



JUMBUNNA

Fortnightly Newsletter of
Pennant Hills High School

Friday 29 June 2012

Term 2 Week 10B



Mr Geoff Wing
Principal

Mr Tony Rudd and Mrs Jane Dennett
Deputy Principals

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NSW PREMIER'S STUDENT VOLUNTEERING AWARDS

On Monday 18 June 2012, two of our students, Carissa and Mikaila, attended a Regional Awards Ceremony where they were presented with the prestigious Black Opal Certificate in the Premier's Student Volunteering Awards Program. The Black Opal Certificate is the highest level in the program and recognises a minimum of 150 hours of volunteering service. Both of these girls have actively contributed to the school community through their volunteering activities. Together they have logged in excess of 400 hours of service.

Two other recipients unable to attend the ceremony were past student Jorin, who was awarded the Black Opal Certificate; and Cameron, who was awarded the Diamond Certificate which recognises a minimum of 80 hours of volunteering service.

The Premier's Student Volunteering Awards program recognises that volunteering makes a real and positive difference in our communities, with benefits not just for the recipient but for the volunteer as well.

Since Pennant Hills High School became involved in the program three years ago, our students have been awarded 55 Bronze Certificates, 43 Silver Certificates, 23 Diamond Certificates and three Black Opal Certificates.

Pennant Hills High School recognises the valuable contribution our students have made to both the school and wider community through their volunteering activities.

Pam Leadbitter
Student Volunteering Coordinator



KEY DATES

Term 3 2012

Week 1A	Monday Tuesday Tuesday Friday	16 July 17 July 17 July 20 July	SCHOOL DEVELOPMENT DAY SCHOOL RESUMES for all students Years 9 and 10 Parent–Teacher Evening CHS Cross Country at Eastern Creek
Week 2B	Monday Tuesday	23 July 24 July	Sydney North Athletics at Homebush Sydney North Athletics at Homebush
Week 3A	Monday	30 July	Trial HSC Examinations (ALL WEEK)
Week 4B	Monday Monday	6 August 6 August	Trial HSC Examinations (ALL WEEK) Japanese Student Visit (ALL WEEK)
Week 5A	Tuesday	14 August	CAPA Festival (Tuesday—Friday)
Week 6B	Wednesday Wednesday Friday	22 August 22 August 24 August	Year 8 Gala Day Big Band Biennale Science Challenge
Week 7A	Thursday	30 August	School Photographs (Groups)
Week 8B	Friday	7 September	Year 11 Preliminary Final Examinations Start
Week 9A	Monday Monday Wednesday	10 September 10 September 12 September	Year 11 Preliminary Final Examinations (ALL WEEK) CHS Athletics (Monday—Wednesday) Year 7 Gala Day
Week 10B	Monday Monday Tuesday Wednesday Friday	17 September 17 September 18 September 19 September 21 September	Year 11 Preliminary Final Examinations (ALL WEEK) Year 12 Community Concert Year 12 Graduation Year 12 Formal LAST DAY OF TERM 3

VACATION

Term 4 2012

Week 1A	Monday	8 October	SCHOOL RESUMES - All students attend
Week 2B	Monday	15 October	HSC Written Examinations Commence

Please check the school's website for the latest calendar updates.

FOCUS on NEXT FORTNIGHT

Term 3 2012

Week 1A	Wednesday Thursday Friday	18 July 19 July 20 July	Year 11 English 'Trial Trial' Exam—Period 4 Year 11 Drama Production Year 11 Drama Production
Week 2B	Sunday Sunday Wednesday Thursday Friday	22 July 22 July 25 July 26 July 27 July	Duke of Edinburgh's Award Bronze Practice Walk (Sunday—Monday) Duke of Edinburgh's Award Silver Practice Walk (Sunday—Tuesday) SES Cadet Camp (Wednesday—Thursday) Year 11 Drama Production World Challenge Presentation to Students

Please check the school's website for the latest calendar updates.

PRINCIPAL'S REPORT



As we near the end of a very busy Term 2, I wish to thank our students, staff and parents for their involvement in a wealth of activities which engage our students each day and supplement the teaching and learning occurring in our classrooms. One of the important and very commendable features of our school is the high

level of cooperation that exists between students and staff, especially when they are involved in extra activities outside the classroom. This is a two-way partnership, and I encourage all students to continue to value these supportive relationships that develop as we work together to achieve the best possible educational outcomes for our students.

Working Towards the HSC Examinations

This term has been hectic for our Year 12 students as they complete important school assessments and prepare for the Trial HSC examinations, which begin in Week 3 next term. I know from talking to our students that they are beginning to feel the pressure of attending classes, completing assessment tasks, and at the same time, finding time to study in preparation for the trial exams.

We have a range of structures in place to assist students as they progress toward the HSC examinations in October, including support from the Year Adviser, Mrs Jebbink, School Counsellor, Mrs Hayward, Deputy Principal assisting Year 12, Mrs Dennett, our Head Teacher Student Welfare, Mrs Campbell, myself and all other Head Teachers and teachers. It is also important that students who are participating in the mentoring program *10% On Top* work with their teacher mentors over the coming term.

Any student who is feeling overly stressed or anxious should seek immediate support from parents, family and the school. I ask that parents contact the school when issues arise so that we can work together to find a solution to the problem.

Changing Times in Education

We are undoubtedly entering a period of enormous change in education in NSW over the coming years. You will be aware that there is conflict at the moment over the *Gonski Review of Funding for Schooling* and the plans by the Department of Education and Communities (DEC) for the implementation of *Local Schools Local Decisions*. These changes were the focus of considerable discussion at the NSW Secondary Principals' Annual Conference held recently. It is clear that

there will be some impact from these plans on all schools in NSW, but it will take time to determine the exact effect on our school.

Whilst addresses by the Federal and State Ministers for Education and our Director General of DEC provided some illumination of the issues, it was an address by a leading world educator that was especially interesting. Mr Pasi Sahlberg, the Director General of Education in Finland, spoke about three important policy drivers which led to Finland being placed as a world leader in education. One policy driver was the reform to education funding which enhanced the equity of educational provision for all students. Mr Sahlberg identified the Gonski reform proposals as being very similar to this important driver of reform in Finland. He also outlined the important emphasis placed on teacher quality in terms of giving teachers sufficient time to do their important job well, backed by rigorous selection and training of teachers before entering the teaching service.

Outstanding Achievements

During the few days that I was at the Principals' Conference, our students and staff had great success in a number of areas. I received a message to advise that we had in fact won the Zone Cross Country carnival following a recount, and that our Concert Band 1 had been awarded the prestigious Diamond level award at the Yamaha Music Festival. This continued many years of achievement by our bands, but this recognition is particularly significant in that *Diamond* is not always awarded, and is fitting acknowledgement of only the very best bands. The Yamaha Competition is open to state and independent schools, and we were the only school to be awarded Diamond in the elite 'High School A' category. Congratulations to Band Director, Mrs Coomber and our brilliant students.

The annual Drama Festival held on 15 June was a celebration of the talent of our students and staff in the performing arts. Congratulations to Head Teacher Creative and Performing Arts (CAPA), Ms Dennis and her hard-working drama teachers, and to the many wonderfully talented performers for producing such an entertaining night of live theatre.

Volunteering Awards

Our lead item in this edition of *Jumbunna* highlights the fact that we have many wonderful school citizens who place supporting their community and school as a high priority in their lives. Congratulations to these fabulous ambassadors of our school, and thank you for your efforts. For three of our students to receive prestigious 'Black Opal' awards is indeed a very commendable effort that has brought great credit to our school.

Geoff Wing
Principal

YEAR 11 HOSPITALITY

Leading up to their first work placements recently, our Year 11 students have been working hard on a variety of units of study, including *Update Hospitality Knowledge, Organise and Prepare Food, Follow Workplace Hygiene Procedures and Present Food*.



11HO1



11HO2

The mandatory work placement experience exposes students to the wide variety of tasks performed within a commercial kitchen as well as fulfilling the responsibilities of working as a team member within the workplace setting. The students, on their return to school, have described their experience as 'worthwhile', 'exhausting', 'interesting' and 'a real life learning experience'.

Employers at the host establishments spoke very highly of our students, expressing how impressed they were with their presentation (in full chef's uniform), punctuality, initiative and positive attitude towards learning new skills and practising already learnt skills.

We are very proud of how they represented Pennant Hills High School during their work placement. After speaking with students on their return, it was evident they had made many positive experiences to share.

Our students will complete their final work placement in Term 4 this year.

Trudi Heath and Marilyn Castillo
Hospitality Class Teachers



THANK YOU

We would like to thank the following establishments for taking our students into their workplaces.

Asquith Leagues Club, Waitara
Blakes Restaurant, Castle Hill
Blu Water Grill, Hornsby
BPO Restaurant, Beecroft
Brewhaha Café, Hornsby
Bupa Care Services, Dural
Café Belle Fleur, Glenhaven
Café Saligna, West Pennant Hills
Castle Hill RSL Club, Castle Hill
David Jones Café, Hornsby
Epping Hotel Bistro, Epping

Hillside Hotel, Castle Hill
Hog's Breath Café, Castle Hill
Holiday Inn, Darling Harbour
Hornsby RSL Club, Hornsby
Lutanda Manor, Pennant Hills
Nero Café, Epping
Pastry Perfection, Carlingford
Pennant Hills Golf Club, Pennant Hills
The Epping Club, Epping
Woodlands Nursing Home, Cherrybrook

PDHPE

The following students recently received Faculty Awards to acknowledge the students' efforts in PDHPE subjects following nomination by their class teacher. Congratulations to these students for their commitment and achievements in the subjects listed.

Year 7 PDHPE

Matthew, Grant, Nicholas
Aimee, Lachlan

Year 8 Game On

Izaack, Danusha

Year 8 PDHPE

Byron, Lucy, Callan
Charlie, Dylan
Hannah

Year 9 PASS

Greg, Nathan

Year 9 PDHPE

Isaac, Hayden, Kian
Ben

Year 10 PASS

Rachael, Madeline

Year 10 PDHPE

Caleb, Alex, Sarah, Elena
Jay, Hannah, Alex

Year 11 PDHPE

Andrew, Alana

Year 12 PDHPE

Michael, Lucie

Year 12 SLR

Jack

Neil Barrowcliff
Head Teacher PDHPE

LIFELINE

HARBOUR TO HAWKESBURY

Huge Annual Book Fair

Thursday 12 and Friday 13 July 2012

9.00am-9.00pm

Saturday 14 and Sunday 15 July

9.00am—5.00pm

Knox Grammar School Hall

Pacific Highway, Wahroonga

All funds raised will help to maintain
Lifeline's essential services to the community.

BAND NOTES

It has been a busy time for all our bands over the past month, with band members working diligently at rehearsals and parents helping us to travel to musical events. We are delighted with our Concert Band 1's achievement in receiving the prestigious Diamond Award in A Grade at the recent Yamaha Festival, and also with our Big Band's second place at the recent Sydney Eisteddfod. Junior Stage Band and Concert Band 2 also recently entertained an enthusiastic audience at the Pennant Hills Public School Fete. Thank you to all our band members for your hard work, and to our dedicated band instructors, Mrs Carol Coomber and Mr Jason Isaac.

Upcoming events include a performance by Concert Band 2 at the NSW School Band Festival on Sunday 26 August.

Also, we would love to hear from anyone interested in learning the oboe, or who would like to audition for Concert Band 1 on bassoon or French horn. Please email us at the school at: band@pennanthil-h.schools.nsw.edu.au

Continue to enjoy your music.

Michelle Healey

Lifting You Higher

Dancing, Singing, Comedy and Drama

Presented by Sydney North Region Scouts and Guides
@ Asquith Boys High School Theatre

Evening Performances—8.00pm

29 and 30 June, 2, 4, 6 and 7 July

Matinee—2.00pm

30 June and 7 July

Tickets

Adult—\$21.00 - Child (<16 yrs)—\$11.00
Concession—\$16.00 - Family (2 + 2) \$55.00

Bookings

www.ganshow.com - Errol—(02) 9481 0937



Penno Prayer Meeting

Mums, dads, grandparents, please come and join us as we pray for 'Penno' staff and students.

1st and 3rd Friday of each month during term
8.45am-9.15am.

Please meet at Public Reception.
Enquiries: Kim Allan on 0410 548 350.

WINNERS IN THE OLYMPIC YEAR

The Zone Cross Country Carnival was held on 14 May 2012 at the park and bushland venue of St Ives Showground. Brilliant sunshine contributed to an absolutely fabulous day, producing a close and exciting event once again.

As has been the case over the past several years, Pennant Hills High School and Cherrybrook Technology High School established themselves as the two outstanding cross country schools in Ku-ring-gai Zone. At 12.00 noon, after a few events, the first progressive points score was announced, and Pennant Hills held a slender 28 point advantage over Cherrybrook. After a few more events an hour later, the lead was just a fraction more at 34 points. Things were looking promising for perhaps a great result for Pennant Hills, but Cherrybrook had their own strong intention and fought back ever so valiantly in the final few age divisions, scoring particularly well in the 14 Years Girls and Boys races, and gaining back the deficit despite Pennant Hills finishing second in both of those age divisions. At the end of a truly magnificent sporting contest between the two neighbouring schools, the final points score declared Cherrybrook first by just 24 points.

Four weeks later, on 12 June 2012, it was revealed that there had been a 29 point scoring error with Cherrybrook 17 Years Girls' team. Once the scores were corrected, we were delighted to learn that **Pennant Hills High School won the carnival by a margin of 5 points.**

Therefore, after a great battle between the two schools the final results are:

1st Pennant Hills 1075 points (*lowest points best*)
 2nd Cherrybrook 1080 points
 3rd Killara 1405 points
 4th Turramurra 1707 points
 ahead of the other five schools in Ku-ring-gai Zone.

In the age group team results Pennant Hills was successful in winning the 13, 16 and 18 Years Boys, and was second in the 14, 15 and 17 Years divisions. In the Girls, we placed equal first in the 15 Years, and were second in the 14 and 16 Years divisions.

The results of students who finished in the top 10 in their age division are listed in the tables in this report.

A total of 29 students qualified to compete at the Area Carnival on 14 June, including students running in the Girls 14 Years, and the Boys 13, 16, 17 and 18 Years team events.

GIRLS	Age Group	Zone Place	Area Place
Lucy	14yrs	4th	16th
Hannah	14yrs	5th	19th
Caitlin	14yrs	6th	21st
Rachel	15yrs	3rd	14th
Olivia	16yrs	1st	2nd
Hannah	16yrs	2nd	4th
Emma	17yrs	5th	
Bel	17yrs	9th	
Madeleine	18yrs	3rd	
Grace	18yrs	8th	

BOYS	Age Group	Zone Place	Area Place
Charlie	12yrs	2nd	4th
Jordan	12yrs	5th	19th
Oliver	13yrs	1st	3rd
Lachlan	13yrs	4th	18th
Ben	13yrs	9th	33rd
Cody	14yrs	7th	
Karl	15yrs	8th	15th
Lucas	15yrs	9th	
Ben	16yrs	4th	15th
Scott	16yrs	5th	28th
Campbell	16yrs	6th	29th
Brad	16yrs	8th	
Toby	17yrs	1st	1st
Sam	17yrs	6th	21st
Sam	17yrs	9th	33rd
Adam	18yrs	1st	3rd
Evan	18yrs	8th	24th
Blake	18yrs	11th	18th

Special congratulations to the following students who have all qualified to compete at the State All Schools Cross Country on 20 July: Olivia, Hannah, Charlie, Oliver, Toby and Adam.

Unfortunately none of our age division teams have qualified for the state carnival, but well done at Area level as we achieved second place in a few age divisions.

In summary, congratulations to our entire cross country team, and to the whole school, for achieving a truly magnificent victory at this year's Zone Carnival. It's fantastic to be the champion school in cross country again! *Nil Nisi Bonum!*

Mark Harvey
PDHPE Faculty



entertainmentTM

books are worth their weight in gold.

2011/2012 Entertainment Books have now expired.

Don't miss out!

Purchase your new 2012/2013 Entertainment Book now.

Receive over \$15,000 in valuable offers, valid through 1 June 2013.

At the same time, you'll be helping raise funds for Pennant Hills High School.

Sydney Greater West - \$65 each

Sydney - \$65 each

Sydney North - \$65 each

More Information

Lynn McGlade - 9473 5000 or lynette.mcglade@det.nsw.edu.au

Please return your completed Order Form to the Finance Window in Student Reception.

Name:

Address:

..... State: Postcode:

Daytime Phone Number:

I would like to order: x Sydney Greater West @ \$65.00 each (GST inc.) = \$

..... x Sydney @ \$65.00 each (GST inc.) = \$

..... x Sydney North @ \$65.00 each (GST inc.) = \$

☐ I will collect the book(s) from the school

OR

☐ I have included \$8.00 postage and handling \$

Total Amount Enclosed = \$

Payment Options

☐ Cash

☐ Paid online at: <https://www.entertainmentbook.com.au/orderbooks/12344f8>

☐ Please charge my: ☐ Visa ☐ Mastercard

Card Number: _____ / _____ / _____ / _____

Expiry Date: ____ / ____ CVV: _____

Cardholder's Name: Signature:

MOUTHGUARD AWARENESS



Wear a mouthguard at play, to keep the injuries away

Sporting accidents are one of the most common causes of dental injury. Every year thousands of people, including children, are treated for dental injuries that could have been avoided or minimised by wearing a protective, custom-fitted mouthguard.

Why do you need a mouthguard?

Damaged or knocked out teeth, broken jaws and cut lips can be sustained when playing sport. Wearing a custom-fitted mouthguard helps to absorb and spread the impact of a blow to your face, which might otherwise result in an injury to your mouth or jaw.

Dental injuries can result in time off school or work to recover, can be painful and disfiguring, and may involve lengthy and complex dental treatment. The cost of an injury to your teeth or jaw far exceeds the cost of a custom-fitted mouthguard.

When should I wear a mouthguard?

Custom-fitted mouthguards should be worn whilst playing and training for any sport where there is a possibility of contact to the face. These sports can include hockey, netball, baseball, basketball and even skateboarding and skiing. Just like having the correct shoes and sporting equipment, all people playing these sports need to wear a custom-fitted mouthguard.

Other mouthguard tips

- Dr Nimesh Patel at Timeless Smiles Dental and The Australian Dental Association strongly recommends investing in a custom-fitted mouthguard from your dentist
- Have your mouthguard checked at your regular dental check-up to make sure it fits correctly and offers maximum protection
- Keep your mouthguard clean and store it in a rigid container, away from heat to ensure it maintains its shape.

For more information on mouthguards and protecting teeth, visit: www.mouthguardawareness.info

Sports Mouthguard

- NO GAP PAYMENT for Private Health Fund Members OR
- 50% off for members with no health fund

Dr Nimesh Patel BDS MPH

Ph 9484 7737

9 Hillcrest Road, Pennant Hills

E: dentistry@timelessssmiles.com.au

www.timelessssmiles.com.au



Timeless Smiles Dental

* Not valid with any other offer. Conditions apply. Valid until 31 December 2012.

COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Lifting You Higher—presented by Sydney North Region Scouts and Guides
Dancing, singing, comedy, drama and a cast of talented local scouts and guides—Asquith Boys High School Theatre
Performance Dates: 29 and 30 June; 2, 4, 6 and 7 July.
Purchase your tickets at www.gangshow.com or contact Errol on 9481 0937.

Vision Valley Winter Holiday Camps:

Primary and Junior High School Holiday Camp: Tuesday 3—Friday 6 July

Ski Camp: Friday 12—Sunday 15 July

Adventure Day Camp (ages 7—16 years): Tuesday 3, Thursday 5, Monday 9 and Friday 13 July

Book early to avoid disappointment: 02 9655 2600 or www.visionvalley.org.au

Series for Parents and Carers - *Living with Teenagers* - FREE sessions - 7.00pm—8.30pm
Successful Transitions to High School - Wednesday 1 August - Hornsby / Tuesday 7 August - Galston
BodyThink for Parents - Wednesday 22 August - Hornsby / Tuesday 11 September - Galston
Understanding Social Networking - Tuesday 16 October - Galston / Wednesday 24 October - Hornsby
Bookings are essential: 9482 1366 (Clifton Adolescent and Family Support, Mission Australia)

Understanding Your Teenager - Parent Forums by Ku-ring-gai Council

Sexualisation of Youth - 6 August

Safe Partying - 17 September

Building Positive Mental Health - 22 October

Bookings required. Contact Ku-ring-gai Council Youth Services: www.kyds.org.au or 9424 0837

Goodbye Cyber-bullying, Hello Hollywood! - Presented by the Australian Human Rights Commission.

Get snazzy with your camera or phone and you could win a professional film-making course at NIDA! All you have to do is make a video about how you would back-up someone who has been cyber-bullied. Also JB Hi-Fi vouchers to be won.
Entries close: 15 August 2012.

Facebook.com/2012backmeup OR somethingincommon.gov.au/backmeup

STUDENT EXCHANGE PROGRAMS

LATTITUDE AUSTRALIA - Global Volunteering and Gap Year Placements for Under-25s

Leave your mark on a community abroad, while experiencing the adventure of a lifetime.

www.lattitude.org.au or (03) 9826 6266

Student Exchange Australia New Zealand - www.studentexchange.org.au or 9997 0700.

Southern Cross Cultural Exchange - www.scce.com.au or 1800 500 501

World Education Program Australia (WEP) - www.wep.org.au or 1300 884 733

Australian Institute of International Understanding (AIU) - www.aiu.om.au or 1800 174 407 - program costs apply.

RECREATION AND SPORTING GROUPS

Pennant Hills Cherrybrook Rugby League Club - www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club - www.beecroftjuniors.com.au or 0439 904 457

Cherrybrook Table Tennis Club - 0412 520 854 - Enjoy social and competition table tennis.

Epping RSL Golden Kangaroos Marching Band - www.goldenkangaroos.org.au or 9868 3289 (Annette)
Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

2nd/3rd Pennant Hills Scout Group - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

St Agatha's Youth Group - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

HELPERS NEEDED

Foster families needed - Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Volunteer with Easy Care Gardening - www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed - City of Sydney Meals on Wheels

If you can speak another language as well as English and have two or three hours a day, a week, or even a month to help deliver meals on weekdays, you are invited to volunteer with Meals on Wheels.

For more information or to become a volunteer, phone 8512 4230.

COMMUNITY NOTICES AND CONTACTS

COMMUNITY SERVICES AND SUPPORT

UnitingCare Northmead - 8839 5107 - Workshops and counselling for parents. Phone for more information.

Interrelate family centres - 8882 7850 - Phone for details of current workshops and courses for parents.

TOUGHLOVE - 1300 856 830

Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Parenting Education for Mums, Dad and Carers - www.nscchhs.health.nsw.gov.au/caparenting.htm

Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay - 9488 2523 - Advice and support for parents.

Depression Support Group - 1300 794 991

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line - www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Also tips and suggestions for way to handle various situations encountered by parents and families.

Kids Helpline - 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia - CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children - www.singlewithchildren.com.au or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

Sydney Single parents - www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre - 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services - www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre - 9651 3534 - Counselling and parenting courses available.

Jack's Youth Café at Hornsby - 9477 1110

After school activities for students in a safe environment, run by Fusion Sydney North. Jack's Café, located at 5 Jersey Street Hornsby (a short walk from the station), is open Tuesdays to Fridays 3.00pm to 6.00pm.

Newcomers Club - www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

Free Dental Clinic - 9687 2544

Provided by NSW Health for 12-25 year olds. Located in High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

Christ Evangelical Centre of Australia Chinese Language School - 0410 613 814 (Jenny)

Cybersmart website - www.cybersmart.gov.au

Safely enjoy the online world. Part of the Australian Government's cybersafety program.

NSW Health Policy and Implementation Plan for Healthy Culturally Diverse Communities 2012-2016

Find out what the NSW Ministry of Health is planning for the future of your multicultural community.

Copies of the newly released policy are now available: www.health.nsw.gov.au or 9887 5450.

The Australian Childhood Vision Impairment Register

Sponsored by the Royal Institute of Deaf and Blind Children, the Register is the first of its kind in Australia, and collects data on Australian children with vision impairment. This data is used to improve services for children and by researchers who work in the area of eye disease and disorders of vision. **Information:** www.vifamilynetwork.org.au

HELP WITH ENGLISH LANGUAGE AND NUMERACY

Free adult literacy and numeracy classes - Meadowbank TAFE - 9942 3572

Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

Free English courses for adult migrants - www.ames.edu.au - Classes at Hornsby, Chatswood and Eastwood.

DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.