



# JUMBUNNA

Fortnightly Newsletter of  
Pennant Hills High School

Friday 2 November 2012

Term 4 Week 4B



Mr Geoff Wing  
*Principal*

Mr Tony Rudd and Mrs Jane Dennett  
*Deputy Principals*

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After a great deal of planning, the *Great Penno Reno* has come and gone, and what a fantastic weekend it was. A few fun facts:

- Over 350 parents, students and teachers attended.
- Eight large garden areas pruned, soil prepared, and mulched.
- Almost 1000 tube stock shrubs planted.
- About 500 metres of fencing built.
- The Memorial Garden weeded, pruned and mulched.
- Twelve classrooms and one staffroom painted.
- Kilometres of hard surfaces cleaned.
- Over 50 new bins installed.
- Toilets and change rooms above canteen cleaned and re-painted.

Apart from the incredible improvements to our school, the spirit of camaraderie and shared purpose was inspiring. This event allowed us to come together as a community to do something practical and uplifting for our school.

There are many people to thank, but some are worthy of special mention. Chris Raper, a teacher in our Special Education Unit, conceived this idea and worked tirelessly to bring it to fruition. Penny Dean, parent of a Year 8 boy, led the team that made the event happen. Penny spent countless hours managing every area of this huge project, and ensuring that it ran like clockwork.

Also, we must acknowledge the hardworking Committee who assisted the leaders so effectively.

***Please turn to page 8 for more Penno Reno news ...***



## FOCUS on NEXT FORTNIGHT

### Term 4 2012

Week 5A	Monday	5 November	Year 10 Examinations (ALL WEEK)
	Monday	5 November	HSC Hospitality Work Placement (ALL WEEK)
	Monday	5 November	Year 8 Examinations
	Monday	5 November	Year 7 Examinations
	Tuesday	6 November	Year 8 Examinations
	Tuesday	6 November	Year 7 Examinations
	Thursday	8 November	HSC Examinations Conclude
	Thursday	8 November	<i>Meet the Music</i> Concerts – Opera House (evening)
	Friday	9 November	Year 12 Sign-Out - 9.00am—1.00pm
	Friday	9 November	MOVEMBER – Prefects' Fund-raising Activity
Week 6B	Monday	12 November	GP Synergy Lunch
	Monday	12 November	HSC Hospitality Work Placement (ALL WEEK)
	Monday	12 November	Year 10 Work Experience (ALL WEEK)
	Monday	12 November	Library Stocktake (ALL WEEK)
	Tuesday	13 November	Year 8 ESSA
	Tuesday	13 November	Leading with Action Workshop

Please check the school's website for the latest calendar updates.

## FUTURE DATES

### Term 4 2012

Week 7A	Monday	19 November	HSC All My Own Work – Year 10 Students
	Monday	19 November	Library Stocktake (ALL WEEK)
	Tuesday	20 November	HSC All My Own Work – Year 10 Students
	Wednesday	21 November	Peer Support Training
	Thursday	22 November	HSC All My Own Work – Year 10 Students
	Friday	23 November	Peer Support Training
Week 8B	Monday	26 November	Year 10 Crossroads
	Monday	26 November	Concert Band 2 Orientation Day Rehearsal
	Tuesday	27 November	Year 10 Crossroads
	Wednesday	28 November	Year 10 Crossroads
	Thursday	29 November	Year 10 <i>My Future Conference</i>
	Friday	30 November	Year 10 <i>My Future Conference</i>
Week 9A	Monday	3 December	Year 7 Swim School
	Monday	3 December	End of Year Music Concert
	Tuesday	4 December	Year 7 Swim School
	Wednesday	5 December	Year 7 Swim School
	Wednesday	5 December	<b>Year 7 2013 Orientation Day</b>
	Friday	7 December	Year 7 Swim School
Week 10B	Monday	10 December	Year 8 Game On Surfeducate
	Wednesday	12 December	Duke of Edinburgh's Award Gold Test Walk and Residential (Wednesday 12/12 — Friday 21/12)
Week 11A	Monday	17 December	Year 9 PASS Surfeducate
	Wednesday	19 December	HSC Results Issued
	Wednesday	19 December	<b>LAST DAY OF SCHOOL FOR ALL YEARS</b>
	Thursday	20 December	<b>Year 12 Celebration Breakfast—9.00am</b>
	Thursday	20 December	School Development Day—STAFF ONLY attend
	Friday	21 December	School Development Day—STAFF ONLY attend

## SCHOOL VACATION

Please check the school's website for the latest calendar updates.



## DEPUTY PRINCIPAL'S REPORT



A belated welcome to Term 4. I have recently returned from a short period of leave to find the usual whirlwind of activity. I would like to thank Philip Scandizzo, Head Teacher Science, who took on my job while I was enjoying a typical historian's holiday – stomping around battlefields. Mr Scandizzo did a wonderful job in the Deputy's

office, and I am very grateful to him for managing everything so efficiently and effectively. Those who know Mr Scandizzo will be aware that he is a workaholic, which makes it very easy to return to work!

I did return just in time for the Great Penno Reno, and while I won't say much about that here, I draw your attention to the front page story about the event. I cannot recall when I have seen so many people volunteer so much time for such an event. While there are many positives about the weekend's achievements, one of the most striking aspects has been the student response. Many students have commented that the school looks great, and that they appreciate the efforts so many people made for them. We intend to publish the full list of all those who attended, and are very keen to ensure that no names are omitted. If you attended and did not sign on at the registration tent, please let me know: jane.dennett@det.nsw.edu.au

### What else is happening?

A number of staff are working on a project known as Open Learning. A team of teachers are planning project-based learning units, and this is directing a great deal of our professional learning at the moment. We are in the process of creating an Open Learning hub on Level 3. This is a highly flexible learning space, where students can work individually or in pairs or groups on projects. This space is part of a new approach to Stage 4 in our school. In 2013 Year 7 will be based in 'home' rooms, with the Open Learning hub as the centre, facilitating a student-centred approach to learning. The Department of Education and Communities Middle Years of Schooling strategy identifies the exploration of innovative and flexible ways of using learning environments to meet the particular needs of Middle Years' students. This is an exciting time to be a student at Pennant Hills High School, and we thank our P & C Association for their significant contribution towards the costs associated with creating these teaching and learning spaces.

**Jane Dennett**  
**Deputy Principal**

**The Great Penno Reno**  
**was a great success!**  
**Congratulations**  
**and**  
**Thank You**  
**to everyone who helped in any way.**

### The City

The clink-thud of change in a guitar case,  
met with an appreciative wheeze of harmonica.  
Rubbish bags, cologne, wet pavement,  
girls talking boys and the weekend,  
all lost behind the closing café door.  
Hot coffee jolts cold lips to life.

*An experience unseen  
is still worth experiencing.*



## YEAR 11 ASSESSMENT TASKS

### Term 4 2012

Week 5A	Monday	5 November	Japanese Continuers: Speaking Task
	Monday	5 November	Japanese Beginners: Speaking Task
	Tuesday	6 November	Music 1: Research and Presentation
	Tuesday	6 November	Biology: OEI Proposal
	Wednesday	7 November	French Continuers: Speaking Task
Week 6B	Wednesday	7 November	French Beginners: Speaking Task
	Friday	9 November	IT Wood: Project Planning
	Wednesday	14 November	Ancient History: Source Analysis
	Friday	16 November	IPT: Major Project Feasibility Study
	Friday	16 November	Mathematics: Task
Week 7A	Friday	16 November	General Mathematics: Task
	Friday	16 November	Applied Mathematics: Task
	Monday	19 November	Food Technology: Practical
	Monday	19 November	Biology: Practical
	Tuesday	20 November	PDHPE: Task
Week 8B	Tuesday	20 November	Biology: Practical
	Wednesday	21 November	Drama: Individual Project
	Wednesday	21 November	Economics: In-class Task
	Thursday	22 November	Society and Culture: Research Essay
	Friday	23 November	SDD: Programming Practical
Week 8B	Monday	26 November	Physics: Practical
	Monday	26 November	Business Studies: In-class Test
	Tuesday	27 November	Food Technology 1: Written Task
	Tuesday	27 November	Business Studies: In-class Test
	Tuesday	27 November	Earth and Environmental Science: Research
Week 8B	Wednesday	28 November	Food Technology 2: Written Task
	Wednesday	28 November	Modern History: Core Study in class
	Thursday	29 November	Extension 2 English: Viva voce – until finished
	Friday	30 November	History Extension: Project Proposal
	Friday	30 November	ESL: Listening Task
Week 8B	Friday	30 November	Mathematics Extension 1: Task

## YEAR 10 ASSESSMENT TASKS

### Term 4 2012

Week 5A	Monday	5 November	Yearly Examinations (ALL WEEK)
Week 6B	Monday	12 November	Work Experience (ALL WEEK)
Week 7A	Monday	19 November	<i>All My Own Work</i> (ALL WEEK)
		THIS WEEK	Visual Arts: Process Diary / Case Study
		THIS WEEK	Visual Arts: Body of Work
Week 8B	Monday	26 November	<i>At the Crossroads: My Life, My Future</i>
	Tuesday	27 November	<i>At the Crossroads: My Life, My Future</i>
	Wednesday	28 November	<i>At the Crossroads: My Life, My Future</i>
	Thursday	29 November	<i>My Future Conference</i>
	Friday	30 November	<i>My Future Conference</i>

## YEAR 9 ASSESSMENT TASKS

### Term 4 2012

Week 5A	THIS WEEK	Music: Performance or Composition
Week 8B	THIS WEEK	Visual Arts: Process Diary / Case Study
	THIS WEEK	PDHPE: Research Task



## HSC ALL MY OWN WORK

All Year 10 students in NSW are required to complete the **HSC: All My Own Work** program **BEFORE** they can be enrolled in Year 11. It has been developed as part of the NSW Government's *Respect and Responsibility* strategy and is an integral part of all HSC course requirements. The program is designed to help HSC students follow good scholarship principles and practices. This includes understanding and valuing ethical practices when locating and using information as part of their HSC studies.

All Pennant Hills High School Year 10 students are required to complete the program, either in designated classes at school, or as a homework assignment, during **Week 7 of Term 4 2012 on 19, 20 and 22 November**. There are **five modules to read and five quizzes to complete**. A student must achieve **not less than 80%** on each quiz to be deemed to have a clear understanding of their rights and responsibilities in regard to all future assessment tasks.

We ask for your support in ensuring that your son or daughter **completes this program by the end of Week 7 (23 November 2012)**. Any students who know they will be absent during Week 7 need to see me in the library this week so they can complete the program at home and return results to me as soon as possible.

**Mrs Sue Whitlock**  
**Teacher Librarian**

## CHANGED YOUR DETAILS? HELP US KEEP IN TOUCH.

Have you changed jobs, moved house or changed phone number/s (including work and mobile) or email address/es? **Please make sure your details are up to date so we can contact you with important information or when your child needs you.**



Changes must include a signature from a parent or caregiver and can be made in one of two ways.

- Change of Details forms are available for collection (by students, parents or caregivers) from Student Reception.
- Log on to the parent portal to check or change your details: My Child ➡ (Student's Name) ➡ Change Details ➡ Primary Email (eg.)

**An up-to-date primary email address is very important** to ensure you receive group emails, which are an increasingly important part of our communication between school and home.

## Get Into Dancing!



Experience the love of dance with  
**TERPSICHORE DANCE  
COMPANY**

**Ballet**  
**Jazz**  
**Tap**  
**Hip Hop**

Toddler Classes  
Children's Classes  
Teen Classes  
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Syllabus Work  
Assessments  
Performances  
Year End Recital

Ages 2 - Adult

**First class is FREE!**

**Phone: 8006 2098**

**[www.dancewithtde.com.au](http://www.dancewithtde.com.au)**

## ABSENCE NOTES

The Department of Education and Communities program which monitors student absences automatically records an absence as unjustified if a note of explanation hasn't been received by the school **WITHIN A WEEK** of the absence. This is a legal record which cannot be changed without written authority from the Principal.

To ensure your son's or daughter's attendance records are accurate, please send a signed note to school with your child on the day of their return to school. These notes must be placed in the appropriate box in Student Reception.

If you know that your student is planning to be absent from school, you should contact the school well in advance of the planned absence to obtain an Application for Exemption from Attendance at School. The Principal will assess the completed application form and, if appropriate, issue a Certificate for Exemption from Attendance at School. These certificates should be signed by a parent/caregiver and must be produced when requested by police or other authorised attendance officers who may be questioning your son or daughter's absence from school.



## Penno Prayer Meeting

Mums, dads, grandparents,  
please come and join us  
as we pray for 'Penno' staff and students.

**1st and 3rd Friday of each month during term**  
**8.45am-9.15am**

Please meet at Public Reception.

**Enquiries: Kim Allan on 0410 548 350.**

## GIRLS NETBALL GALA DAY

Pennant Hills High School netball is alive and well, after again proving more than competitive with the majority of Northern Sydney schools at the recent Stage 5 Gala Day. Once again the draw pitched us in the first round against the very powerful and eventual runners-up, Terrigal High School and, although leading at half time, we fell away with poor ball control and decisions. After this narrow loss we redeemed ourselves somewhat by winning five of the next six games to finish in the top third of schools.

This has proven very valuable experience for the 2013 Open Knockout team and should encourage several girls to challenge themselves in the State League arena next year. The team was Maddie, Olivia, Sarah, Kate, Emma, Emily, Eliza, Courtney, Maddy, Ashleigh and Emma.



My thanks go to Emily and Emma who shared the umpiring duties whilst still playing their share—an arduous job in a long day. Thanks also to Mrs Laws, Mrs Hadden and Mr Buley for the transport and sideline support.

**Jamie Simpson**  
**Team Coordinator**

### PREMIER'S SPORTING CHALLENGE

The Premier's Sporting Challenge is designed to further engage students in regular physical activity. The Challenge includes a range of initiatives with one common purpose—to have more students more active, more often. This year saw the fifth consecutive annual increase in the number of students engaging with sport and enjoying physical activity through the Challenge.

Congratulations to Mr Mark Harvey, Mr James Boyer and Mrs Heidi Currie who have been recognised by the Department of Education and Communities for their assistance in the implementation of the 2012 Premier's Sporting Challenge.

Mr Ross Morrison, Manager of the School Sport Unit, praised these staff for their involvement, recognising the significant difference they had made to the participation levels of students.

## PDHPE AND SPORTS REPORT

### Staff Profiles

*This is the first of a series in which we will look at some of the teachers at Pennant Hills High School and find out a bit more about their lives outside of school. First up we're going to find out a bit more about Mr Neil Barrowcliff, Head Teacher PDHPE.*



Mr B (as he's affectionately known) started teaching at Pennant Hills High School in 2003 and is currently the coordinator of our Annual Presentation Night, runs the Year 10 Crossroads program, the Year 7 Swim School, the School Athletics Carnival and is Chairperson of the school's Discipline Policy and Curriculum Review Committees. His students consistently achieve excellent results in the HSC, something of which he is enormously proud. He is extremely well respected in the school and is known by everyone for his sense of fairness and his sense of humour.

He also leads a busy life outside of school, having enjoyed a very successful baseball career spanning several decades, firstly as a player, then as a coach and administrator. For several years he took leave from teaching to work in various roles for the Australian Baseball Federation, but chose to remain in Sydney when the National Federation relocated to the Gold Coast and resumed his teaching career at Pennant Hills High School. Our baseball players have benefitted greatly from his coaching skills, with the boys' and girls' teams both achieving considerable success. Mr B regularly co-ordinates school tournaments at all levels and for the past 12 years has been Manager of the Australian Junior Team, travelling with them each year to the World Championships. Since his return to teaching Mr B has served continuously as National Baseball Secretary and each year organises the National Schools Baseball Championships.

Earlier this year, Mr B was presented with the President's Award by the Australian Baseball Federation at its annual Awards Night. This is the Federation's highest individual honour, awarded for making an exceptional contribution to the sport of baseball, something which Mr B has certainly done as a player, coach and administrator. Mr B has a positive impact on those around him. His persevering nature and keen attitude have influenced many students. We are very proud and honoured to have Mr B on the staff of Pennant Hills High School.

**Jonathon and Grace**  
**Sports Captains 2012**

**Valmé Kruger**  
**Sports Organiser**

## TAE KWON DO CHAMPION

On Sunday 9 September 2012, **Daniel** of Year 9 represented Pennant Hills High School in the **2012 NSW Junior and Senior All Schools Taekwondo Tournament**. As this tournament was run by the NSW Department of Education and Communities, regardless of the belt you held there would be no kicking above the shoulders or to the head for player safety. As it was Daniel's first tournament he was anxious and excited. He holds a blue belt/red tip and went up against a blue belt player.

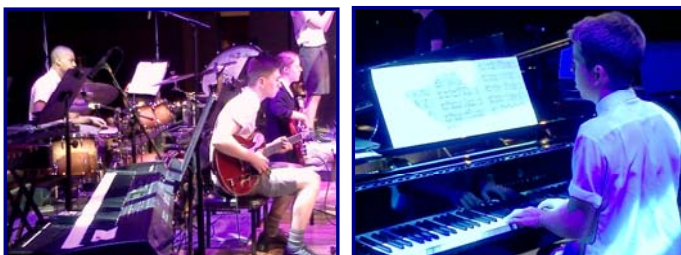


With two rounds each lasting for one minute, the first player to score 12 points wins. Although a little nervous at the start, Daniel came back strongly to win 12-10 against his opponent, taking out the gold medal for himself and earning recognition for Pennant Hills High School. Congratulations, Daniel.

**Valmé Kruger**  
**Sports Organiser**

## OUR BANDS AT THE OPERA HOUSE FESTIVAL OF CHORAL MUSIC 2012

### Big Band: 16 October 2012



### Concert Band 1: 17 October 2012



### NEXT MEETING

**Tuesday 20 November 2012**  
with Barry Pryce.

#### Students

3.30pm—6.00pm  
Staff Common Room

#### Parents

6.00pm—7.00pm  
Staff Common Room

## ROAD TRIP TO END POVERTY

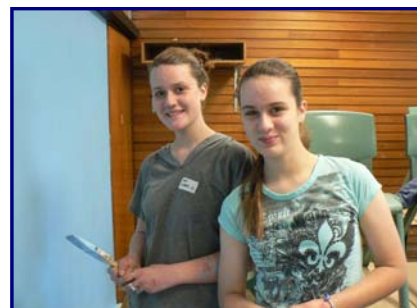
Organised by the *Oaktree Foundation*, the Road Trip will see over 1000 young people spend a week travelling across Australia in an effort to help end extreme poverty. The Road Trip will depart from capital cities from 9—16 March 2013 and travel through communities across Australia. Members of the Road Trip will capture the voices of over 100 000 Australians to ask our government to live up to its commitments to the world's poor. The Road Trip will culminate in a mass celebration in Sydney.

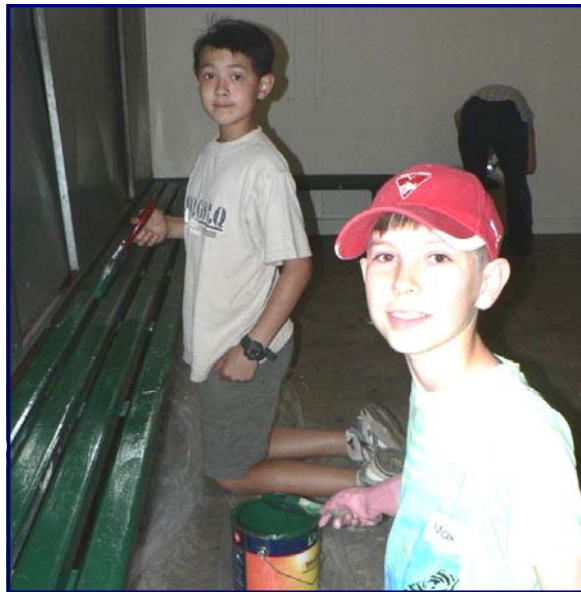
Interested students from Years 10 and 11 (2012) and their parents or caregivers can obtain more information from the website:  
**[www.theroadtrip.com.au](http://www.theroadtrip.com.au)**



## THE GREAT PENNO RENO *(continued from page 1)*

As committee members, these parents took on numerous responsibilities to make the *Reno* a success: Louise Briske, Joanne Dearlove, Jill Harvey, Margo Leggott, Malcolm North, Sally Sindler, Sam Thomson and Michelle Warwick. Parent Dave Warwick was invaluable in developing a plan and organising resources and personnel. In addition, Margo and Sam ran a highly successful cake stall at Bunnings Thornleigh on 14 October 2012 which raised over \$1000. In total, over \$5000 was raised through this, and through donations and an SRC-organised mufti day, which was used to purchase all materials and specialist labour such as the incredibly energetic Miles the bobcat driver! Our canteen staff, as always, were on hand to keep the workers fed with their delicious lunches and morning and afternoon teas. Thank you also to former Pennant Hills High School student Ross Rapmund, Biodiversity Officer at Hornsby Shire Council and his partner Liz, who masterminded the planting. And in even more exciting news, Ross is going to work with our students in aspects of environmental education.





Finally, we were the recipients of a great deal of support from many local businesses. We wish to thank the following companies most sincerely, and we recommend them to you:

- Kennards Hire, Hornsby
- Bunnings Thornleigh
- Thomsons Outdoor Pine, Thornleigh
- North Shore Timber and Hardware
- Zac's Great Food, Thornleigh
- Franklins Pennant Hills
- Java Lava Café, Pennant Hills
- Suzitech Automotive, Thornleigh
- Mitrics Auto Electrics and Air Conditioning, West Ryde
- Priority Tree Services, Hornsby
- Fitness First, Pennant Hills
- Jax Tyres, Thornleigh

Thanks must also be extended to the Hon Philip Ruddock MP, who visited on Saturday. Mr Ruddock was very impressed with our efforts, noting that this was the largest-scale working bee he had seen in a high school.

And the best news – it is planned to make this an annual event! If you missed it this time, see you next year.

**Jane Dennett**  
**Deputy Principal**

# COMMUNITY NOTICES AND CONTACTS

## COMING EVENTS

### **PENNANT HILLS HIGH SCHOOL 30-YEAR REUNION (CLASS OF 1977-1982)**

Saturday 3 November 2012 – 7.00pm till late – Hotel Pennant Hills

**Cost will be \$50.00 per person (drinks not included).** Direct deposit to Grahame Clare: BSB 032 199: A/C # 275234.

Past students from the class of 1977-1982 are invited to join in a night of memories, laughter, music and reminiscence.

- Email photos suitable for inclusion in a PowerPoint presentation, with details, to [pennohighreunion82@gmail.com](mailto:pennohighreunion82@gmail.com)
- Submit a short personal bio and photo for inclusion in the Reunion Booklet - [pennohighreunion82@gmail.com](mailto:pennohighreunion82@gmail.com)

**Enquiries and Bookings to Sue Moore (Howard) at 0405 524 284**

### **West Pennant Hills Public School SPRING FAIR – Sunday 4 November 2012 – 10.00am—4.00pm**

Rides for all ages, great stalls and yummy food. Entertainment, beauty makeovers, competitions.

Great prizes to be won – win a holiday to Hamilton Island!

**You've got to be there!** West Pennant Hills Public School, Church Street, West Pennant Hills. **All welcome!**

### **Larool Pre-School Indoor Twilight Market - Friday 9 November 2012 - 7.00pm—10.00pm**

Gold coin entry. All welcome. [www.laroolpreschool.com.au](http://www.laroolpreschool.com.au)

### **FREE Workshop for Parents and Supervisors of Learner Drivers**

Presented by Hornsby Shire Council in conjunction with NSW Roads and Maritime Services

**Wednesday 14 November 2012 – 6.30pm—8.30pm – Arcadia Community Centre**

Bookings are essential for both sessions. **Contact Lesley Tipping, Hornsby Council Road Safety Officer: 9847 6616.**

## STUDENT EXCHANGE PROGRAMS

**LATTITUDE AUSTRALIA** - Global Volunteering and Gap Year Placements for Under-25s

[www.lattitude.org.au](http://www.lattitude.org.au) or (03) 9826 6266

**Student Exchange Australia New Zealand** - [www.studentexchange.org.au](http://www.studentexchange.org.au) or 9997 0700.

*(Following the closure of EF high school exchanges, Student Exchange Australia New Zealand is helping to facilitate exchanges for any Australian students already committed to an overseas exchange with EF.)*

**Southern Cross Cultural Exchange** - [www.scce.com.au](http://www.scce.com.au) or 1800 500 501

**World Education Program Australia (WEP)** - [www.wep.org.au](http://www.wep.org.au) or 1300 884 733

**Australian Institute of International Understanding (AIU)** - [www.aiiu.om.au](http://www.aiiu.om.au) or 1800 174 407 - program costs apply.

## RECREATION AND SPORTING GROUPS

**Dural Sport and Leisure Centre** (A ministry of Dural Baptist Church) - [www.dsllc.com.au](http://www.dsllc.com.au) or phone **9651 2777**

**Hills Hawks Softball** - All ages 4-adult welcome - [www.hillshawks.softball.org.au](http://www.hillshawks.softball.org.au) or phone **Hazel - 0414 474 461**

**Interested in Playing Cricket?** Find out more at [playcricket.com.au](http://playcricket.com.au)

**Pennant Hills Cherrybrook Rugby League Club** - [www.pennostags.com](http://www.pennostags.com) or 0418 677 511 (Ross Ruhan). All ages.

**Beecroft Cherrybrook Junior Rugby Union Club** - [www.beecroftjuniors.com.au](http://www.beecroftjuniors.com.au) or 0439 904 457

**Cherrybrook Table Tennis Club** - 0412 520 854 - Enjoy social and competition table tennis.

**Sydney Zodiacs Youth Dragon Boat Club** – for ages 12—23 years – based at Bank Street Pyrmont.

[www.dbnsw.org.au](http://www.dbnsw.org.au) or [sydneyzodiacs@yahoo.com.au](mailto:sydneyzodiacs@yahoo.com.au) or **0410 655 764**

**Epping RSL Golden Kangaroos Marching Band** - [www.goldenkangaroos.org.au](http://www.goldenkangaroos.org.au) or 9868 3289 (Annette)

Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

**2nd/3rd Pennant Hills Scout Group** - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

**Pennant Hills Girl Guides** - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

**St Agatha's Youth Group** - for students from Years 7 to 9 - <http://www.stagatha.org.au> or 0409 847 208 (Laura)

## DISCLAIMER

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.



# COMMUNITY NOTICES AND CONTACTS

## HELPERS NEEDED

**Foster families needed** - Department of Family and Community Services - 8303 7644  
Carers can be singles, couples, with or without children, and from any cultural background.

**Volunteer with Easy Care Gardening** - [www.easycaregardening.org.au](http://www.easycaregardening.org.au) or 9983 1644 (Hornsby/Ku-ring-gai)

**Bilingual Volunteers Needed** - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

## HELP WITH ENGLISH LANGUAGE AND NUMERACY

**Free adult literacy and numeracy classes** - **Meadowbank TAFE** - 9942 3572

Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

**Free English courses for adult migrants** - [www.ames.edu.au](http://www.ames.edu.au) - Classes at Hornsby, Chatswood and Eastwood.

## COMMUNITY SERVICES AND SUPPORT

**Ability Options** - a **FREE** service helping people with a disability into the job that's right for them

For more information contact Caroline Krix on **8811 1717** or email [caroline.krix@abilityoptions.org.au](mailto:caroline.krix@abilityoptions.org.au)

**Foster Care Association NSW Inc** - Providing advocacy, support and information to foster carers.

[www.fcansw.org.au](http://www.fcansw.org.au) or phone **4987 1847**

**Healthy Kids FREE Parent e-zine** - important nutrition information and great recipes

To sign up, visit: [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

**Enrol to Vote** - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.

Check if you're enrolled at [www.votensw.info](http://www.votensw.info), enrol to vote at [www.aec.gov.au](http://www.aec.gov.au) or phone **1300 135 736**

**UnitingCare Northmead** - 8839 5107 - Workshops and counselling for parents. Phone for more information.

**Interrelate family centres** - 8882 7850 - Phone for details of current workshops and courses for parents.

**TOUGHLOVE** - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

**Parenting Education for Mums, Dad and Carers** - [www.nscchhs.health.nsw.gov.au/caparenting.htm](http://www.nscchhs.health.nsw.gov.au/caparenting.htm)

Information and education provided by NSW Health - Northern Sydney Central Coast.

**Centacare Broken Bay** - 9488 2523 - Advice and support for parents.

**Depression Support Group** - 1300 794 991

Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

**Parent Line** - [www.parentline.org.au](http://www.parentline.org.au) or 1300 1300 52 - Free professional service 24 hours every day.

**Kids Helpline** - 1800 55 1800 - Free confidential service 24 hours every day.

**Mission Australia** - [CAFS@missionaustralia.com.au](mailto:CAFS@missionaustralia.com.au) or 9482 1366 - Free counselling and support service.

**Single With Children** - [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au) or 1300 300 496

Non-profit social group providing exciting activities for single parents and their children.

**Sydney Single Parents** - [www.SydneySingleParents.org.au](http://www.SydneySingleParents.org.au) or 9634 7502 (Hills) or 9411 1858 (Northside)

**Hills Family Centre** - 8805 7288 - Workshops and courses for parents and families.

**Wesley Mission Family/Youth Services** - [www.wesleymission.org.au/centres/wesleydalmar/](http://www.wesleymission.org.au/centres/wesleydalmar/) or 8805 7288

**Community Life Church Cherrybrook Life Centre** - 9651 3534 - Counselling and parenting courses available.

**Jack's Youth Café at Hornsby** - 5 Jersey Street Hornsby (a short walk from the station) - 9477 1110

After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm.

**Newcomers Club** - [www.sydneynewcomers.com.au](http://www.sydneynewcomers.com.au) - Social club for women, offering support and friendship.

**CUSTOM-FITTED SPORTS MOUTHGUARDS** (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)

**No gap payment for private health fund members / 50% off for people with no private health fund.**

**Offer valid until December 2012** - [www.timelessmiles.com.au](http://www.timelessmiles.com.au) or phone 9484 7737.

**NSW Health Free Dental Clinic** for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

**Rotary Club of Thornleigh Farm Markets**

Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

**Christ Evangelical Centre of Australia Chinese Language School** - 0410 613 814 (Jenny)

**Cybersmart website** - [www.cybersmart.gov.au](http://www.cybersmart.gov.au) - Part of the Australian Government's cybersafety program.

**The Australian Childhood Vision Impairment Register** - [www.vifamilynetwork.org.au](http://www.vifamilynetwork.org.au)

Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.



# THANK YOU

