



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 13 December 2013

Term 4 Week 10B

YEAR 10 CROSSROADS



On Monday 25 to Wednesday 27 of November, Year 10 students travelled to Vision Valley in Arcadia to participate in the Crossroads program. We partook in a range of fun activities such as canoeing, abseiling, archery, rock climbing, high ropes, the flying fox, the pool and waterslide as well as many other enjoyable activities to help us build and develop better and stronger confidence and leadership skills, as well as building teamwork amongst the groups. Each day, we also had a special guest speaker visit us in Vision Valley's conference room.



On Monday we had ex-policeman Brent Sanders who taught us about the dangerous situations that teenagers can find themselves in and how to defuse certain problems.

On Tuesday, Reuben Mourad, a media reporter for channel Ten, came to speak to us about the

Mr Geoff Wing
Principal

Mrs Jane Dennett
Deputy Principal

Mr Brendan O'Byrne
Deputy Principal

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dangers of social networking and how bad decisions online can affect your future career paths.



Then on Wednesday, we had the privilege of having intensive care paramedic Norm Spalding come in and address us about road safety and the dangers of speeding and drink driving. His knowledge in the field was invaluable and his speech was exceptionally moving and opened up our eyes to how bad these car accidents can be.

Overall, the three days at Crossroads were amazing, and gave us vital information that we will keep with us for the rest of our lives. We would like to thank the three speakers Brent Sanders, Reuben Mourad and Norm Spalding for coming in and talking to us. And also a huge thank you to Mr Barrowcliff for organising the program.

Hamish and Maddi
Year 10

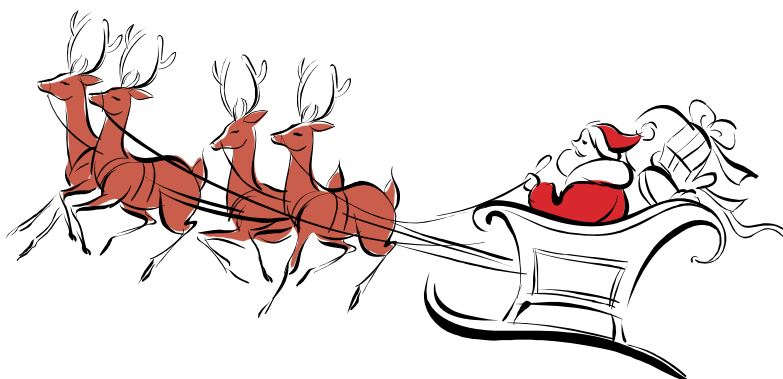
LOOKING FORWARD

Term 4 2013

WEEK 10B	Monday	9 December	Year 8 Game On and Year 9 PASS Surf School
	Monday	9 December	Concert Band 2 and Junior Stage Band Tour
	Monday	9 December	Food Technology Excursion
	Tuesday	10 December	Concert Band 2 and Junior Stage Band Tour
	Wednesday	11 December	Concert Band 2 and Junior Stage Band Tour
	Thursday	12 December	Duke of Edinburgh's Gold Award Expedition
	Thursday	12 December	Concert Band 2 Tour
	Thursday	12 December	Duke of Edinburgh's Gold Award Expedition
	Friday	13 December	Duke of Edinburgh's Gold Award Expedition
	Friday	13 December	Coffee School Barista Course
Saturday	14 December	Duke of Edinburgh's Gold Award Expedition	
Sunday	15 December	Duke of Edinburgh's Gold Award Expedition	

WEEK 11A	Monday	16 December	World Challenge Incursion
	Monday	16 December	Duke of Edinburgh's Gold Award Expedition
	Tuesday	17 December	Duke of Edinburgh's Gold Award Expedition
	Wednesday	18 December	PRESENTATION EVENING
	Wednesday	18 December	Duke of Edinburgh's Gold Award Expedition
	Wednesday	18 December	LAST DAY FOR STUDENTS
	Thursday	19 December	Duke of Edinburgh's Gold Award Expedition
	Thursday	19 December	SCHOOL DEVELOPMENT DAY
	Friday	20 December	SCHOOL DEVELOPMENT DAY

VACATION



Term 1 2014

WEEK 1A	Monday	27 January	Public Holiday
	Tuesday	28 January	SCHOOL DEVELOPMENT DAY
	Wednesday	29 January	Year 7, Year 11 and Year 12 start
	Thursday	30 January	Year 8, Year 9 and Year 10 Start
WEEK 2B	Monday	3 February	Year 7 Camp
	Tuesday	4 February	Year 7 Camp
	Friday	7 February	School Photographs
	Sunday	9 February	Band Camp
WEEK 3A	Monday	10 February	Band Camp
	Tuesday	11 February	Year 7 Parents' Evening 4-6pm
	Tuesday	11 February	Band Camp
	Tuesday	11 February	Band Camp Concert 7:30pm MPC
	Wednesday	12 February	School Swimming Carnival—Abbotsleigh School
Friday	14 February	SRC Leadership Day	
WEEK 4B	Wednesday	19 February	HSC 2013 Achievers' Assembly
WEEK 5A	Tuesday	25 February	P&C Meeting 7:30pm Library
	Thursday	27 February	Meet the Music

PRINCIPAL'S REPORT



It is always with a great sense of pride and satisfaction that I reflect at this time of the year on the many and varied achievements of our students and school community. This year has again been marked by success across all areas of school life. The levels of student participation, cooperation and achievement have been tremendous.

I would like to thank all of the staff, students and parents for their hard work which has made 2013 another highly successful year at our school.

Farewell to staff

Mr Greig Tardiani, Head Teacher Computing Studies, has been appointed to the position of Head Teacher, TAS, at Macarthur Girls High School for 2014. Mr Tardiani came to Pennant Hills High School in October 1994 and during his time here, Greig has overseen many major changes in the way technology has been used in classrooms and administration throughout the school. In fact, prior to new network technology being introduced in government schools, Greig ensured that our school led other schools by installing much of the computer server infrastructure and network cabling in staffrooms and classrooms to establish the school computer network. Since that time, he has used his excellent understanding and skills to switch us to a windows-based network operating system, again ensuring we were at the forefront of technology in NSW. As well as pioneering the Stage 6 HSC Software Design and Development course, where his students have consistently gained band 6 results, Greig has encouraged and supported staff to engage with the world of digital information and communication technology.

He has led many computing initiatives at our school which have involved complex technical expertise and training of staff. Over the past ten years, Greig has taught numerous students the intricacies of robotics, supporting school teams to win NSW and Australian titles, as well as competing at the world titles in Atlanta. On behalf of the school community, I wish Greig well for his new position and thank him for his contribution to Pennant Hills High School during the past 20 years.

Ms Rita Taylor recently informed me of her intention to retire from teaching at the end of 2013. Since her arrival at PHHS in 1986, Rita has been a member of the English/History/Drama department, prior to the recent creation of the CAPA faculty. Since 2008, she has taught Ancient History at stage 6 level and junior History. In recent years,

she pursued her love of archaeology and participated in excavations in Jordan. Over the past 27 years, Rita has consistently been involved in school drama and musical productions, supporting the cast and crew in areas such as makeup, wardrobe and front of house. Rita has also taken a number of grade sporting teams, coaching and training students, mainly in netball and volleyball.

Her commitment to her teaching colleagues and the teaching profession as a whole led Rita to serve for many years as the school's NSW Teachers' Federation representative. Her work here involved many extra hours representing her colleagues at a school level and at meetings on weekends and during holidays. This work has helped contribute to improved conditions for both students and staff at this school. From the time that I arrived at PHHS, Rita and I have worked collegially to consider appropriate ways to address changes to Departmental policies and procedures that would impact on teaching and learning at our school. I have great respect, gratitude and admiration for Rita for her efforts in working with me on workplace matters in a such an open, professional and common sense way. On behalf of the school community, I thank Rita for her contribution to our school and wish her many happy, healthy and fulfilling years in retirement.

Uniform requirements

The upcoming Christmas holiday period is a perfect opportunity for families to purchase uniform items that are required for the 2014 school year. It is essential that only approved items are purchased. I urge parents to consult our school website to ensure that students conform with the correct uniform requirements. Your cooperation in this important matter will be appreciated and will avoid sanctions being imposed for those students who do not comply.

Best wishes

On behalf of the staff of Pennant Hills High School, may I extend our best wishes to you and your family for a very merry Christmas and a happy, safe and enjoyable vacation. We look forward to seeing you at the start of the 2014 school year.

Geoff Wing
Principal

CONGRATULATIONS

Callum of Year 12 2013 has just returned on his voyage on the Young Endeavour and was the recipient of the Order of Australia Association Medallion which was awarded to him at the end of the voyage. Well done.

Gold Award

Congratulations to Pennant Hills High School on the result it achieved in the 2013 NSW Premier's School Sport Challenge.

WHAT BOOKS WILL I NEED IN 2014?

Year 7 can get all books they need by purchasing a book pack from the school canteen.

Years 8, 9 and 10

English	156 page exercise book or A4 book
Maths	240 page grid book
Science	240 page A4 book
History	96 page exercise book or A4 book
Agriculture	180 page exercise book
Geography	180 page exercise book
Commerce	180 page exercise book
Languages (French, Japanese, Mandarin)	240 page exercise book
Visual Arts	Process Diary (see your teacher)
Computing	A4 loose-leaf folder (optional—can be done online)
PDHPE (Year 7 and 8)	Workbook (provided during first lesson)

PDHPE (Year 9 and 10)

48 page exercise book or A4 book

Physical Activity and Sports Studies (Years 9 and 10)

Workbook (provided during first lesson)

Industrial Technology Display Folder

Music A4 loose-leaf folder

Drama 64 page exercise book or A4 book

Years 11 and 12

English A4 loose-leaf folder

Maths A4 grid book or folder

Science (Biology, Chemistry, Physics, Senior Science, Earth and Environmental Science)

Practical—240 page A4 bound ruled book

Notes—A4 loose-leaf folder or 240 page exercise book

Drama A4 loose-leaf folder or book

2X A4 Process Diaries

Agriculture A4 loose-leaf folder or 240 page exercise book

Business Studies A4 loose-leaf folder or book

Economics A4 loose-leaf folder or book

Geography A4 loose-leaf folder or book

Legal Studies A4 loose-leaf folder or book

Modern History A4 loose-leaf folder or book

Ancient History A4 loose-leaf folder or book

History Extension A4 loose-leaf folder or book

Society and Culture A4 loose-leaf folder or book

CAFS A4 loose-leaf folder or book

Food Technology A4 loose-leaf folder or book

Hospitality A4 loose-leaf folder or book

Textiles and Design A4 loose-leaf folder or book

All Languages A4 loose-leaf folder or book

PDHPE A4 loose-leaf folder

Visual Arts A4 Process Diary

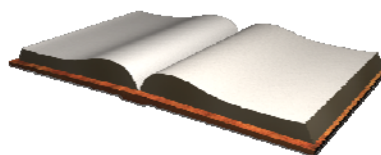
Music A4 loose-leaf folder

Engineering Studies A4 loose-leaf folder or book

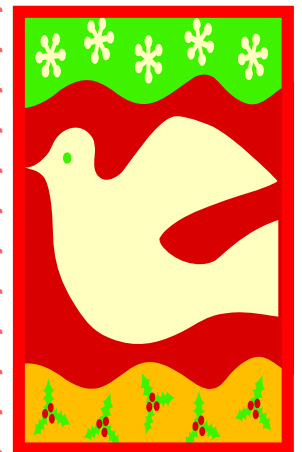
Industrial Technology A4 loose-leaf folder or book + Display folder

PLEASE NOTE NO '5 SUBJECT' EXERCISE BOOKS ARE TO BE BOUGHT.

EACH SUBJECT REQUIRES ITS OWN SEPARATE BOOK.



Merry
Christmas
and
Happy
New Year



from the
staff and
students of
Pennant
Hills High
School



HISTORY FACULTY NEWS

Year 7 Project Based Learning

Roman Festival

The Roman Festival was held on the 15 November in The Learning Hub. Classes 7A, 7O and 7P participated in the Roman Festival with either stalls or performances. There were stalls ranging from Ancient Roman art to food stalls. The performances were entertaining with assassinations, gladiator fights and street dancers.

We enjoyed the Roman Festival because it was exciting and entertaining. We also learnt a lot about Ancient Rome as we prepared for the festival.

By Livia



The Roman Festival was a really good experience for all of Year 7. It was a fun way to learn different types of Roman traditions. My group did a Roman Circus dance.

It was fun to research different acrobatic dance moves and we got to dress up as ring leaders and dancers. We also researched how the Romans wore their hair and what clothes they wore. I would definitely do the Roman Festival again.

By Cobey



Days and days
Went passing by
This and that we planned and tried
All the teachers were surprised
To see the children work so fast
Sir and Miss were called a lot
To help the children plan their plot

Finally the show had begun
To see what work we all have done
All the stalls had lots of food
And everyone was in a great mood

Laughter and giggle had filled the room
You could hear it from the moon
Time flew by

We even saw Julius Caesar die!

By Ji Yun and Louisa



ENGLISH FACULTY NEWS

Lions Club Youth Of the Year Competition

Two of our outstanding Year 11 students recently competed in the annual Lions Club Youth of the Year at West Pennant Hills Sporting Club. Larissa spoke on the modern day perils of technology and Gemma on the nature of the universe. Although unsuccessful in advancing to the next level both students represented their school and families with panache. They were a great credit, displaying confidence and the ability to engage with their audience.



English Faculty Awards for 2014 “Meritorious Performance in English”

The following students were selected for a Faculty award as a result of their outstanding efforts in English. Many were the best performer in their class over the course of the year and should feel proud of their achievement.

Year 7

Emma
Ishan
Johann
Emma
Joshua
Phillip
Max
Daniel

Year 8

Chontelle
Georgia
Luke
Fiona
Jessica
Jacob

Year 9

Caitlin
Jenna-Leigh
Katie
Jasper
Harrison
Russell
Maddison
Michelle

Year 10

Adam
Ysobel
Gregory
Nicholas
Losalini
Erin-Holly

OFFICE NEWS

Office Hours

Pennant Hills High School office hours are from 8am-3:45pm Monday to Friday.

We will close on Friday 20 December 2013 and re open on Tuesday 28 January 2014.

Payments

Payments can be made by students before school, recess or at lunch. If you are a parent/carer and wish to make a payment you can between the hours of 8am and 2pm.

Student Absences

If your child is absent from school, upon their return we need to receive a note from the parent/carer stating the reason for the absence. We must receive this within 7 days of their return. This is a Department of Education and Communities requirement as these are official records and cannot be altered after this time.

Academic Reports

Academic Reports will be emailed for Year 7-10 next week. All emails should be completed by Wednesday evening.

This week an email and SMS was sent out to ensure we have your correct email address.

If you have changed your email address since providing it to the school, please contact the office to update your details, or change them through the Parent Portal.

Change of details

Have you changed jobs, moved house or changed phone number/s (including work and mobile) or email address/es? **Please make sure your details are up to date so we can contact you with important information or when your child needs you.**

Changes must include a signature from a parent or caregiver and can be made in one of two ways.

- Change of Details forms are available for collection (by students, parents or caregivers) from Student Reception.
- Log on to the parent portal to check or change your details: My Child ↻ (Student's Name) ↻ Change Details ↻ Primary Email (eg.)

An up-to-date primary email address is very important to ensure you receive group emails, which are an increasingly important part of our communication between school and home.

CANTEEN

The last day for the canteen is Tuesday 17 December 2013. The canteen will reopen on Wednesday 29 January 2014.

SCHOOL SPECTACULAR

The following students were involved in this years School Spectacular. Congratulations on a wonderful performance.

Choir: Cobey, Thomas, Alicia, Jessica, Natasha and Breanna.

Millennium Marching Band: Sophie, Kalindi and Tabitha.

Orchestra: Arthur, David, Felicity, Lucy and James.

CONCESSION CARDS

Students who have turned 16 years old are entitled to a Concession Card. These cards enable students to purchase cheaper fares on public transport at all times.

The cards are free and are valid from 1 April until 30 March the following year. Any student whose 16th birthday falls in the summer holidays may pick up their concession card in the last week of term from Public Reception.

THANK YOU PENNO!

The Prefects organised a fantastic Christmas Can Appeal to support the Salvation Army Food Drive, publicised with a great video, which you can see on the school's Facebook page. Students and staff contributed a wide range of foods to help those who are doing it tough. We thank everyone who made this a success. Altogether we contributed 1,224 food items, ranging from cornflakes to pasta to chocolates. On Monday, we had this many items:



By Wednesday the pile had grown.



By Thursday, the prefects had well over a thousand items to pack up.



And the winners of the glittering prize, a month of occupying the coveted balcony spot during those long, hot assemblies in February is **Year 11**. Congratulations to Year 7 who came second, in a very close contest.

UNIFORM REMINDER

We wish to advise all students and families that we are a uniform school. There are sound reasons for enforcing the rule regarding footwear, and most of them are to do with student safety.

We must all work together to ensure that students come to school suitably attired. Please review this information with your child.

When purchasing school shoes, please be aware that **ONLY** black leather lace-up shoes are acceptable. Any other advice from shoe stores is incorrect.

ACCEPTABLE School Shoes



ALL these styles are UNACCEPTABLE.



UNIFORM ITEMS FOR SALE

Parents and caregivers are reminded that most school uniform items are sold at two local shops: Cherryhills (Pennant Hills) and Ragamuffins (Westleigh).

Sports Shorts and Track Suits

Additionally, new (unused) school sports shorts and sports track suits are sold through the office at Student Reception. Sports shorts are available in a limited size range, while track suit jackets and lined track suit pants are available in S, M, L and XL.

Second-hand Uniform Items

Used uniform items are available from the uniform shop which operates out of the school's print room. Currently the uniform shop has stocks of senior uniforms, knitted school jumpers, boys' grey pants and boys' and girls' long sleeved shirts, all in a range of sizes. As the stock of used uniform items is constantly changing, you are advised to phone the uniform shop to check what is available before coming in to purchase these items.

Please contact Tracey Bain on 9473 5012 for any enquiries.

THE ACTING EXPERIENCE

- CONFIDENCE
- COMMUNICATION
- ACTING SKILLS
- HAVE FUN

HOLIDAY WORKSHOPS JAN 2014

DRAMA CLASSES
PRIMARY AGES 10 TO 12
TEENS AGES 13 TO 17
ENROL NOW FOR TERM 1


FOR MORE INFORMATION:
 Phone 0457 574 662 or
 email info@actingexperience.com.au
 Visit actingexperience.com.au

Photos © Georgious Melikas

MMA Fitness & Conditioning
 Thursdays 7:15pm start

Boxing Pad-work
 Saturdays 6:30am start

Pennant Hills Community Centre



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Vehicle manoeuvres, traffic rules and safe driving techniques explained with animations and photos.

Learner drivers can invite supervisors (Family and Friends) and driving instructors to collaborate online for real-world practice.

*Learners registered on or before 31st December 2013 will be able to use Licence Ready services until provisionally licenced.

Packemin Productions presents the classic family musical...



Annie

7-22 February 2014
TICKETS ON SALE NOW!



Amanda Muggleton
(Pioneer, Hello Dolly, Shirley Valentine)
 as Miss Hannigan



Rodney Dobson
(Wicked, Miss Saigon, The Full Monty)
 as Oliver 'Daddy' Warbucks



Christopher Horsey
(Hot Shoe Shuffle, Bootmen, Chicago)
 as Rooster

PH: 8839 3399
riversideparramatta.com.au

STATIONERY SUPPLIES

Year 7 Bookpacks

30.00

MATHEMATICS

Compass	1.80
Protractor – 180 degrees	1.00
Protractor – 360 degrees	2.00
Set Square 40 degree & 60 degree angles	1.20
96 page grid book	1.50
160 page grid book	2.50
240 page grid book	3.00
96 page A4 grid book	2.00
128 page A4 grid book	2.50

MUSIC

96 page manuscript book	2.60
48 page A4 manuscript book	2.00

GENERAL

Plastic ruler	1.50
Pens (black, red, blue) & pencils	1.00
Erasers, metal and plastic sharpeners	1.00
Document Wallet	2.00
A4 refill sheets	2.00
D & T Crested Display Folders	6.00

EXERCISE BOOKS

64 page	1.00
96 page	1.50
128 page	1.50
160 page	2.00
240 page	3.00
96 page A4	2.00
128 page A4	2.50
160 page A4	3.00

Pennant Hills High School Canteen

Price List

Effective from 1st January, 2014**Canteen Manager:**

Lyndall Chamberlain

Staff:

Kerrie Langdon

Debbie Murray

Lisa Said

Canteen Telephone: 9473 5020

Sandwiches white/wholemeal

Vegemite	1.50
Cheese	2.50
Egg & Lettuce	3.50
Ham & Cheese	4.00
Ham & Tomato	4.00
Ham Cheese & Tomato	4.50
Salad	3.50
Salad & Cheese	4.00
Chicken	4.00
Chicken, Lettuce & Mayo	4.00
Chicken & Avocado	4.50
Unbuttered rolls	1.00
Buttered rolls	1.20

Seasonal Fresh Fruit – Prices as marked

Fresh Wraps	4.00
Salad Wraps (lettuce, cheese, tomato, carrot, cucumber)	4.50
Caesar Chicken Salad (lettuce, cheese, bacon, Caesar sauce)	4.50
Sweet Chilli Chicken and Salad (lettuce, cheese, tomato, mayo, sweet chilli)	4.50

Salads

Creamy pasta salad (when available)	3.50
Fruit Salad (when available)	3.50
Tabouli (when available)	3.50

Salad Plates

Lettuce, carrot, beetroot, cheese, cucumber & tomato	6.00
Extra – Egg, ham, chicken, avocado	1.00ea

Cakes & Biscuits

All cakes	2.50
Banana Bread	2.50
Choc Chip Cookies	2.00
Large Muffins	3.50

Ice Creams

Streets Ice Creams as displayed	.50
Frozen Fruit Tubes	.70
Fruit juice cups	

Hot Foods (including sauce/spoon/fork)

Apple Pie	3.00
Balfours Meat Pies	3.50
Chicken & Corn rolls	2.00
Chiko Rolls (V)	2.50
Cheese & spinach rolls (V)	3.50
Curry Pies	3.50
Hot Chocolate	2.00
Lasagne	3.50
Miri Muffins	1.50
Noodles	3.00
Potato Pie	3.50
Pork Riblets	2.00
Sausage rolls (large)	3.00
Soup with roll (winter only)	3.00
Travellers Pies meat pepper cheese & bacon	3.50
Sauce	0.20

**Daily Meal Combos – Orders Only
With Choice of small Drink**

Chicken Fingers in a cup	5.50
Potato Wedges	5.50

Milk

300ml Plain Milk	1.50
600ml Plain Milk	2.00
300ml Oak flavoured Milk	3.00
300ml Oak flavoured Milk	2.00
250ml Up & Go	2.50
Vaalia yoghurt	2.00

Drinks

Orchy – various flavours – 375ml	2.50
Water – 600ml	2.50
350m	1.50
Aloe Vera Natural Drink	2.50
Iced Tea – 500ml	3.50
330ml	2.50
Powerade Zero	3.50

Specials

Monday	Chicken Burgers	4.00
Tuesday	Nachos	4.00
	Sushi - Beef	3.50
	- Teriyaki Chicken	
	- Tuna	
	- Crispy Chicken	
Wednesday	Char Grilled Chicken Burgers	4.00
	Sushi - Beef	3.50
	- Teriyaki Chicken	
	- Tuna	
	- Crispy Chicken	
Thursday	Pizza	3.00
Friday	Chicken Burgers	4.00

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

St Matthews Anglican Church: together with a number of local sponsors, are hosting a Carols by Candlelight and Family Festival at West Pennant Hills Public School, Corner Church and Cardinal Ave, West Pennant Hills on 20 December 2013. 5:30pm for Family Festival and 7:45pm for Carols by Candlelight. For more information please call 9479 3700. www.stmatts.org.au

West Pennant Hills Netball 2014 Winter Competition: Registration day is Saturday 1 February at West Pennant Hills Public School, Cnr Church Street, West Pennant Hills in the school hall from 10:30am to 2:00pm. For more information visit www.westpennanthills.netball.asu.au

Pennant Hills Football Club 2014 Season: Registration day will be held on Saturday 1 February 2014 at Hotel Pennant Hills from 10am-2pm. Online registration and further details can be found at www.penno.com.au

Pennant Hills Demons AFL Club 2014 Registration: Play Aussie Rules with Pennant Hills Demons in 2014. Register now via website www.pennodemons.com or contact Noeleene Flynn on 0450 650 281.

STUDENT EXCHANGE PROGRAMS

Southern Cross Cultural Exchange www.scce.com.au or 1800 500 501.

LATTITUDE AUSTRALIA - volunteering and gap year placements for U/25s - www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia NZ - scholarships available - www.studentexchange.org.au or 9997 0700.

World Education Program Australia (WEP) - www.wep.org.au or 1300 884 733 or email wep@wep.org.au.

Australian Institute of International Understanding (AIU) - www.aiu.om.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program - for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange - www.sts-education.com.au or 1800 263 964

RECREATION AND SPORTING GROUPS

Dural Sport and Leisure Centre (A ministry of Dural Baptist Church) - www.dslc.com.au or phone 9651 2777

Hills Hawks Softball - All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Interested in Playing Cricket? Find out more at playcricket.com.au

North Sydney Girls Cricket Association: <http://nsgca.nsw.cricket.com.au/>

Pennant Hills Cherrybrook Rugby League Club - www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club - www.beecroftjuniors.com.au or 0439 904 457

Cherrybrook Table Tennis Club - 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club – www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band - www.goldenkangaroos.org.au or 9868 3289 (Annette)

Northern Sydney Youth Orchestra for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>

2nd/3rd Pennant Hills Scout Group - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

St Agatha's Youth Group - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

West Pennant Hills Netball: Ashley - 0421 558 009. www.westpennanthills.netball.asn.au/

Thornleigh Softball: All games played at Galston. Contact Sharon—0407 442 402. thornleighsports.org.au/softball

HELPERS NEEDED

Foster families needed - Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Volunteer with Easy Care Gardening - www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

COMMUNITY NOTICES AND CONTACTS

HELP WITH ENGLISH LANGUAGE AND NUMERACY

Saturday School of Community Languages 2014: For Information about language courses, including application forms and locations please go to www.sscl.schools.nsw.edu.au—2014 *Enrolment Information*. Applications for all years close on 21 February 2014. Year 7 applications must be sent as early as possible in 2014. For further information please contact Adelia Fuller, Principal—**9244 5694**.

Free adult literacy and numeracy classes - Meadowbank TAFE - 9942 3572. Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

Free English courses for adult migrants - www.ames.edu.au - Classes at Hornsby, Chatswood and Eastwood.

COMMUNITY SERVICES AND SUPPORT

The Kids Are All Right Website for parents of Australian teenagers. For articles on teenagers plus a forum for parents of teens, go to www.thekidsareallright.com.au. Some of the articles to view: Starting high school is tough on parents too; Essentials for working teenagers; Mentoring for teens. There are many more available.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women - Students selected on merit. Information and applications: www.avcat.org.au or phone **9213 7999** or **1800 620 361 (voicemail)**

Jack's Youth Café at Hornsby - 5 Jersey Street Hornsby (a short walk from the station).

After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm. ***Bringing young people, their families and communities together with hope.*** Phone 9477 1110.

Ability Options - a FREE service helping people with a disability into the job that's right for them.

For more information contact Caroline Krix on **8811 1717** or email caroline.krix@abilityoptions.org.au

Foster Care Association NSW Inc - Providing advocacy, support and information to foster carers.

www.fcansw.org.au or phone **4987 1847**

Healthy Kids FREE Parent e-zine - important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone **1300 135 736**

UnitingCare Northmead - 8839 5107 - Workshops and counselling for parents. Phone for more information.

Interrelate family centres - 8882 7850 - Phone for details of current workshops and courses for parents.

TOUGHLOVE - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers - www.nscchahs.health.nsw.gov.au/caparenting.htm

Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay - 9488 2523 - Advice and support for parents.

Depression Support Group - 1300 794 991.

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line - www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline - 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia - CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children - www.singlewithchildren.com.au or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents - www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre - 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services - www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre - 9651 3534 - Counselling and parenting courses available.

Newcomers Club - www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

NSW Health Free Dental Clinic for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

Christ Evangelical Centre of Australia Chinese Language School - 0410 613 814 (Jenny)

Cybersmart website - www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register - www.vifamilynetwork.org.au

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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