



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 1 November 2013

Term 4 Week 4B

## 40 HOUR FAMINE



Pennant Hills High School has a long history of participating in the 40 Hour Famine, and we were very excited to be able to organise it this year. In total, 80 students took part in the famine and raised money for the appeal.

The 40 Hour Famine is an initiative run by aid organisation World Vision. It involves students giving up something important to them (like food, technology or furniture) for 40 hours, and being sponsored to do so. The money raised is then sent to areas of extreme poverty around the world.

To make things a bit more interesting (and competitive!) this year, we decided to capitalise on our friendly rivalry with Cherrybrook Technology High School to see who could raise the highest percentage of their fundraising target. We set our goal at \$7000 and Cherrybrook set theirs at \$15,000. To raise the level of excitement we introduced a trophy for the champion school, so that an annual competition between the two schools could take place.

In total Pennant Hills High School raised \$12535.70 - 179% of our original goal. This meant that we were the champion school and winners of the trophy! The amount is also notable as it **is the**

Mr Geoff Wing  
*Principal*

Mrs Jane Dennett  
*Deputy Principal*

Mr Brendan O'Byrne  
*Deputy Principal*

Laurence Street, Pennant Hills NSW 2120

P: 9473 5000 F: 9473 5099

E: pennanthil-h.school@det.nsw.edu.au

W: www.pennanthil-h.schools.nsw.edu.au

**highest our school has ever raised for the famine.** We came second in our area, the Hills District and North West. Our area has 25 schools in it, and to have raised more than most of them is a huge credit to our school and its students.

World Vision Youth Representative for the area Rebekah Cochrane, came to thank Pennant Hills at a recent assembly, and we were awarded with an Outstanding Achievement Award - the highest level award given out to fundraising groups.

We'd like to thank the students who supported this appeal. We were overwhelmed by the attitude and generosity of the people in our school and the wider community. The money that we raised is going straight to the 40 Hour Famine focus country this year: Malawi. Here, it will be used to build long-term solutions to poverty in Malawi communities.

**Caleb, Eliza, Ben North and Emma**  
**Year 11**

**PRESENTATION  
EVENING**

**Wednesday 18 December 2013  
7.30pm**

# LOOKING FORWARD

## Term 4 2013

WEEK 5A	Monday	4 November	Year 10 Examinations (ALL WEEK)
	Monday	4 November	Hospitality Work Placement (ALL WEEK)
	Tuesday	5 November	Transitions to High School Program
WEEK 6B	Monday	11 November	Hospitality Work Placement (ALL WEEK)
	Monday	11 November	Year 10 Work Experience (ALL WEEK)
	Monday	11 November	Library Stocktake (ALL WEEK)
	Monday	11 November	ESSA Online Test
	Tuesday	12 November	Transitions to High School Program
WEEK 7A	Friday	15 November	PSC Sports Leadership Day at Pennant Hills HS
	Monday	18 November	Library Stocktake (ALL WEEK)
	Monday	18 November	HSC <i>All My Own Work</i> for Year 10
	Tuesday	19 November	HSC <i>All My Own Work</i> for Year 10
	Tuesday	19 November	Transitions to High School Program
	Wednesday	20 November	Peer Support Training
WEEK 8B	Wednesday	20 November	Years 10 and 11 Drama Excursion
	Thursday	21 November	HSC <i>All My Own Work</i> for Year 10
	Friday	22 November	Peer Support Training
	Sunday	24 November	Duke of Edinburgh's Award Bronze Hike
	Monday	25 November	Duke of Edinburgh's Award Bronze Hike
	Monday	25 November	Year 10 Crossroads at Vision Valley
WEEK 9A	Tuesday	26 November	Transitions to High School Program
	Tuesday	26 November	Year 10 Crossroads at Vision Valley
	Tuesday	26 November	P&C Meeting: 7.30pm in the Library
	Wednesday	27 November	Year 10 Crossroads at Vision Valley
	Friday	29 November	National Young Leaders Day (SRC representatives)
	Monday	2 December	Year 7 Swim School
WEEK 10B	Monday	2 December	Year 10 Bronze Medallion
	Monday	2 December	End of Year Band Concert in the MPC
	Tuesday	3 December	Year 7 Swim School
	Tuesday	3 December	Year 10 Bronze Medallion
	Wednesday	4 December	<b>Year 7 2014 ORIENTATION DAY</b>
	Wednesday	4 December	Year 7 Swim School
	Wednesday	4 December	Year 10 Bronze Medallion
	Wednesday	4 December	End of Year Band Concert in the MPC
	Thursday	5 December	Year 10 Bronze Medallion
	Friday	6 December	Year 7 Swim School
	Friday	6 December	Year 10 Bronze Medallion
WEEK 11A	Monday	9 December	Year 8 Game On and Year 9 PASS Surf School
	Monday	9 December	Concert Band 2 Tour
	Monday	9 December	Food Technology Excursion
	Tuesday	10 December	Concert Band 2 Tour
	Wednesday	11 December	Concert Band 2 Tour
	Wednesday	11 December	Concert Band 2 Tour
	Thursday	12 December	Duke of Edinburgh Gold Expenditure
	Thursday	12 December	Concert Band 2 Tour
WEEK 11A	Thursday	12 December	Duke of Edinburgh Gold Expenditure
	Friday	13 December	Duke of Edinburgh Gold Expenditure
	Monday	16 December	World Challenge Incurion
	Monday	16 December	Duke of Edinburgh Expedition
	Tuesday	17 December	Duke of Edinburgh Expedition
	Wednesday	18 December	<b>PRESENTATION EVENING</b>
	Wednesday	18 December	Duke of Edinburgh Expedition
	Wednesday	18 December	Last day of term for Students
	Thursday	19 December	Duke of Edinburgh Expedition
Thursday	19 December	School Development Day	
Friday	20 December	Duke of Edinburgh Expedition	
Friday	20 December	School Development Day	

## PRINCIPAL'S REPORT



### HSC Proceeding Smoothly

Our BOS Presiding Officer, Mrs Lewis, reports that our Year 12 students are responding well to the pressures of the HSC examinations. One thing that is clear from Mrs Lewis' feedback is the benefit for students in doing as well as they can in internal school assessment during the year leading up to these important exams. It assists students by them knowing they have made significant progress toward the HSC already, and also in case they are unfortunate in experiencing illness or misadventure during the exams. In such cases of illness or misadventure, the NSW Board of Studies may consider the marks obtained in school assessment to decide on a final result for the affected student.

It has also been delightful to hear from Mrs Lewis that our students are, as always, exceptionally well-behaved and polite to the supervisors during the exams. I am not surprised to learn of this, nor the fact that students in Years 7-11 have been keeping the area around the MPC quiet so as not to disrupt their fellow students during the examinations.

### Great Penno Reno 2

What a delight to drive into school last Monday to the refreshing sight of newly established gardens, new turf areas, a unique dry creek bed feature, tonnes of mulch spread throughout existing gardens, freshly painted Student Reception, bus bay and school signs, and much-needed timber garden borders, to name but some of the achievements of our volunteers. Over 160 people, including current students, parents and staff, attended on Saturday and many others gave up time on Sunday to consolidate the marvellous efforts begun last year. I can only attempt to express the appreciation and gratitude of the staff and students to all of the volunteers who have demonstrated their great pride in our school by giving up their precious time to enhance our environment.

Special mention must go to Penny Dean who coordinated all of the projects and work teams, sought donations and materials, ran the raffle and led the P&C sub-committee, along with Pennant Hills High School Special Education teacher, Chris Raper, who also worked tirelessly on the weekend, during the weekends leading up to the 'reno' and in planning over the past year. The commitment, dedication and hard work of both of these people and that of our volunteers is an example to all. Thank you sincerely to everyone who contributed

in some way to a very successful second *Great Penno Reno*.

### Bushfire Emergency in NSW

In light of the devastation of property and risk to human life experienced recently in NSW, I wish to assure all members of our school community that Pennant Hills High School has a detailed Bushfire Emergency Plan which we have devised and which has been endorsed by Department of Education and Communities and our school Work Health Safety Committee. Should there ever be a need to implement this plan, I am confident we will be able to provide the safest possible emergency response.

### Complaints and Suggestions

While we often receive compliments for the way in which the school operates so efficiently on a daily basis, it is always our desire to improve our operation. Should you not be satisfied with an aspect of our organisation, policies or procedures, or have a suggestion on how we can improve in a certain area, I encourage you to let us know. In that way, we may be able to improve our school systems should it be necessary. However, I stress the importance of obtaining all relevant facts before contact is made with the school and that we also be given an opportunity to respond to the matter. This has always been the accepted, and most effective, way in which we can work together in the best interests of our students and the school. Should you have an enquiry, suggestion or complaint, it is important that this be directed to the appropriate person. In the case of emails and letters being sent to the school, the office will redirect them to the school officer responsible for that area so that the most timely response can be made.

### Bands Excel Again

Congratulations to Concert Band 1 and Big Band for again being honoured by their inclusion in the prestigious NSW Public Schools Festival of Choral Music, which was held in October at the Sydney Opera House. Our bands audition annually for the festival and each year we succeed in having them feature on the programs among only a few other elite high school bands in NSW and instrumental ensembles and bands from the State Performing Arts Unit. Our students and their conductors, John Buckley and Jason Isaac are to be congratulated for their achievements. It is also an honour for our school to have appeared at the Sydney Opera House during its 40<sup>th</sup> anniversary celebrations.

## Excellent NAPLAN Results

The strategies we have implemented over the past few years to improve literacy and numeracy outcomes for students are showing considerable success. This is borne out in the 2013 NAPLAN results, which indicate that for Years 7 and 9, we continue to be above, or well above, state average in all areas of literacy – reading, writing, spelling, grammar/punctuation; and in all areas of numeracy – data, measurement, space and geometry, and number, patterns and algebra. One of the most pleasing aspects of the results is the school growth in a number of areas shown below.

### YEAR 7 Average Scaled Score Growth

AREA	GROWTH IN	SCALED SCORE
READING	State (all students)	48.4
	NSW DEC (all students)	49.1
	<b>SCHOOL</b>	<b>50.0</b>
SPELLING	State (all students)	61.3
	NSW DEC (all students)	62.3
	<b>SCHOOL</b>	<b>66.3</b>

For reading, results for our school in the top Band 9 were higher than the Hills Network (the former grouping of our local schools) and the state. There was lower growth in grammar and punctuation and numeracy, which will be addressed in our 2014 improvement strategies.

### YEAR 9 Average Scaled Score Growth

AREA	GROWTH IN	SCALED SCORE
READING	State (all students)	40.4
	Hills network (all students)	39.5
	<b>SCHOOL</b>	<b>39.4</b>
SPELLING	State (all students)	43.9
	Hills network (all students)	39.2
	<b>SCHOOL</b>	<b>44.8</b>
GRAMMAR/ PUNCTUATION	State (all students)	40.1
	Hills network (all students)	43.2
	<b>SCHOOL</b>	<b>47.0</b>
NUMERACY	State (all students)	43.7
	Hills network (all students)	52.7
	<b>SCHOOL</b>	<b>52.6</b>

For reading and writing, results for our school in the top Band 10 were higher than the Hills Network and the state.

## 40 Hour Famine

It was with great pride that at last week's school assembly we welcomed a representative from the 40 Hour Famine organising committee to present us with a framed certificate and to thank our school for its support of this very worthwhile cause.

Our School Captains, Eliza and Ben were presented with the inaugural *Pennant Hills High versus Cherrybrook Technology High 40 Hour Famine Challenge Trophy* for achieving the highest percentage of their agreed fund-raising targets.

**Geoff Wing**  
*Principal*

## THANK YOU EMAIL

Mr Wing received this lovely email from a parent and wanted to share with you.

*Dear Mr Wing,*

*I decided during the graduation ceremony, that I needed to write this email, as I was so moved by the whole evening. Our entire family was there, my husband, two older children and also my parents. We all agreed that it was a wonderful night and a truly lovely farewell to the students. At times we had tears streaming down our faces!*

*We have been parents at the school since our oldest began in 2000 and now that our youngest is leaving I just wanted to say thank you to you and your staff, for the 14 years of educating, supporting and caring for our children.*

*So it is with fondness and sadness that our family say goodbye and thank you to Penno.*

## PRESENTATION EVENING

**Wednesday 18 December 2013  
7.30pm**

### Do we have your correct email address?

This semester, academic reports for students in Years 7–11 will be emailed to parents and caregivers. If you have changed your email address since providing it to the school, please contact the office to update your details, or change them through the Parent Portal.

## BIG BAND

In the last week of the Term 3 school holidays, Pennant Hills High School Big Band participated in a three day jazz camp at Ashbury Public school. As well as Pennant Hills, Newtown High School of the Performing Arts Stage Band and Ashfield Little Big Band joined the jazz camp. With special thanks to our conductor Jason Isaac, all bands enjoyed jazz workshops, with the hottest jazz musicians (including a former Pennant Hills High School student Karl Dunncliff) in Sydney as our mentors and tutors. Our musicians were also entertained by the Darren Heinrich Trio and an 11 piece group called The Tundra Ensemble.

At the end of the camp, on Saturday 5 October all the jazz bands played at the Manly International Jazz Festival on the 'Stars of the Future' stage in front of the Novotel Manly Pacific Hotel, drawing in large crowds.

Well done to Pennant Hills for taking time out of your holiday to have a jam! Thank you to Jason Isaac for the many hours and late nights he dedicated to organising everything from the venue to the tutors. Congratulations on a job well done.

**Kathleen**  
**Band Prefect**

## CONCERT BAND 1

The Festival of Choral Music is held each year at the Sydney Opera House, featuring a number of solo and ensemble items performed by hundreds of talented young students from across the state. This year, Pennant Hills High School Concert Band 1 was invited to perform in the Australia's Concert.



It was an all day event for the group, as we were required to go into the city for a sound check before returning at 6.00pm for a 7.00pm concert. Luckily, the sound check ran smoothly and we had confidence in the piece we were to perform, *Into*

*the Light* by Jay Bocook, which we had played earlier in the year in the Yamaha Festival at The Concourse Chatswood, where we received a Diamond Award.



It was the first time we had ventured onto the Opera House Stage with John Buckley as our conductor, which added to the excitement of the occasion as we waited eagerly backstage for our call. The performance was one of the best the band has done this year and we left the stage satisfied and proud of our contribution to the festival, which also featured wonderful items performed by Newtown High School, the Arts Unit Ensembles and the Combined Public Schools Choir.



We were privileged to be a part of this tiring, but incredibly rewarding, night and we can't wait to see what's coming up next.

**Larissa**  
**Band Prefect**

### Penno Prayer Meeting

Mums, dads and grandparents, please come and join us as we pray for 'Penno' staff and students.

**1st and 3rd Friday of each month during term**  
**8.45am–9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**

## YEAR 10 GEOGRAPHY EXCURSION

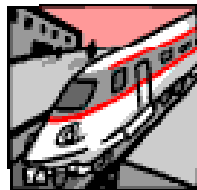
On Friday 13 September, Year 10 Geography students ventured out for a day on Sydney Harbour to investigate the urban growth and decline that has occurred around Sydney's waterfront. On our voyage we observed many different areas, for example, Cockatoo Island, Barangaroo, Woolloomooloo and Darling Harbour, along with other sites that displayed elements of growth and decline or a changing urban function.



On the ferry we had a guide who had a deep knowledge of the harbour and the changes taking place. The field trip was excellent in displaying the dynamic nature of urbanisation through visual examples.

**Nathan and Ryan**  
Year 10

## New Timetables for all Transport



We have received notification that there are new train, bus and ferry timetables effective from 20 October 2013. It is recommended that you go to [www.131500.com.au](http://www.131500.com.au) to view the new timetables.

## School and Sports Uniforms

Thank you to those families that have donated uniforms to the schools second hand clothing pool.

We have a range of new PE shorts and tracksuits available.

We have a large number of second hand uniforms available for sale. Please contact Mrs Bain on 9473 5012 for any enquiries.

## VOLUNTEERS REQUIRED FOR SOCIAL INCLUSION PROGRAM

Are you looking for a fun, relevant and inspiring volunteer opportunity? Are you available during school hours every other week or so? Our Social Inclusion movement needs your help.

We need community volunteers to support our small group of students and teachers who work together to provide social events and opportunities to help students with special needs connect with their peers.

As a volunteer you will:

- Guide a group of young people to organise regular inclusive activities.
- Volunteer about 21 hours per term, (less is OK), generally during school time.
- Meet every other week, with a dynamic group of students during lunch or recess, to assist them with the organisation of activities.

Training and support will be provided by the Cerebral Palsy Alliance. Reimbursement for any out-of-pocket expenses incurred will be provided. So if you would like to help make a difference by assisting students with special needs to make friends please contact Mrs Campbell, Head Teacher Welfare, on 9473 5000 or at [belinda.campbell@det.nsw.edu.au](mailto:belinda.campbell@det.nsw.edu.au)

## ALL MY OWN WORK REMINDER

All Year 10 students in NSW are required to complete the **HSC: All My Own Work** program **BEFORE** they can be enrolled into Year 11. This has been developed as part of the NSW Government's *Respect and Responsibility* strategy and is an integral part of all HSC course requirements. The program is designed to help HSC students become aware of good scholarship principles and practices. This includes understanding and valuing ethical practices when locating and using information as part of their HSC studies.

Pennant Hills High School Year 10 students are required to complete the program, either in designated classes at school or as a homework assignment, during **Week 7 of Term 4 2013 on 18, 19 and 21 November**. There are five modules to read and five quizzes to complete. Students must achieve **no less than 80%** on each quiz to be deemed to have a clear understanding of their rights and responsibilities in regard to all future assessment tasks. We ask for your support in ensuring that your son or daughter is at school on the above days. If you know that they will not be present, they must see Mrs Whitlock as soon as possible to make alternative arrangements.

**Sue Whitlock**  
Teacher—Librarian

## INDUSTRIAL ARTS NEWS

### Continuing Success in World Skills Competitions

Over recent years a number of our students have competed in World Skills, a competition that pits the best apprentices against each other as they construct or complete practical tasks. Apprentices are only able to compete every second year.

Nathan (HSC 2007) competed with great success in 2008 and 2010, progressing in 2010 to the national competition in Brisbane where he placed 4th in Australia.

Earlier this year Geoffrey (HSC 2008) was placed first in NSW in the Heavy Machinery (Diesel Mechanic) competition. Geoffrey is now eligible to go to Perth next year to compete in the national competition.

Most recently Simon (HSC 2012) was placed second in NSW in the Cabinetmaking competition.



*Simon with his Hall Table at the 2012 InTech Display of Outstanding HSC Projects  
Simon came 2<sup>nd</sup> in the State in Industrial Technology*

### Accelerated Students Win University of Wollongong Competition

Joshua and Chris were finalists in the 2012 University of Wollongong Industrial Technology Competition. Chris went on to win the competition and \$500 in prize money. Pennant Hills was awarded the prize for most outstanding school in NSW. Both students were accelerated in this subject and completed their HSC in Year 11.

In 2013, Chris has completed studies in Engineering Studies while Joshua studied Design and Technology, designing a web-based learning portal. They both recently completed their examinations in these subjects and we wish them well with their results.



*Joshua and Chris with the 2012 Award*

### University of New South Wales Work Engineering Work Experience Program

Earlier this year Zach and Peter were selected to participate in a week long work experience program that concentrated on civil and environmental engineering. They visited five significant engineering projects in Sydney and Wollongong as well as the university's engineering facilities.



*Students visiting an engineering site south of Sydney*

**Mark Tyler**  
**Head Teacher Industrial Arts**

**Licence Ready**  
www.licenceready.com.au

An online-based driver education service to equip learners with skills for life.

**FREE\* INTRODUCTORY OFFER**

**LEARN TO DRIVE ONLINE WITH INTEGRATED, REAL-WORLD, STRUCTURED PRACTICE.**

Vehicle manoeuvres, traffic rules and safe driving techniques explained with animations and photos.

Learner drivers can invite supervisors (family and friends) and driving instructors to collaborate online for real-world practice.

**L** \*Learners registered on or before 31<sup>st</sup> December 2013 will be able to use Licence Ready services until provisionally licenced. **P**

**MMA Fitness & Conditioning**  
Thursdays 7:15pm start

**Boxing Pad-work**  
Saturdays 6:30am start

**Pennant Hills Community Centre**

**GET YOURSELF INTO THE BEST SHAPE OF YOUR LIFE WITH THE EMA TEAM!**

**e evolution MARTIAL ARTS** [www.emakarate.com.au](http://www.emakarate.com.au)

# HSC & TPC

## Course Information Evening

Monday 11 November, 6pm  
Cameragal Building, J Block, Ground Floor  
St Leonards Campus, TAFE NSW  
(formerly North Sydney TAFE)

We will once again be offering students the opportunity of studying units in the Certificate IV in Tertiary Preparation (TPC) and Higher School Certificate (HSC) in 2014.

We encourage potential students and their parents/guardians to attend the information session where both HSC and TPC options will be discussed.

Timetables and course information will be available at this session.

Teaching staff will be available on the night to answer any questions you may have about both these Year 12 equivalent courses.

**THE Northern Sydney Institute** Part of TAFE NSW

For more information, please contact the Coordinators on 9942 0732

Unlock your potential. It starts here.

## THE ACTING EXPERIENCE

**SMALL BOUTIQUE ACTING CLASSES WITH LONGER SESSION TIMES.**

**IN-DEPTH FOCUS ON ACTING SKILLS AND DRAMA TECHNIQUES.**

## TEENAGE ACTING CLASSES AT EPPING!

**TO BOOK:** Phone 0457 574 662 or email [info@actingexperience.com.au](mailto:info@actingexperience.com.au)

**FOR MORE INFORMATION:** Visit [actingexperience.com.au](http://actingexperience.com.au) or follow us at [facebook.com/actingexperience](https://www.facebook.com/actingexperience)

Photo © Georgious Makkas



# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

**Northern Sydney Youth Orchestra (NSYO): Open Rehearsal with NSYO— Wednesday 30 October.** You are invited to come to a rehearsal of one of the ensembles. Bring your instrument and join in or just come and have a listen and a chat. This is a good opportunity to try it out and see what it is all about.

String Orchestra 4pm Heritage Room, Beecroft Primary School

Symphony Orchestra 5pm Presbyterian Church Hall, Beecroft

Wind Ensemble 6pm Beecroft Primary School

**Auditions for NSYO** are to be held on **Wednesday 4 and Wednesday 11 December**. For more details please go to [www.nsyo.org.au](http://www.nsyo.org.au)

**West Pennant Hills Public School Spring Fair: Sunday 10 November 2013, 10am-4pm. Church Street, West Pennant Hills.** All welcome. Rides for all ages, great stalls, food stalls, petting farm, pony rides, clothing, face painting, plaster casts, trash and treasure, lucky dip, cakes, sweets, ice creams, show bags, BBQ, Devonshire Tea, chocolate wheel, raffle, entertainment, tattoos, art and craft.

**Our Lady of the Rosary School: International Spring Fair. Sunday 10 November 2013, 10am-4pm. 23 Yardley Avenue, Waitara.** All Welcome, International Food, gourmet gift stall, craft stall, rides, cakes and coffee stall, toy and book stalls, rides and activities for all ages, raffle and prizes. For more information please visit: [www.olorspringfair2013.weebly.com](http://www.olorspringfair2013.weebly.com)

**Pennant Hills Public School P&C Association: Twilight Carols, Friday 6 December 2013, 6pm. Cnr Ramsay and Weemala Roads, Pennant Hills.** An evening of carols for the whole family accompanied by our school bands, choirs and string ensemble. Sausage sizzle, drinks, glowsticks and candles. BYO picnic rug.

## STUDENT EXCHANGE PROGRAMS

**Southern Cross Cultural Exchange**—Invites students from Years 9-12 to attend a public information session on Tuesday 19 November at 7pm. At Lane Cove Library, Library Walk, Lane Cove (parking station in Austin Street). [www.scce.com.au](http://www.scce.com.au) or 1800 500 501.

**LATTITUDE AUSTRALIA** - volunteering and gap year placements for U/25s - [www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia NZ** - scholarships available - [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

**World Education Program Australia (WEP)** - [www.wep.org.au](http://www.wep.org.au) or 1300 884 733 or email [wep@wep.org.au](mailto:wep@wep.org.au).

**Australian Institute of International Understanding (AIU)** - [www.aiu.om.au](http://www.aiu.om.au) or 1800 174 407 - program costs apply.

**Lions Youth Exchange Program** - for 17-21 year olds - [www.lionsclubs.org.au/ye](http://www.lionsclubs.org.au/ye)

**STS Student Exchange** - [www.sts-education.com.au](http://www.sts-education.com.au) or 1800 263 964

## RECREATION AND SPORTING GROUPS

**Dural Sport and Leisure Centre** (A ministry of Dural Baptist Church) - [www.dslc.com.au](http://www.dslc.com.au) or phone 9651 2777

**Hills Hawks Softball** - All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone Hazel - 0414 474 461

**Interested in Playing Cricket?** Find out more at [playcricket.com.au](http://playcricket.com.au)

**North Sydney Girls Cricket Association:** <http://nsgca.nsw.cricket.com.au/>

**Pennant Hills Cherrybrook Rugby League Club** - [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club** - [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or 0439 904 457

**Cherrybrook Table Tennis Club** - 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club** – [www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or 0410 655 764

**Epping RSL Golden Kangaroos Marching Band** - [www.goldenkangaroos.org.au](http://www.goldenkangaroos.org.au) or 9868 3289 (Annette)

**Northern Sydney Youth Orchestra** for young musicians. Not-for-profit organisation. <http://www.nsyo.org.au>

**2nd/3rd Pennant Hills Scout Group** - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides** - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

**St Agatha's Youth Group** - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

**West Pennant Hills Netball:** Ashley - 0421 558 009. [www.westpennanthills.netball.asn.au/](http://www.westpennanthills.netball.asn.au/)

**Thornleigh Softball:** All games played at Galston. Contact Sharon—0407 442 402. [thornleighsports.org.au/softball](http://thornleighsports.org.au/softball)

## HELPERS NEEDED

**Foster families needed** - Department of Family and Community Services - 8303 7644

Carers can be singles, couples, with or without children, and from any cultural background.

**Volunteer with Easy Care Gardening** - [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed** - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

# COMMUNITY NOTICES AND CONTACTS

## HELP WITH ENGLISH LANGUAGE AND NUMERACY

**Saturday School of Community Languages 2014 Procedures:** For Information about language courses, including application forms and locations please go to [www.sscl.schools.nsw.edu.au](http://www.sscl.schools.nsw.edu.au)—2014 *Enrolment Information*. Applications for all years close on 21 February 2014. Please note Year 7 applications must be sent as early as possible in 2014. Students currently studying at the Saturday School will receive a green *Confirmation of Continuing Enrolment in 2014*. This must be returned. For further information please contact Adelia Fuller, Principal—**9244 5694**.

**Free adult literacy and numeracy classes - Meadowbank TAFE - 9942 3572.** Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

**Free English courses for adult migrants - [www.ames.edu.au](http://www.ames.edu.au) -** Classes at Hornsby, Chatswood and Eastwood.

## COMMUNITY SERVICES AND SUPPORT

**The Kids Are All Right Website** for parents of Australian teenagers. For articles on teenagers plus a forum for parents of teens, go to [www.thekidsareallright.com.au](http://www.thekidsareallright.com.au). Some of the articles to view: Starting high school is tough on parents too; Essentials for working teenagers; Mentoring for teens. There are many more available.

**Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women -** Students selected on merit. **Information and applications:** [www.avcat.org.au](http://www.avcat.org.au) or phone **9213 7999** or **1800 620 361 (voicemail)**

**Jack's Youth Café at Hornsby -** 5 Jersey Street Hornsby (a short walk from the station)

After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm.

**Bringing young people, their families and communities together with hope.** Phone 9477 1110.

**Ability Options - a FREE service helping people with a disability into the job that's right for them**

For more information contact Caroline Krix on **8811 1717** or email [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Foster Care Association NSW Inc -** Providing advocacy, support and information to foster carers.

[www.fcansw.org.au](http://www.fcansw.org.au) or phone **4987 1847**

**Healthy Kids FREE Parent e-zine -** important nutrition information and great recipes: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote -** If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone **1300 135 736**

**UnitingCare Northmead -** 8839 5107 - Workshops and counselling for parents. Phone for more information.

**Interrelate family centres -** 8882 7850 - Phone for details of current workshops and courses for parents.

**TOUGHLOVE -** 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers -** [www.nscchahs.health.nsw.gov.au/caparenting.htm](http://www.nscchahs.health.nsw.gov.au/caparenting.htm)

Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay -** 9488 2523 - Advice and support for parents.

**Depression Support Group -** 1300 794 991.

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line -** [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline -** 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia -** [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children -** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents -** [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre -** 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services -** [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre -** 9651 3534 - Counselling and parenting courses available.

**Newcomers Club -** [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**CUSTOM-FITTED SPORTS MOUTHGUARDS (Dr Nimesh Patel BDS MPH -** 9 Hillcrest Road Pennant Hills)

On-the-spot Health Fund refunds. [www.timelessmiles.com.au](http://www.timelessmiles.com.au) or phone **9484 7737**

**NSW Health Free Dental Clinic for 12-25 year olds -** 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets**

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

**Christ Evangelical Centre of Australia Chinese Language School -** 0410 613 814 (Jenny)

**Cybersmart website -** [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register -** [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

## DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.