant Hills began in a most productive way for representatives of the teaching staff involved in the 2014 implementation of the National Curriculum. This year we have formed a partnership with four of our neighbouring schools: Castle Hill, Cherrybrook Technology, Galston and Muirfield High Schools. One of the purposes of this partnership is to work with colleagues in programming and resourcing the new curriculum in English, Mathematics, Science and History. These are the Key Learning Areas that will introduce the National Curriculum in Year 7 and Year 9 next year. We hosted the first of a series of breakfast meetings this week, bringing together History teachers at Pennant Hills to workshop their programs. Mathematics and Science teachers met at Galston and Castle Hill also, and English teachers will convene at Cherrybrook next week. It is rewarding to see teachers working together to enrich their programs and share the work.



*Teachers from Muirfield, Galston and Pennant Hills High Schools working on Year 7 programming to support the National Curriculum*

Our History staff trialled one of the 2014 units of work as a project based learning unit with Year 7, and this will culminate in an eagerly-anticipated Roman Festival on 18 June. A key aspect of our school plan is the development, implementation and evaluation of project learning. This pedagogy integrates knowing and doing. Students learn the core curriculum, but also apply what they know to solve authentic problems.

One of the best descriptions of project learning I know comes from Thom Markham, author of the *Project Based Learning Handbook*: ... it (Project Based Learning) refocuses education on the student, not the curriculum - a shift mandated by the global world, which rewards intangible assets such as drive, passion, creativity, empathy, and resilience.

Should you be interested in knowing more about project learning, the Edutopia site is one of many that provides a good overview:

<http://www.edutopia.org/project-based-learning>



Also, our next P&C meeting on Tuesday 25 June will be held in The Learning Hub, where parents can see how our vision for flexible learning is unfolding, and speak with teachers and students involved in project learning. We hope to welcome many parents to this new facility, and to thank the P&C for their significant financial support.



*Year 11 Extension English students use the whiteboard tables, laptops, couches and laptop cushions to work effectively as groups in the comfortable environment of The Learning Hub. In groups comprising students from both classes, they are working together, studying appropriations. Choosing a valued text from the past and at least one modern appropriation, the students make a presentation to the class, explaining the texts and their changes in values and meanings.*



Year 10 are entering the stage of their formal education which requires them to consider their curriculum choices for Stage 6. On Monday 24 June, we will be holding a Curriculum Evening in the MPC, commencing at 7.00 pm. I regard this evening as essential for all Year 10 students and parents. The evening will cover Board of Studies requirements for the Preliminary and HSC courses as well as information about courses offered at Pennant Hills High School. Teachers will be available to answer questions and provide advice.

I would like to ask all families to put a very important date in their diaries: the second "Great Penno Reno", to be held on Saturday 26 and Sunday 27 October 2013. We are hoping that this year's event will be as well-supported and successful as it was in 2012. We will be seeking input from our students, parents and staff about improvements, so please start considering possible jobs for this event.

**Jane Dennett**  
**Relieving Principal**

## YOUNG WRITER EXCELS

Congratulations to Jacqui, whose English Extension 2 major work has been selected for inclusion in the *Young Writers' Showcase 2012*, the anthology of exemplary extended compositions by students from the 2012 HSC.



Jacqui said, 'I am absolutely ecstatic and honoured to have been selected to be included in *Young Writers' Showcase 2012*. I love writing, and it feels really special to be recognised in this way. The English Extension 2 course was challenging, but also probably my favourite thing that I did in Year 12. All credit goes to Mr Kneale for the unbelievable amount of support and help he gave me, replying to emails in record time, picking up on all my silly mistakes, and really just being there to keep pushing me on. He is the greatest, and I could never have done it without his help and the help of the rest of my English teachers.'

**Jamie Simpson**  
**Head Teacher English**

## Cancer Council Australia's Biggest Morning Tea



In what has become a tradition at Pennant Hills High School, members of staff again held two morning teas this year to ensure all teachers, administrative and support staff were given an opportunity to contribute to this event.

Congratulations to those members of staff who facilitated the morning teas and to everyone who donated, collectively raising a total of \$297.00 for the Cancer Council.

## CAPA FESTIVAL 2013

**HSC Drama 'Family and Friends Night'**  
Tuesday 13 August—6.30pm—Drama Studio 203

### Stage 6 Music Soirée

Wednesday 14 August—7.00pm—MPC

### Visual Arts Exhibition in the MPC

Wednesday 14 August : 11.00am—3.00pm

Thursday 15 August : 9.00am—3.00pm

Friday 16 August : 9.00am—9.00pm

Saturday 17 August : 11.00am—3.00pm

### Official Opening

Friday 16 August : 7.00pm

## University of Technology Sydney Health Psychology Unit Managing HSC Stress Program

The HSC can be stressful for many students. However, there are things that you can do to get through Years 11 and 12 with less stress and reduce the impact that stress has on your academic performance. The UTS Health Psychology Unit is running a special one-day school holiday program, **Managing HSC Stress**. This group program assists students to better manage the stress of the HSC by teaching a broad range of skills that can be helpful in any situation. The program can also be useful for students who are struggling with anxiety, low self-esteem or low mood.

**Tuesday 9 July 2013**

**10.00am—4.00pm**

**Cost: \$90.00 per student**

Lunch and afternoon tea will be provided.  
Private Health Insurance rebates may apply.

**Registration essential.**

Deadline is **25 June 2013**.

Phone: 9514 4077

Email: [Health.Psychology@uts.edu.au](mailto:Health.Psychology@uts.edu.au)

## Northern Sydney Local Health District Tips for Winter Health

**Keep active.** Children aged 5—18 years should do at least one hour of moderate to vigorous physical activity each day.

**Limit screen time.** Children aged 8 years and over should have a maximum of 1.5—2 hours of screen time per day. This includes time spent in front of TV, playing on game machines, or on other electronic gadgets including iPads, iPods or smartphones.

For information on common health topics visit:  
<http://www.health.nsw.gov.au/pages/a2z.aspx>



## LIBRARY REPORT

### Year 7 Developing Research Skills and Avoiding Plagiarism

Earlier this term 7GEO, 7GEP and 7GEA were researching an Australian World Heritage site and at the same time developing information skills such as using mind maps for defining and planning research; using *Google Advanced Search* to refine a search; preparing, organising and taking research notes; acknowledging sources with bibliographic tables and selecting copyright-free images.

Congratulations to the Merit Certificate recipients whose photographs appear below: Kelvin, Caleb, Ishan, Alison, Annemarie, Natasha, Thinique, Emelia, Erin and Kieran. These are just a few of the many students who can be justifiably proud of their efforts and great results.



### 'One-Stop Shop' Websites for Research

**Trove** Trove is a search engine focusing on Australia and Australians. It is managed by the National Library of Australia. This link provides informative *Youtube* videos and could be a useful resource for History students.

**YARR-A ~ Reviews.** Young Adult Reader Reviews – Australia. This section has reviews of teenage and young adult books published or re-released in Australia since June 2012.

**Sites2See** has links to web 2.0 tools for all aspects of the research process through defining, planning, locating, selecting, organising and presenting a task. Students are encouraged to view this website before they start their research.

**Google Advanced Search** provides facilities for refining searches, searching for pages on a reputable website and searching for copyright-free images. Students are encouraged to find and use this facility on Google.

### Award Winning Books

The Children's Book Council of Australia (CBCA) announced the following nominated Older Readers books for the 2013 Book of the Year Awards. These books will shortly be arriving at Pennant Hills High School Library.

Grant, Neil–*The Ink Bridge*  
Lanagan, Margo–*Sea Hearts*  
MacLeod, Doug–*The Shiny Guys*  
Touchell, Dianne–*Creepy and Maud*  
Wakefield, Vikki–*Friday Brown*  
Zail, Suzy–*The Wrong Boy*

Other categories can be seen at [www.cbca.org.au](http://www.cbca.org.au), noting that some of these and others may be for mature readers.

### New Books for May

These new books and many more are waiting to be read and will be on display as you enter the library.



**Sue Whitlock**  
**Teacher Librarian**

## SCIENCE AND AGRICULTURE

Students across Years 7–12 recently took part in the Science Competition which provided a competitive avenue for the fostering of students' interest in Science at Pennant Hills High School. Results will be made available in Term 3.

Earlier this term, Year 11 Agriculture students visited Elizabeth Macarthur Agricultural Institute, Camden. This hands-on excursion provides students with valuable experience in several aspects of the Preliminary course, including cattle husbandry.

Partner primary school visits will occur in Term 3, where Year 8 Science Gifted and Talented students will be working with students from our partner primary schools as part of the Linkages Program. Our students will showcase their talents whilst building their leadership skills by assisting primary school students with aspects of Science. We encourage all eligible students to take part in this worthwhile program.

Students from Years 9 and 10 will be taking part in a statewide Science and Engineering Challenge at Macquarie University, where they will solve scientific problems and work through projects, competing against students from other schools. This provides students who have an interest and aptitude for Science with an opportunity to test their skills with students of similar interests and ability.

Year 12 Chemistry students will participate in an excursion to Sydney University and the Maritime Museum where they will cover key aspects of the 'Shipwrecks, Corrosion and Conservation' elective topic.

The Science Faculty will be organising a number of activities as part of Science Week in Term 3, as well as facilitating ongoing programs such as the Lego Club. Students are encouraged to enquire at the Science staff room about taking part in these activities. If parents or students have any queries regarding Science activities please contact the Science Faculty.

**Phil Scandizzo**  
**Head Teacher Science and Agriculture**

### Penno Prayer Meeting

Mums, dads and grandparents,  
please come and join us as we pray for  
'Penno' staff and students.

**1st and 3rd Friday of each month during term**  
**8.45am–9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**

## MMA Fitness & Conditioning

Thursdays 7:15pm start

### Boxing Pad-work

Saturdays 6:30am start

**Pennant Hills Community Centre**



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### KOALA PARK

**An Important Message for  
Recent Enrolments**

From time to time, students will be asked to meet in Koala Park before proceeding to an excursion or activity.

Within the Pennant Hills High School context,  
**Koala Park refers to the stand of eucalyptus trees  
located within the school grounds,  
behind the goal posts of the main oval,  
just opposite the rear of the MPC.**

*(It should not be confused with the commercial operation of the same name, located on Castle Hill Road, West Pennant Hills.)*



**Northern Sydney Region**

**Student Services**

**Parent Forum**

All parents of students accessing Northern Sydney Region Student Service Programs are invited to attend the seminar on Friday 21 June 2013 (10.00am–12.00 noon) at Lindfield East Public School. Guest speaker, Barbara Lewis, will present suggestions for parents and carers on how to decrease their anxiety by working effectively in partnership with their schools.

For catering purposes, RSVP to Kate McCosker on 9987 3900 or [kate.mccosker@det.nsw.edu.au](mailto:kate.mccosker@det.nsw.edu.au)



# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**Watoto Children's Choir FREE Performance**—Abbotsleigh—Tuesday 11 June 2013  
A 'Love Offering' will be collected at the end of the night. <http://www.watoto.com/home>

**STUDENT SERVICES - Northern Sydney Region Disability Programs PARENT FORUM - Dates for 2013**  
Meeting dates for remainder of 2013 will be: **Term 2 - Friday 21 June; Term 3 - Friday 13 September.**

**Bookings:** Leanne Mulligan—9987 3900 or [Leanne.mulligan@det.nsw.edu.au](mailto:Leanne.mulligan@det.nsw.edu.au). **Information:** Kate McCosker—9987 3919.

**FREE Skateboarding Workshops - sponsored by Hornsby Shire Council and Skateboarding Australia**  
Sunday morning, 23 June 2013. **Registration on the day (parent/guardian to sign for U/18s). Helmets compulsory.**  
Information, including location: [www.hornsby.nsw.gov.au](http://www.hornsby.nsw.gov.au) or phone Kim Harris on 9847 6531.

**Hills Hawks Softball Club Registration Day**—ages 5 to adult  
Sunday 23 June 2013—9.00am—12.00 noon at Hayes Park, Gaston Road, Galston  
Information: Belinda—0412 111 058 or [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au)

**Ku-ring-gai Council Parent Forums - Understanding your Teenager**  
Supporting Young People with Disabilities - 24/6. Communicating with your Teenager - 5/8. Internet Safety 101 - 14/10.  
**Bookings Essential:** [youth@kmc.nsw.gov.au](mailto:youth@kmc.nsw.gov.au) or 9424 0837. **Information:** [www.kyds.org.au](http://www.kyds.org.au) or 9416 9824.

**We've Got the Beat**—Sydney North Region Scouts and Guides Gang Show at Asquith Boy High School Theatre  
28/6—8.00pm; 29/6—2.00pm and 8.00pm; 30/6—3.00pm; 3/7—8.00pm; 5/7—8.00pm; 6/7—2.00pm and 8.00pm.  
Tickets: \$21 Adults; \$11 Under 16; \$16 Concession; \$55 Family (2 adults + 2 children)  
**Bookings:** Contact Errol on 9481 0937 or visit [www.gangshow.com](http://www.gangshow.com)

**Careflight's Woodford to Glenbrook Classic**—25 km run or cycle—**Sunday 30 June 2013**—[www.careflight.org](http://www.careflight.org)

**Vision Valley Holiday Camps**—Overnight and day camps during the July school holidays.  
For information and bookings: [www.wesleyvisionvalley.org.au](http://www.wesleyvisionvalley.org.au) or 1800 043 344

**Mission Australia FREE Parent/Carer Evenings—Living with Teenagers: 7.00pm—8.30pm**  
Cyber Strategies - 30/7 at Galston. Bullying Strategies - 31/7 at Hornsby. Adolescent Mental Health - 28/8 at Hornsby.  
**Bookings Essential:** Contact Mission Australia on 9482 1366 during business hours for information or bookings.

## STUDENT EXCHANGE PROGRAMS

**LATTITUDE AUSTRALIA** - volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) OR (03) 9826 6266

**Student Exchange Australia New Zealand** - [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**Southern Cross Cultural Exchange** - [www.scce.com.au](http://www.scce.com.au) or 1800 500 501 - **Next Info Session: 18 June at 7.00pm**

**World Education Program Australia (WEP)** - [www.wep.org.au](http://www.wep.org.au) or 1300 884 733

**Australian Institute of International Understanding (AIU)** - [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** - for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** - [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

## RECREATION AND SPORTING GROUPS

**Dural Sport and Leisure Centre** (A ministry of Dural Baptist Church) - [www.dslc.com.au](http://www.dslc.com.au) or phone 9651 2777

**Hills Hawks Softball** - All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Interested in Playing Cricket?** Find out more at [playcricket.com.au](http://playcricket.com.au)

**Pennant Hills Cherrybrook Rugby League Club** - [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club** - [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or 0439 904 457

**Cherrybrook Table Tennis Club** - 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club** – for ages 12—23 years – based at Bank Street Pymont.  
[www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band** - [www.goldenkangaroos.org.au](http://www.goldenkangaroos.org.au) or 9868 3289 (Annette)  
Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

**Northern Sydney Youth Orchestra** for young musicians. Not-for-profit community organisation.  
Weekly rehearsals at Beecroft. Information: <http://www.nsygo.org.au>

**2nd/3rd Pennant Hills Scout Group** - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides** - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

**St Agatha's Youth Group** - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

**West Pennant Hills Netball:** Ashley - 0421 558 009. [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/)

# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed** - Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Volunteer with Easy Care Gardening** - [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed** - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

## HELP WITH ENGLISH LANGUAGE AND NUMERACY

**Free adult literacy and numeracy classes** - **Meadowbank TAFE** - 9942 3572

Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

**Free English courses for adult migrants** - [www.ames.edu.au](http://www.ames.edu.au) - Classes at Hornsby, Chatswood and Eastwood.

## COMMUNITY SERVICES AND SUPPORT

**Jack's Youth Café at Hornsby** - 5 Jersey Street Hornsby (a short walk from the station)

After school activities for students in a safe environment, run by Fusion Sydney North.

***Bringing young people, their families and communities together with hope.***

Tuesdays-Fridays 3.00pm-6.00pm. Phone 9477 1110.

**Ability Options** - a **FREE** service helping people with a disability into the job that's right for them

For more information contact Caroline Krix on **8811 1717** or email [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Foster Care Association NSW Inc** - Providing advocacy, support and information to foster carers.

[www.fcansw.org.au](http://www.fcansw.org.au) or phone **4987 1847**

**Healthy Kids FREE Parent e-zine** - important nutrition information and great recipes

To sign up, visit: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote** - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone **1300 135 736**

**UnitingCare Northmead** - 8839 5107 - Workshops and counselling for parents. Phone for more information.

**Interrelate family centres** - 8882 7850 - Phone for details of current workshops and courses for parents.

**TOUGHLOVE** - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers** - [www.nscchhs.health.nsw.gov.au/caparenting.htm](http://www.nscchhs.health.nsw.gov.au/caparenting.htm)

Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay** - 9488 2523 - Advice and support for parents.

**Depression Support Group** - 1300 794 991

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line** - [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline** - 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia** - [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children** - [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents** - [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre** - 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services** - [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre** - 9651 3534 - Counselling and parenting courses available.

**Newcomers Club** - [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**CUSTOM-FITTED SPORTS MOUTHGUARDS** (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)

Custom-made mouthguards only \$250. On-the-spot Health Fund refunds.

[www.timelessmiles.com.au](http://www.timelessmiles.com.au) or phone **9484 7737**

**NSW Health Free Dental Clinic** for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets**

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

**Christ Evangelical Centre of Australia Chinese Language School** - 0410 613 814 (Jenny)

**Cybersmart website** - [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register** - [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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