



PHHS SPORT GUIDELINES

Revised September 2017



PENNANT HILLS HIGH SCHOOL SPORT GUIDELINES

- Pennant Hills High School conducts sport on a Thursday afternoon for Years 9-11: <https://online.schoolbytes.education/sport/>
- Sport is a **compulsory** part of the school curriculum for all students in Years 9-10. The Department of Education strongly encourages schools to provide sport for students in Year 11 and 12. Students who have not completed a satisfactory level in sport in Year 10 will be required to participate in the sport program in Year 11.
- The Sport Organiser - Mrs Kruger - is responsible for the weekly organisation of sport. Any queries or concerns should be directed to the Sport Organiser.
- Sport begins at 12.35pm and students are dismissed upon their return to school or at 2.30pm. However some sports will continue later when on a bus (Chatwood HS, Killara HS or St Ives HS). Students may be required to leave earlier than 12.35pm for Semi-Finals and Finals or above mentioned schools due to travelling time.
- Sport is categorised as *Grade* (playing other schools in the Ku-ring-gai Zone) or *Social* (non-competitive). Costs are associated with most sports and are charged on a seasonal basis. These costs are shown when students make online sport choices. Some sports are free of charge and are conducted on the school premises or local community venues.
- Sport will continue through all exam periods.

Sickness / Injury

- Students who are unwell or injured (short term or long term) must see Mrs Kruger in the Sport Office before school on Thursday. A note or medical certificate is required detailing the problem and requesting temporary exemption from sport on the day. Any medical appointment during sport on Thursday afternoon is required to be verified the next day by the medical institution visited the previous day. Any sick or injured students are supervised in the library from 1.10pm - 2.30pm to do homework during sport on Thursday or they have the option to support their sport and go along. Students who become unwell during Thursday mornings are required to report to Sick Bay located in Student Reception and follow school procedures.
- **STUDENTS NOT ATTENDING SPORT ARE NOT PERMITTED TO GO HOME.**

Extreme Weather / Ground Closures

- All students are required to arrive at school prepared for sport.
- The Sport Organiser will decide whether alternative sport arrangements apply due to extreme weather conditions. Students will be supervised by sport staff at school until 2.30pm and cannot go home.
- On occasions when the weather is inclement or extreme, the venue is temporarily unavailable or there is a variation to the draw, it may result in the sport being cancelled. In these circumstances Year 11 students are offered the opportunity for dismissal from the school at lunchtime (12.35pm). An *Alternative Arrangement Permission Note* is available at the start of each season. The note needs to be signed by parents/caregivers and handed to the teacher in charge of that sport.

Leave Passes

- **Leave passes are only granted in exceptional circumstances.** Leave pass requests will be sighted by the Sport Organiser at the sport office on a Thursday morning before the staff at Student Reception will process a leave pass. ***Appointments should be avoided on Thursday afternoons wherever possible.*** Any medical appointment during sport on Thursday afternoon is required to be verified the next day by the medical institution visited the previous day.
- Grade sport players who need a leave pass **must inform** their coach to advise him/her of their inability to play.
- Students attending some social and grade sport venues in the local community may obtain a leave pass to be dismissed directly from the venue from the sports organiser.
- Students attending venues outside the local community cannot be dismissed from the venue and must return to school.

Uniform / Equipment

- Students are permitted to wear the sports uniform required to and from school on Thursday. The PHHS navy shorts, white socks and **appropriate** sports shoes is a must to comply with Health & Safety (H&S) requirements - The school tracksuit or plain navy tracksuit pants may be worn over the top of this in the colder months. **A combination of school and sports uniform is not permitted.**
- In certain Grade sports students have specialised attire for that particular sport e.g. basketball/touch singlet, handball/volleyball polo shirt, rugby/league/AFL jersey (to the cost of the student) otherwise just the normal PE uniform. All Social sport students are required to wear the PE uniform when at sport. (see sports organiser for further advice)
- Safety gear/equipment is required in certain sports e.g. soccer - shin pads, rugby/league/AFL - mouth guard, squash - goggles, and students cannot

participate unless they are prepared to wear the appropriate gear for that sport. Specific requirements are outlined and can be accessed when students are making sport selections online. (see sports organiser for further advice).

- The sports uniform as per above requirement will be monitored by all teachers at Pennant Hills High School during sport on a Thursday. The girls are reminded that the shorts are a certain appropriate length and should not be tampered with.

Sport Detention

Supervised Sport Detention is conducted in the library on Thursday afternoons from 1.10pm - 3.15pm. Students placed on a Level 4 for sport by the Sport Organiser will attend two Thursday afternoons from 2.30pm - 3.15pm. The Deputy Principal will place students who do not satisfy the Level 4 requirements for sport on a School Level 3.

Sport Detention exists for students who:

- Have been placed there by a staff member/sports coach
- Misbehave at venues or whilst travelling to/from venues
- Miss the bus to sport
- Wear incorrect uniform
- Forget gear / equipment
- Truant Sport
- Fail to follow school sport guidelines

General

- No student may drive to sport or be a passenger in another student's car. Buses are provided for most sports and students are required to travel by that means
- Students who wish to apply for leave from a venue out of area are given consent by Mr O'Byrne. The leave pass is processed by the sports organiser. These students are to observe all school policies, including the need to apply in writing well in advance of the day.
- Weekly sport arrangements are placed on the sport notice board, school notices and emailed. It is the responsibility of students to check these arrangements and discuss any concerns with their coach or the Sport Organiser.
- Selections are made on line: <https://online.schoolbytes.education/sport/>