



PHHS SPORT GUIDELINES

Revised September 2021 for 2022



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PENNANT HILLS HIGH SCHOOL SPORT GUIDELINES

Pennant Hills High School **conducts sport** on a **Thursday afternoon** from the **end of period 3A (12.32 pm)** until **2.30pm**

Sport is categorised as *Grade* (**playing other schools within the Ku-ring-gai Zone**) or *Social* (**non-competitive**). Costs are associated with most sports and are charged on a seasonal basis. These costs are shown when students make their online sport choices.

Any queries or concerns should be directed to the Sport Organiser. Ms Baker

Senior students

The Department of Education's Sport Policy states that sport (grade and social) is optional in years 11 and 12. Senior students who elect **not to** participate are allowed to leave school at the end of Thursday. Period 3a, (12.32pm) They are required to wear correct full school uniform to school on Thursdays.

Senior students are **strongly encouraged** to participate in school sport and are required to pay the sport fees. They are to make their sport choices **via School bytes** at <https://online.schoolbytes.education/sport/> . These students may continue to wear the correct sport uniform to school on Thursdays.

Junior Students year 8-10

Sport is a **compulsory** part of the school curriculum for students in Years 8-10. Correct sport uniform should be worn to school on Thursdays. Sport choices are made on a first in basis **via School bytes** at <https://online.schoolbytes.education/sport/>. Teams are selected from these squads. Some sports are very popular and rapidly filled. Students who don't select a sport will be allocated a social sport and parents are expected to pay the associated fee.

Sport begins at 12:32pm with all students meeting in the COLA. Students are dismissed either at a local community venue at 2.15pm or at school between 2:30pm and 3:00pm. Parental permission is required for dismissal at the local venue once again this is organised via school bytes and parents will be notified by email if required.

No student may drive to sport or be a passenger in another student's car. Buses are provided for most sports or students will walk to the venue accompanied by their teacher

Grade sport against Chatswood HS, Killara HS and St Ives HS, students **will be required** to leave on early buses at 12:00pm due to travelling time. This also applies for Semi-Finals and Finals.

Sport will continue through all exam periods.

Year 7

Year 7 do not participate in weekly sport. Their sport requirements are integrated into their weekly timetable. However, they participate in several special events.

Gala day

In term 3, there is a Gala Day for year 7 students. This is organised by the zone and students will compete against the other schools in the Ku-ring-gai Zone. Students and parents will be given notification of this event and will be asked to make their sport selection online using school bytes. <https://online.schoolbytes.education/sport/>

Swim School

During weeks 9 or 10 In term 4 the students participate in swim school. This is usually done at Hornsby pool. It is an opportunity for students to improve their water confidence, to further develop their skills in swimming and water safety.

Transition to sport in December

Also, in term 4 they participate in a transition to the sport program. This is conducted during the last weeks of term 4 during lessons 3b and 4a on Thursdays. They will resume their lesson in 4B and be dismissed at 3:15 as usual. Once again students will be asked to select their sport via school bytes. Sports uniform can be worn to school on these occasions.

Special education students.

Selected students in the special education unit are encouraged to try out for grade sport or participate in mainstream sport. The head teacher of Special education and the sport organiser make recommendations as to suitable students. These students will be asked to make their selection using school bytes

The remaining special education students will participate in an age and skill appropriate program develop by the special education staff.

Extreme Weather / Ground Closures

All students are required to arrive at school prepared for sport regardless of the weather as some sports may go ahead.

On occasions when the weather is inclement, the venue is temporarily unavailable or

variation to the draw, a sport(s) maybe cancelled. In these circumstances Year 11/12 students will be dismissed from the school at lunchtime (12:32pm).

All junior students will be asked to go to their wet weather room . These are listed on their timetables. Students are to report to this room at the start of lesson 3b. They will be supervised by sport staff at school until 2:30pm. There is **no option** for early leave in these circumstances.

Responsibility

Sickness / Injury

It is the **responsibility** of any unwell or injured student to see the relevant **Deputy for early leave passes** before school on Thursday. A medical certificate is required detailing the issue and requesting temporary exemption from sport on the day.

Sport is a mandatory component of the school curriculum and if a medical or any other appointment is booked during sport, the student is required to verify this absence at student reception by submitting a statement from the institution visited.

These students are supervised from 1:10pm - 2:30pm and may complete school work or they may go to their sport and support their team.

Students who become unwell during Thursday mornings are required to report to the Front Office and follow school procedures.

STUDENTS NOT ATTENDING SPORT ARE NOT PERMITTED TO GO HOME

Uniform / Equipment

It is the students responsibility to wear correct sport uniform to and from school on Thursdays. The PHHS red polo shirt, navy shorts, white socks and **appropriate** sports shoes which comply with Health & Safety (H&S) requirements – The **school tracksuit or plain** navy tracksuit pants may be worn over the top of this in the colder months. **A combination of school uniform and sport uniform is not permitted.**

Some grade sports have specialised attire e.g. basketball singlet or, league jersey. These items can be purchased from student reception and maybe worn to school for the duration of the sport season on Thursdays

Safety gear/equipment is required in certain sports:

- Football/ futsal – shin pads,
- rugby/league/AFL – mouth guard,
- squash – goggles.

Students cannot participate unless they are prepared to wear the appropriate gear for that sport. (see Sport Organiser for further advice).

Sport information

It is the student's responsibility to check the weekly sport arrangements to ensure they know what bus to catch and at what time. This information is placed on the sport notice board level one, in Sentral school notices and on the window in library and print room.

Integrity

Sport Detention

Although Pennant Hills students strive for good sportsmanship there are times when issues arise. Supervised Sport Detention is conducted a classroom between 1:10pm - 3:15pm. Students placed on a Level 4 for sport by the Sport Organiser will attend two Thursday afternoons from 2.30pm – 3.15pm. The Deputy Principal will place students who do not satisfy the Level 4 requirements for sport on a School Level 3.

Sport Detention exists for students who:

- Have been placed there by a staff member/sport coach
- Misbehave at venues or whilst travelling to/from venues
- Miss the bus to sport
- Wear incorrect uniform
- Forget gear / equipment
- Truantiing sport

Students who do not follow school sport guidelines and have an altercation on the field will be immediately removed. They will be subject to the normal school discipline policy

Achievement

In each grade sport or social sport, the best and fairest player for the week is selected by the teacher. This student is awarded merit cards by the sport organiser.

Winning teams are also acknowledged in assembly and in Jumbunna