



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 24 August 2012

Term 3 Week 6B



Mr Geoff Wing
Principal

Mr Tony Rudd and Mrs Jane Dennett
Deputy Principals

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CREATIVE AND PERFORMING ARTS AT PENNANT HILLS HIGH SCHOOL

The introduction of the Creative and Performing Arts (CAPA) as a Key Learning Area has been a major change in our curriculum structure at Pennant Hills High School in 2012. This has involved combining the Drama, Music and Visual Arts faculties as one.

CAPA has had very positive inaugural year, with the recent CAPA Festival showcasing the talents of our students and the dedication of the CAPA staff. In 2012, the CAPA staff are:

HT CAPA - Ms Dennis.

Drama - Mr Cassar, Ms Crilley, Ms Feilen and Ms Hickey.

Music - Mrs Coomber and Mr Nugent.

Visual Arts - Ms Ackerman, Ms Clark, Mrs Erickson and Mrs Fielder-Gill.

One of the primary considerations for the CAPA faculty in 2012 has been the upgrading of facilities, including the painting of the two Drama Studios (Rooms 214 and 203), ordering new furnishings for Room 214 so that comfortable tutorials can be held there, and the purchasing of a Jam Hub for the Music Studio.

Please turn to page 4 for more exciting CAPA news /.....

FOCUS on NEXT FORTNIGHT

Term 3 2012

Week 7A	Monday	27 August	Duke of Edinburgh's Award Bronze Qualifying Walk (Monday—Wednesday)
	Monday	27 August	Duke of Edinburgh's Award Silver Qualifying Walk (Monday—Wednesday)
	Thursday	30 August	School Photographs (Groups)
	Thursday	30 August	Prefect Induction Ceremony
	Thursday	30 August	Schools KO Athletics
Week 8B	Wednesday	5 September	SES Cadet Graduation
	Friday	7 September	Year 11 Preliminary Final Examinations

Please check the school's website for the latest calendar updates.

KEY DATES

Term 3 2012

Week 9A	Monday	10 September	Year 11 Preliminary Final Examinations (ALL WEEK)
	Monday	10 September	CHS Athletics (Monday—Wednesday)
	Wednesday	12 September	Year 7 Gala Day
Week 10B	Monday	17 September	Year 11 Preliminary Final Examinations (ALL WEEK)
	Monday	17 September	Year 12 Community Concert
	Tuesday	18 September	Year 12 Graduation
	Wednesday	19 September	Year 12 Formal
	Friday	21 September	LAST DAY OF TERM 3

VACATION

Term 4 2012

Week 1A	Monday	8 October	Term 4 Commences - STUDENTS ATTEND
Week 2B	Monday	15 October	HSC Commences - Written Examinations
	Tuesday	16 October	ESSA Online Readiness Test
Week 3A	Monday	22 October	Year 9 Examinations (ALL WEEK)
	Friday	26 October	Year 7 Vaccinations
Week 4B	Monday	29 October	Year 9 Examinations (ALL WEEK)
	Monday	29 October	Year 8 Examinations (ALL WEEK)
	Monday	29 October	Year 7 Examinations (ALL WEEK)

Please check the school's website for the latest calendar updates.

YEAR 11 ASSESSMENT TASKS

Term 3 2012

Week 7A	Tuesday	28 August	Visual Arts: VAPD
	Tuesday	28 August	Visual Arts: Case Study
Week 8B	Tuesday	4 September	Photography 2 Unit : Examination
	Wednesday	5 September	Photography 1 Unit : Body of Work
	Wednesday	5 September	Photography 1 Unit : Process Diary
	Wednesday	5 September	Photography 1 Unit : Examination
	Wednesday	5 September	Visual Arts: Body of Work
	Thursday	6 September	Photography 2 Unit : Body of Work
	Thursday	6 September	Photography 2 Unit : Process Diary

PRINCIPAL'S REPORT



I wish to pay tribute to another long-serving member of our school teaching staff who has started retirement after 44 years of service to the Department of Education and Communities, and more than 23 years of loyal service to the students and parents of Pennant Hills High School. Mr Bob Williams spent his

entire time at our school in the classroom as a teacher of History, Drama and in later years, French. A quiet, unassuming man, Bob is a true gentleman whom students and staff appreciated for his quick wit and sense of humour and for his most professional approach to his teaching. Outside the classroom, he contributed so much over the years to set design and painting of scenes for a number of school musicals, as well as coaching many grade sporting teams. The school has appreciated the countless extra hours Bob devoted to these extra tasks. Testimony to Bob was the number of students who were seen reminiscing with him in the playground, and no doubt thanking him for what he had done for them as their teacher. On behalf of the Pennant Hills High School community, I wish Bob a happy, healthy and fulfilling retirement.

The inaugural Creative and Performing Arts (CAPA) Festival was a great success. The school was abuzz for the whole week, marked by outstanding performances from our Drama and Music students, and another wonderful exhibition of the creative talents of our Visual Arts students. Ms Dennis, Head Teacher CAPA, has done a marvellous job melding the staff and students, and the various facets of creative and performing arts, into a cohesive and vibrant showcase of the talent in this area at our school. Congratulations for what we hope will become a tradition in coming years.

Four Year 12 Drama students also assisted long-time friend of Pennant Hills High School, Dr Carol Kefford, in teaching communication skills to medical students from the University of Sydney and GP Registrars from GPSynergy. Huw, Taylor, Georgia and Hayley have worked with Dr Kefford for the past 12 months, giving up their time to be trained and then to role play a number of scenarios at training days and evenings. The role plays are about difficult adolescent health situations to which the doctors have to respond as they believe they would in real life. The program aims to teach junior doctors and medical students how to facilitate small group discussions on health issues to prepare them to take part in the GPs in Schools Program, in which Pennant Hills High School has

been a participant since its inception 16 years ago. In a recent letter of thanks, Dr Kefford stated how impressed she was with the maturity and insight shown by our students in working with the medical students and registrars.

Year 12 students have now completed the very important Trial HSC Examinations, which are designed to provide practice in examination techniques, and to show students what they still need to learn before the HSC Examinations in October. It is important that all Year 12 students continue to keep the pressures associated with their final year in check, and to seek support from family, friends and the school if needed. Many students are breathing a sigh of relief having finalised major projects for the HSC. They can now concentrate on the important study and revision tasks, content in the knowledge that they have already completed a part of their HSC. The display of Industrial Technology Major Projects for this year's HSC, which was held last week, highlighted the exceptionally high standard of work of our students and staff. Congratulations to all students who worked so hard on major projects and to their teachers who gave so willingly of their time and expertise to assist them.

In 2012, we have again been successful in attaining first place as the top school in Northern Sydney Region at athletics. At the Regional carnival in late July, our Ku-ring-gai Zone team placed first in both boys' and girls' divisions. Pennant Hills High School was awarded first place from all schools competing. Our boys' team was also placed first and our girls came third in the Region. This success comes on top of our school winning back the Zone Cross Country and Athletics trophies this year. Congratulations to all competitors and our staff coaches.

The London Olympic Games highlighted a former student of our school, Adam Rutter, who competed in the 20km walk. Adam was a student here eight years ago, and competing in London was his second Olympics, although he was unfortunately too sick at the time of his event to compete in Beijing. There are many lessons to learn from these games, not the least of which is that to try as hard as you can, with all of the effort, application and determination possible, is far more important than winning. Our Australian athletes attracted some very unfair criticism at the London Games for not bringing home as many medals as four years ago, yet those who have the correct perspective on competing know that not everyone can win an event, but everyone can be a winner in the way they approach the competition. The students at our school usually show us that they are winners by exhibiting sportsmanlike behaviour and by trying as hard as they can. Keep up the good work.

Geoff Wing
Principal

Another consideration has been to establish a 'visual presence' in the school environment, with new banners for the various Festivals and a new notice board outside 203. Establishing the CAPA pages on the school website - with relevant information about events occurring within the faculty - has also been a priority. This, of course, will be an ongoing focus. The CAPA faculty also hope to use the school audio/visual system to show 'shorts' of performances which take place within the faculty.

This year has seen the introduction of a Dance class for students from Years 7–12 which runs on Thursday mornings with dance instructor, Jay Bailey. The program aims to help young performers focus on the ways they work together to create an original performance piece that is relevant and appealing. The students train in contemporary techniques, hip-hop and jazz to develop performance skills and increase confidence. Thus far, they have thoroughly enjoyed the experience. The Dance class gave a brief performance at the Pennant Hills High School Drama Festival in June - a brave deed, given that they had only begun classes a matter of weeks prior to the event!

An ongoing, and very exciting, part of the CAPA faculty are the curriculum enrichment programs run by Mr Cassar and Ms Crilley. These include the *Drama Ensemble* and the *Theatresports Program*. The Drama Ensemble, which meets on Tuesday afternoons, has a strong representation from junior students, especially Year 7. The *Theatresports 2012 Schools Challenge* was held in May. Pennant Hills High School competed with a junior and senior team. Our junior team was particularly successful and went through to the semi-final round. All of the students involved were incredibly supportive of one another and had a fantastic time. The audience at the Pennant Hills High School Drama Festival in June were fortunate to see the junior and senior teams battle each other on the night. It was very entertaining!

Other events which have enriched the learning experiences of the Drama students at Pennant Hills High School include:

- Senior students attending *Onstage* at the Seymour Centre in February;
- *Stolen* workshop, with NIDA graduate and actor, Miranda Tasell in March;
- Pennant Hills High School Drama Festival in June;
- Four Year 11 Drama students running anti-bullying scenarios for the students at West Pennant Hills Public School throughout Term 2;
- Four Year 11 Drama students working in the *GP Synergy Program* in collaboration with Sydney University throughout 2012 – assisting in training medical students working with adolescents; and

- *The Web*, a play by Kate Mulvany – performed by Year 11 Drama in July.

Our musicians have, likewise, had many enriching learning experiences, which include:

- Band Camp and Band Camp Concert Evening in February;
- *Meet the Music* and *Encore*;
- An *In Concert* Performance by ten students in May - featuring choral and instrumental music;
- The *Pennant Hills High School Music Festival* in May, featuring Concert Bands 1 and 2, Big Band and Junior Stage Band, along with local Primary School Bands from Pennant Hills, Thornleigh West and West Pennant Hills;
- The *Yamaha Festival* in June, where Concert Band 1 was the only recipient of a Diamond Award in A Grade;
- The *Arts North Secondary Music Festival* at the Sydney Town Hall in August, where Year 8 Elective Music and a Year 11 student performed;



- The *Big Band Biennale* in August, where Junior Stage Band and Big Band performed with Thornleigh West Public School and Beecroft Public School Jazz Bands; and
- In October, Big Band and Concert Band 1 will perform at the Opera House.

Our Visual Arts students have had the opportunity to appreciate the art world and extend their artistic practice through:

- Senior students attending *ArtExpress* and Year 12 attending the *Picasso Exhibition* in February;
- Year 10 attending an excursion to the *Archibald Prize* at the Art Gallery of NSW in May;
- Year 9 attending an excursion to sketch and workshop at the Australian Museum in April;
- Year 8 attending an excursion to sketch and photograph at Luna Park in May; and
- All Year 7–12 Visual Arts students have had their artworks displayed at the annual *Visual Arts Exhibition* in the MPC throughout the CAPA Festival week.

There are many great experiences to be had in the creative and performing arts. Students are able to express their creative selves through the varied learning experiences available to them.

At Pennant Hills High School we are looking forward to building on the CAPA events outlined here and we aim to consolidate Drama, Music, Visual Arts and Dance as dynamic and engaging fields of study for our students. The CAPA faculty would like to encourage our school community to support us by attending the various festivals, performances and exhibitions.

Janelle Dennis
Head Teacher CAPA

CAPA FESTIVAL

The Creative and Performing Arts Festival, which ran throughout Week 5 of this term, was a tremendous success. The student performances and artworks were of a high standard at the Stage 6 Music Soirée, the HSC Drama Family and Friends Night, and the Visual Arts Exhibition. We enjoyed large crowds across the three nights of the festival and we thank our school community for their support.



All of the CAPA HSC students are now preparing for their HSC practical examinations and submission of works. We wish them well over the coming months.

At the Visual Arts Exhibition Opening on Friday 17 August 2012, three special awards were presented:

- Award for contribution to CAPA Festival Invitations – Jessica (Year 12)
- Guest Speaker Award – Jessica (Year 12) – Painting
- People's Choice Award – Caitlin (Year 12) – Drawing.



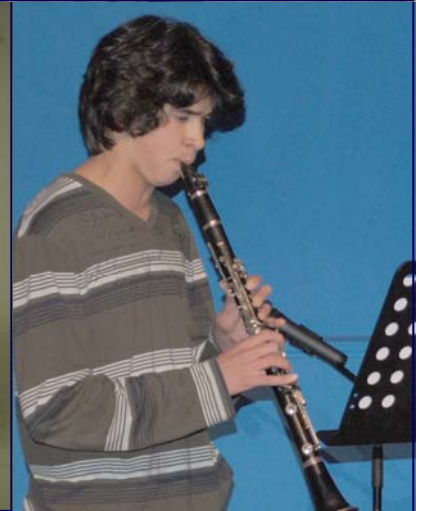
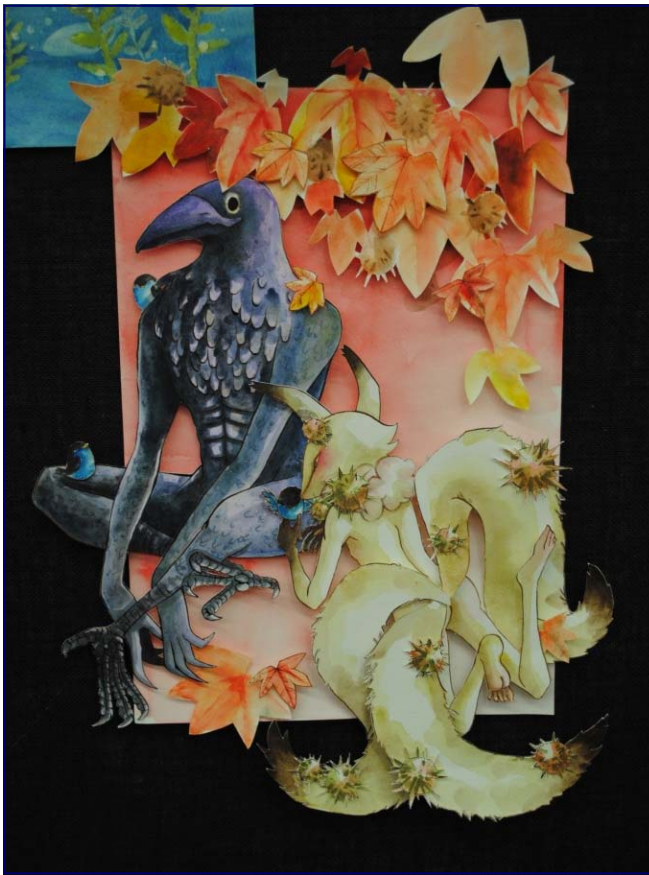
The following students also received awards, each for excellence in artmaking:

- 7VA1 – Luke – Shell Drawings
- 7VA2 – Kalindi – Ceramic Fun House
- 7VA3 – Rodrigo – Ceramic Portrait Mug
- 7VA4 – Milla – Drawing: Still Life
- 7VA5 – Liam – Animal Mask
- 7VA6 – Elizabeth – Ceramic Fun House
- 7VA7 – June Ha – Ceramic Fun House
- 7VA8 – You Jin – Ceramic Portrait Mug
- 7VA9 – Thomas – Animal Mask



- 8VA1 – Stephanie – Fantasy Pod
- 8VA2 – Nikki – Ceramic Pug Dog Head
- 8VA3 – Jacqueline – *Reigning Picasso* Painting
- 8VA4 – Daisy – Fantasy Foot Shoe
- 9VA1 – Erica – Relief Sculpture: *Doors and Windows*
- 9VA2 – Sophia – Painting/Sculpture : *Floral Abstraction*
- 10VA1 – Sam – Portrait Painting
- 10VA2 – Georgia – Ceramics: *Famous Vessels*
- 11VA1 – Amy – Sculpture: *Musical Instruments*
- 11VA2 – Isabelle – Sculpture *Musical Instruments*
- 11 Photo (2U) – Emily – Photographic Images
- 11 Photo (1U) – Christina
Photographic Images
- 12 Photo (2U) – Matt – *Untitled*

Janelle Dennis
Head Teacher CAPA





C
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P
A



SCIENCE AND AGRICULTURE

Congratulations to the following students who have received awards for their efforts and achievement in Science and Agriculture.

YEAR 8 AGRICULTURE

Mitchell

Excellent Overall Effort

Jack

Excellent Overall Effort

YEAR 9 AGRICULTURE

Georgia

Excellent Effort and Good Work Ethic

Hamish

Excellent and Consistent Effort

YEAR 10 AGRICULTURE

Emma

Consistent Work Ethic and Excellent Attitude

YEAR 11 AGRICULTURE

Emma

Consistent Work Ethic and Excellent Attitude

YEAR 12 AGRICULTURE

Jake

Consistent and Excellent Effort

YEAR 10 SCIENCE

Sophie

Great Effort, Attitude and Attainment

Madeleine

Outstanding Effort, Attitude and Results

Rachel

Excellent Attitude, Great Effort and Diligence

Eliza

Consistent Effort

Casey

Excellent Attitude, Great Effort and Diligence

Khushal

Excellent Effort and Consistent Work Ethic

Max

Great Effort, Attitude and Attainment

YEAR 11 EARTH AND ENVIRONMENTAL SCIENCE

Isabelle

Consistent and Excellent Effort

YEAR 11 BIOLOGY

Lucie

Great Effort, Excellent Results and Dedication

Rima

Great Effort and Results

Katie

Outstanding Effort, Attitude and Results

Bronte

Outstanding Effort, Attitude and Results

YEAR 11 CHEMISTRY

Peter

Excellent Results

Zoren

Excellent Results

YEAR 11 PHYSICS

Suzie

Consistent Effort and Application

James

Consistent and Excellent Effort

YEAR 12 EARTH AND ENVIRONMENTAL SCIENCE

Abby

Outstanding Effort, Attitude and Results

YEAR 12 BIOLOGY

Tom

Outstanding Effort, Attitude and Results

Balwinder

Outstanding Results, Great Attitude and Dedication

Reyland

Excellent Attitude and Attainment

YEAR 12 CHEMISTRY

Andrew

Excellent Attitude and Attainment

Chloe

Consistent Work

YEAR 12 PHYSICS

Alistair

Outstanding Effort, Attitude and Results

Philip Scandizzo

Head Teacher Science and Agriculture



GUIDE DOGS VISIT

On Wednesday 8 August 2012, Leadership in the Middle School (LIMS) students hosted a visit from the Guide Dogs Association. A lady named Sarah came with her guide dog Alley and shared with us a wealth of information about guide dogs. She explained how guide dogs help visually impaired people to get around, the difference between using a guide dog and a cane, how expensive a guide dog is and what is involved in the training of a guide dog puppy. As well as answering students' questions, for part of the visit Sarah removed Alley's harness so we could pat her.



We learnt that a working guide dog should be well behaved at all times, should respond to a physical or vocal correction to maintain its concentration, and should not chew on furniture or other inappropriate items.

To help the guide dog and its owner achieve these requirements, there are several things that other people should not do with a guide dog:

- Do not feed the guide dog.
- Do not make the guide dog the centre of attention.
- Do not distract the guide dog.

We thank Sarah and Alley for giving their time to give us an insight into the role of guide dogs.

Samantha
Year 9

The Bush

A twig pings out like sonar, snapping the silence,
answered by a kookaburra.
Crouching down. A rustle belonging to no one.
Eucalypt and soft bark,
brushing the skin, catching the hair.
Water bounces in the bottle,
marching through leathery leaves,
stone in the shoe 'can we stop for a tick?'

*An experience unseen
is still worth experiencing.*

ABSENCE NOTES

The Department of Education program which monitors student absences automatically records an absence as unjustified if a note of explanation hasn't been received by the school within a week of the absence. This is a legal record which cannot be changed without written authority from the Principal.

To ensure your son's or daughter's attendance records are accurate, please send a signed note to school with your child on the day of their return to school. These notes must be placed in the appropriate box in Student Reception.

If you know that your student is planning to be absent from school, you should contact the school well in advance of the planned absence to obtain an Application for Exemption from Attendance at School. The Principal will assess the completed application form and, if appropriate, issue a Certificate for Exemption from Attendance at School. These certificates should be signed by a parent/caregiver and must be produced when requested by police or other authorised attendance officers.



SICK OR INJURED STUDENTS

Students and parents are reminded that
**sick or injured students
MUST NOT PHONE HOME
from a mobile phone.**



Sick or injured students
MUST REPORT TO STUDENT RECEPTION.

Have you changed jobs, moved house or changed phone numbers (including work and mobile)?
Please make sure your details are up to date so we can contact you when your child needs you.



Changes must be advised in writing, including a signature from a parent or caregiver. Change of Details forms are available from Student Reception.

Penno Prayer Meeting

Mums, dads, grandparents, please come and join us as we pray for 'Penno' staff and students.

**1st and 3rd Friday of each month during term
8.45am-9.15am.**

Please meet at Public Reception.
Enquiries: Kim Allan on 0410 548 350.

Some say I'm lost.
Some say I'm found.
Whatever!
I'm tired of lying around.



I'm a jacket. I'm shoes.
I'm sports gear and more.
Just open the cupboard
and see what's in store.



In Student Reception,
I wait and I hide.
Please come, take me home
and use me with pride!



LIMS RSPCA CUPCAKE DAY

Leadership in the Middle School (LIMS) students cooked up a storm once again with another amazing cupcake day. Over \$350 was raised for the RSPCA through the sale of cupcakes with animal themes. Students from Naremburn School joined our fundraising efforts and provided over 100 cup cakes for the day.



To date, in addition to the funds raised for the RSPCA, our active Year 8 LIMS students have donated \$1000 to the Children's Hospital, \$900 to the Asthma Foundation and \$550 to the Breast Cancer Council.

The next LIMS fund-raising event is the Cancer Council Daffodil Day on Friday 31 August 2012, when daffodils will be on sale for \$1 each.

Belinda Campbell
LIMS Coordinator

CONGRATULATIONS

SCIENCE COMPETITION HIGH ACHIEVERS

High Distinction - Top 5% in Australia

Year 7: Hamish

Year 9: Maddison, Tom, Sophia

Year 10: Andrew

Distinction - Top 10% in Australia

Year 7: Alicia

Year 8: Erkshan, Tomas, Jack, Stephanie, Jaime

Year 9: Darian, Kadin

Year 10: Bethany, Aaron

Year 11: Benson, Guangzhao

ARTSNORTH MUSIC FESTIVAL

James (11), Jessica (9), Cameron (11), Shea (9), Tom (7) and Year 8 Elective Music students, are all to be congratulated for their strong performances at the ArtsNorth Music Festival held at Sydney Town Hall in August.

INDOOR CRICKET WORLD CHAMPIONSHIPS

Anthony of Year 8 has been selected to represent Australia in Johannesburg next month.

The **Penno Reno** is coming!

SATURDAY 27 and SUNDAY 28 OCTOBER 2012

Please come along to help beautify our school,
or donate money toward the purchase of plants.

Next week, all families will receive a letter about this event.

If you do not receive your letter, please see the school website.



books are worth their weight in gold.

2011/2012 Entertainment Books have now expired.

Don't miss out!

Purchase your new 2012/2013 Entertainment Book now.

Receive over \$15,000 in valuable offers, valid through 1 June 2013.

At the same time, you'll be helping raise funds for Pennant Hills High School.

Sydney Greater West - \$65 each

Sydney - \$65 each

Sydney North - \$65 each

More Information

Lynn McGlade - 9473 5000 or lynette.mcglade@det.nsw.edu.au

Please return your completed Order Form to the Finance Window in Student Reception.

Name:

Address:

..... State: Postcode:

Daytime Phone Number:

I would like to order: x Sydney Greater West @ \$65.00 each (GST inc.) = \$

..... x Sydney @ \$65.00 each (GST inc.) = \$

..... x Sydney North @ \$65.00 each (GST inc.) = \$

☐ I will collect the book(s) from the school

OR

☐ I have included \$8.00 postage and handling \$

Total Amount Enclosed = \$

Payment Options

☐ Cash

☐ Paid online at: <https://www.entertainmentbook.com.au/orderbooks/12344f8>

☐ Please charge my: ☐ Visa ☐ Mastercard

Card Number: _____ / _____ / _____ / _____

Expiry Date: ____ / ____ CVV: _____

Cardholder's Name: Signature:

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Glenhaven Public School Spring Fair - Sunday 26 August 2012 - 9.00am–3.00pm

74a Glenhaven Road, Glenhaven - Stalls, Food, Rides, Entertainment and more!

Hornsby Girls' High School Multicultural Fair - Saturday 1 September 2012 - 11.00am–4.00pm

Books - Rides - Displays - Craft - Food - ALL WELCOME

Series for Parents and Carers - *Living with Teenagers* - FREE sessions - 7.00pm–8.30pm

BodyThink for Parents - Tuesday 11 September - Galston

Understanding Social Networking - Tuesday 16 October - Galston / Wednesday 24 October - Hornsby

Bookings are essential: 9482 1366 (Clifton Adolescent and Family Support, Mission Australia)

Transition to Work Program Information Sessions - enhancing opportunities for people with disabilities

Hornsby Library - Thursday 13 September at 6.00pm and Saturday 15 September at 10.00am

Information on: program activities; weekly planners; eligibility requirements; and much more.

Presented by Sunshine Employment Services: Email employment@sunshinehome.net.au or phone **9484 9913**

Understanding Your Teenager - Parent Forums by Ku-ring-gai Council

Safe Partying - 17 September

Building Positive Mental Health - 22 October

Bookings required. Contact Ku-ring-gai Council Youth Services: www.kyds.org.au or 9424 0837

STUDENT EXCHANGE PROGRAMS

LATTITUDE AUSTRALIA - Global Volunteering and Gap Year Placements for Under-25s

www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia New Zealand - www.studentexchange.org.au or 9997 0700.

Southern Cross Cultural Exchange - www.scce.com.au or 1800 500 501

World Education Program Australia (WEP) - www.wep.org.au or 1300 884 733

Australian Institute of International Understanding (AIU) - www.aiiu.om.au or 1800 174 407 - program costs apply.

RECREATION AND SPORTING GROUPS

Dural Sport and Leisure Centre (A ministry of Dural Baptist Church) - www.dsllc.com.au or phone **9651 2777**

Hills Hawks Softball - All ages 4-adult welcome - www.hillshawks.softball.org.au or phone **Hazel - 0414 474 461**

Interested in Playing Cricket? Find out more at playcricket.com.au

Pennant Hills Cherrybrook Rugby League Club - www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club - www.beecroftjuniors.com.au or 0439 904 457

Cherrybrook Table Tennis Club - 0412 520 854 - Enjoy social and competition table tennis.

Epping RSL Golden Kangaroos Marching Band - www.goldenkangaroos.org.au or 9868 3289 (Annette)

Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

2nd/3rd Pennant Hills Scout Group - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

St Agatha's Youth Group - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

HELPERS NEEDED

Foster families needed - Department of Family and Community Services - 8303 7644

Carers can be singles, couples, with or without children, and from any cultural background.

Volunteer with Easy Care Gardening - www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

HELP WITH ENGLISH LANGUAGE AND NUMERACY

Free adult literacy and numeracy classes - Meadowbank TAFE - 9942 3572

Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

Free English courses for adult migrants - www.ames.edu.au - Classes at Hornsby, Chatswood and Eastwood.

COMMUNITY NOTICES AND CONTACTS

COMMUNITY SERVICES AND SUPPORT

Ability Options - a FREE service helping people with a disability into the job that's right for them
For more information contact Caroline Krix on **8811 1717** or email caroline.krix@abilityoptions.org.au

Foster Care Association NSW Inc - Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone **4987 1847**

Healthy Kids FREE Parent e-zine - important nutrition information and great recipes
To sign up, visit: www.healthy-kids.com.au

Enrol to Vote - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone **1300 135 736**

UnitingCare Northmead - 8839 5107 - Workshops and counselling for parents. Phone for more information.

Interrelate family centres - 8882 7850 - Phone for details of current workshops and courses for parents.

TOUGHLOVE - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers - www.nscchhs.health.nsw.gov.au/caparenting.htm
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay - 9488 2523 - Advice and support for parents.

Depression Support Group - 1300 794 991
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line - www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline - 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia - CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children - www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents - www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre - 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services - www.wesleymission.org.au/centres/wesleydalmir/ or 8805 7288

Community Life Church Cherrybrook Life Centre - 9651 3534 - Counselling and parenting courses available.

Jack's Youth Café at Hornsby - 5 Jersey Street Hornsby (a short walk from the station) - 9477 1110
After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm.

Newcomers Club - www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

CUSTOM-FITTED SPORTS MOUTHGUARDS (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)
No gap payment for private health fund members / 50% off for people with no private health fund.
Offer valid until December 2012 - www.timelessmiles.com.au or phone 9484 7737.

NSW Health Free Dental Clinic for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets
Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

Christ Evangelical Centre of Australia Chinese Language School - 0410 613 814 (Jenny)

Cybersmart website - www.cybersmart.gov.au - Part of the Australian Government's cybersafety program.

The Australian Childhood Vision Impairment Register - www.vifamilynetwork.org.au
Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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